

British Athletics Cross Challenge Liverpool

MEETING THREE

INCORPORATING THE MID LANCs LEAGUE
THE LIVERPOOL & DISTRICT LEAGUE
AND EUROPEAN CROSS COUNTRY TRIALS
SATURDAY 24th NOVEMBER 2018
SEFTON PARK, LIVERPOOL



BRITISH ATHLETICS

2018 - 2019 OFFICIAL ENTRY FORM

PLEASE COMPLETE IN BLOCK CAPITALS

SURNAME	FIRST NAME	CLUB
ADDRESS		
POST CODE	HOME TELEPHONE	EMAIL
DATE OF BIRTH	AGE ON DAY OF RACE	SEX - M / F
AGE GROUP	NATIONALITY	TOTAL FEE ENCLOSED £
SIGNED	DATE	

- I declare that I am an amateur as defined by UK Athletics rules.
- I agree to abide by the current UKA rules of competition and to IAAF Rules as applicable to Race Nos 6, 8, 9 & 10.
- I agree not to hold the promoter/promoting body responsible in any way for injury or loss resulting from my participation.
- only UK citizens can qualify for the British Athletics Cross Challenge Prizes (see British Athletics Cross Challenge Rules at www.britishathletics.org.uk)

RACE TIMETABLE (Entry limits in brackets)

Race 1	10 : 45hrs	2km Boys Under 11 on 24.11.18
Race 2	10 : 55hrs	2km Girls Under 11 on 24.11.18
Race 3	11 : 05hrs	3km Girls U13 (11 & 12)
Race 4	11 : 20hrs	3km Boys U13 (11 & 12)
Race 5	11 : 35hrs	3km Boys U15 (13 & 14)
Race 6	11 : 50hrs	3km Girls U15 (13 & 14)
Race 7	12 : 05hrs	4.4km Girls U17 (15 & 16) and IAAF Junior Women (U20 at 31.12.18)
Race 8	12 : 25hrs	5.5km Boys U17 (15 & 16)
Race 9	12 : 45hrs	6.7km IAAF Junior Men (U20 at 31.12.18)
Race 10	13 : 05hrs	8.1km Senior Women
Race 11	14 : 05hrs	9.8km Senior Men

All races held under UKA rules (age as at 01.09.18) except for the two Junior and two Senior Races which will be under IAAF rules. **Race 1 is for athletes Under 11 on day of race.**

ENTRY FEES

IAAF Juniors & Seniors £9.00. Unaffiliated athletes £11.00.
For all other races the entry fee is £7.00 per athlete.
Cheques and postal orders payable to UK Athletics

ENTRIES TO (please enclose SAE)

Cliff Robinson
UK Cross Challenge
9 Knoll Close
Littleover
Derby. DE23 3SG

Tel: 01332 519521 M: 07757 923902

email: ukcrosschallenge@ntlworld.com

PRIZES

Senior Men & Women	First 4 finishers
Junior Men & Women	First 4 finishers
U13 / U15 / U17	First 4 finishers
U11's Boys and Girls	First 4 finishers

Total prize value is over £4,000

Cross Challenge points awarded in all races
except Under 11's age group.

QUERIES TO CLIFF ROBINSON

at: ukcrosschallenge@ntlworld.com

Telephone No: 01332 519521 M: 07757 923902

Closing date for Entries is Wednesday 14th November 2018

Other events in this series: Saturday 19th January 2019 - Dundonald, Northern Ireland; Final of the British Final of the British Athletics Cross Challenge will be held at Prestwold Hall, Loughborough, on 9th March 2019.



BRITISH ATHLETICS



The City of Liverpool

it's liverpool