AVIVA GREAT BRITAIN AND NORTHERN IRELAND TEAM MANAGEMENT

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PREVIOUS TOP GB & NI PERFORMANCES

2000 - ALGARVE, PORTUGAL
Men - 13th Karl Keska GBR 36:13
Women - 5th Paula Radcliffe GBR 28:03
Junior Men - 25th Mohammed Farah GBR 24:37
Junior Women - 55th Henrietta Freeman GBR 22:56

2001 - OSTEND, BELGIUM
Men - 38th Karl Keska GBR 41:38 1:45
Women - 1 st Paula Radcliffe GBR 27:49
Junior man - 59TH Mohammed Farah GBR 28:06
Junior women - 23rd Emma Ward GBR 23:31

2002 - DUBLIN, IRELAND
Men - 43 933 Sam Haughian GBR 36:53
Women - 1 789 Paula Radcliffe GBR 26:55
Junior man - 31 48 Tom Sharland GBR 25:15
Junior women - 31 550 Charlotte Dale GBR 22:01

2003 - LAUSANNE, SWITZERLAND
Men - 49th Matthew Smith GBR 34:53
Women - 1 799 Paula Radcliffe GBR 26:55
Junior man - 31 48 Tom Sharland GBR 25:15
Junior women - 31 550 Charlotte Dale GBR 22:01

2004 - BRUSSELS, BELGIUM
Men - 49th Matthew Smith GBR 34:53
Women - 1 799 Paula Radcliffe GBR 26:55
Junior man - 31 48 Tom Sharland GBR 25:15
Junior women - 31 550 Charlotte Dale GBR 22:01

2005 - SAINT ETIENNE, FRANCE
Men - 37th Mohammed Farah GBR 37:50
Women - 27th Mara Yamauchi GBR 28:55
Junior Men - 41st Andrew Vernon GBR 26:22
Junior Women - 20th Emily Pidgson GBR 22:15

2006 - FUKUOKA, JAPAN
Men - 77th Gavin Thompson GBR 38:31
Women - 23rd Mara Yamauchi GBR 26:47
Junior Men - 60th Adam Hickey GBR 26:02
Junior Women - 10th Sian Edwards GBR 20:10

2007 - MOMBASA, KENYA
Men - 11th Mohammed Farah GBR 37:31
Women - 15th Hattie Dean GBR 28:48
Junior Men - 58th Leo Casy GBR 27:17
Junior Women - 15th Charlotte Purdue GBR 22:00

2008 - EDINBURGH, SCOTLAND
Men - 61st Thomas Humphries GBR 37:27
Women - 15th Liz Yelling GBR 26:13
Junior Men - 24th David Forrester GBR 26:14
Junior Women - 16th Charlotte Purdue GBR 20:52

2009 - AMMAN, JORDAN
Men - 7th Frank Trisker GBR 37:58
Women - 38th Stephanie Twill GBR 28:46
Junior Men - 9th Tom Farrell GBR 26:13
Junior Women - 13th Lauren Howarth GBR 21:14
PROFILES FOR THOSE NOT IN THE 2010 UKA MEDIA GUIDE

Name: Faye Fullarton
Club: Haining Maysia
Date of Birth: 31/05/1984
Coach: Andy Hobdell

Biog:  European Youth Olympic Festival 3000m gold medalist. Faye Fullarton returns to cross country on the heels of an impressive 2009 season...had an excellent cross country season to date starting with a brilliant victory in the World Cross Trials and makes his World Cross debut in Poland.

Name: Callum Hawkins
Club: Kilbarchan AAC
Date of Birth: 10/10/1991
Coach: Robert Hawkins

Biog: Callum Hawkins won an individual bronze and team silver medal in the 2009 European Cross Country Championships...had been exposed to international competition on the European Junior podium place in 2010 with victory in round one of the McCain UK Cross Challenge series, before representing the GB & NI's silver medal winning team in the 2009 European Cross Country Championships, finishing sixth in 22nd place overall, concluding a successful year which included finishing third in the English National, and in international competitions, finishing second in Belgium's Lotto Cross Cup.

Name: Ben Norris
Club: Western Star with Essex Ladies
Date of Birth: 19/05/1991
Coach: Richard Thurtten

Biog: Ben Norris makes his World Cross debut in Poland following podium finishes in all of his cross country outings in 2010 to date, most recently finishing runner up to Richard Goodman in the World Cross Trials after a sprint finish to the line. His endurance strength has been demonstrated recently on the World Cross Circuit and he will be targeting a top 60 finish in his fourth successive World Trials and makes his World Cross debut in Poland.

Name: Hayley Yelling-Higham
Club: Windsor, Slough, Eton & Hendon
Coach: Conrad Doblin

Date of Birth: 03/01/1976

Biog: 1997 European Cross Country champion Yelling-Higham has returned to competition after a brief flirtation with retirement in 2008, was the outstanding cross country performer of the year after a surprise comeback and dominant victory in the European Cross Country Trials. She finished ninth in the 2009 European Cross Country Championships and has already been exposed to international competition completing a GB one-two-three with a bronze medal finish in Belgium's Lotto Cross Cup in mid February.

Name: Sarah Inglis
Club: Lothian RC
Date of Birth: 09/08/1991
Coach: Steve Cottom

Biog: Sarah Inglis has made a remarkable comeback following a car accident in the autumn of 2009 which saw her spending a week in hospital and miss over a month of training. She returned to international action with a victory in the Scottish National – also a Home Countries International – in January 2010, which was also round four of the McCann UK Cross Challenge series, before representing the GB & NI's silver medal winning team in the 2009 European Cross Country Championships, finishing sixth in 22nd place overall, concluding a successful year which included finishing third in the English National, and in international competitions, finishing second in Belgium's Lotto Cross Cup.

Name: Hannah Walker
Club: Dacorum & Tring
Coach: Mike Dunphy
Date of Birth: 09/08/1991

Biog: Walker has already posted a quick 10k road time of 35:48 in 2010 to rank her top UK under-20 for the year to date. She finished third in the World Trials following up her third place finish in the English National and has already been exposed to international competition completing a GB one-two-three with a bronze medal finish in Belgium's Lotto Cross Cup in mid February.

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Club: Western Star with Essex Ladies
Date of Birth: 19/05/1991
Coach: Richard Thurtten

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