**JUDGING LONG THROWS** (Hammer, Discus, Javelin, Club)

In accordance with UKA Rules of Competition 2016 – 2018 Appendix 2 (page 199) set out in the Note: under 2 (Level 1 officials) - Officials cannot judge in the **landing sector** in any throwing event until they have completed a UKA Track & Field Health & Safety course module. **This is still a current requirement.** It is the current expectation that all Level 1 courses will include the Health & Safety element in the first session.

The UKA Technical Advisory Group has confirmed that the following provisions would continue to apply to Long Throws. These reflect the requirements contained in the UKA Health & Safety course materials currently used on UKA courses.

In all cases of Long Throws the event must be controlled by a **Chief Judge** who is a qualified Technical Official at Level 2 or above. They may position themselves in the landing sector or be the controlling judge at the throwing area; a decision which will be made depending on the distance likely to be thrown.

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<th>The following may judge within the landing sector</th>
<th>• Qualified Technical Officials at Level 1 and above.</th>
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| The following may judge or assist outside the landing sector, entering the sector only after the implement has landed (e.g. as implement retrievers or Validity Judges). | • Qualified Technical Officials at Level 1 and above.  
• UKA Assistant Officials who have attended a UKA Health & Safety course.  
• Helpers over the age of 16 who have been fully briefed in the safety requirements of athletics events before competition commences by the Meeting Manager and / or Field Referee.  
• UKA Assistant Officials who have not attended a UKA Health & Safety course.  
• Helpers over the age of 16 who have not been fully briefed in safety requirements of athletics events before competition commences by the Meeting Manager and / or Field Referee. |

The following may only judge or assist outside and behind the mouth of the throwing cage, or behind the scratch line of the javelin runway or circle. Example roles include; Circle/runway judge (there are several duties associated), pull-through tape, arm action, implement control, scoreboard, card judge, EDM operator, Clock operator, Athletes’ Steward

| These requirements are applicable to all competitions held under UKA Rules at all levels (including leagues & open meetings) |}

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*[This text is a summary of the rules and requirements for judging long throws in athletics, emphasizing the necessity of completing a Health & Safety course for officials before judging in the landing sector. It outlines the responsibilities and qualifications of different officials and the rules for controlling long throws.]*