UKA Guide to
Team GB Track and Field

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Team GB will bring the largest track and field team to an Olympics in 20 years at London 2012. A total of 72 athletes along with six marathon runners complete the Team GB athletics line-up.

With an increase on the Beijing Olympic Games squad size of 68, UKA Head Coach Charles van Commenee has made it clear a target of eight medals - including at least one gold - has always been the aim for the Team GB athletics squad at London 2012. This ambitious tally would not only double the four medals won in Beijing, but would represent Team GB’s best result since the Seoul 1988 Olympic Games, when a squad featuring Daley Thompson, Linford Christie, Colin Jackson and Steve Cram won eight medals in total, but no gold medals.

The 2011 World Championships saw Britain’s largest medal haul since 1993, with gold medal winning performances from Mo Farah and Dai Greene and the World Indoor Championships followed suit with a record medal tally, including another two gold medals.

Both reigning outdoor World Champions will represent Team GB in London this summer. They will be joined by former World Champion and current double world silver medallist Jessica Ennis who will be making her first appearance as a member of Team GB, one of 48 Olympic debutants in the squad.

Beijing silver medallist Philips Idowu will be attending his fourth Olympic Games along with Commonwealth bronze medallist Christian Malcolm, who captained Team GB to their most successful World Championships in 2011. Whilst reigning Olympic 400m Champion Christine Ohuruogu will be making her third Olympic appearance.

Olympic debutant Robbie Grabarz catapulted onto the world high jump scene this year with an impressive European title in Helsinki last week, other first time Olympians include Jack Green, Lawrence Clark, Holly Bleasdale, Sophie Hitchon and Andrew Pozzi.

The long jump in London will also represent possible medal opportunities for Team GB, with Shara Proctor breaking a near 30-year-old national record at the Olympic Trials and Greg Rutherford currently ranked joint first in the world.

Adam Gemili is the youngest member of the team at 18 years and 305 days old on the day of the first round of the men’s 100m on 4th August. World Indoor Champion Yamile Aldama takes the honour of being the team’s oldest athlete at 39. She will be just 11 days shy of her 40th birthday when she steps out for the women’s triple jump competition on August 3rd.
The following profiles are of the 78 athletes that have been selected to represent Team GB at the London 2012 Olympic Games, 3 – 12 August.

The profiles have been separated into male and female categories.

**PB = Personal Best  SB = Seasons Best**

*Statistics are correct as of 16 July 2012.*

For the latest news on Team GB athletes please visit [www.uka.org.uk](http://www.uka.org.uk)
Daniel Awde | Decathlon
---|---
Club: Woodford Green Essex Ladies
Coach: Greg Richards
Date of Birth: 22/06/1988
PB: 8102 (2012)
SB: 8102
Twitter: @GBDawde

Andrew Baddeley | 1500m
---|---
Club: Harrow
Coach: Andrew Hobdell
Date of Birth: 20/06/1982
PB: 3:34.36 (2008)
SB: 3:35.19
Twitter: @runbadders

Richard Buck | 4x400m
---|---
Club: City of York
Coach: Steve Fudge
Date of Birth: 14/11/1986
PB: 45.61 (2012)
SB: 45.61
Twitter: @rickbee400

Abdul Buhari | Discus
---|---
Club: Newham & Essex Beagles
Coach: Mark Wiseman
Date of Birth: 26/06/1982
PB: 65.44 (2011)
SB: 65.24
Twitter: @discusabs

Dwain Chambers | 100m, 4x100m
---|---
Club: Belgrave
Date of Birth: 05/04/1978
PB: 9.97 (1999)
SB: 10.25

Lawrence Clarke | 110m Hurdles
---|---
Club: Windsor Slough Eton & Hounslow
Coach: Malcolm Arnold
Date of Birth: 12/03/1990
PB: 13.33
SB: 13.33
Twitter: @Lawrence_Clarke
JAMES DASAOLU
100m, 4x100m
Club: Croydon
Coach: Kevin Tyler
Date of Birth: 05/09/1987
PB: 10.09 (2009)
SB: 10.18
Twitter: @JamesDasaolu

JAMES ELLINGTON
200m, 4x100m
Club: Newham & Essex Beagles
Coach: John Powell
Date of Birth: 06/09/1985
PB: 20.52 (2011), 10.23 (2011)
SB: 20.55, 10.30
Twitter: @Jellington100m

MO FARAH
5000m, 10,000m
Club: Newham & Essex Beagles
Coach: Alberto Salazar
Date of Birth: 23/03/1983
SB: 12.56.98
Twitter: @mofarah

ADAM GEMILI
100m, 4x100m
Club: Blackheath & Bromley
Coach: Michael Afilaka
Date of Birth: 06/10/1993
PB: 10.05 (2012)
SB: 10.05
Twitter: @Adam_Gemili

ROBBIE GRABARZ
High Jump
Club: Newham & Essex Beagles
Coach: Fuzz Ahmed
Date of Birth: 03/10/1987
PB: 2.36 (2012)
SB: 2.36
Twitter: @RobbieGrabarz

DAI GREENE
400m Hurdles, 4x400m
Club: Swansea
Coach: Malcolm Arnold
Date of Birth: 11/04/1986
PB: 47.84 (2012), 45.82 (2011)
SB: 47.84
Twitter: @daigreene

JACK GREEN
400m Hurdles, 4x400m
Club: Kent
Coach: Malcolm Arnold
Date of Birth: 06/10/1991
SB: 48.60, 45.99
Twitter: @jackpgreen

PHILIPS IDOWU
Triple Jump
Club: Belgrave
Coach: Aston Moore
Date of Birth: 30/12/1978
PB: 17.81 (2010)
SB: 17.31
Twitter: @PhillipsIdowu
DOMINIC KING
Club: Colchester
Coach: Andi Drake
Date of Birth: 30/05/1983
PB: 4:06.34 (2012)
SB: 4:06.34

LUKE LENNON-FORD
Club: Birchfield Harriers
Coach: Linford Christie
Date of Birth: 05/05/1989
PB: 4:53.23 (2012)
SB: 4:53.23
Twitter: @Lukey400m

NIGEL LEVINE
Club: Windsor Slough Eton & Hounslow
Coach: Linford Christie
Date of Birth: 30/04/1989
PB: 4:51.11 (2012)
SB: 4:51.11
Twitter: @NigelLevine

STEVE LEWIS
Club: Newham & Essex Beagles
Coach: Dan Pfaff
Date of Birth: 20/05/1986
PB: 5.72 (2012)
SB: 5.72
Twitter: @airlewis

MARK LEWIS-FRANCIS
Club: Birchfield Harriers
Coach: Linford Christie
Date of Birth: 04/09/1982
PB: 10.04 (2002)
SB: 10.21
Twitter: @mlewisfrancis

MERVYN LUCKWELL
Club: Marshall Milton Keynes
Coach: Esa Utrianen
Date of Birth: 29/11/1984
PB: 8.35 (2011)
SB: 8.215
Twitter: @ml95m

CHRISTIAN MALCOLM
Club: Cardiff
Coach: Dan Pfaff
Date of Birth: 03/06/1979
SB: 20.46, 10.27
Twitter: @christiannm200

NICK MCCORMICK
Club: Morpeth
Coach: Lindsay Dunn
Date of Birth: 11/09/1981
SB: 13:18.81
Twitter: @n1ck_mcCorm1ck
LEE MERRIEN  
**Marathon**
- Club: Newham & Essex Beagles  
- Coach: John Nuttall  
- Date of Birth: 26/04/1979  
- SB: 2:13.41  
- Twitter: @leemerrien

BRETT MORSE  
**Discus**
- Club: Birchfield Harriers  
- Coach: Vestienn Haffsteinsson  
- Date of Birth: 11/02/1989  
- PB: 66.06 (2011)  
- SB: 64.35  
- Twitter: @Brett_Morse

ROSS MURRAY  
**1500m**
- Club: Gateshead  
- Coach: Craig Winrow  
- Date of Birth: 08/10/1990  
- PB: 3:34.76 (2012)  
- SB: 3:34.76  
- Twitter: @RosscoJammin

CARL MYERSCOUGH  
**Shot Put**
- Club: Blackpool  
- Coach: Self  
- Date of Birth: 21/10/1979  
- SB: 20.10

LAWRENCE OKOYE  
**Discus**
- Club: Croydon  
- Coach: John Hillier  
- Date of Birth: 06/10/1991  
- PB: 68.24 (2012)  
- SB: 68.24  
- Twitter: @lawrenceokoye1

ANDREW OSAGIE  
**800m**
- Club: Harlow AC  
- Coach: Craig Winrow  
- Date of Birth: 19/02/1988  
- PB: 1:44.61 (2012)  
- SB: 1:44.61  
- Twitter: @andrewosagie

SCOTT OVERALL  
**Marathon**
- Club: Blackheath & Bromley  
- Coach: Robert Chapman  
- Date of Birth: 09/02/1983  
- PB: 2:10.55 (2011)  
- SB: n/a  
- Twitter: @scottoverall

ANDREW POZZI  
**110m Hurdles**
- Club: Stratford-upon-Avon  
- Coach: Malcolm Arnold  
- Date of Birth: 15/05/1992  
- SB: 13.34  
- Twitter: @andrew_pozzi
MICHAEL RIMMER  
800m
Club: Liverpool Pembroke & Sefton Harriers
Coach: Norman Poole
Date of Birth: 03/02/1986
PB: 1:43.89 (2010)
SB: 1:44.86

MARTYN ROONEY  
400m, 4x400m
Club: Croydon
Coach: Nick Dakin
Date of Birth: 03/04/1987
PB: 44.60 (2008)
SB: 44.92
Twitter: @martynrooney

GREG RUTHERFORD  
Long Jump
Club: Marshall Milton Keynes
Coach: Dan Pfaff
Date of Birth: 17/11/1986
PB: 8.35 (2012)
SB: 8.35
Twitter: @GregJRutherford

ALEX SMITH  
Hammer
Club: Sale Harriers
Coach: Shane Peacock
Date of Birth: 06/03/1988
PB: 75.63 (2012)
SB: 75.63
Twitter: @alexhammersmith

STUART STOKES  
3000m Steeplechase
Club: Sale Harriers
Date of Birth: 05/12/1976
PB: 8:23.66 (2008)
SB: 8:29.32
Twitter: @stuart_stokes

DANNY TALBOT  
4x100m
Club: Birchfield Harriers
Coach: Daniel Cossins
Date of Birth: 01/05/1991
PB: 10.21 (2011)
SB: 10.24
Twitter: @dannyraketalbot

CHRIS THOMPSON  
10,000m
Club: Aldershot
Coach: John Nuttall
Date of Birth: 17/04/1981
PB: 27:27.36 (2011)
SB: n/a

ROB TOBIN  
4x400m
Club: Basingstoke & Mid Hants
Coach: Dan Pfaff
Date of Birth: 20/12/1983
PB: 45.01 (2005)
SB: 45.47
Twitter: @Rob_Tobin
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<tr>
<th>Name</th>
<th>Event</th>
<th>Club</th>
<th>Coach</th>
<th>Date of Birth</th>
<th>PB</th>
<th>SB</th>
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<tr>
<td>Chris Tomlinson</td>
<td>Long Jump</td>
<td>Newham &amp; Essex Beagles</td>
<td>Frank Attoh</td>
<td>15/09/1981</td>
<td>8.35 (2011)</td>
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<td>@longjumpchris</td>
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<td>Andy Turner</td>
<td>110m Hurdles</td>
<td>Sale Harriers</td>
<td>Lloyd Cowan</td>
<td>19/09/1980</td>
<td>13.22 (2011)</td>
<td>13.41</td>
<td>@andyturner110h</td>
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<tr>
<td>Gareth Warburton</td>
<td>800m</td>
<td>Cardiff</td>
<td>Darrell Maynard</td>
<td>23/04/1983</td>
<td>1:44.98 (2012)</td>
<td>1:44.98</td>
<td>@garethwarburton</td>
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<tr>
<td>Dave Webb</td>
<td>Marathon</td>
<td>Leeds City</td>
<td>Bud Baldaro</td>
<td>17/03/1982</td>
<td>2:15.42 (2011)</td>
<td>n/a</td>
<td></td>
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<tr>
<td>Conrad Williams</td>
<td>400m, 4x400m</td>
<td>Kent</td>
<td>Linford Christie</td>
<td>20/03/1982</td>
<td>45.08 (2012)</td>
<td>45.08</td>
<td>@cwilliams400</td>
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<tr>
<td>Rhys Williams</td>
<td>400m Hurdles</td>
<td>Cardiff</td>
<td>Dan Pfaff</td>
<td>27/02/1984</td>
<td>48.96 (2010)</td>
<td>49.33</td>
<td>@Rhys400h</td>
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<td>Simeon Williamson</td>
<td>4x100m</td>
<td>Woodford Green Essex Ladies</td>
<td>Dan Pfaff</td>
<td>16/01/1986</td>
<td>10.03 (2008)</td>
<td>10.29</td>
<td>@simba100m</td>
</tr>
</tbody>
</table>

rhys williams 400m, 4x400m
simeon williamson 4x100m
WOMEN

MARGARET ADEOYE
- Club: Enfield & Haringey
- Coach: Linford Christie
- Date of Birth: 22/04/1985
- PB: 23.09 (2012)
- SB: 23.09
- Twitter: @MargaretAdeoye

YAMILE ALDAMA
- Club: Shaftesbury Barnet
- Coach: Frank Attoh
- Date of Birth: 14/08/1972
- PB: 15.29 (2003)
- SB: 14.65

YAMILE ALDAMA
- Club: Shaftesbury Barnet
- Coach: Frank Attoh
- Date of Birth: 14/08/1972
- PB: 15.29 (2003)
- SB: 14.65

HOLLY BLEASDALE
- Club: Blackburn
- Coach: Julian Raffalli-Ebezant
- Date of Birth: 02/11/1991
- PB: 4.71 (2012)
- SB: 4.71
- Twitter: @hollybleasdale

JULIA BLEASDALE
- Club: Hillingdon
- Coach: Nic Bideau
- Date of Birth: 09/09/1981
- SB: 15:10.06, 31:29.57

MARGARET ADEOYE
- Club: Enfield & Haringey
- Coach: Linford Christie
- Date of Birth: 22/04/1985
- PB: 23.09 (2012)
- SB: 23.09
- Twitter: @MargaretAdeoye

EILIDH CHILD
- Club: Pitreavie
- Coach: Malcolm Arnold
- Date of Birth: 20/02/1987
- PB: 54.96 (2012), 52.28 (2011)
- SB: 54.96, 52.71
- Twitter: @EilidhChild

SHANA COX
- Club: Woodford Green Essex Ladies
- Coach: Lloyd Cowan
- Date of Birth: 22/01/1985
- PB: 50.81 (2008)
- SB: 51.54
- Twitter: @ShanaAmanda

HOLLY BLEASDALE
- Club: Blackburn
- Coach: Julian Raffalli-Ebezant
- Date of Birth: 02/11/1991
- PB: 4.71 (2012)
- SB: 4.71
- Twitter: @hollybleasdale

JULIA BLEASDALE
- Club: Hillingdon
- Coach: Nic Bideau
- Date of Birth: 09/09/1981
- SB: 15:10.06, 31:29.57

MARGARET ADEOYE
- Club: Enfield & Haringey
- Coach: Linford Christie
- Date of Birth: 22/04/1985
- PB: 23.09 (2012)
- SB: 23.09
- Twitter: @MargaretAdeoye

EILIDH CHILD
- Club: Pitreavie
- Coach: Malcolm Arnold
- Date of Birth: 20/02/1987
- PB: 54.96 (2012), 52.28 (2011)
- SB: 54.96, 52.71
- Twitter: @EilidhChild

SHANA COX
- Club: Woodford Green Essex Ladies
- Coach: Lloyd Cowan
- Date of Birth: 22/01/1985
- PB: 50.81 (2008)
- SB: 51.54
- Twitter: @ShanaAmanda
KATE DENNISON
Pole Vault
Club: Sale Harriers
Coach: Scott Simpson
Date of Birth: 07/05/1984
PB: 4.61 (2011)
SB: 4.50
Twitter: @katedennison

EMILY DIAMOND
4x400m
Club: Bristol & West
Coach: Jared Deacon
Date of Birth: 11/06/1991
PB: 52.69 (2012)
SB: 52.69
Twitter: @EmilyDiamond11

LISA DOBRISKEY
1500m
Club: Ashford
Coach: Ricky Soos
Date of Birth: 23/12/1983
PB: 3:59.50 (2009)
SB: 4:02.13

HANNAH ENGLAND
1500m
Club: Oxford City AC
Coach: Bud Baldaro
Date of Birth: 06/03/1987
PB: 4:01.89 (2011)
SB: 4:05.05
Twitter: @Hannengland

JESSICA ENNIS
Heptathlon
Club: City of Sheffield
Coach: Toni Minichiello
Date of Birth: 28/01/1986
PB: 6906 (2012)
SB: 6906
Twitter: @JJ_Ennis

CLAIRE HALLISSEY
Marathon
Club: Bristol & West
Date of Birth: 17/03/1983
PB: 2:27.44 (2012)
SB: 2:27.44
Twitter: @HallisseyC

LOUISE HAZEL
Heptathlon
Club: Birchfield Harriers
Coach: Aston Moore
Date of Birth: 06/10/1985
PB: 6166 (2011)
SB: n/a
Twitter: @louisehazel

SOPHIE HITCHON
Hammer
Club: Blackburn
Coach: Derek Evely
Date of Birth: 11/07/1991
PB: 71.61 (2012)
SB: 71.61
Twitter: @SophieHitchon
JOHANNA JACKSON
Club: Middlesbrough & Cleveland
Coach: Andi Drake
Date of Birth: 17/01/1985
PB: 90.41 (2010)
SB: 95.25
Twitter: @JoJackson2012

20k Walk

KATARINA JOHNSON-THOMPSON
Club: Liverpool
Coach: Mike Holmes
Date of Birth: 09/01/1993
PB: 6248 (2012)
SB: 6248
Twitter: @Johnsonthompson

Heptathlon

EILISH MCCOLGAN
Club: Dundee
Coach: Liz McColgan
Date of Birth: 25/11/1990
PB: 9:38.45 (2012)
SB: 9:38.45
Twitter: @eilishmccolgan

3000m Steeplechase

LEE McCONNELL
Club: Shaftesbury Barnet
Coach: Rodger Harkins
Date of Birth: 09/10/1978
PB: 50.82 (2002)
SB: 51.98
Twitter: @Leemcconnell 400

400m, 4x400m

CHRISTINE OHURUOGU
Club: Newham & Essex Beagles
Coach: Lloyd Cowan
Date of Birth: 17/05/1984
PB: 49.61 (2007)
SB: 50.42
Twitter: @chrissyohuruogu

400m, 4x400m

MARIYLN OKORO
Club: Shaftesbury Barnet
Coach: Ayo Falola
Date of Birth: 23/09/1984
PB: 52.02 (2006)
SB: 52.67
Twitter: @mokoro4

4x400m

ANYIKA ONUORA
Club: Liverpool Harriers
Coach: Christine Bowmaker
Date of Birth: 26/10/1984
SB: 11.31, 22.93
Twitter: @annyaonuora

100m, 200m

ABI OYE PITAN
Club: Shaftesbury Barnet
Coach: Tony Lester
Date of Birth: 30/12/1979
SB: 11.21 22.71
Twitter: @AbiOyePitan

100m, 200m
TEAM GB ATHLETES - WOMEN

BARBARA PARKER
Club: City of Norwich
Coach: Sean Burris
Date of Birth: 08/11/1982
SB: 9:24.24, 15:14.26
Twitter: @barbaraparker3

JO PAVEY
Club: Exeter
Coach: Gavin Pavey
Date of Birth: 20/09/1973
PB: 31:12.30 (2008), 14:39.96
SB: 31.32.22, 15:09.53
Twitter: @jopavey

TIFFANY PORTER
Club: Woodford Green Essex Ladies
Coach: James Henry
Date of Birth: 13/11/1987
PB: 12.56 (2011)
SB: 12.65
Twitter: @tiffofili

SHARA PROCTOR
Club: Birchfield
Coach: Rana Reider
Date of Birth: 16/09/1988
PB: 6.95 (2012)
SB: 6.95
Twitter: @sharaproctor

PAULA RADCLIFFE
Club: Bedford & County
Coach: Gary Lough
Date of Birth: 17/12/1973
SB: n/a
Twitter: @paulajradcliffe

JOSEPHINE SANDERS
Club: Windsor Slough Eton & Hounslow
Coach: Tony Lester
Date of Birth: 23/06/1982
PB: 49.65 (2007)
SB: 52.33
Twitter: @nic400

GOLDIE SAYERS
Club: Belgrave
Coach: Dan Pfaff
Date of Birth: 16/07/1982
PB: 66.17 (2012)
SB: 66.17
Twitter: @goldiesayers

PERRI SHAKES-DRAyTON
Club: Victoria Park & Tower Hamlets
Coach: Chris Zah
Date of Birth: 21/12/1988
SB: 53.77, 51.26
Twitter: @Shakes-Drayton
LYNSEY SHARP
800m
Club: Edinburgh
Coach: David Sunderland
Date of Birth: 11/07/1990
PB: 2:00.52 (2012)
SB: 2:00.52
Twitter: @LynseySharp

LAURA WEIGHTMAN
1500m
Club: Morpeth
Coach: Steve Cram
Date of Birth: 01/07/1991
PB: 4:04.88 (2012)
SB: 4:04.88
Twitter: @lauraweightedman

MARA YAMAUCHI
Marathon
Club: Harrow
Coach: Shige Yamauchi
Date of Birth: 13/08/1973
PB: 2:23.12 (2009)
SB: n/a
Twitter: @marayamauchi

LYNSEY SHARP 800m
LAURA WEIGHTMAN 1500m
MARA YAMAUCHI Marathon