



BRITISH ATHLETICS MOUNTAIN RUNNING CHALLENGE

2020

Challenge Races

1. 23 May – Inter-Counties Championships (up & down): Llanberis
2. 7 June – British Athletics Mountain Running Championships incorporating the Senior Home Countries International & Trial for the European Mountain Running Championship (up & down): Sedbergh
3. 27 September – Trial for the World Mountain Running Championships

Prize Fund

The Mountain Running Challenge is open to Senior athletes only (aged at least 18 years on day of race).

The Mountain Running Challenge total fund is £5,100 with £2,550 for both Senior Men & Women, comprised as follows:

Place	Inter-Counties Championships (up & down) Llanberis 23 May	British Athletics Mountain Running Championships incorporating the Senior Home Countries International & trial the European Mountain Running Championship (up & down) Sedbergh 7 June	Trial for World Mountain Running Championships 27 September	British Athletics Series
1 st	200	300	200	500
2 nd	125	175	125	250
3 rd	75	100	75	150
4 th	50	75	50	
5 th	25	50	25	
Total	475	700	475	900

Challenge Rules

Points

1. Challenge points will be awarded in each of the Senior Men and Senior Women races.
2. Senior Men and Senior Women will score 22 points for 1st place, 19 points for 2nd, 18 for 3rd, down to 1 point for 20th place.

Points and Prize Eligibility

1. Only UK athletes are eligible to score Challenge points and win Challenge prizes. Additional prizes may be offered by individual race organisers.
2. Where non-UK athletes are competing, their position will be disregarded when calculating Challenge points of the UK finishers.
3. To be eligible for overall Series prizes, senior athletes must run in at least two of the three races. **Each athlete's best two scores from the three races will decide the overall rankings. In the event of a tie, the points from the third race will be taken into account to determine the overall rankings**
4. If two or more athletes have the same points after the final race, then they will share the Challenge position in the final rankings and the aggregated prize monies.
5. All three races are open to senior athletes whether selected or not for county or country, or whether available or not for selection for the European or World Mountain Championships.
6. Athletes without UK passports must fulfil four criteria:
 - a) They must be first claim members of a UK club.
 - b) They must have been resident in the UK for at least two years.
 - c) They must be in the process of applying for a UK passport.
 - d) They must be available for GB & NI team selection.

Prizes & Payments

1. Prize money is awarded to the first five Senior Men and Senior Women at each race.
2. Overall Series awards for Seniors will be paid in accordance with the published prize list.
3. These awards will be sent by bank transfer by UK Athletics within 30 days of receipt of bank details.