



BRITISH ATHLETICS

2015 MEDIA GUIDE

EUROPEAN ATHLETICS INDOOR CHAMPIONSHIPS

O2 ARENA , PRAGUE, 5-8 MARCH 2015



BBC SPORT





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GB & NI TEAM MANAGEMENT

Team Leader

Neil Black

Team Managers

Mike Cavendish

Lorna Dwyer

Pauline Holmes

Team Coaches

Fayyaz Ahmed

Malcolm Arnold

Barry Fudge

Stephen Maguire

Peter Stanley

Craig Winrow

Medical, Therapy & Sport Science Team

Paul Brice – Biomechanist

James Davies – Therapist

Wendy Hilton – Therapist

Jonathon Murray – Therapist

Noel Pollock – Doctor

Toby Smith – Therapist

Martin Wilson – Therapist

Media Officers

Liz Birchall

Email: lbirchall@britishathletics.org.uk

Mobile: +44 (0) 7718 526 363

Claire Boden

Email: cboden@britishathletics.org.uk

Mobile: +44 (0) 7920 078 543

Pete Matthews

Email: pmatthews@britishathletics.org.uk

Mobile: +44 (0) 7703 714 730

GB & NI TEAM

MEN

60m

Richard Kilty
Sean Safo-Antwi
Chijindu Ujah

400m

Jarryd Dunn

800m

James Bowness
Guy Learmonth
Mukhtar Mohammed

1500m

Charlie Grice
Chris O'Hare

3000m

Lee Emanuel
Philip Hurst
Tom Lancashire

60m Hurdles

Lawrence Clarke
David Omoregie

High Jump

Allan Smith

Long Jump

Greg Rutherford

4x400m

Jamie Bowie
Jarryd Dunn
Rory Evans
Conrad Williams
Rabah Yousif

WOMEN

60m

Dina Asher-Smith
Rachel Johncock

400m

Seren Bundy-Davies
Laura Maddox
Kirsten McAslan

800m

Jenny Meadows
Shelayna Oskan-Clarke

1500m

Rosie Clarke

3000m

Kate Avery
Emelia Gorecka
Laura Muir

60m Hurdles

Lucy Hatton
Serita Solomon

High Jump

Isobel Pooley

Long Jump

Abigail Irozuru

Pentathlon

Katarina Johnson-Thompson
Morgan Lake

4x400m

Amy Allcock
Seren Bundy-Davies
Laura Maddox
Kelly Massey
Kirsten McAslan
Shelayna Oskan-Clarke

GB & NI TEAM PROFILES

MEN

60m

Name: Richard Kilty
DOB: 02/09/1989
Coach: Linford Christie
Club: Gateshead
Indoor PB: 6:49 (2014)
Indoor SB: 6.54

Name: Sean Safo-Antwi
DOB: 31/10/1990
Coach: Jonas Tawiah-Dodoo
Club: Enfield & Haringey
Indoor PB: 6.59 (2014)
Indoor SB: 6.61

Name: Chijindu Ujah
DOB: 05/03/1994
Coach: Jonas Tawiah-Dodoo
Club: Enfield & Haringey
Indoor PB: 6.53 (2015)
Indoor SB: 6.53

400m

Name: Jarryd Dunn
DOB: 30/01/1992
Coach: Keith Holt
Club: Birchfield Harriers
Indoor PB: 46.67 (2015)
Indoor SB: 46.67

800m

Name: James Bowness
DOB: 26/11/1991
Coach: William Parker
Club: Trafford
Indoor PB: 1:47.59 (2015)
Indoor SB: 1:47.59

Name: Guy Learmonth
DOB: 20/04/1992
Coach: Henry Gray
Club: Lasswade
Indoor PB: 1:47.38 (2015)
Indoor SB: 1:47.38

Name: Mukhtar Mohammed
DOB: 01/12/1990
Club: Sheffield RC
Indoor PB: 1:46.58 (2013)
Indoor SB: 1:47.69

1500m

Name: Charlie Grice
DOB: 07/11/1993
Coach: Jon Bigg
Club: Brighton Phoenix
Indoor PB: 3:39.44 (2015)
Indoor SB: 3:39.44

Name: Chris O'Hare
DOB: 23/11/1990
Coach: Terrence Mahon
Club: Edinburgh AC
Indoor PB: 3:37.25 (2013)
Indoor SB: 3:40.42

3000m

Name: Lee Emanuel
DOB: 24/01/1985
Coach: Joe Franklin
Club: City of Sheffield
Indoor PB: 7:45.12 (2014)
Indoor SB: 7:46.88

GB & NI TEAM PROFILES

Name: Philip Hurst
DOB: 03/10/1990
Coach: Martin Crowe
Club: Elswick
Indoor PB: 7:51.1 (2015)
Indoor SB: 7:51.1

Name: Tom Lancashire
DOB: 02/07/1985
Coach: Steve Vernon
Club: Bolton
Indoor PB: 7:52.2 (2015)
Indoor SB: 7:52.2

60m Hurdles

Name: Lawrence Clarke
DOB: 13/02/1990
Coach: Malcolm Arnold
Club: Windsor Slough Eton & Hounslow
Indoor PB: 7:59 (2015)
Indoor SB: 7:59

Name: David Omoregie
DOB: 01/11/1995
Club: Cardiff
Indoor PB: 7:71 (2015)
Indoor SB: 7:71

High Jump

Name: Allan Smith
DOB: 06/11/1992
Coach: Bryan Roy
Club: Shaftesbury Barnet
Indoor PB: 2.29 (2015)
Indoor SB: 2.29

Long Jump

Name: Greg Rutherford
DOB: 17/11/1986
Coach: Jonas Tawiah-Dodoo
Club: Marshall Milton Keynes

Indoor PB: 8.17m (2015)
Indoor SB: 8.17m

4x400m relay

Name: Jamie Bowie
DOB: 01/04/1989
Coach: Piotr Haczek
Club: Team East Lothian
Indoor PB: 46.58 (2014)
Indoor SB: 47.15

Name: Jarryd Dunn
DOB: 30/01/1992
Coach: Keith Holt
Club: Birchfield Harriers
Indoor PB: 46.67 (2015)
Indoor SB: 46.67

Name: Rory Evans
DOB: 19/11/1989
Coach: Cliff Oldham/John Smith
Club: Stockport
Indoor PB: 47.22 (2014)
Indoor SB: 47.23 (2015)

Name: Rabah Yousif
DOB: 11/12/1986
Coach: Carol Williams
Club: Newham & Essex Beagles
Indoor PB: 46.24 (2011)
Indoor SB: 47.28

Name: Conrad Williams
DOB: 20/03/1982
Coach: Linford Christie
Club: Kent
Indoor PB: 46.20 (2011)
Indoor SB: 47.43

GB & NI TEAM PROFILES

WOMEN

60m

Name: Dina Asher-Smith
DOB: 04/12/1995
Coach: John Blackie
Club: Blackheath & Bromley
Indoor PB: 7.12 (2015)
Indoor SB: 7.12

Name: Rachel Johncock
DOB: 04/10/1993
Coach: Leon Baptiste
Club: Swansea Harriers
Indoor PB: 7.24 (2015)
Indoor SB: 7.24

400m

Name: Seren Bundy-Davies
DOB: 30/12/1994
Coach: Stephen Ball
Club: Trafford
Indoor PB: 51.72 (2015)
Indoor SB: 51.72

Name: Laura Maddox
DOB: 13/05/1990
Coach: Colin Bovell
Club: Swansea Harriers
Indoor PB: 52.32 (2015)
Indoor SB: 52.32

Name: Kirsten McAslan
DOB: 01/09/1993
Coach: Trevor Painter
Club: Sale Harriers
Indoor PB: 52.28 (2015)
Indoor SB: 52.28

800m

Name: Jenny Meadows
DOB: 17/04/1981
Coach: Trevor Painter
Club: Wigan & District
Indoor PB: 1:58.43 (2010)
Indoor SB: 1:59.21

Name: Shelayna Oskan-Clarke
DOB: 20/01/1990
Coach: Ayo Falola
Club: Windsor Slough Eton & Hounslow
Indoor PB: 2:02.91 (2015)
Indoor SB: 2:02.91

1500m

Name: Rosie Clarke
DOB: 17/11/1991
Coach: Thomas Watson
Club: Epsom & Ewell
Indoor PB: 4:12.18 (2015)
Indoor SB: 4:12.18

3000m

Name: Kate Avery
DOB: 10/10/1991
Coach: Tony Simmons
Club: Shildon
Indoor PB: 8:53.12 (2015)
Indoor SB: 8:53.12

GB & NI TEAM PROFILES

Name: Emelia Gorecka
DOB: 29/01/1994
Coach: Mick Woods
Club: Aldershot Farnham & District
Indoor PB: 9:06.27 (2015)
Indoor SB: 9:06.27

Name: Laura Muir
DOB: 09/05/1993
Coach: Andy Young
Club: Dundee Hawkhill
Indoor PB: 8:49.73 (2015)
Indoor SB: 8:49.73

60m Hurdles

Name: Lucy Hatton
DOB: 08/11/1994
Coach: Jerzy Maciukiewicz
Club: Corby
Indoor PB: 8.06 (2015)
Indoor SB: 8.06

Name: Serita Solomon
DOB: 01/03/1990
Coach: Michelle Bovell
Club: Blackheath & Bromley
Indoor PB: 8.04 (2015)
Indoor SB: 8.04

High Jump

Name: Isobel Pooley
DOB: 21/12/1992
Coach: Fuzz Ahmed
Club: Aldershot Farnham & District
Indoor PB: 1.92m (2015)
Indoor SB: 1.92m

Long Jump

Name: Abigail Irozuru
DOB: 03/01/1990
Coach: Dan Pfaff
Club: Sale Harriers
Indoor PB: 6.73 (2015)
Indoor SB: 6.73

Pentathlon

Name: Katarina Johnson-Thompson
DOB: 09/01/1993
Coach: Mike Holmes
Club: Liverpool Harriers
Indoor PB: 4526 (2012)
Indoor SB: n/a

Name: Morgan Lake
DOB: 12/05/1997
Coach: Eldon Lake
Club: WSEH
Indoor PB: 4448 (2015)
Indoor SB: 4448

4x400m relay

Name: Amy Allcock
DOB: 24/08/1993
Coach: Nick Dakin
Club: Aldershot Farnham & District
Indoor PB: 53.19 (2015)
Indoor SB: 53.19

GB & NI TEAM PROFILES

Name: Seren Bundy-Davies
DOB: 30/12/1994
Coach: Stephen Ball
Club: Trafford
Indoor PB: 51.72 (2015)
Indoor SB: 51.72

Name: Laura Maddox
DOB: 13/05/1990
Coach: Colin Bovell
Club: Swansea Harriers
Indoor PB: 52.32 (2015)
Indoor SB: 52.32

Name: Kelly Massey
DOB: 11/01/1985
Coach: Stephen Ball
Club: Sale Harriers Manchester
Indoor PB: 52.95 (2015)
Indoor SB: 52.95

Name: Kirsten McAslan
DOB: 01/09/1993
Coach: Trevor Painter
Club: Sale Harriers
Indoor PB: 52.28 (2015)
Indoor SB: 52.28

Name: Shelayna Oskan-Clarke
DOB: 20/01/1990
Coach: Ayo Falola
Club: Windsor Slough Eton &
Hounslow
Indoor PB: 54.48 (2012)
Indoor SB: n/a

GB & NI PREVIOUS MEDALLISTS

2013

NAME	MEDAL	EVENT
Holly Bleasdale	Gold	Women's Pole Vault
Perri Shakes-Drayton	Gold	Women's 400m
Michael Bingham, Richard Buck, Nigel Levine, Richard Strachan	Gold	Men's 4x400m
Eilidh Child, Shana Cox, Christine Ohuruogu, Perri Shakes-Drayton	Gold	Women's 4x400m
Eilidh Child	Silver	Women's 400m
James Dasaolu	Silver	Men's 60m
Nigel Levine	Silver	Men's 400m
Mukhtar Mohammed	Bronze	Men's 800m

GB & NI PREVIOUS MEDALLISTS

2011

NAME	MEDAL	EVENT
Helen Clitheroe	Gold	Women's 3000m
Mo Farah	Gold	Men's 3000m
Jenny Meadows	Gold	Women's 800m
Dwain Chambers	Silver	Men's 60m
Tiffany Porter	Silver	Women's 60m hurdles
Richard Buck, Nick Leavey, Nigel Levine, Richard Strachan	Silver	Men's 4x400m
Lee McConnell, Jenny Meadows, Marilyn Okoro, Kelly Sotherton	Silver	Women's 4x400m
Richard Buck	Bronze	Men's 400m

2009

NAME	MEDAL	EVENT
Dwain Chambers	Gold	Men's 60m
Mo Farah	Gold	Men's 3000m
Richard Buck, Nick Leavey, Nigel Levine, Phillip Taylor	Silver	Men's 4x400m
Vicki Barr, Donna Fraser, Marilyn Okoro, Kim Wall	Silver	Women's 4x400m
Marilyn Okoro	Bronze	800m
Richard Buck	Bronze	Men's 400m

GB & NI PREVIOUS MEDALLISTS

2007

NAME	MEDAL	EVENT
Jason Gardener	Gold	Men's 60m
Phillips Idowu	Gold	Men's Triple Jump
Nicola Sanders	Gold	Women's 400m
Dale Garland, Steve Green, Philip Taylor, Robert Tobin	Gold	Men's 4x400m
Nathan Douglas	Silver	Men's Triple Jump
Craig Pickering	Silver	Men's 60m
Kelly Sotherton	Silver	Women's Pentathlon
Martyn Bernard	Bronze	Men's High Jump
Emma Duck, Lee McConnell, Nicola Sanders, Kim Wall	Bronze	Women's 4x400m
Robert Tobin	Bronze	Men's 400m

GB & NI PREVIOUS MEDALLISTS

2005

NAME	MEDAL	EVENT
Jason Gardener	Gold	Men's 60m
Chris Lambert	Silver	Men's 200m
John Mayock	Silver	Men's 3000m
Daniel Cossins, Richard Davenport, Dale Garland, Gareth Warburton	Silver	Men's 4x400m
Donna Fraser, Lee McConnell, Catherine Murphy, Melanie Purkiss	Silver	Women's 4x400m
Kelly Sotherton	Silver	Women's Pentathlon

2002

NAME	MEDAL	EVENT
Jason Gardener	Gold	Men's 60m
Colin Jackson	Gold	Men's 60m Hurdles
Ashia Hansen	Silver	Women's Triple Jump
Mark Lewis-Francis	Silver	Men's 60m
Christian Malcolm	Silver	Men's 200m
Michael East	Bronze	Men's 1500m
John Mayock	Bronze	Men's 3000m

GB & NI MEDAL TABLE

YEAR	GOLD	SILVER	BRONZE	TOTAL
2013	4	3	1	8
2011	3	4	2	9
2009	2	2	-	4
2007	4	3	3	10
2005	1	4	1	6
2002	2	3	2	7
2001	2	1	2	5
1998	3	1	2	6
1996	1	3	-	4
1994	5	-	2	7
1992	2	1	2	5
1990	2	1	2	5
1989	4	4	1	9
1988	2	2	2	6
1987	2	1	3	6
1986	1	1	1	3
1985	3	-	2	5
1984	2	1	1	4
1983	-	3	-	3
1982	-	-	2	2
1981	-	-	2	2
1980	-	-	1	1
1979	1	1	2	4
1978	0	1	2	3
1977	3	2	-	5
1976	1	2	1	4
1975	3	1	-	4
1974	1	1	-	2
1973	1	-	-	1
1972	-	-	-	0
1971	2	1	1	4
1970	2	-	-	2
Total	59	47	40	146

Note: Totals include both individual and team medals, with medals in the team competition counting as one medal

TIMETABLE

DAY 0 - THURSDAY, 5 MARCH 2015 - EVENING

16:30	Shot Put	Women	Qualification AB
17:00	Long Jump	Men	Qualification AB
18:00	Shot Put	Men	Qualification AB

DAY 1 - FRIDAY, 6 MARCH 2015 - MORNING

09:45	60m H Pent	Women	
10:00	Triple Jump	Men	Qualification AB
10:05	60m H	Women	Round 1
10:15	Pole Vault	Men	Qualification AB
10:32	60m H	Men	Round 1
11:00	High Jump Pent	Women	AB
11:20	400m	Women	Round 1
11:48	400m	Men	Round 1
12:15	Long Jump	Women	Qualification AB
12:20	800m	Women	Round 1
12:41	800m	Men	Round 1
13:15	Shot Put Pent	Women	AB
13:25	3000m	Women	Round 1

DAY 1 - FRIDAY, 6 MARCH 2015 - EVENING

16:00	60m H	Women	Semi-final
16:05	High Jump	Women	Qualification AB
16:10	Long Jump Pent	Women	AB
16:15	Pole Vault	Women	Qualification AB
16:25	60m H	Men	Semi-final
16:50	400m	Men	Semi-final
17:10	400m	Women	Semi-final
17:25	Shot Put	Men	FINAL
17:35	800m Pent	Women	
17:55	Long Jump	Men	FINAL
18:00	3000m	Men	Round 1
18:25	Pentathlon	Women	Victory Ceremony
18:35	60m H	Women	FINAL
18:45	Shot Put	Men	Victory Ceremony
18:55	60m H	Men	FINAL

TIMETABLE

DAY 2 - SATURDAY, 7 MARCH 2015 - MORNING

10:00	60m	Women	Round 1
10:05	Triple Jump	Women	Qualification AB
10:21	60m	Men	Round 1
10:49	60m Hep	Men	
11:10	1500m	Women	Round 1
11:15	High Jump	Men	Qualification AB
11:50	1500m	Men	Round 1
12:00	Long Jump Hep	Men	AB

DAY 2 - SATURDAY, 7 MARCH 2015 - EVENING

16:30	High Jump	Women	FINAL
16:35	Shot Put Hep	Men	AB
16:45	Long Jump	Women	FINAL
17:00	Pole Vault	Men	FINAL
17:25	Long Jump	Men	Victory Ceremony
17:50	60m H	Men	Victory Ceremony
18:00	800m	Women	Semi-final
18:15	Shot Put	Women	FINAL
18:20	60m H	Women	Victory Ceremony
18:25	800m	Men	Semi-final
18:30	High Jump Hep	Men	AB
18:40	Triple Jump	Men	FINAL
18:45	Long Jump	Women	Victory Ceremony
18:50	3000m	Women	FINAL
19:10	400m	Women	FINAL
19:20	3000m	Women	Victory Ceremony
19:30	400m	Men	FINAL
19:37	Shot Put	Women	Victory Ceremony
19:45	3000m	Men	FINAL
20:00	400m	Women	Victory Ceremony
20:07	400m	Men	Victory Ceremony

TIMETABLE

DAY 3 - SUNDAY, 8 MARCH 2015 - AFTERNOON

11:30	60m Hep	Men	
12:40	Pole Vault Hep	Men	
14:25	3000m	Men	Victory Ceremony
14:35	Pole Vault	Men	Victory Ceremony
14:40	60m	Women	Semi-final
14:50	Triple Jump	Men	Victory Ceremony
14:57	60m	Men	Semi-final
15:12	800m	Women	FINAL
15:25	High Jump	Women	Victory Ceremony
15:30	800m	Men	FINAL
15:40	High Jump	Men	FINAL
15:45	1000m Hep	Men	
15:56	800m	Women	Victory Ceremony
16:05	Pole Vault	Women	FINAL
16:10	1500m	Women	FINAL
16:17	800m	Men	Victory Ceremony
16:25	Triple Jump	Women	FINAL
16:30	1500m	Men	FINAL
16:55	60m	Women	FINAL
17:05	1500m	Women	Victory Ceremony
17:15	60m	Men	FINAL
17:22	1500m	Men	Victory Ceremony
17:26	High Jump	Men	Victory Ceremony
17:35	4X400	Women	FINAL
17:42	Heptathlon	Men	Victory Ceremony
17:46	Pole Vault	Women	Victory Ceremony
17:55	4x400	Men	FINAL
18:02	60m	Women	Victory Ceremony
18:06	60m	Men	Victory Ceremony
18:10	Triple Jump	Women	Victory Ceremony
TBC	4x400	Women	Victory Ceremony
TBC	4x400	Men	Victory Ceremony





**BRITISH
ATHLETICS**

Athletics House · Alexander Stadium · Walsall Road
Perry Barr · Birmingham · B42 2BE

Tel: 0121 713 8400 · Fax: 0121 713 8452

www.britishathletics.org.uk