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We’ve arrived in 2017, and what a year we have ahead of us. Global athletics will be returning to the United Kingdom for the first time since London 2012 in the form of the World Para Athletics Championships and IAAF World Championships London 2017. It is the first time one city has held both championships in the same year which is an exciting prospect.

For many athletes, the idea of competing on home soil alone will serve as all the motivation needed, and we are confident that each of the 118 athletes selected for the 2016/17 World Class Performance Programme (WCPP) will give this year their all, be it to retain a title, make the podium or produce a performance that will drive them on to success on the world stage in later years.

It is also true that London 2012 inspired a number of young athletes to progress, a number of whom are now on the WCPP. This shows that the huge impact of having a global championships on your doorstep and we look forward, in future years, to meeting those aspiring athletes who may not as yet be on the WCPP but are currently working their way up, whether it be through youth development leagues, club and or age group competition.

The last twelve months have shown us once again that not only do we have world-class athletes who are able to deliver on the highest of stages, but we also have an abundance of athletes on the WCPP programme who are capable of producing something special, with 2016 serving as another highly successful year for British athletics.

At last year’s IPC Athletics European Championships, our 49-strong team won a record breaking 56 medals on the European stage, with the competition serving to highlight the strong position our Paralympic programme was in heading into Rio. July’s European Championships in Amsterdam saw much of the same, with 16 medals won and many team debutants impressing.

Then it was onto Rio for a memorable summer in South America, beginning with the Olympic Games. Each of the seven medals won by the team were memorable, with the trio of Jessica Ennis-Hill, Mo Farah and Greg Rutherford all successful once again, as well as the unforgettable bronze won by Sophie Hitchon with her final throw in the hammer, our first ever female medallist in the event.

The Paralympic Games were up next, and the team won an outstanding 15 gold medals and 33 in total to exceed the amount won at London’s game-changing Paralympic Games back in 2012. Richard Whitehead, Jonnie Peacock and Hannah Cockroft all retained titles they won four years previously, with the next generation of athletes such as Kare Adenegan, Maria Lyle and Sabrina Fortune all achieving their place on the podium at that level for the first time.

With London’s ‘Summer of World Athletics’ now creeping up quickly, it’s easy to forget that we have an equally busy indoor season beforehand, with a number of athletes setting their sights on the European Indoor Championships in Belgrade, Serbia at the beginning of March. The tail-end of March also offers a window of opportunity to some of our endurance athletes, with the biennial IAAF World Cross Country Championships taking place in Kampala, Uganda.

I have no doubts that in 12 months’ time we’ll be eagerly looking towards the next set of events following a memorable summer in London and all the amazing memories of a home championships.

Finally, I’d like to extend my thanks to the National Lottery and UK Sport for their unwavering and consistent support. With their help, we are able to offer our athletes the very best standards of support as they grow and mature within our sport.
2017 is another bumper year in the athletics calendar, as global athletics returns to the UK for the first time since London 2012 in the shape of the World Para Athletics Championships and IAAF World Championships London 2017.

A busy indoor season kicks off with the British Athletics Indoor Team Trials, held in Sheffield, and a week later, the world-class Müller Indoor Grand Prix Birmingham. The former will see the country’s finest athletes go head-to-head in a bid to be crowned British champion, with the competition also offering the opportunity to win a place on the British Athletics team for March’s European Indoor Championships in Belgrade, Serbia.

At the back end of March, Uganda will play host to the biennial IAAF World Cross Country Championships, with April seeing the IAAF World Relays and the London Marathon (incorporating the IAAF World Championships trials, IPC Athletics World Cup and British Championships) held on the same weekend.

In May, the endurance action continues with the IAAF World Championships 10,000m trials held at the Highgate Harriers Night of 10,000m PBs. The European Athletics Team Championships make a return in June, with the month seen out and July brought in with a bumper British Championships (30 June – 2 July), a competition which doubles as the trials ahead of August’s IAAF World Championships.

A colossal July begins with the IAAF Diamond League returning to the UK in the shape of the Müller Anniversary Games, before the World Para Athletics Championships takes centre stage on 14 July, with global superstars from the world of para-athletics gracing the London Stadium over a period of ten days.

Both the European Athletics U23 and U20 Championships are also held while the World Para Athletics Championships are underway, offering the opportunity for Britain’s best age-group athletes to test themselves against the best on the continent.

In August, it’s the turn of the IAAF World Championships (4-13), cementing London as the first city to stage both major championships in the same city and in the same year, with it expected that around 3,300 athletes will compete over the course of both championships.

There will be one final instalment of world class athletics following the championships as the IAAF Diamond League heads to the Birmingham one week later.

The year rounds out with the European Cross Country Championships in Samorin, Slovakia, where the British team will hope to continue their strong tradition at the event.
The following biographies are of athletes supported by the World Class Performance Programme (WCPP) for 2016/17.

The 2017 Media Guide has been categorised into subsections following the levels of WCPP funding across both Olympic and Paralympic programmes; Podium, Podium Potential and Relay.

The agents listed are commercial agents as this is a media publication. For race agents please contact British Athletics.

In addition to the 2017 Media Guide, British Athletics will provide a Media Guide Insert to accompany each major championship throughout 2016 to include both WCPP and non-WCPP athletes that have been selected for either British Athletics teams. This will also be available in either print and online.

Biographical statistics such as personal bests and championship records are correct as of 20 January 2017.

Photographs kindly provided by:
Mark Shearman: Athletics Images
Getty Images
Job King

With thanks for their assistance:
Ian Hodge
OLYMPIC PODIUM

DINA ASHER-SMITH
100M, 200M & 4X100M

DOB: 04/12/1995
BORN: Farnborough
LIVES: Orpington
CLUB: Blackheath & Bromley
TRAINS: Bromley
COACH: John Blackie
AGENT: Pace Sports Management
KIT: Nike

PERSONAL BESTS

CAREER HIGHLIGHTS:

Olympic Games
1 2016 - 4x100m

IAAF World Championships
1 2013 - 4x100m

European Championships
1 2016 - 200m
1 2016 - 4x100m

European Indoor Championships
1 2015 - 60m

IAAF World Junior Championships
1 2014 - 100m

European Junior Championships
2 2013 - 200m and 4x100m Relay

@dinaashersmith  Power of 10
OLYMPIC PODIUM

HOLLY BRADSHAW
POLE VAULT

DOB: 02/11/1991
BORN: Preston
LIVES: Cardiff
CLUB: Blackburn Harriers
TRAIN: NIA Cardiff
COACH: Scott Simpson
AGENT: First Artist Mission
KIT: Nike

PERSONAL BESTS
Pole Vault: 4.87m (2012)

CAREER HIGHLIGHTS:

Olympic Games
5th place - 2016 - Pole Vault
6th place - 2012 - Pole Vault

IAAF World Indoor Championships
1 2012 - Pole Vault

European Indoor Championships
1 2013 - Pole Vault

IAAF World Junior Championships
1 2010 - Pole Vault

European U23 Championships
1 2011 - Pole Vault

@HollyBleasdale  Power of 10
MO FARAH
5,000M & 10,000M

DOB: 23/03/1983
BORN: Mogadishu, Somalia
LIVES: Portland, USA
CLUB: Newham & Essex Beagles
TRAIN: Oregon
COACH: Alberto Salazar
AGENT: Pace Sports Management / Freuds
KIT: Nike

PERSONAL BESTS
5,000m: 12:53.11 (2011)  10,000m: 26:46.57 (2011)

CAREER HIGHLIGHTS:

Olympic Games
4  2016 & 2012 - 5,000m & 10,000m

IAAF World Championships
5  2015 & 2013 - 5,000m & 10,000m / 2011 - 5,000m
1  2011 - 10,000m

European Indoor Championships
2  2011 & 2009 - 3,000m

IAAF World Half Marathon Championships
1  2016 - Half Marathon

European Cross Country Championships
1  2006 - Senior Men

European Championships
5  2014 & 2010 - 5000m & 10,000m / 2012 - 5000m
ADAM GEMILI
100M, 200M & 4X100M

DOB: 06/10/1993
BORN: London
CLUB: Blackheath & Bromley
TRAINS: Loughborough / Papendal, Netherlands
COACH: Rana Reider
AGENT: M&C Saatchi
KIT: Nike

PERSONAL BESTS

CAREER HIGHLIGHTS:

Olympic Games
4th place - 2016 - 200m

European Championships
3rd 2014 - 200m / 2016 & 2014 - 4x100m

Commonwealth Games
2nd 2014 - 100m & 4x100m

IAAF World Junior Championships
1st 2012 - 100m

European U23 Championships
2nd 2013 - 100m & 4x100m

European Junior Championships
2nd 2011 - 100m & 4x100m
ROBBIE GRABARZ
HIGH JUMP

DOB: 03/10/1987
BORN: Enfield
LIVES: Birmingham
CLUB: Newham & Essex Beagles
 TRAINS: Birmingham
COACH: Fuzz Caan
KIT: Adidas

PERSONAL BESTS
High Jump: 2.37m (2012)

CAREER HIGHLIGHTS:

Olympic Games
1 2012 - High Jump

IAAF World Indoor Championships
1 2016 - High Jump

European Championships
1 2012 - High Jump
1 2016 - High Jump
OLYMPIC PODIUM

SOPHIE HITCHON
HAMMER THROW

DOB: 11/07/1991
BORN: Burnley
LIVES: Loughborough
CLUB: Blackburn Harriers
TRAITS: Loughborough / California
COACH: Tore Gustafsson
AGENT: MTC
KIT: Nike

PERSONAL BESTS
Hammer Throw: 74.54m (2016)

CAREER HIGHLIGHTS:

Olympic Games
1 2016 - Hammer Throw

Commonwealth Games
1 2014 - Hammer Throw

IAAF World Junior Championships
1 2010 - Hammer Throw

European U23 Championships
1 2013 - Hammer Throw
1 2011 - Hammer Throw

European Junior Championships
1 2009 - Hammer Throw

@SophieHitchon  Power of 10
ZHARNEL HUGHES
200M & 4X100M

DOB: 13/07/1995
BORN: The Valley, Anguilla
LIVES: Kingston, Jamaica
CLUB: Shaftesbury Barnet
TRAINS: Kingston, Jamaica
COACH: Glen Mills
KIT: Adidas

PERSONAL BESTS
200m: 20.02 (2015)

CAREER HIGHLIGHTS:
IAAF World Championships
5th place - 2015 - 200m

IAAF World Junior Championships
5th place - 2014 - 200m
OLYMPIC PODIUM

KATARINA JOHNSON-THOMPSON
HEPTATHLON

DOB: 09/01/1993
BORN: Liverpool
CLUB: Liverpool Harriers
AGENT: M&C Saatchi
KIT: Nike

PERSONAL BESTS

CAREER HIGHLIGHTS:

Olympic Games
6th place - 2016 - Heptathlon

IAAF World Indoor Championships
1 2014 - Long Jump

European U23 Championships
1 2013 - Heptathlon

IAAF World Junior Championships
1 2012 - Long Jump

European Indoor Championships
1 2015 - Pentathlon

IAAF World Youth championships
1 2009 - Heptathlon
OLYMPIC PODIUM

LAURA MUIR
1500M

DOB: 09/05/1993
BORN: Inverness
LIVES: Glasgow
CLUB: Dundee Hawkhill
TRAINS: Glasgow
COACH: Andy Young
AGENT: JCCM
KIT: Nike

PERSONAL BESTS
1500m: 3:55.22 (2016)   5000m: 14:49.12

CAREER HIGHLIGHTS:

Olympic Games
7th place - 2016 - 1500m

IAAF World Championships
5th place - 2015 - 1500m

European U23 championships
₁ 2013 - 1500m

@Lauramuiruns  Power of 10
OLYMPIC PODIUM

CINDY OFILI
100M HURDLES

DOB: 05/08/1994
BORN: Superior, Michigan
LIVES: Michigan
CLUB: Woodford Green & Essex Ladies
TRAINS: Michigan
AGENT: Global Athletics
KIT: Adidas

PERSONAL BESTS
100m Hurdles: 12.60 (2015)

CAREER HIGHLIGHTS:
Olympic Games
4th place – 2016 – 100m Hurdles

@cindyofili  Power of 10
TIFFANY PORTER
100M HURDLES

DOB: 13/11/1987
BORN: Ypsilanti, Michigan
LIVES: Greenboro, USA
CLUB: Woodford Green & Essex Ladies
COACH: Jeff Porter
AGENT: Global Athletics & Marketing Inc
KIT: Adidas

PERSONAL BESTS
100m Hurdles: 12.51 (2014)

CAREER HIGHLIGHTS:

Olympic Games
7th place - 2016 - 100m Hurdles

IAAF World Championships
1 2013 - 100m Hurdles

European Championships
1 2014 - 100m Hurdles
1 2016 - 100m Hurdles

IAAF World Indoor Championships
2 2016 & 2012 - 60m Hurdles
1 2014 - 60m Hurdles

European Indoor Championships
1 2011 - 60m Hurdles

Commonwealth Games
1 2014 - 100m Hurdles
OLYMPIC PODIUM

SHARA PROCTOR
LONG JUMP

DOB: 16/09/1988
BORN: US Virgin Islands
LIVES: Arnhem, Netherlands
CLUB: Birchfield Harriers
TRAINS: Papendal
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Adidas

PERSONAL BESTS

CAREER HIGHLIGHTS:

IAAF World Championships
1 2015 - Long Jump

IAAF World Indoor Championships
1 2012 - Long Jump
OLYMPIC PODIUM

GREG RUTHERFORD
LONG JUMP

DOB: 17/11/1986
BORN: Milton Keynes
LIVES: Milton Keynes
CLUB: Marshall Milton Keynes
TRAIN: Milton Keynes / Arizona, USA
COACH: Dan Pfaff
AGENT: DNA Sport
KIT: Nike

PERSONAL BESTS
Long Jump: 8.51m (2014)

CAREER HIGHLIGHTS:

Olympic Games
1 2012 - Long Jump
1 2016 - Long Jump

IAAF World Championships
1 2015 - Long Jump

European Championships
2 2016 & 2014 - Long Jump
1 2006 - Long jump

Commonwealth Games
1 2014 - Long Jump
1 2010 - Long Jump

European Junior Championships
1 2005 - Long Jump

@GregJRutherford  Power of 10
LYNSEY SHARP
800M

DOB: 11/07/1990
BORN: Dumfries
LIVES: Loughborough
CLUB: Edinburgh AC
TRAINS: Loughborough
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Nike

PERSONAL BESTS
800m: 1:57.69 (2016)

CAREER HIGHLIGHTS:

Olympic Games
6th place - 2016 - 800m

European Championships
1 2012 - 800m
1 2014 - 800m

Commonwealth Games
1 2014 - 800m

European U23 Championships
1 2011 - 800m
OLYMPIC PODIUM

LORRAINE UGEN
LONG JUMP

DOB: 22/08/1991
BORN: London
LIVES: Fort Worth, Texas
CLUB: Blackheath & Bromley
TRAIN: Fort Worth, Texas
COACH: Shawn Jackson
KIT: Nike

PERSONAL BESTS
Long Jump: 6.93m (2016)

CAREER HIGHLIGHTS:

IAAF World Indoor Championships
1 2016 - Long Jump

IAAF World Championships
5th place - 2015 - Long Jump
KARE ADENEGAN
T34 100M, 400M & 800M

DOB: 29/12/2000
BORN: Coventry
LIVES: Coventry
CLUB: Coventry Godiva
TRAINS: Coventry
COACH: Job King
AGENT: Sacha Gemili

PERSONAL BESTS
100m: 18.29 (2016)  400m: 61.67 (2016)  800m: 2:02.47 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
1 2016 - T34 100m
2 2016 - T34 400m & 800m

IPC Athletics World Championships
2 2015 - T34 400m & 800m
HOLLIE ARNOLD
F46 JAVELIN

DOB: 26/06/1994
BORN: Grimsby
LIVES: Caerphilly
CLUB: Cleethorpes
TRAINS: Cardiff / Loughborough
COACH: David Parker
KIT: Nike

PERSONAL BESTS
F46 Javelin: 43.01m (2016)

CAREER HIGHLIGHTS:
Paralympic Games
1 2016 - F46 Javelin

IPC Athletics World Championships
2 2015 & 2013 - F46 Javelin
1 2011 - F46 Javelin

IPC Athletics European Championships
1 2012 - F46 Javelin
PAUL BLAKE
T36 400M & 800M

DOB: 15/01/1990
BORN: Dorchester
LIVES: Bristol
CLUB: Dorchester AC
TRAINS: Bath University
COACH: Rob Ellchuk

PERSONAL BESTS
400m: 54.22 (2012)  800m: 2:06.10 (2013)

CAREER HIGHLIGHTS:

Paralympic Games
1 2016 - T36 400m
2 2016 - T36 800m / 2012 - T36 400m
1 2012 - T36 800m

IPC Athletics European Championships
2 2014 & 2012 - T36 400m
2 2014 - T36 100m / 2012 - T36 800m

IPC Athletics World Championships
3 2015 & 2013 - T36 800m / 2011 - T36 400m
4 2015 & 2013 – T36 800m / 2011 - T36 800m & 1500m
JONATHAN BROOM-EDWARDS
T44 HIGH JUMP

DOB: 27/05/1988
BORN: Colchester
LIVES: Loughborough
CLUB: Newham & Essex Beagles
TRAINS: Loughborough
COACH: Fuzz Caan
AGENT: 19Eleven

PERSONAL BESTS
High Jump: 2.15m (2015)

CAREER HIGHLIGHTS:
Paralympic Games
1 2016 - T44 High Jump

IPC Athletics World Championships
2 2015 & 2013 - T44 High Jump

IPC Athletics European Championships
1 2014 - T44 High Jump
1 2016 - T42/44 High Jump

@BroomEdwardsT44  Power of 10
MICKEY BUSHELL
T53 100M AND 400M

DOB: 08/06/1990
BORN: Shrewsbury
LIVES: Telford
CLUB: Birchfield Harriers
TRAINS: Weir Archer Academy
COACH: Jenny Archer

PERSONAL BESTS

CAREER HIGHLIGHTS:

Paralympic Games
1 2012 - T53 100m
1 2008 - T53 100m

IPC Athletics World Championships
1 2011 - T53 200m

IPC Athletics European Championships
2 2016 & 2014 T53 100m
1 2014 - T53 200m
1 2016 - T53 400m
JOANNA BUTTERFIELD
F51 CLUB THROW & DISCUS

DOB: 19/03/1979
BORN: Doncaster
LIVES: Glasgow
CLUB: Forth Valley Flyers
TRAINS: Glasgow
COACH: Shona Malcolm/Phil Peat

PERSONAL BESTS

CAREER HIGHLIGHTS:
Paralympic Games
1 2016 - F51 Club Throw

IPC Athletics World Championships
1 2015 - F51 Club Throw
1 2015 - F51 Discus

IPC Athletics European Championships
2 2016 & 2014 - F32/51 Club Throw

@Jo_shuni  Power of 10
LIBBY CLEGG
T11 100M & 200M

GUIDE RUNNER: Chris Clarke
DOB: 24/03/1990
BORN: Stockport
LIVES: Loughborough
CLUB: Charnwood
TRAINS: Loughborough
COACH: Joe McDonnell
AGENT: Nuff Respect
KIT: Asics

PERSONAL BESTS
100m: 11.91 (2016) 200m: 24.44 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
2 2016 – T11 100m & 200m
1 2012 – T12 100m
1 2008 – T12 100m

IPC Athletics World Championships
1 2011 – T12 100m
3 2013 – T12 100m & 200m / 2006 – T12 200m
1 2011 – T12 200m

IPC Athletics European Championships
2 2012 – T12 100m and 200m

Commonwealth Games
1 2014 – T12 100m
HANNAH COCKROFT
T34 100M, 400M & 800M

DOB: 30/07/1992
BORN: Halifax
LIVES: Halifax
CLUB: Leeds City
TRAINS: Loughborough
COACH: Jenni Banks
AGENT: 17 Management

PERSONAL BESTS
100m: 17.31 (2014) 400m: 58.59 (2016) 800m: 1:56.89 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

2016 & 2012 T34 100m / 2016 - T34 400m & 800m / 2012 - T34 200m

IPC Athletics World Championships

2015, 2013 & 2011 - T34 100m / 2013 & 2011 - T34 200m / 2015 - T34 400m & 800m

IPC Athletics European Championships

2014 - T34 100m & 800m
KADEENA COX
T38 100M, 400M & 4X100M

DOB: 10/03/1991
BORN: Leeds
LIVES: Manchester
CLUB: Sale Harriers
TRAINS: Manchester
COACH: Brian Scobie
AGENT: M&C Saatchi

PERSONAL BESTS
100m: 12.98 (2016) 400m: 60.71 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
1 2016 - T38 400m
1 2016 - T35-38 4x100m
1 2016 - T38 100m

IPC Athletics World Championships
1 2015 - T37 100m

IPC Athletics European Championships
1 2016 - T38 200m
**ALED DAVIES**

**F42 SHOT PUT**

DOB: 24/05/1991  
BORN: Bridgend  
LIVES: Cardiff  
CLUB: Federation of Disability Sport Wales  
TRAINS: Welsh Institute of Sport  
COACH: Ryan Spencer Jones  
AGENT: Definitive  
KIT: Nike

**PERSONAL BESTS**


**CAREER HIGHLIGHTS:**

**Paralympic Games**

- 2016 - F42 Shot Put / 2012 - F42 Discus
- 2012 - F42 Shot Put

**IPC Athletics World Championships**

- 2015 & 2013 - F42 Discus & Shot Put
- 2011 - F42 Discus

**IPC Athletics European Championships**

- 2016 & 2014 - F42 Discus & Shot Put

**Commonwealth Games**

- 2014 - F42/44 Discus
Sabrina Fortune
F20 Shot Put

DOB: 25/05/1997
BORN: Chester
LIVES: Mold
CLUB: Deeside AAC
TRAINS: Wales
COACH: Anthony Hughes/Ian Robinson

PERSONAL BESTS
Shot Put: 12.94m (2016)

CAREER HIGHLIGHTS:
Paralympic Games
1 2016 - F20 Shot Put

IPC Athletics World Championships
Fourth place - 2015 - F20 Shot Put

IPC Athletics European Championships
Fourth place - 2016 - F20 Shot Put
TOBY GOLD
T33 100M

DOB: 27/09/1994
BORN: London
LIVES: London
CLUB: Kingston & Poly
TRAINING: Loughborough
COACH: Jenni Banks

PERSONAL BESTS
100m: 17.49 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
1 2016 - T33 100m

IPC Athletics World Championships
1 2015 - T33 100m

IPC Athletics European Championships
1 2016 - T33 100m

@TobyGold18  Power of 10
DAN GREAVES
F44 DISCUS

DOB: 04/10/1982
BORN: Leicester
LIVES: Loughborough
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: John Godina
AGENT: Sports Sphere
KIT: Adidas

PERSONAL BESTS
Discus: 62.34m (2014)

CAREER HIGHLIGHTS:

Paralympic Games
1. 2004 - F44 Discus
2. 2012 & 2000 F44 Discus
2. 2016 & 2008 F44 Discus

IPC Athletics World Championships
1. 2011 - F44 Discus
3. 2013, 2006 & 2002 - F44 Discus

IPC Athletics European Championships
2. 2016 & 2014 - F44 Discus

Commonwealth Games
1. 2014 - F44 Discus
PARALYMPIC PODIUM

SOPHIE HAHN
T38 100M AND 4X100M

DOB: 23/01/1997
BORN: Nottingham
LIVES: Nottingham
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Joe McDonnell
AGENT: 17 Management

PERSONAL BESTS
100m: 12.60 (2015)

CAREER HIGHLIGHTS:

Paralympic Games
1. T38 100m
1. T35-38 4x100m

IPC Athletics World Championships
3. 2015 & 2013 - T38 100m / 2015 - T35-38 4x100m
2. 2015 & 2013 - 200m

IPC Athletics European Championships
2. 2016 - 100m & 4x100m
4. 2016 - 200m / 2014 - 100m, 400m & 4x100m relay

@SophieHahnT38  Power of 10
DAVID HENSON
T42 200M

DOB: 15/09/1984
BORN: Southampton
LIVES: Fareham
CLUB: Southampton
TRAIN: Portsmouth
COACH: Roger Keller

PERSONAL BESTS
200m: 24.71 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
ично 2016 - T42 200m

IPC Athletics European Championships
ино 2016 - T42 200m
GEORGINA HERMITAGE
T37 100M, 400M & 4X100M

DOB: 28/03/1989  
BORN: Guildford  
LIVES: Alton  
CLUB: Guildford & Godalming  
TRAINS: Guildford  
COACH: Paul MacGregor

PERSONAL BESTS
100m: 13.13 (2016)  400m: 60.53 (2016)

CAREER HIGHLIGHTS:
Paralympic Games
2 2016 - T37 100m & 400m
1 2016 - T35-38 4x100m

IPC Athletics World Championships
2 2015 - 400m & 4x100m
1 2015 - 100m

IPC Athletics European Championships
2 2016 - 100m, 200m, 400m & 4x100m

WORLD RECORD HOLDER - T37 100M, 200M & 400M

PARALYMPIC PODIUM

@Georgie400m  Power of 10
MARIA LYLE
T35 100M & 200M

DOB:  14/02/2000  
BORN:  Edinburgh  
LIVES:  Dunbar  
CLUB:  Team East Lothian  
TRAINS:  Oaklands College  
COACH:  Ryan Freckleton  
AGENT:  19eleven

PERSONAL BESTS
100m: 13.90 (2015)  
200m: 29.24 (2015)

CAREER HIGHLIGHTS:

Paralympic Games
1  2016 - 4x100m  
2  2016 - 100m & 200m

IPC Athletics World Championships
1  2015 - 4x100m  
2  2015 - 100m & 200m

IPC Athletics European Championships
5  2016 - 100m, 200m & 4x100m  
3  2014 - 100m & 200m

@Lyle_Maria  
Power of 10
PARALYMPIC PODIUM

STEPHEN MILLER
F32 CLUB THROW

DOB: 27/05/1980
BORN: Newcastle upon Tyne
LIVES: Cramlington
CLUB: Gateshead Harriers
TRAINS: Gateshead
COACH: Ros Miller

PERSONAL BESTS
Club Throw: 34.37m (2008)

CAREER HIGHLIGHTS:

Paralympic Games
▌ 2008 - F32/51 Club Throw
▌ 2016 & 2000 - F32/51 Club Throw

IPC Athletics World Championships
▌ 2011 - F32 Club Throw

IPC Athletics European Championships
▌ 2014 - F32 Club Throw
▌ 2016 - F32 Club Throw

@hailfabio  Power of 10
JONNIE PEACOCK
T44 100M

DOB: 28/05/1993
BORN: Cambridge
LIVES: Oakham
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Dan Pfaff / Michael Khmel
AGENT: Sports Sphere
KIT: BT

PERSONAL BESTS
100m: 10.68 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

2 2016 & 2012 - T44 100m

IPC Athletics World Championships

1 2013 - T44 100m

IPC Athletics European Championships

2 2016 & 2014 - T44 100m

@jonniepeacock  Power of 10
GEMMA PRESCOTT
F32 CLUB THROW

DOB: 25/09/1983
BORN: Truro
LIVES: Warrington
CLUB: Challenge Disability Sports Club
TRAINS: Cheshire
COACH: Mike Wood

PERSONAL BESTS
Club Throw: 22.21m (2016)

CAREER HIGHLIGHTS:

Paralympic Games
2 2016 – F32 Club Throw
2012 F31/32/51 Club Throw

IPC Athletics World Championships
1 2011 - F32 Club Throw

IPC Athletics European Championships
1 2016 - F31/32/51 Club Throw
1 2014 - F31/32/51 Club Throw

Commonwealth Games
1 2010 - F31/32/51 Club Throw
PARALYMPIC PODIUM

STEF REID
T44 LONG JUMP

DOB: 26/10/1984
BORN: Auckland, New Zealand
LIVES: Loughborough
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Aston Moore
AGENT: First Artist Mission

PERSONAL BESTS
Long Jump: 5.78m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 2016 & 2012 - T44 Long Jump
- 2008 - T44 200m

IPC Athletics World Championships

- 2011 - T44 200m & Long Jump

IPC Athletics European Championships

- 2014 - T44 Long Jump
PARALYMPIC PODIUM

ANDREW SMALL
T33 100M

DOB: 06/01/1993
BORN: Cheshire
LIVES: Nantwich
CLUB: Stockport
TRAINS: Stockport
COACH: Rick Hoskins

PERSONAL BESTS
100m: 17.96 (2016)

CAREER HIGHLIGHTS:
Paralympic Games
🏆 2016 – T33 100m
RICHARD WHITEHEAD
T42 100M & 200M

DOB: 19/07/1976
BORN: Nottingham
LIVES: Nottingham
CLUB: Southwell
TRAINS: Loughborough
COACH: Keith Antoine
AGENT: TLA Worldwide
KIT: Adidas

PERSONAL BESTS
100m: 12.13 (2016) 200m: 23.03 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

2 2016 & 2012 - T42 200m
1 2016 - T42 100m

IPC Athletics World Championships

3 2015, 2013 & 2011 - T42 200m

IPC Athletics European Championships

3 2016 - T42 100m & 200m / 2012 - T42 200m
1 2014 - T42 200m
1 2012 - T42 100m
KATE AVERY
10,000M

DOB: 10/10/1991
BORN: Bishop Auckland
LIVES: Loughborough
CLUB: Shildon
TRAINS: Loughborough
COACH: Rob Denmark
KIT: New Balance

PERSONAL BESTS
10,000m: 31:41.44 (2015)

CAREER HIGHLIGHTS:
IAAF World Championships
15th place - 2015 - 10,000m

European Cross Country Championships
2015 & 2014 - Senior Women
CHRI$$ BAKER
HIGH JUMP

DOB: 02/02/1991
BORN: Norwich
LIVES: Cardiff
CLUB: Sale Harriers
TRAINS: Cardiff Metropolitan University
COACH: Sharon Heveran
AGENT: Stellar Athletics

PERSONAL BESTS
High Jump: 2:36m i (2016)

CAREER HIGHLIGHTS:
European Championships
 vàng 2016 - High Jump
MEGHAN BEESLEY
400M HURDLES

DOB: 15/11/1989
BORN: Tamworth
LIVES: Loughborough
CLUB: Birchfield Harriers
TRAINS: Loughborough
COACH: Michael Baker
AGENT: Stellar Athletics
KIT: Nike

PERSONAL BESTS
400m Hurdles: 54.52 (2015)

CAREER HIGHLIGHTS:

IAAF World Junior Championships
1 2008 - 400m Hurdles

Commonwealth Games
1 2010 - 4x400m

European U23 Championships
1 2011 - 400m Hurdles
PODIUM POTENTIAL WCPP

ALEXANDRA BELL
800M

DOB: 04/11/1992
LIVES: Leeds
CLUB: Pudsey & Bramley
TRAINS: Leeds
COACH: Aaron Thomas
AGENT: Mezzo Management Group

PERSONAL BESTS
800m: 2:00.53 (2016)

@alexbell92  Power of 10
PODIUM POTENTIAL WCPP

CHRIS BENNETT
HAMMER

DOB: 17/12/1989
BORN: Glasgow
LIVES: Glasgow
CLUB: Shaftesbury Barnet
TRAINS: Glasgow
COACH: Mick Jones

PERSONAL BESTS
Hammer: 76.45m (2016)

CAREER HIGHLIGHTS:
Olympic Games
Competed at the 2016 Olympic Games - Hammer

European Championships
10th place: 2016 - Hammer Throw

@ChrisBennett89  Power of 10
TOM BOSWORTH
20KM RACE WALK

DOB: 17/01/1990
BORN: Pembury
LIVES: Leeds
CLUB: Tonbridge
TRAINS: Leeds
COACH: Andi Drake
AGENT: 17 Management
KIT: Asics

PERSONAL BESTS
20km Race Walk: 80:13 (2016)

CAREER HIGHLIGHTS:

Olympic Games
6th place - 2016 - 20km Race Walk

IAAF World Championships
25th place - 2015 - 20km Race Walk
PERSONAL BESTS

Long Jump: 8.21m (2015)

CAREER HIGHLIGHTS:

IAAF World Indoor Championships

6th place - 2016 - Long Jump
PODIUM POTENTIAL WCYP

ANDREW BUTCHART
5,000M

DOB: 14/10/1991
BORN: Stirling
LIVES: Dunblane
CLUB: Central AC
TRAINS: Stirling
COACH: Derek Easton
AGENT: Stephen Haas
KIT: New Balance

PERSONAL BESTS
5,000m: 13:08.61 (2016)

CAREER HIGHLIGHTS:

Olympic Games
6th place: 2016 - 5,000m
TOM FARRELL
5,000M

DOB: 23/03/1991
BORN: Carlisle
LIVES: Eugene, Oregon
CLUB: Border Harriers
TRAINING: Eugene, Oregon
COACH: Mark Rowland
KIT: Nike

PERSONAL BESTS
5,000m: 13:10.48 (2015)

CAREER HIGHLIGHTS:
Olympic Games
14th place - 2016 - 5,000m

IAAF World Championships
15th place - 2015 - 5,000m
ELLIO T G I L E S
800M

DOB: 26/05/1994
BORN: Birmingham
LIVES: London
CLUB: Birchfield Harriers
TRAINS: St Mary’s
COACH: Matt Yates
KIT: Nike

PERSONAL BESTS
800m: 1:45.54 (2016)

CAREER HIGHLIGHTS:

Olympic Games
Competed at the 2016 Olympic Games - 800m

European Championships
2016 – 800m
PODIUM POTENTIAL WCPP

CHARLIE GRICE
1500M

DOB: 07/11/1993
BORN: Brighton
LIVES: Twickenham
CLUB: Brighton Phoenix
TRAINS: St. Mary’s University
COACH: Jon Bigg
AGENT: Wasserman Media Group
KIT: Nike

@charliegrice1  Power of 10

PERSONAL BESTS
1500m: 3:33.60 (2016)

CAREER HIGHLIGHTS:

Olympic Games
12th place - 2016 - 1500m

IAAF World Championships
9th place - 2015 - 1500m

Commonwealth Games
7th place - 2014 - 1500m

European U23 Championships
(compete)
2013 - 1500m

Youth Olympic Games
(compete)
2010 - 1000m
ADAM HAGUE
POLE VAULT

DOB: 29/08/1997
BORN: Sheffield
LIVES: Rotherham
CLUB: Sheffield & Dearne
TRAIN: Sheffield
COACH: Trevor Fox
AGENT: Stellar Athletics
KIT: Nike

PERSONAL BESTS
Pole Vault: 5.60m (2015)

CAREER HIGHLIGHTS:

IAAF World Junior Championships
5th place - 2016 - Pole Vault
8th place - 2014 - Pole Vault

European Junior Championships
🌟 2015 - Pole Vault
PODIUM POTENTIAL WCPP

LUCY HATTON
100M HURDLES

DOB: 08/11/1994
BORN: Essex
LIVES: Milton Keynes
CLUB: Corby
TRAINS: Sheffield
COACH: Toni Minichiello
KIT: Nike

PERSONAL BESTS
100m Hurdles: 12.84m (2015)

CAREER HIGHLIGHTS:
European Indoor Championships
1 2015 - 60m Hurdles
PODIUM POTENTIAL WCPP

CALLUM HAWKINS
MARATHON

DOB: 22/06/1992
BORN: Paisley
LIVES: Elderslie
CLUB: Kilbarchan
TRAINS: Kilbarchan
COACH: Robert Hawkins
KIT: New Balance

PERSONAL BESTS
Marathon: 2:10:52 (2016)

CAREER HIGHLIGHTS:

Olympic Games
9th place - 2016 - Marathon

IAAF World Half Marathon Championships
15th place - 2016 - Half Marathon

European Championships
9th place - 2016 - Half Marathon

European Cross Country championships
2016 – Senior Men
CHRIS KANDU
HIGH JUMP

DOB: 10/09/1995
BORN: Hackney
LIVES: Enfield
CLUB: Lee Valley
TRAIN: Birmingham
COACH: Fuzz Caan
AGENT: Wasserman Media Group
KIT: Nike

PERSONAL BESTS
High Jump: 2.26m (2015)

CAREER HIGHLIGHTS:
European U23 Championships
🥇 2015 - High Jump

@ChrisKanduHJ  Power of 10
DAVID KING
110M HURDLES

DOB: 13/06/1994
BORN: Plymouth
LIVES: Plymouth
CLUB: City of Plymouth
TRAITS: Bath
COACH: James Hillier
KIT: Adidas

PERSONAL BESTS
110m Hurdles: 13.54 (2016)

CAREER HIGHLIGHTS:
European U23 Championships
4th place - 2015 - 110m Hurdles
MORGAN LAKE
HEPTATHLON & HIGH JUMP

DOB: 12/05/1997
BORN: Milton Keynes
LIVES: Camberley
CLUB: WSEH
TRAINS: Loughborough
COACH: Aston Moore
AGENT: Wasserman Media Group
KIT: Nike

PERSONAL BESTS

CAREER HIGHLIGHTS:
Olympic Games
10th place - 2016 - High Jump

IAAF World Indoor Championships
7th place - 2016 - Pentathlon

European Junior Championships
1st 2015 - High Jump

IAAF World Junior Championships
2nd 2014 - High Jump & Heptathlon
PODIUM POTENTIAL WCPP

JADE LALLY
DISCUS

DOB: 30/03/1987
BORN: Tooting
LIVES: Horsham
CLUB: Shaftesbury Barnet
TRAINS: Surrey
COACH: Andrew Neal
AGENT: 17 Management
KIT: Adidas

PERSONAL BESTS
Discus: 65.10m (2016)

CAREER HIGHLIGHTS:

Olympic Games
Competed at the 2016 Olympic Games

Commonwealth Games
1 2014 - Discus

European Championships
7th place - 2016 - Discus

European U23 Championships
1 2009 - Discus

@JadeLallyT69  Power of 10
KYLE LANGFORD
800M

DOB: 02/02/1996
BORN: Watford
LIVES: Watford
CLUB: Shaftesbury Barnet
TRAINS: Watford
COACH: George Harrison
KIT: Nike

PERSONAL BESTS
800m: 1:45.78 (2015)

CAREER HIGHLIGHTS:
European Junior Championships
1 2015 - 800m

IAAF World Youth Championships
1 2013 - 800m
SCOTT LINCOLN
SHOT PUT

DOB: 07/05/1993  
BORN: Northallerton  
LIVES: Northallerton  
CLUB: City of York  
TRAINS: York  
COACH: Paul Wilson  
AGENT: TFT Athlete Management

PERSONAL BESTS
Shot Put: 19.59m (2016)
PERSONAL BESTS
5,000m: 15:05.00 (2016)

CAREER HIGHLIGHTS:

**Olympic Games**
13th place - 2016 – 5,000m

**IAAF World Championships**
10th place - 2013 – 3,000m Steeplechase

**European Championships**
6th place – 2016 – 5,000m
PODIUM POTENTIAL WCPP

NICK MILLER
HAMMER THROW

DOB: 01/05/1993
BORN: Carlisle
LIVES: Los Gatos, California
CLUB: Border Harriers
TRAINS: Los Gatos, California
COACH: Tore Gustafsson

PERSONAL BESTS
Hammer Throw: 77.55m (2015)

CAREER HIGHLIGHTS:

Commonwealth Games
2014 - Hammer Throw

European U23 Championships
2015 - Hammer Throw

@NickMillerhamer  Power of 10
DAVID OMOREGIE
110M HURDLES

DOB: 01/11/1995
BORN: Durham
LIVES: Loughborough
CLUB: Cardiff
TRAINS: Loughborough
COACH: Benke Blomkvist
AGENT: Eseosa Omoregie
KIT: Nike

PERSONAL BESTS
110m Hurdles: 13:24 (2016)

CAREER HIGHLIGHTS:

IAAF World Junior Championships
1 2014 - 110m Hurdles

European U23 Championships
1 2015 - 110m Hurdles

@davidomoregie  Power of 10
PODIUM POTENTIAL WCAPP

SHELAYNA OSKAN-CLARKE
800M

DOB: 20/01/1990
BORN: London
LIVES: Uxbridge
CLUB: WSEH
TRAIN: Brunel
COACH: Jon Bigg
KIT: New Balance

@soskanclarke Power of 10

PERSONAL BESTS
800m: 1:58.86 (2015)

CAREER HIGHLIGHTS:
IAAF World Championships
5th place - 2015 - 800m
PODIUM POTENTIAL WCPPP

ISOBEL POOLEY
HIGH JUMP

DOB: 21/12/1992
BORN: London
LIVES: Loughborough
CLUB: Aldershot Farnham & District
TRAINING: Loughborough
COACH: Fuzz Caan
KIT: Adidas

PERSONAL BESTS
High Jump: 1.97m (2015)

CAREER HIGHLIGHTS:
Commonwealth Games
2014 - High Jump
ANDY POZZI
110M HURDLES

DOB: 15/05/1992
BORN: Leamington Spa
LIVES: Bath
CLUB: Stratford-upon-Avon
TRAINS: Loughborough
COACH: Benke Blomkvist
KIT: Nike

PERSONAL BESTS
110m Hurdles: 13.19 (2016)

CAREER HIGHLIGHTS:
IAAF World Indoor Championships
4th place - 2014 & 2012 - 60m Hurdles

European Junior Championships
2011 - 100m Hurdles

@andrew_pozzi  Power of 10
SHONA RICHARDS
400M HURDLES

DOB: 01/09/1995
BORN: Epsom
LIVES: London
CLUB: WSEH
TRAINS: Sutton
COACH: Marina Armstrong
AGENT: M&C Saatchi
KIT: Nike

PERSONAL BESTS
400m Hurdles: 56.05 (2015)

CAREER HIGHLIGHTS:
IAAF World Junior Championships
2 2014 - 400m Hurdles & 4x400m
PODIUM POTENTIAL WCPP

JAZMIN SAWYERS
LONG JUMP

DOB: 21/05/1994
BORN: Stoke
LIVES: Walsall
CLUB: City of Stoke
TRAIN: Birmingham
COACH: Kelly Sotherton
AGENT: IMG
KIT: Adidas

PERSONAL BESTS
Long Jump: 6.75m (2016)

CAREER HIGHLIGHTS:

Olympic Games
8th place - 2016 - Long Jump

European Championships
🥇 2016 - Long Jump

Commonwealth Games
🥇 2014 - Long Jump

IAAF World Junior Championships
🥇 2012 - Long Jump

European U23 Championships
🥇 2015 - Long Jump

European Junior Championships
🥇 2013 - Long Jump

Commonwealth Youth Games
🥇 2011 - Long Jump
PODIUM POTENTIAL WCPP

ADELLE TRACEY
800M

DOB: 27/05/1993
BORN: Seattle, USA
CLUB: Guildford & Godalming
TRAIN: St Mary’s
COACH: Craig Winrow
AGENT: Gary Lough
KIT: Nike

PERSONAL BESTS
800m: 2:00.04 (2016)

CAREER HIGHLIGHTS:
European U23 Championships
4th place - 2015 - 800m

European Youth Olympic Festival
2009 - 800m
JAKe WIGHTMAN
1500M

DOB: 11/07/1994
BORN: Edinburgh
LIVES: Loughborough
CLUB: Edinburgh AC
TRAINS: Loughborough
COACH: Geoff Wightman
AGENT: Global Athletics
KIT: Nike

PERSONAL BESTS
1500m: 3:35.49 (2014)

CAREER HIGHLIGHTS:
European Championships
7th place - 2016 - 1500m

European Junior Championships
🥇 2013 - 1500m
JOSHUA BAIN
F37 DISCUS

DOB: 29/11/1995
BORN: Chelmsford
LIVES: Colchester
CLUB: Chelmsford
TRAINS: Loughborough
COACH: David Parker

PERSONAL BESTS
Discus: 46.04m (2015)

CAREER HIGHLIGHTS:

IPC Athletics European Championships
🌟 2016 - F37 Discus
PARALYMPIC POTENTIAL WCPP

DANIEL BRAMALL
T33 100M

DOB: 29/01/1985
BORN: Manchester
LIVES: Middlewich, Cheshire
CLUB: Stockport
TRAINS: Stockport
COACH: Peter Wyman

PERSONAL BESTS
100m: 17.82 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
4th place - 2016 - T33 100m

IPC Athletics European Championships
1 2016 - T33 100m

IPC Athletics World Championships
1 2015 - T33 100m
SHAUN BURROWS
T38 100M & 400M

DOB: 25/12/1997
BORN: Stafford
LIVES: Stoke-on-Trent
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Joseph McDonnell

PERSONAL BESTS
100m: 11.78 (2015)  400m: 53.45 (2015)

CAREER HIGHLIGHTS:

IPC Athletics World Championships
1  2015 - T38 400m
RICHARD CHIASSARO
T54 100M, 400M & 800M

DOB: 11/11/1981
BORN: Harlow
LIVES: Harlow
CLUB: Harlow AC
TRAINS: Loughborough
COACH: Jenni Banks

PERSONAL BESTS
100m: 14.32 (2016)  400m: 45.98 (2016)  800m: 1:32.96 (2016)

CAREER HIGHLIGHTS:

IPC Athletics European Championships

1 2016 - T54 200m
2 2016 - T54 100m, 400m & 800m
VANESSA DAOBRÝ
F34 SHOT PUT

DOB: 20/06/1977
BORN: London
LIVES: London
CLUB: Enfield & Haringey
TRAINS: London
COACH: Alison O’Riordan

PERSONAL BESTS
Shot Put: 7.46m (2016)

CAREER HIGHLIGHTS:
Paralympic Games
5th place - 2016 - F34 Shot Put

IPC Athletics European Championships
4th place - 2016 - F34 Shot Put
KYRON DUKE
F41 JAVELIN & SHOT PUT

DOB: 12/10/1992
BORN: Newport
LIVES: Cwmbran
CLUB: Federation of Disability Sport Wales
TRAINS: Welsh Institute of Sport
COACH: Anthony Hughes

PERSONAL BESTS

CAREER HIGHLIGHTS:

IPC World Athletics Championships
1 2013 - F41 Javelin
3 2015 - F41 Javelin / 2013 & 2011 F41 Javelin

IPC Athletics European Championships
2 2014 - F41 Javelin & Shot Put
2 2012 - F41 Javelin & Shot Put
KYLIE GRIMES
F51 CLUB THROW

DOB: 07/12/1987
BORN: Aldershot
LIVES: Farnham
TRAINS: Surrey
COACH: Phil Peat

PERSONAL BESTS
Club Throw: 19.07m (2016)

CAREER HIGHLIGHTS:
Paralympic Games
4th place - 2016 - F51 Club Throw

IPC Athletics World Championships
4th place - 2015 - F51 Club Throw

@kyliegrimes   Power of 10
PARALYMPIC POTENTIAL WCPP

CLAIRE HARVEY
F55 DISCUS AND SHOT PUT

DOB: 19/02/1974
BORN: Chatham
LIVES: Ashford
CLUB: Ashford AC
TRAINS: Ashford
COACH: Phil Peat

@harveysprout  Power of 10

PERSONAL BESTS

CAREER HIGHLIGHTS:
IPC Athletics World Championships
5th place - 2015 - F55 Shot Put
8th place - 2015 - F55 Discus
JORDAN HOWE
T35 100M & 200M

DOB: 12/10/1995
BORN: Cardiff
LIVES: Cardiff
CLUB: Federation of Disability Sport Wales
TRAINS: Loughborough
COACH: Keith Antoine

PERSONAL BESTS

CAREER HIGHLIGHTS:

Paralympic Games
1  2012 - T35-38 4x100m Relay

IPC Athletic European Championships
4  2016 & 2014 - T35 100m & 200m
ABBIE HUNNISETT
F32 CLUB THROW

DOB: 28/10/1995
BORN: Haywards Heath
LIVES: East Grinstead
CLUB: Weir Archer Academy
TRAIN: Richmond
COACH: Anthony Hughes / Mark Hunnisett

PERSONAL BESTS
Club Throw: 21.23 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
4th place - 2016 - F32 Club Throw

IPC Athletics World Championships
1 2015 - F32 Club Throw

IPC European Championships
1 2016 - F32/51 Club Throw
PARALYMPIC POTENTIAL WCPP

MOATEZ JOMNI
T53 100M, 400M & 800M

DOB: 19/02/1989
BORN: Tunisia
LIVES: London
CLUB: Weir Archer Academy
TRAINS: Richmond
COACH: Jenny Archer

PERSONAL BESTS

CAREER HIGHLIGHTS:

IPC Athletics World Championships
1 2016 - T53 200m

IPC Athletics European Championships
2 2016 & 2014 - T53 200m & 400m
2 2016 - T53 400m & 800m
2 2016 & 2014 - T53 100m & 800m
PARALYMPIC POTENTIAL WCPP

SOPHIE KAMLISH
T44 100M

DOB: 20/08/1996
BORN: London
LIVES: Bath
CLUB: Team Bath
TRAINS: Bath
COACH: Rob Ellchuk

PERSONAL BESTS
100m: 12.93 (2016)

CAREER HIGHLIGHTS:
Paralympic Games
4th place - 2016 - T43/44 100m

IPC Athletics World Championships
2013 - T43/44 200m
PARALYMPIC POTENTIAL WCPP

SAMANTHA KINGHORN
T53 100M, 200M, 400M, 800M & 1500M

DOB: 06/01/1996
BORN: Melrose
LIVES: Gordon, Scotland
CLUB: Red Star
TRAINS: Tweed Bank
COACH: Ian Mirfin

PERSONAL BESTS

CAREER HIGHLIGHTS:

Paralympic Games
Fifth place - 2016 - T53 100m
Sixth place - 2016 - T53 800m

IPC Athletics World Championships
1 2016 - T53 200m

IPC Athletics European Championships
3 2014 - T53 100, 400m & 800m
NATHAN MAGUIRE
T54 400M

DOB: 27/07/1997
BORN: Chester
LIVES: Chester
CLUB: Halton & Frodsham
TRAINS: Stockport
COACH: Ste Hoskins

PERSONAL BESTS
400m: 47.96 (2016)

CAREER HIGHLIGHTS:
Paralympic Games
Competed in the Rio Paralympic Games
4x400m Relay

IPC Athletics European Championships
7th place – 2016 - T54 200m & 800m
PARALYMPIC POTENTIAL WCPP

POLLY MATON
T46 100M & LONG JUMP

DOB: 23/10/1999
BORN: London
LIVES: Devizes
CLUB: Moonrakers AC
TRAIN: Bath
COACH: Colin Baross

PERSONAL BESTS
Long Jump: 5.27m (2015) 100m: 12.77 (2016)

CAREER HIGHLIGHTS:
Paralympic Games
5th - 2016 - T46 100m
7th - 2016 - T46 Long Jump

IPC Athletics World Championships
8th place - 2015 - T47 Long Jump

@polly_maton  Power of 10
STEPHEN MORRIS
T20 1500M

DOB: 13/09/1988
BORN: Cardiff
CLUB: Cardiff
TRAINING: Cardiff
COACH: James Thie
KIT: Saucony

PERSONAL BESTS
1500m: 3:56.24 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
6th place - 2016 - T20 1500m
6th place - 2012 - T20 1500m

IPC Athletics European Championships
4th place - 2016 - T20 800m
HOLLY NEILL
F41 SHOT PUT

DOB: 06/04/1989
BORN: Dorchester
LIVES: Dorchester
CLUB: Yeovil
TRAINS: Yeovil
COACH: Andrew Roda

PERSONAL BESTS
Discus: 23.76m (2016)

CAREER HIGHLIGHTS:
Paralympic Games
8th place - 2016 - F41 Discus

IPC Athletics World Championships
2013 - F41 Discus
DEREK RAE
T46 MARATHON

DOB: 23/10/1985
BORN: Kirkcaldy
LIVES: Kirkcaldy
CLUB: Fife
TRAIN: Fife
COACH: Ron Morrison

PERSONAL BESTS
Marathon: 2:40.40

CAREER HIGHLIGHTS:
Paralympic Games
DNF - 2016 - T46 Marathon

IPC Athletics Marathon World Cup
12th place - 2016

IPC Athletics World Championships
13th place - 2015 - Marathon
PARALYMPIC POTENTIAL WCPP

BEN ROWLINGS
T34 100M & 800M

DOB: 02/05/1996
BORN: Shrewsbury
LIVES: Newport, Shropshire
CLUB: Coventry
TRAINS: Coventry
COACH: Job King
AGENT: 17 Management

PERSONAL BESTS

CAREER HIGHLIGHTS:

IPC Athletics European Championships

4 2016 T34 100m, 400m, 800m & 2014 - T34 800m
PARALYMPIC POTENTIAL WCPP

SAM RUDDOCK
F35 SHOT PUT

DOB: 19/02/1990
BORN: Rugby
LIVES: Loughborough
CLUB: Charnwood
TRAINS: Loughborough
COACH: Jim Edwards
AGENT: Nuff Respect

PERSONAL BESTS
Shot Put: 13.75m (2015)

CAREER HIGHLIGHTS:

IPC Athletics European Championships
2016 - F35 Shot Put

IPC World Championships
5th place - 2015 - F35 Shot Put
ZAC SHAW
T13 100M

DOB: 24/09/1995
BORN: Grimsby
LIVES: Loughborough
CLUB: Cleethorpes
TRAINS: Loughborough
COACH: Joe McDonnell

PERSONAL BESTS
100m: 11.28 (2016) 200m: 22.88 (2015)

CAREER HIGHLIGHTS:
IPC Athletics World Championships
6th place - 2015 - T13 100m & 200m
LAURA SUGAR
T44 100M & 200M

DOB: 07/02/1991
BORN: Cambridge
LIVES: Loughborough
CLUB: Birchfield Harriers
TRAINING: Loughborough
COACH: Femi Akinsanya

PERSONAL BESTS

CAREER HIGHLIGHTS:
Paralympic Games
5th place: 2016 - T44 100m & 200m

IPC Athletics European Championships
1 2016 - T44 100m
3 2016 - T44 200m & 2014 - T44 100m & 200m

@LauraSugar1  Power of 10
CARLY TAIT
T34 100M

DOB: 02/01/1986
BORN: Harrow
LIVES: Manchester
TRAINS: Loughborough
CLUB: Stockport
COACH: Jenni Banks

PERSONAL BESTS
T34 100m: 19.17 (2016)

CAREER HIGHLIGHTS:
Paralympic Games
6th place: 2016 - T34 100m

IPC Athletics European Championships
2016 - T34 100m and 400m
ISAAC TOWERS
T34 100M & 800M

DOB: 01/10/1998
BORN: Lancaster
LIVES: Preston
CLUB: Blackpool Wyre & Fylde
TRAINS: Liverpool
COACH: Peter Wyman

PERSONAL BESTS
100m: 16.90 (2016) 400m: 54.18 (2016) 800m: 1:43.35 (2016)

CAREER HIGHLIGHTS:

Paralympic Games
5th place: 2016 - T34 800m

IPC Athletics European Championships
1 2016 - T34 800m
2 2016 - T34 400m & 2014 - T34 800m
3 2016 - T34 200m & 2014 - T34 400m
HARRY AIKINES-ARYEETEY
4X100M RELAY

DOB: 29/08/1988
BORN: Carshalton
LIVES: Loughborough
CLUB: Sutton & District
TRAINs: Loughborough
COACH: Benke Blomkvist
AGENT: Stellar Athletics
KIT: New Balance

PERSONAL BESTS
100m: 10.08 (2016)

CAREER HIGHLIGHTS:

**Olympic Games**
Fifth place - 2016 - 4x100m relay

**IAAF World Championships**
- 1 2009 - 4x100m Relay

**European Championships**
- 1 2014 - 4x100m Relay
- 1 2014 - 100m

**Commonwealth Games**
- 1 2014 - 4x100m Relay

**IAAF World Junior Championships**
- 1 2006 - 100m

**IAAF World Youth Championships**
- 2 2005 - 100m & 200m
OJIE EDOBURUN
4X100M RELAY

DOB: 02/06/1996
BORN: London
LIVES: Edmonton
CLUB: Shaftesbury Barnet/Oaklands College
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo
AGENT: Wasserman Media Group
KIT: Adidas

PERSONAL BESTS
100m: 10.16 (2014)

CAREER HIGHLIGHTS:

European Junior Championships

IAAF World Youth Championships

1 2015 - 100m

1 2013 - 100m
JAMES ELLINGTON
4X100M RELAY

DOB: 06/09/1985
BORN: Lewisham
LIVES: London
CLUB: Newham & Essex Beagles
TRAINS: Brunel University
COACH: Linford Christie
AGENT: Nuff Respect

PERSONAL BESTS
100m: 10.04 (2016)  200m: 20.31 (2016)

CAREER HIGHLIGHTS:

Olympic Games
Fifth place - 2016 - 4x100m relay

European U23 Championships
1  2007 - 4x100m Relay

European Championships
2  2016 & 2014 - 4x100m Relay
RICHARD KILTY
4X100M RELAY

DOB: 02/09/1989
BORN: Middlesbrough
LIVES: London
CLUB: Middlesbrough
TRAINS: Loughborough
COACH: Michael Khmel
KIT: Nike

PERSONAL BESTS
100m: 10.10 (2016)

CAREER HIGHLIGHTS:

Olympic Games
Fifth place - 2016 - 4x100m relay

European Indoor Championships
🥇 2015 - 60m

European Championships
🥇 2014 - 4x100m Relay

Commonwealth Games
🥇 2014 - 4x100m Relay

IAAF World Indoor Championships
🥇 2014 - 60m

European U23 Championships
🥇 2011 - 4x100m Relay
DANNY TALBOT
4X100M RELAY

DOB: 01/05/1991
BORN: Salisbury
LIVES: Loughborough
CLUB: Birchfield Harriers
TRAIN: Loughborough
COACH: Benke Blomkvist
KIT: Nike

PERSONAL BESTS

CAREER HIGHLIGHTS:

European Championships
2 2016 & 2012 - 200m

Commonwealth Games
1 2014 - 4x100m Relay

European U23 Championships
1 2013 - 4x100m Relay
2 2013 - 200m / 2011 - 4x100m Relay

@DannyRakeTalbot  Power of 10
CHIJINDU UJAH
4X100M RELAY

DOB: 05/03/1994
BORN: Enfield
LIVES: London
CLUB: Enfield & Haringey
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo
AGENT: M&C Saatchi
KIT: Nike

PERSONAL BESTS
100m: 9.96 (2015)

CAREER HIGHLIGHTS:

European Championships
1 2016 - 4x100m Relay

Commonwealth Youth Games
1 2011 - 100m

European Junior Championships
1 2013 - 100m
Jarryd Dunn
4x400m Relay

DOB: 30/01/1992
BORN: Walsall
LIVES: Walsall
CLUB: Birchfield Harriers
TRAINS: Birmingham
COACH: Keith Holt
KIT: Adidas

Personal Bests
400m: 45.09 (2015)

Career Highlights:
IAAF World Championships
1 2015 - 4x400m
MATTHEW HUDSON-SMITH
4X400M RELAY

DOB: 26/10/1994
BORN: Wolverhampton
LIVES: Birmingham
CLUB: Birchfield Harriers
TRAINS: Birmingham
COACH: Tony Hadley
AGENT: Pace Sports Management
KIT: Nike

PERSONAL BESTS
400m: 44.48 (2016)

CAREER HIGHLIGHTS:

Olympic Games
Eighth place - 2016 - 400m

European Championships
1 2014 - 4x400m Relay
1 2014 - 400m
1 2016 - 4x400m Relay

Commonwealth Games
1 2014 - 4x400m

European Junior Championships
2 2013 - 200m & 4x400m
NIGEL LEVINE
4X400M RELAY

DOB: 30/04/1989
BORN: San Fernando, Trinidad & Tobago
LIVES: Bedford
CLUB: Windsor Slough Eton & Hounslow
TRAINS: Brunel
COACH: Linford Christie
AGENT: Nuff Respect
KIT: Nike

PERSONAL BESTS
400m: 45.11 (2012)

CAREER HIGHLIGHTS:

European Championships
1 2014 – 4x400m Relay
1 2012 – 4x400m Relay

IAAF World Indoor Championships
2 2014 & 2012 – 4x400m Relay
1 2010 – 4x400m Relay

European Indoor Championships
1 2013 – 4x400m Relay
3 2013 – 400m / 2011 & 2009 – 4x400m Relay

European U23 Championships
2 2011 – 400 & 4x400m Relay

European Junior Championships
1 2007 – 4x400m Relay
MARTYN ROONEY
4X400M RELAY

DOB: 03/04/1987
BORN: Croydon
LIVES: Loughborough
CLUB: Croydon Harriers
TRAINS: Loughborough
COACH: Graham Hedman
KIT: Nike

PERSONAL BESTS
400m: 44.45 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships
1 2009 - 4x400m Relay
1 2015 - 4x400m

European Championships
3 2016 - 400m / 2014 - 400m & 4x400m
1 2010 - 4x400m Relay
1 2010 - 400m

IAAF World Junior Championships
2 2006 - 400m & 4x400m Relay

European Junior Championships
1 2005 - 4x400m Relay
DELANO WILLIAMS
4X400M RELAY

DOB: 23/12/1993
BORN: Turks & Caicos Islands
LIVES: Mona, Jamaica
CLUB: Enfield & Haringey
TRAIN: Kingston, Jamaica
COACH: Neil Harrison
KIT: Nike

PERSONAL BESTS
400m: 45.42 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships
1 2015 - 4x400m Relay

IAAF World Junior Championships
1 2012 - 200m

European Championships
1 2016 - 4x400m
RABAH YOUSIF
4X400M RELAY

DOB: 11/12/1986
BORN: Khartoum, Sudan
LIVES: Cleveland
CLUB: Newham & Essex Beagles
TRAIN: Middlesbrough
COACH: Carol Williams
KIT: Nike

PERSONAL BESTS
400m: 44.54 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships
1 2015 - 4X400m
6th place - 2015 - 400m

European Championships
1 2016 - 4X400m
DESIREE HENRY
4X100M RELAY

DOB: 26/08/1995
BORN: Enfield
LIVES: Netherlands
CLUB: Enfield & Haringey
TRAINS: Netherlands
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Adidas

PERSONAL BESTS
100m: 11.06 (2016) 200m: 22.46 (2016)

CAREER HIGHLIGHTS:

Olympic Games
🥇 2016 - 4x100m Relay

European Junior Championships
🥇 2013 - 4x100m Relay
🥈 2013 - 100m

European Championships
🥇 2014 - 4x100m Relay

IAAF World Youth Championships
🥇 2011 - 200m
RELAY - WOMEN’S 4X100M

DARYLL NEITA
4X100M RELAY

DOB: 29/08/1996
BORN: Camberwell
LIVES: London
CLUB: Shaftesbury Barnet
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo
AGENT: Wasserman Media Group
KIT: Nike

@daryllneita  Power of 10

PERSONAL BESTS
100m: 11.23 (2016)

CAREER HIGHLIGHTS:
Olympic Games
1 2016 - 4x100m Relay
ASHLEIGH NELSON
4X100M RELAY

DOB: 20/02/1991
BORN: Stoke-on-Trent
LIVES: Leyton
CLUB: City of Stoke
TRAIN: Lee Valley
COACH: Michael Afilaka
KIT: Adidas

PERSONAL BESTS
100m: 11.19 (2014)  200m: 22.96 (2016)

CAREER HIGHLIGHTS:
IAAF World Championships
1  2013 - 4x100m Relay

European Championships
1  2014 - 4x100m Relay
1  2014 - 100m

Commonwealth Games
1  2014 - 4x100m Relay

IAAF World Junior Championships
1  2008 - 100m

IAAF World Youth Championships
1  2007 - 100m

European Junior Championships
1  2007 - 4x100m Relay

@ashleighnelson  Power of 10
ASHA PHILIP
4X100M RELAY

DOB: 25/10/1990
BORN: London
LIVES: Loughborough
CLUB: Newman & Essex Beagles
TRAINS: Loughborough
COACH: Steve Fudge
AGENT: MTC
KIT: Nike

PERSONAL BESTS
100m: 11.10 (2015)

CAREER HIGHLIGHTS:

Olympic Games
1 2016 - 4x100m Relay

European U23 Championships
1 2011 - 4x100m Relay

European Championships
1 2014 - 4x100m Relay
1 2016 - 4x100m Relay

European Junior Championships
2 2010 & 2007 - 4x100m Relay

Commonwealth Games
1 2014 - 4x100m Relay

IAAF World Youth Championships
1 2007 - 100m
JODIE WILLIAMS
4X100M RELAY

DOB: 28/09/1993
BORN: Welwyn Garden City
LIVES: St Albans
CLUB: Herts Phoenix
TRAIN: Arizona, USA
COACH: Ryan Freckleton
AGENT: Stellar Athletics
KIT: Adidas

PERSONAL BESTS
100m: 11.18 (2011)  200m: 22.46 (2014)

CAREER HIGHLIGHTS:

European Championships
1 2014 – 4x100m Relay
1 2014 – 200m

Commonwealth Games
1 2014 – 200m
1 2014 – 4x100m Relay

IAAF World Youth Championships
2 2009 – 100m & 200m

European U23 Championships
1 2013 – 200m
2 2013 – 100m & 4x100m Relay

European Junior Championships
2 2011 – 100m & 200m
1 2011 – 4x100m Relay
MARGARET ADEOYE
4X400M RELAY

DOB: 22/04/1985
BORN: Lagos, Nigeria
LIVES: Hackney
CLUB: Enfield & Haringey
TRAIN: Brunel University
COACH: Linford Christie
AGENT: Nuff Respect

PERSONAL BESTS
400m: 51.93 (2013)

CAREER HIGHLIGHTS:

IAAF World Indoor Championships
1 2014 - 4x400m Relay

IAAF World Championships
1 2013 - 4x400m Relay

European Championships
1 2014 - 4x400m Relay
Seren Bundy-Davies
4x400m Relay

DOB: 30/12/1994
BORN: Crewe
LIVES: Wilmslow
CLUB: Trafford
TRAINS: Stretford
COACH: Stephen Ball
AGENT: MTC
KIT: Nike

PERSONAL BESTS
400m: 51.26 (2016)

CAREER HIGHLIGHTS:

IAAF World Championships

1 2015 - 4x400m

European Championships

1 2016 - 4x400m

European U23 Championships

4th place - 2015 - 400m

European Indoor Championships

1 2015 - 4x400m Relay
1 2015 - 400m
EMILY DIAMOND
4X400M Relay

DOB: 11/06/1991
BORN: Bristol
LIVES: Frome
CLUB: Bristol & West
TRAINS: Bath
COACH: Jared Deacon
AGENT: Stellar Athletics
KIT: Nike

PERSONAL BESTS
400m: 51.23 (2016)

CAREER HIGHLIGHTS:

Olympic Games
1 2016 – 4x400m Relay

European Championships
1 2016 – 4x400m Relay
1 2011 – 4x400m Relay
EILIDH DOYLE
4X400M RELAY

DOB: 20/02/1987
BORN: Perth
LIVES: Cumbernauld/Bath
CLUB: Pitreavie
TRAINS: Bath University
COACH: Malcolm Arnold
AGENT: JCCM
KIT: Puma

PERSONAL BESTS

400m Hurdles: 54.09 (2016)  400m: 51.45i (2013)

CAREER HIGHLIGHTS:

Olympic Games

1 2016 - 4x400m

IAAF World Championships

2 2015 & 2013 - 4x400m

European Championships

2 2016 4x400m & 2014 400m Hurdles
1 2014 - 4x400m

Commonwealth Games

2 2014 & 2010 - 400m Hurdles

European Indoor Championships

1 2013 - 4x400m Relay
1 2013 - 400m

European U23 Championships

1 2009 - 400m Hurdles
KELLY MASSEY
4X400M RELAY

DOB: 11/01/1985
BORN: Coventry
LIVES: Sale
CLUB: Sale Harriers
TRAIN: Stretford
COACH: Stephen Ball
AGENT: Richard Yates

PERSONAL BESTS

400m: 51.96 (2014)

CAREER HIGHLIGHTS:

Olympic Games

1 2016 - 4x400m Relay

European Indoor Championships

1 2015 - 4x400m Relay

European Championships

1 2014 - 4x400m Relay

Commonwealth Games

1 2010 - 4x400m Relay
1 2014 - 4x400m Relay
KIRSTEN MCASLAN
4X400M RELAY

DOB: 01/09/1993
BORN: Manchester
LIVES: Manchester
CLUB: Sale Harriers
COACH: Trevor Painter

PERSONAL BESTS
400m: 52.13 (2015)

CAREER HIGHLIGHTS:

European U23 Championships
1 2015 - 4x400m
5th place - 2015 - 400m

IAAF World Championships
1 2015 - 4x400m

European Indoor Championships
1 2015 - 4x400m
LAVIAI NIELSEN  
4X400M RELAY

DOB: 13/03/1996  
BORN: London  
LIVES: London  
CLUB: Enfield & Harringey  
TRAIN: Lee Valley  
COACH: Frank Adams  
AGENT: Stellar Athletics  
KIT: Adidas

PERSONAL BESTS
400m: 52.25 (2015)

CAREER HIGHLIGHTS:

European Junior Championships
2 2016 - 400m & 4x400m

IAAF World Junior Championships
1 2014 - 4x400m
RELAY - WOMEN’S 4X400M

CHRISTINE OHURUOGU
4X400M

DOB: 17/05/1984
BORN: London
LIVES: London
CLUB: Newham & Essex Beagles
TRAINS: Lee Valley
COACH: Lloyd Cowan
AGENT: Pace Sports Management
KIT: Adidas

PERSONAL BESTS
400m: 49.41 (2013)

CAREER HIGHLIGHTS:

Olympic Games
- 2008 - 400m
- 2012 - 400m
- 2016 - 4x400m

IAAF World Championships
- 2013 & 2007 - 400m
- 2015, 2013, 2007 & 2005 - 4x400m

IAAF World Indoor Championships
- 2012 - 4x400m
- 2014 - 4x400m

European Indoor Championships
- 2013 - 4x400m

Commonwealth Games
- 2016 - 400m
- 2014 - 4x400m

European U23 championships
- 2005 - 400m & 4x400m

European Junior Championships
- 2003 - 400m
ANYIKA ONUORA
4X400M RELAY

DOB: 28/10/1984
BORN: Liverpool
LIVES: Loughborough
CLUB: Liverpool Harriers
TRAINS: Loughborough
COACH: Rana Reider
AGENT: Hard Yards Management
KIT: Adidas

PERSONAL BESTS
400m: 50.87 (2015)

CAREER HIGHLIGHTS:

Olympic Games
1 2016 - 4x400m Relay

IAAF World Championships
1 2015 - 4x400m

Commonwealth Games
1 2006 - 4x100m Relay
1 2014 - 4x400m Relay

European Championships
1 2016 - 4x400m Relay
1 2006 - 4x100m Relay
1 2016 - 400m
OLIVIA BREEN
T35-T38 4X100M RELAY

DOB: 26/07/1996
BORN: Guildford
LIVES: Liphook
CLUB: City of Portsmouth
TRAINS: Loughborough
COACH: Aston Moore
KIT: Adidas

PERSONAL BESTS

CAREER HIGHLIGHTS:

Paralympic Games
1 2012 - T35-38 4x100m Relay

IPC Athletics World Championships
1 2015 - T35-38 4x100m Relay

IPC Athletics European Championships
1 2016 - T35-38 4x100m Relay
2 2014 - T35-38 4x100m Relay
3 2014 - T38 100m / 2012 - T38 100m & 200m
British Athletics’ Selection Policies for all major events can be found in the below link.

The selection policies outline the qualifying standards and criteria to qualify for a host of British Athletics teams throughout the year.

For more information, visit: http://www.britishathletics.org.uk/world-class/2017-selection-policies/
# UK National Records

*All records in this section are as of 31 January 2017*

## Men

<table>
<thead>
<tr>
<th>Distance</th>
<th>Record</th>
<th>Name</th>
<th>Date</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>100m</td>
<td>9.875 (+0.3)</td>
<td>Linford Christie</td>
<td>15 08 1993</td>
<td>Stuttgart</td>
</tr>
<tr>
<td>200m</td>
<td>19.945 (+0.3)</td>
<td>John Regis</td>
<td>20 08 1993</td>
<td>Stuttgart</td>
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<td>400m</td>
<td>44.365</td>
<td>Iwan Thomas</td>
<td>13 07 1997</td>
<td>Birmingham</td>
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<td>800m</td>
<td>1m 41.735</td>
<td>Sebastian Coe</td>
<td>10 06 1981</td>
<td>Florence</td>
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<td>1500m</td>
<td>3m 28.815</td>
<td>Mohamed Farah</td>
<td>19 07 2013</td>
<td>Monaco</td>
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<tr>
<td>3000m</td>
<td>7:32.62</td>
<td>Mohamed Farah</td>
<td>22 07 2011</td>
<td>Monaco</td>
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<tr>
<td>5000m</td>
<td>12m 53.115</td>
<td>Mohamed Farah</td>
<td>03 06 2011</td>
<td>Eugene</td>
</tr>
<tr>
<td>10000m</td>
<td>26m 46.575</td>
<td>Mohamed Farah</td>
<td>03 06 2011</td>
<td>Eugene</td>
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<td>20km Walk</td>
<td>80:13</td>
<td>Tom Bosworth</td>
<td>12 08 2016</td>
<td>Rio</td>
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<td>110H</td>
<td>12.915 (+0.5)</td>
<td>Colin Jackson</td>
<td>20 08 1993</td>
<td>Stuttgart</td>
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<td>400H</td>
<td>47.825</td>
<td>Kriss Akabusi</td>
<td>06 08 1992</td>
<td>Barcelona</td>
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<td>3000St</td>
<td>8m 07.965</td>
<td>Mark Rowland</td>
<td>30 09 1988</td>
<td>Seoul</td>
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<tr>
<td>HJ</td>
<td>2.37m</td>
<td>Steve Smith</td>
<td>20 09 1992</td>
<td>Seoul</td>
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<td>HJ</td>
<td>2.37m</td>
<td>Steve Smith</td>
<td>22 08 1993</td>
<td>Stuttgart</td>
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<td>HJ</td>
<td>2.37</td>
<td>Robbie Grabarz</td>
<td>23 08 2012</td>
<td>Lausanne</td>
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<td>PV</td>
<td>5.82</td>
<td>Steven Lewis</td>
<td>21 07 2012</td>
<td>Szczecin</td>
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<td>LJ</td>
<td>8.51</td>
<td>Greg Rutherford</td>
<td>24 04 2014</td>
<td>Chula Vista</td>
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<tr>
<td>TJ</td>
<td>18.29m (+1.3)</td>
<td>Jonathan Edwards</td>
<td>07 08 1995</td>
<td>Gothenburg</td>
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<td>SP</td>
<td>21.68m</td>
<td>Geoff Capes</td>
<td>18 05 1980</td>
<td>Cwmbran</td>
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<td>21.92m</td>
<td>Carl Myerscough</td>
<td>13 06 2003</td>
<td>Sacramento</td>
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<td>68.24m</td>
<td>Laurence Okoye</td>
<td>19 05 2012</td>
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<td>77.55m</td>
<td>Nick Miller</td>
<td>22 07 2015</td>
<td>Karlstad</td>
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<td>JT</td>
<td>91.46m</td>
<td>Steve Backley</td>
<td>25 01 1992</td>
<td>Auckland</td>
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</tbody>
</table>

## Women

<table>
<thead>
<tr>
<th>Distance</th>
<th>Record</th>
<th>Name</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>100m</td>
<td>10.99 (+0.1)</td>
<td>Dina Asher-Smith</td>
<td>25 07 2015</td>
<td>London</td>
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<tr>
<td>200m</td>
<td>22.07 (+0.2)</td>
<td>Dina Asher-Smith</td>
<td>28 08 2015</td>
<td>Beijing</td>
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<tr>
<td>400m</td>
<td>49.415</td>
<td>Christine Ohuruogu</td>
<td>12 08 2013</td>
<td>Moscow</td>
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<tr>
<td>800m</td>
<td>1m 56.215</td>
<td>Kelly Holmes</td>
<td>09 09 1995</td>
<td>Monaco</td>
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<tr>
<td>1500m</td>
<td>3m 55.225</td>
<td>Laura Muir</td>
<td>27 08 2016</td>
<td>Paris</td>
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<tr>
<td>5000m</td>
<td>14m 29.115</td>
<td>Paula Radcliffe</td>
<td>20 06 2004</td>
<td>Bydgoszcz</td>
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<td>10000m</td>
<td>30m 01.095</td>
<td>Paula Radcliffe</td>
<td>06 08 2002</td>
<td>Munich</td>
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<tr>
<td>100H</td>
<td>12.51</td>
<td>Tiffany Porter</td>
<td>14 09 2014</td>
<td>Marrakech</td>
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<td>400H</td>
<td>52.745</td>
<td>Sally Gunnell</td>
<td>19 08 1993</td>
<td>Stuttgart</td>
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<td>3000SC</td>
<td>9:24.24</td>
<td>Barbara Parker</td>
<td>02 06 2012</td>
<td>Eugene</td>
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<tr>
<td>HJ</td>
<td>1.98m</td>
<td>Katarina Johnson-Thompson</td>
<td>12 08 2016</td>
<td>Rio</td>
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<td>PV</td>
<td>4.71</td>
<td>Holly Bleasdale</td>
<td>24 06 2012</td>
<td>Birmingham</td>
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<tr>
<td>LJ</td>
<td>7.07m (+0.4)</td>
<td>Shara Proctor</td>
<td>28 08 2015</td>
<td>Beijing</td>
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<tr>
<td>TJ</td>
<td>15.15m (+1.7)</td>
<td>Ashia Hansen</td>
<td>13 09 1997</td>
<td>Fukuoka</td>
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<td>SP</td>
<td>19.36m</td>
<td>Judy Oakes</td>
<td>14 08 1988</td>
<td>Gateshead</td>
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<td>DT</td>
<td>67.48m</td>
<td>Meg Ritchie</td>
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<td>Walnut</td>
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# UK Junior Records

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* Performance awaiting documentation and ratification
## World Records Outdoor

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## Women's 4x400m

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### IPC WORLD RECORDS

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#### Women's Club Throw

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<td>T34 or F34</td>
<td>Most impairment</td>
<td></td>
</tr>
<tr>
<td>T35 or F35</td>
<td>Least impairment</td>
<td></td>
</tr>
<tr>
<td>T36 or F36</td>
<td>Athletes with conditions associated with Cerebral Palsy or traumatic brain injury (Ambulant)</td>
<td>Most impairment</td>
</tr>
<tr>
<td>T37 or F37</td>
<td>Most impairment</td>
<td></td>
</tr>
<tr>
<td>T38 or F38</td>
<td>Least impairment</td>
<td></td>
</tr>
<tr>
<td>T40 or F40</td>
<td>Dwarf athletes</td>
<td></td>
</tr>
<tr>
<td>T41 or F41</td>
<td>Double above knee amputee or physical impairment allowing similar movement</td>
<td></td>
</tr>
<tr>
<td>F42 or F42</td>
<td>Single above knee amputee or physical impairment allowing similar movement</td>
<td></td>
</tr>
<tr>
<td>T43 or F43</td>
<td>Double below knee amputee or physical impairment allowing similar movement</td>
<td></td>
</tr>
<tr>
<td>Classification</td>
<td>Disability</td>
<td>Level of impairment</td>
</tr>
<tr>
<td>----------------</td>
<td>-----------------------------------------------------------------------------</td>
<td>---------------------</td>
</tr>
<tr>
<td>T44 or F44</td>
<td>Single below knee amputee or physical impairment allowing similar movement</td>
<td></td>
</tr>
<tr>
<td>T45 or F45</td>
<td>Double above or below elbow amputee or physical impairment allowing similar movement</td>
<td></td>
</tr>
<tr>
<td>T46 or F46</td>
<td>Single above or below elbow amputee or physical impairment allowing similar movement</td>
<td></td>
</tr>
<tr>
<td>T51</td>
<td>Wheelchair racers</td>
<td>Most impairment</td>
</tr>
<tr>
<td>T52</td>
<td></td>
<td></td>
</tr>
<tr>
<td>T53</td>
<td></td>
<td></td>
</tr>
<tr>
<td>T54</td>
<td></td>
<td>Least impairment</td>
</tr>
<tr>
<td>F51</td>
<td>Seated field athletes</td>
<td>Most impairment</td>
</tr>
<tr>
<td>F52</td>
<td></td>
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<td>F53</td>
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<td>F57</td>
<td></td>
<td></td>
</tr>
<tr>
<td>F58</td>
<td></td>
<td>Least impairment</td>
</tr>
</tbody>
</table>

**KEY:** T = Track  F = Field
The British Athletics Performance System is led from within the National Performance Institute in Loughborough. The National Performance Institute is the central hub where British Athletics world leading coaches and performance support personnel are based.

At the extensive athletics training facilities and from within the wider Loughborough University elite training centre environment, athletes can engage with all the varied services required by World Class Performance Plan Athletes.

For priority athletes based around the UK and overseas, the performance team at the National Performance Institute coordinate delivery of individuals’ programme needs.

Future provision to be led from the National Performance Institute will include High Performance Coach Education and Development, and Talent Identification Programmes.

National Performance Institute,
Athletics Centre, Loughborough University
Loughborough, LE11 3TU
National Performance Coordinator – 01509 228 786

PERFORMANCE MANAGEMENT
Neil Black – Performance Director
Paula Dunn – Paralympic Head Coach
Barry Fudge – Head of Endurance
Stephen Maguire – Head of Sprints, Sprint Hurdles & Relays
Peter Stanley – Head of Field & Combined Events
Steve Paulding – National Performance Institute Director
Dr Noel Pollock – Chief Medical Officer

COACHING STAFF BASED AT NATIONAL PERFORMANCE INSTITUTE
Jenni Banks – Senior Coach - Wheelchair Track and Road Racing events
Benke Blomkvist - Senior Coach – Sprints/Hurdles
Fuzz Caan – Senior Coach High Jump
Aston Moore – Senior Coach – Horizontal Jumps
Leon Baptiste Coach – Sprints/Hurdles
Steve Fudge – National Coach - Sprints
Graham Hedman Coach – Sprints
David Parker – Coach - Throws
Rob Denmark – Coach - Endurance
David Harmer – Assistant Coach – Endurance

COACHING STAFF BASED OUTSIDE NATIONAL PERFORMANCE INSTITUTE
Lloyd Cowan – Lead Coach Sprints - London
32 athletes have been invited to join the 2016-17 British Athletics Futures Programme incorporating Para-Futures.

“Futures”, supported by Nike, is a British Athletics support programme for emerging athletes and their coaches which underpins the World Class Performance Programme (WCPP). The 2016-17 programme runs from 1 December 2016 to 30 November 2017 and will continue British Athletics’ drive towards supporting the next generation of talent with more targeted support for athletes and their coaches.

The 32 athletes and their coaches supported by the British Athletics Futures Programme (incorporating Para Futures) 2016-2017:

George Armstrong (Zane Duquemin) – Discus
James Arnott (Ryan Freckleton) – T47 100m
Hannah Brier (Steve Fudge) – 100m
Taylor Campbell (John Pearson) – Hammer
Bobby Clay (Rob Denmark) – 1500m
Mollie Courtney (David Warner) – 100m Hurdles
Jonathan Davies (Rob McKim) – 5000m
Niamh Emerson (David Feeney) – Heptathlon
George Evans (Colin McCulloch) – Discus
Tom Gale (Denis Doyle) – High Jump
Imani Lansiquot (Jonas Tawiah-Dodoo) – 100m
James Hamilton (Mark Kirk) – T20 1500m
Toby Harries (Jon Bigg) – 200m
Jake Heyward (Paul Darney) – 1500m
Josh Howard (Keith Hunter) – T38 Long Jump
Harry Hughes (Michael McNeill) – Javelin
Molly Kingsbury (Roger Graham) – T37 Long Jump
Harriet Knowles-Jones (Paul Roden) – 1500m
Rechmial Miller (Ryan Freckleton) – 100m
George Mills (Joanne Day) – 800m
Jake Norris (Paul Dickenson) – Hammer
Reece Prescod (Jonas Tawiah-Dodoo) – 200m
Tommy Ramdhan (Ryan Freckleton) – 200m
Luke Sinnott (Roger Keller) – T42 Long Jump
Cameron Tindle (Henry Gray & Bruce Scott) – 200m
Reeve Walcott-Nolan (Matt Yates) – 800m
Abby Ward (Ian Hill) – High Jump
Amy Wareing (Jim Edwards) – F38 Discus
James Weaver (Julie Hollman) – 110m Hurdles
Callum Wilkinson (Mick Graham) – 20km Race Walk
Hannah Williams (Colin Gaynor) – 400m
James Whiteaker (Nigel Whiteaker) – Javelin
Accreditation for British Athletics events opens three months before the start of each event and all applications must be received at least two weeks before the start of each event, applications made after this time may not be considered.

British Athletics reserves the right to refuse accreditation at any time.

For accreditation for the 2017 British Athletics events, please visit:

For further information please contact Craig Gundersen at cgundersen@britishathletics.org.uk or on 0121 713 8458.
For up-to-date information please visit:
www.britishathletics.org.uk/media/athletes-agents

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GENERAL INFORMATION

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KEVAN TAYLOR Finance Director

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SARAH ROWELL Non-Executive Director

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DAVID BEDFORD Non-Executive Director

PETER TAYLOR Non-Executive Director

GORDON ARTHUR Non-Executive Director

RICHARD BOWKER Non-Executive Director & Chair-Elect

For more information on the UKA Board Members please visit britishathletics.org.uk/governance/uka-board
Since National Lottery funding of elite sport began in 1997, following Team GB’s return of a solitary gold medal at the Atlanta Olympics a year earlier, over 800 Olympic and Paralympic medals have now been won by British athletes across many different sports. National Lottery players continue to be the biggest contributors to elite sport backing over 1,100 athletes on the journey to PyeongChang 2018 and Tokyo 2020, giving them access to the best coaches, facilities and support services in the world as they prepare for major championships.

The media have done a brilliant job reporting this success and the National Lottery’s role within that and we know the profound impact that this has on the lottery-playing public. So that sport in this country can continue to benefit from a thriving lottery-funded system we hope you can continue to highlight the huge difference that National Lottery players continue to make to our sporting fortunes.
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