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NEIL BLACK

PERFORMANCE DIRECTOR

We're now into 2016 and preparations are now being fine-tuned to ensure that athletes across the Olympic and Paralympic programme peak for Rio. It is nearly four years since London 2012 and while it was monumental for this country, we are now looking forward to getting amongst the medals in South America this summer.

Although we cannot look through a crystal ball and predict the outcome from this year's Olympic and Paralympic Games, we firmly believe that the 126 athletes selected on the World Class Performance Programme for 2015-2016 are medal prospects for Rio 2016 and Tokyo 2020.

On both sides of the programme, Podium funding is for athletes with the potential to medal at Rio 2016, while Potential is for those developing athletes with medal prospects for Tokyo 2020.

It has been another hugely successful 12 months for both sides of the programme with the success at the IAAF World Championships in Beijing and the IPC Athletics World Championships in Doha.

Beijing got the ball rolling in August; with the team equalling its best ever medal position at the championships, finishing in fourth with a total of seven medals including four gold. The trio of Jessica Ennis-Hill, Mo Farah and Greg Rutherford delivered just like they did in 2012 and will now be full of confidence in the Olympic year, while the championships saw the

rise of a number of athletes in the Bird's Nest Stadium.

Two months later there was more success, this time in Doha, where the British team won 13 gold medals and 32 overall to surpass the tally from two years ago in Lyon. Six of the team retained their world titles and six of the debutants medalled out in the Middle East, which goes to show that the programme is in a strong position heading into another busy year ahead.

Before Rio comes around, we've got another busy indoor season culminating with the IAAF World Indoor Championships in Portland, Oregon. Then it's on to another home championships with Cardiff hosting the IAAF World Half Marathon Championships before the European Championships in Amsterdam and the IPC Athletics European Championships in Grosseto.

We are now just over a year away from another milestone with London hosting the IAAF and IPC Athletics World Championships in 2017. This will be the first time a city has hosted both championships in the same year, so I'm sure this will act as additional motivation for athletes going into this year.

I would like to once again extend my thanks to the National Lottery and UK Sport, whose continued support enables athletes to access the best coaches, facilities and support staff on the road to Rio and beyond.

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British Athletics Social Media Channels

 @britathletics

 facebook.com/britishathletics

 youtube.com/britishathleticstv

LOOKING AHEAD TO 2016

2016 is a busy year in the athletics calendar with the Olympic and Paralympic Games taking place in Rio, Brazil this summer.

However, prior to that, the 2015 indoor season gets underway in Glasgow for the Indoor Grand Prix in February, a week before the country's finest athletes go head-to-head at the British Indoor Championships in Sheffield. With places in the British Athletics team at the IAAF World Indoor Championships in Portland, USA, up for grabs, it will be a competitive couple of days of action in South Yorkshire.

The IAAF/ Cardiff University World Half Marathon Championships returns to the UK for the first time since 2009, with Cardiff, Wales hosting the event for the first time. It precedes a number of high quality endurance events in the UK this year including the trials for the Olympic marathon at the London Marathon in April, before the trials for the Olympic 10,000m are held at the Highgate Harriers Night of 10,000m PBs in May.

The IAAF Diamond League returns to the West Midlands once again in June at the Birmingham Grand Prix, kicking off an action-packed summer season. British athletes will make another journey to Alexander Stadium on 24-26 June for the highly anticipated British

Championships which will act as the trials for the Olympic Games.

The IPC European Championships in Grosseto, Italy are held between the 10-16 June with the country's best para-athletes contending for continental gold ahead of September's Paralympic Games.

One of the busiest months of the year will be July with three major championships and the Anniversary Games taking place. Amsterdam is the location for the European Championships before the age-group championships take centre stage with the inaugural European Youth Championships in Tbilisi, Georgia and the IAAF World Junior Championships in Bydgoszcz, Poland.

The Olympic and Paralympic Games dominate August and September with athletes preparing to compete on the biggest stage in the sport.

The year culminates with the European Cross Country Championships in Chia, Italy. Can the British team top the medal table for the 14th consecutive year?

EXPLANATION TO BIOGRAPHIES

The following biographies are of athletes supported by the World Class Performance Programme (WCPP) for 2015/16.

The 2016 Media Guide has been categorised into subsections following the two levels of WCPP funding across both Olympic and Paralympic programmes; Podium and Podium Potential.

The agents listed are commercial agents as this is a media publication. For race agents please contact British Athletics.

In addition to the 2016 Media Guide – which is also available online – British Athletics will provide a Media Guide Insert to accompany each major championship throughout 2016 to include both WCPP and non-WCPP athletes that have been selected for British Athletics teams. This will also be available in print and online.

Biographical statistics such as personal bests and championship records are correct as of 28 January 2016.

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With thanks for their assistance:

Ian Hodge



BRITISH
ATHLETICS

B I O G R A P H I E S

OLYMPIC PODIUM



DINA ASHER-SMITH

100M, 200M & 4X100M

DOB: 04/12/1995
BORN: Farnborough
LIVES: Orpington
CLUB: Blackheath & Bromley
TRAINS: Bromley
COACH: John Blackie
AGENT: Pace Sports Management
KIT: Nike

 @dinaashersmith

PERSONAL BESTS

100m: 10.99 NR (2015)

200m: 22.07 NR (2015)

CAREER HIGHLIGHTS

2015	SILVER	European Indoor Championships 60m
2015	4TH PLACE	IAAF World Championships 200m
2014	GOLD	IAAF World Junior Championships 100m
2014	FINALIST	European Championships 200m
2013	BRONZE	IAAF World Championships 4x100m
2013	GOLD	European Junior Championships 200m

HOLLY BRADSHAW (NEÉ BLEASDALE)

POLE VAULT

DOB: 02/11/1991
BORN: Preston
LIVES: Cardiff
CLUB: Blackburn Harriers
TRAINS: NIA Cardiff
COACH: Scott Simpson
AGENT: Mission Sports Management
KIT: Nike

 @HollyBleasdale



PERSONAL BESTS

Pole Vault: 4.87m (2012)

CAREER HIGHLIGHTS

2015	5TH PLACE	IAAF World Indoor Championships Pole Vault
2013	GOLD	European Indoor Championships Pole Vault
2012	6TH PLACE	Olympic Games Pole Vault
2012	BRONZE	IAAF World Indoor Championships Pole Vault
2011	GOLD	European U23 Championships Pole Vault
2010	BRONZE	IAAF World Junior Championships Pole Vault



JESSICA ENNIS-HILL

HEPTATHLON

DOB: 28/01/1986
BORN: Sheffield
LIVES: Sheffield
CLUB: City of Sheffield
TRAINS: EIS Sheffield
COACH: Toni Minichiello
AGENT: JCCM
KIT: Adidas

WEB jessicaennis.net  [@J_Ennis](https://twitter.com/J_Ennis)

PERSONAL BESTS

Heptathlon: 6955 (2012)

CAREER HIGHLIGHTS

2015	GOLD	World Championships Heptathlon
2012	GOLD	Olympic Games Heptathlon
2012	SILVER	IAAF World Indoor Championships Pentathlon
2011	SILVER	IAAF World Championships Heptathlon
2010	GOLD	IAAF World Indoor Pentathlon
2010	GOLD	European Championships Heptathlon
2009	GOLD	IAAF World Championships Heptathlon

MO FARAH

5,000M & 10,000M

DOB: 23/03/1983
BORN: Mogadishu, Somalia
LIVES: Portland, USA
CLUB: Oregon Project, Newham & Essex Beagles
TRAINS: Oregon
COACH: Alberto Salazar
AGENT: Pace Sports Management
KIT: Nike

WEB mofarah.com  @Mo_Farah



PERSONAL BESTS

5,000m: 12:53.11 (2011) NR
10,000m: 26:46.57 (2011) NR

CAREER HIGHLIGHTS

2015	GOLD	IAAF World Championships 10,000m
2014	GOLD	European Championships 5,000m
2014	GOLD	European Championships 10,000m
2013	GOLD	IAAF World Championships 5,000m
2013	GOLD	IAAF World Championships 10,000m
2012	GOLD	Olympic Games 5,000m
2012	GOLD	Olympic Games 10,000m
2012	GOLD	European Championships 5,000m
2011	GOLD	IAAF World Championships 5,000m
2011	SILVER	IAAF World Championships 10,000m
2011	GOLD	European Indoor Championships 3,000m



ADAM GEMILI

100M, 200M & 4X100M

DOB: 06/10/1993
BORN: London
LIVES: Dartford
CLUB: Blackheath & Bromley
TRAINS: Loughborough
COACH: Steve Fudge
AGENT: Sacha Gemili
KIT: Nike

 @Adam_Gemili

PERSONAL BESTS

100m: 9.97 (2015)
200m: 19.98 (2014)

CAREER HIGHLIGHTS

2014	GOLD	European Championships 200m
2014	GOLD	European Championships 4x100m
2014	SILVER	Commonwealth Games 100m
2014	SILVER	Commonwealth Games 4x100m Relay
2013	GOLD	European U23 Championships 100m
2013	GOLD	European U23 Championships 4x100m
2012	GOLD	IAAF World Junior Championships 100m
2011	SILVER	European Junior Championships 100m
2011	SILVER	European Junior Championships 4x100m Relay

ROBBIE GRABARZ

HIGH JUMP

DOB: 03/10/1987
BORN: Enfield
LIVES: Birmingham
CLUB: Newham & Essex Beagles
TRAINS: Birmingham
COACH: Fuzz Caan
AGENT: JCCM
KIT: Adidas

 @RobbieGrabarz



PERSONAL BESTS

High Jump: 2.37m (2012)

CAREER HIGHLIGHTS

2013	6TH PLACE	European Indoor Championships High Jump
2012	BRONZE	Olympic Games High Jump
2012	GOLD	European Championships High Jump



DAI GREENE

400M HURDLES

DOB: 11/04/1986
BORN: Carmarthen
LIVES: Bath
CLUB: Swansea Harriers
TRAINS: Loughborough
COACH: Benke Blomkvist
AGENT: Mission Sports Management
KIT: Nike

 @DaiGreene

PERSONAL BESTS

400m Hurdles: 47.84 (2012)

CAREER HIGHLIGHTS

2012	4TH PLACE	Olympic Games 400m Hurdles
2011	GOLD	IAAF World Championships 400m Hurdles
2010	GOLD	European Championships 400m Hurdles
2010	GOLD	Commonwealth Games 400m Hurdles
2007	GOLD	European U23 Championships 400m Hurdles

SOPHIE HITCHON

HAMMER THROW

DOB: 11/07/1991
BORN: Burnley
LIVES: Loughborough
CLUB: Blackburn Harriers
TRAINS: Loughborough
COACH: Tore Gustafsson
KIT: Nike

 @SophieHitchon



PERSONAL BESTS

Hammer Throw: 73.86m (2015)

CAREER HIGHLIGHTS

2015	4TH PLACE	IAAF World Championships Hammer Throw
2014	BRONZE	Commonwealth Games Hammer Throw
2013	GOLD	European U23 Championships Hammer Throw
2012	12TH PLACE	Olympic Games Hammer Throw
2010	GOLD	IAAF World Junior Championships Hammer Throw
2010	BRONZE	European U23 Championship Hammer Throw
2009	BRONZE	European Junior Championship Hammer Throw



ZHARNEL HUGHES

200M & 4X100M

DOB: 13/07/95
BORN: The Valley, Anguilla
LIVES: Kingston, Jamaica
CLUB: Shaftesbury Barnet
TRAINS: Kingston, Jamaica
COACH: Glen Mills
KIT: Adidas

 @zharnel_hughes

PERSONAL BESTS

200m: 20.02 (2015)

CAREER HIGHLIGHTS

2015	5TH PLACE	IAAF World Championships 200m
2014	5TH PLACE	IAAF World Junior Championships 200m

KATARINA JOHNSON-THOMPSON

HEPTATHLON

DOB: 09/01/1993
BORN: Liverpool
LIVES: Liverpool
CLUB: Liverpool Harriers
TRAINS: Liverpool
COACH: Mike Holmes
AGENT: M&C Saatchi
KIT: Nike

 @JohnsonThompson



PERSONAL BESTS

Heptathlon: 6682 (2014)
Indoor Pentathlon: 5000 (2015)
High Jump: 1.97m (2015)
Long Jump: 6.93m (2015)

CAREER HIGHLIGHTS

2015	GOLD	IAAF World Indoor Championships Pentathlon
2014	SILVER	IAAF World Indoor Championships Long jump
2014	1ST PLACE	IAAF Hypo-Meeting Gotzis Heptathlon
2014	SILVER	IAAF World Indoor Championships Heptathlon
2013	5TH PLACE	IAAF World Championships Heptathlon
2013	GOLD	European U23 Championships Heptathlon
2012	GOLD	IAAF World Junior Championships Long Jump
2009	GOLD	IAAF World Youth Championships Heptathlon



LAURA MUIR

1500M

DOB: 09/05/1993
BORN: Inverness
LIVES: Glasgow
CLUB: Dundee Hawkhill
TRAINS: Glasgow
COACH: Andy Young
AGENT: Stellar Athletics
KIT: Nike

 @Lauramuiruns

PERSONAL BESTS

800m: 2:00.42 (2015)

1500m: 3:58.66 (2015)

CAREER HIGHLIGHTS

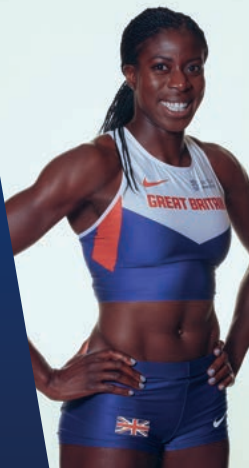
2015	5TH PLACE	IAAF World Championships 1500m
2013	BRONZE	European U23 Championships 1500m
2013	7TH PLACE	European Indoor Championships 1500m

CHRISTINE OHURUOGU

400M & 4X400M

DOB: 17/05/1984
BORN: London
LIVES: London
CLUB: Newham & Essex Beagles
TRAINS: Lee Valley
COACH: Christine Bowmaker
AGENT: Pace Sports Management
KIT: Adidas

WEB chrissy.com  [@chrissyohuruogu](https://twitter.com/chrissyohuruogu)



PERSONAL BESTS

400m: 49.41 (2013) NR

CAREER HIGHLIGHTS

2015	BRONZE	IAAF World Indoor Championships 4x400m Relay
2014	BRONZE	Commonwealth Games 4x400m Relay
2014	BRONZE	IAAF World Indoor Championships 4x400m Relay
2013	GOLD	IAAF World Championships 400m
2013	BRONZE	IAAF World Championships 4x400m
2013	GOLD	European Indoor Championships 4x400m
2012	SILVER	Olympic Games 400m
2012	GOLD	IAAF World Indoor Championships 4x400m Relay
2008	GOLD	Olympic Games 400m
2007	GOLD	IAAF World Championships 400m
2007	BRONZE	IAAF World Championships 4x400m
2006	GOLD	Commonwealth Games 400m
2005	BRONZE	IAAF World Championships 4x400m



ANDREW OSAGIE

800M

DOB: 19/02/1988
BORN: Harlow
LIVES: Teddington
CLUB: Harlow AC
AGENT: Pace Sports Management
KIT: Nike

WEB andrewosagie.com  [@andrewosagie](https://twitter.com/andrewosagie)

PERSONAL BESTS

800m: 1:43.77 (2012)

CAREER HIGHLIGHTS

2014	BRONZE	IAAF World Indoor Championships 800m
2013	5TH PLACE	IAAF World Championships 800m
2012	8TH PLACE	Olympic Games 800m
2012	BRONZE	IAAF World Indoor Championships 800m

TIFFANY PORTER

100M HURDLES

DOB: 13/11/1987
BORN: Michigan, USA
LIVES: Michigan
CLUB: Woodford Green & Essex Ladies
COACH: Rana Reider
AGENT: Global Athletics & Marketing Inc
KIT: Adidas

 @tiffofili



PERSONAL BESTS

100m Hurdles: 12.51 (2014)

CAREER HIGHLIGHTS

2014	GOLD	European Championships 100m Hurdles
2014	SILVER	Commonwealth Games 100m Hurdles
2014	BRONZE	IAAF World Indoor Championships 60m Hurdles
2013	SILVER	IAAF World Championships 100m Hurdles
2012	SILVER	IAAF World Indoor Championships 60m Hurdles
2011	SILVER	European Indoor Championships 60m Hurdles
2006	BRONZE	IAAF World Junior Championships 100m Hurdles



ANDY POZZI

110M HURDLES

DOB: 15/05/1992
BORN: Leamington Spa
LIVES: Bath
CLUB: Stratford-upon-Avon
TRAINS: Bath University
COACH: Malcolm Arnold
AGENT: MTC
KIT: Nike

WEB andrewpozzi.com  [@andrew_pozzi](https://twitter.com/andrew_pozzi)

PERSONAL BESTS

60m Hurdles: 7.53 (2014)
110m Hurdles: 13.34 (2012)

CAREER HIGHLIGHTS

2014	4TH PLACE	IAAF World Indoor Championships 60m Hurdles
2012	4TH PLACE	IAAF World Indoor Championships 60m Hurdles
2011	SILVER	European Junior Championships 110m Hurdles

SHARA PROCTOR

LONG JUMP

DOB: 16/09/1988
BORN: US Virgin Islands
LIVES: Arnhem, Netherlands
CLUB: Birchfield Harriers
TRAINS: Papendal
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Adidas

WEB sharaproctor.com  @SharaProctor



PERSONAL BESTS

Long Jump: 7.07m (2015) NR

CAREER HIGHLIGHTS

2015	SILVER	IAAF World Championships Long Jump
2014	4TH PLACE	IAAF World Indoor Championships Long Jump
2013	6TH PLACE	IAAF World Championships Long Jump
2012	BRONZE	IAAF World Indoor Championships Long Jump



GREG RUTHERFORD

LONG JUMP

DOB: 17/11/1986
BORN: Milton Keynes
LIVES: Milton Keynes
CLUB: Marshall Milton Keynes
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo/Dan Pfaff
AGENT: Steffen Keil

WEB gregjrutherford.com  [@GregJRutherford](https://twitter.com/GregJRutherford)

PERSONAL BESTS

Long Jump: 8.51m (2014) NR

CAREER HIGHLIGHTS

2015	GOLD	IAAF World Championships Long Jump
2014	GOLD	European Championships Long Jump
2014	GOLD	Commonwealth Games Long Jump
2012	GOLD	Olympic Games Long Jump
2010	SILVER	Commonwealth Games Long Jump
2006	SILVER	European Championships Long Jump
2005	GOLD	European Junior Championships

WILLIAM SHARMAN

110M HURDLES

DOB: 12/09/1984
BORN: Lagos, Nigeria
LIVES: Nottingham
CLUB: Belgrave Harriers
TRAINS: Loughborough
COACH: Benke Blomkvist
KIT: Adidas

WEB williamsharman.com  [@williamsharman](https://twitter.com/williamsharman)



PERSONAL BESTS

110m Hurdles: 13.16 (2014)

CAREER HIGHLIGHTS

2014	SILVER	European Championships 110m Hurdles
2014	SILVER	Commonwealth Games 110m Hurdles
2013	5TH PLACE	IAAF World Championships 110m Hurdles
2011	5TH PLACE	IAAF World Championships 110m Hurdles
2010	SILVER	Commonwealth Games 110m Hurdles
2009	4TH PLACE	IAAF World Championships 110m Hurdles



LYNSEY SHARP

800M

DOB: 11/07/1990
BORN: Dumfries
LIVES: Loughborough
CLUB: Edinburgh AC
TRAINS: Loughborough
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Nike

WEB lynseysharp.com  [@LynseySharp](https://twitter.com/LynseySharp)

PERSONAL BESTS

800m: 1:57.71 (2015)

CAREER HIGHLIGHTS

2014	SILVER	European Championships 800m
2014	SILVER	Commonwealth Games 800m
2012	GOLD	European Championships 800m
2011	SILVER	European U23 Championships

LORRAINE UGEN

LONG JUMP

DOB: 22/08/1991
BORN: London
LIVES: Fort Worth, Texas
CLUB: Blackheath & Bromley
TRAINS: Fort Worth, Texas
COACH: Shawn Jackson
KIT: Adidas

 @loralski



PERSONAL BESTS

Long Jump: 6.92m (2015)

CAREER HIGHLIGHTS

2015	5TH PLACE	IAAF World Championships Long Jump
2014	5TH PLACE	Commonwealth Games Long Jump
2012	SILVER	British Championships Long Jump



LAURA WEIGHTMAN

1500M

DOB: 01/07/1991
BORN: Alnwick
LIVES: Leeds
CLUB: Morpeth Harriers
TRAINS: Leeds
COACH: Steve Cram
AGENT: Extra Mile Media
KIT: Nike

 @LauraWeightman

PERSONAL BESTS

1500m: 4:00.17 (2014)

CAREER HIGHLIGHTS

2014	BRONZE	European Championships 1500m
2014	SILVER	Commonwealth Games 1500m
2012	8TH PLACE	Olympic Games 1500m
2010	6TH PLACE	IAAF World Junior Championships 1500m



BRITISH
ATHLETICS

B I O G R A P H I E S

PARALYMPIC PODIUM



HOLLIE ARNOLD

F46 JAVELIN

DOB: 26/06/1994
BORN: Grimsby
LIVES: Caerphilly
CLUB: Cleethorpes
TRAINS: Welsh Institute of Sport
COACH: Anthony Hughes
KIT: Nike

WEB holliearnold.com  [@holliea2012](https://twitter.com/holliea2012)

PERSONAL BESTS

Javelin 40.76m (2015)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships Javelin
2015	GOLD	IWAS World Championships Javelin
2014	GOLD	IWAS World Junior Games Javelin
2014	GOLD	IWAS World Junior Games Discus
2013	GOLD	IPC World Championships Javelin
2012	5TH PLACE	Paralympic Games Javelin
2012	SILVER	IPC European Championships Javelin
2011	BRONZE	IPC World Championships Javelin
2011	GOLD	IWAS World Junior Championships Javelin
2010	SILVER	IWAS World Junior Championships Javelin
2009	SILVER	IWAS World Junior Championships Discus
2009	BRONZE	IWAS World Junior Championships Javelin

PAUL BLAKE

T36 100M, 400M & 800M

DOB: 15/01/1990
BORN: Dorchester
LIVES: Bristol
CLUB: Dorchester AC
TRAINS: Bath University
COACH: Rob Ellchuk

 @wizards_1



PERSONAL BESTS

100m: 12.46 (2014)
400m: 54.22 (2012)
800m: 2:06.10 (2013)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships 800m
2015	SILVER	IPC World Championships 400m
2015	GOLD	IPC European Championships 800m
2015	SILVER	IPC European Championships 400m
2014	SILVER	IPC European Championships 400m
2014	BRONZE	IPC European Championships 100m
2013	GOLD	IPC World Championships 800m
2013	SILVER	IPC World Championships 400m
2012	SILVER	Paralympic Games 400m
2012	GOLD	IPC European Championships 400m
2012	SILVER	IPC European Championships 800m
2011	GOLD	IPC World Championships 400m
2011	SILVER	IPC World Championships 800m
2011	SILVER	IPC World Championships 1500m



DANIEL BRAMALL

T33 100M

DOB: 29/01/1985
BORN: Manchester
LIVES: Middlewich, Cheshire
CLUB: Stockport
TRAINS: Stockport
COACH: Rick Hoskins

PERSONAL BESTS

100m: 18.69 (2014)

CAREER HIGHLIGHTS

2015 **SILVER** IPC World Championships 100m

JONATHAN BROOM-EDWARDS

F44 HIGH JUMP

DOB: 27/05/1988
BORN: Colchester
LIVES: Loughborough
CLUB: Newham & Essex Beagles
TRAINS: Loughborough
COACH: Fuzz Caan

 @BroomEdwardsT44



PERSONAL BESTS

High Jump: 2.15m (2014)

CAREER HIGHLIGHTS

2015	SILVER	IPC World Championships High Jump
2014	SILVER	IPC European Championships High Jump
2013	SILVER	IPC World Championships High Jump



MICKEY BUSHELL

T53 100M, 400M, 800M

DOB: 08/06/1990
BORN: Shrewsbury
LIVES: Telford
CLUB: Birchfield Harriers
TRAINS: Weir Archer Academy
COACH: Jenny Archer

WEB mickeybushell.co.uk  [@MickeyBushell](https://twitter.com/MickeyBushell)

PERSONAL BESTS

100m: 14.38 (2012)
400m: 50.38 (2012)
800m: 1:42.43 (2012)

CAREER HIGHLIGHTS

2014	GOLD	IPC European Championships 100m
2014	SILVER	IPC European Championships 200m
2013	SILVER	IPC World Championships 100m
2012	GOLD	Paralympic Games 100m
2011	SILVER	IPC World Championships 100m
2009	GOLD	IWAS World Junior Championships 100m
2009	GOLD	IWAS World Junior Championships 400m
2009	GOLD	IWAS World Junior Championships 800m

JOANNA BUTTERFIELD

F51 CLUB THROW & DISCUS

DOB: 19/03/1979
BORN: Doncaster
LIVES: Glasgow
CLUB: Red Star/Forth Valley Flyers
TRAINS: Glasgow
COACH: Shona Malcolm/Phil Peat

 @Jo_shuni



PERSONAL BESTS

Club Throw: 22.19m (2015)

Discus: 10.08m (2015)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships Club Throw
2015	BRONZE	IPC World Championships Discus
2014	GOLD	IPC European Championships Club Throw



HANNAH COCKROFT

T34 100M, 400M & 800M

DOB: 30/07/1992
BORN: Halifax
LIVES: Halifax
CLUB: Leeds City
TRAINS: Loughborough
COACH: Jenni Banks
AGENT: 17 Management

WEB hannahcockroft.co.uk  [@HCDream2012](https://twitter.com/HCDream2012)

PERSONAL BESTS

100m: 17.31 (2014)
400m: 58.59 (2011)
800m: 2:02.30 (2013)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships 100m
2015	GOLD	IPC World Championships 400m
2015	GOLD	IPC World Championships 800m
2014	GOLD	IPC European Championships 100m
2014	GOLD	IPC European Championships 800m
2013	GOLD	IPC World Championships 100m
2013	GOLD	IPC World Championships 200m
2012	GOLD	Paralympic Games 100m
2012	GOLD	Paralympic Games 200m
2012	SILVER	Paralympic World Cup 200m
2012	GOLD	Paralympic World Cup 100m
2011	GOLD	IPC World Championships 100m
2011	GOLD	IPC World Championships 200m

KADEENA COX

T37 100M

DOB: 10/03/1991
BORN: Leeds
LIVES: Manchester
CLUB: Sale Harriers
TRAINS: Manchester
COACH: Brian Scobie

 @kad_c



PERSONAL BESTS

100m: 13.59 (2015) WR

CAREER HIGHLIGHTS

2015 **GOLD** IPC World Championships T37 100m



ALED DAVIES

F42 SHOT PUT

DOB: 24/05/1991
BORN: Bridgend
LIVES: Cardiff
CLUB: Federation of Disability Sport Wales
TRAINS: Welsh Institute of Sport
COACH: Ryan Spencer Jones
AGENT: Definitive
KIT: Nike

WEB aleddavies-f42.co.uk  [@AledDavies2012](https://twitter.com/AledDavies2012)

PERSONAL BESTS

Shot put: 15.97m (2015)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships Discus
2015	GOLD	IPC World Championships Shot put
2014	GOLD	IPC European Championships Discus & Shot put
2014	SILVER	Commonwealth Games Discus
2013	GOLD	IPC World Championships Discus & Shot put
2012	GOLD	Paralympic Games Discus
2012	BRONZE	Paralympic Games Shot put
2012	BRONZE	Paralympic World Cup
2011	GOLD	IPC World Championships Shot put
2011	SILVER	IPC World Championships Discus
2011	BRONZE	Paralympic World Cup
2010	GOLD	IWAS World Junior Championships Discus & Shot put
2009	SILVER	IWAS World Junior Championships Discus

KYRON DUKE

F41 JAVELIN & SHOT PUT

DOB: 12/10/1992
BORN: Newport
LIVES: Cwmbran
CLUB: Federation of Disability Sport Wales
TRAINS: Welsh Institute of Sport
COACH: Anthony Hughes

 @Dukey_Devil



PERSONAL BESTS

Shot put: 12.07m (2014)

Javelin: 38.64m (2012)

CAREER HIGHLIGHTS

2015	BRONZE	IPC World Championships Javelin
2014	SILVER	IPC European Championships Javelin
2014	SILVER	IPC European Championships Shot put
2013	SILVER	IPC World Championships Javelin
2013	BRONZE	IPC World Championships Shot put
2012	BRONZE	IPC European Championships Javelin
2012	BRONZE	IPC European Championships Shot put
2011	BRONZE	IPC World Championships Javelin
2011	GOLD	IWAS World Junior Championships Javelin
2011	SILVER	IWAS World Junior Championships Shot put



TOBY GOLD

T33 100M

DOB: 27/09/1994
BORN: London
LIVES: London
CLUB: Weir Archer Academy
TRAINS: Richmond
COACH: Jenny Archer

 @TobyGold18

PERSONAL BESTS

100m: 17.61 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IPC World Championships 100m
2014	BRONZE	IWAS World Junior Games 100m
2014	BRONZE	IWAS World Junior Games 200m
2014	BRONZE	IWAS World Junior Games 400m

DAN GREAVES

F44 DISCUS

DOB: 04/10/1982
BORN: Leicester
LIVES: Loughborough
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: John Godina
AGENT: Sports Sphere
KIT: Adidas

WEB discusdan.co.uk  [@DiscusDan](https://twitter.com/DiscusDan)



PERSONAL BESTS

Discus: 62.34m (2014)

CAREER HIGHLIGHTS

2014	GOLD	IPC European Championships Discus
2014	GOLD	Commonwealth Games Discus
2013	SILVER	IPC World Championships Discus
2012	SILVER	Paralympic Games Discus
2012	SILVER	Paralympic World Cup Discus
2011	GOLD	IPC World Championships Discus
2010	GOLD	Paralympic World Cup Discus
2008	BRONZE	Paralympic Games Discus
2004	GOLD	Paralympic Games Discus
2000	SILVER	Paralympic Games Discus



SOPHIE HAHN

T38 100M & 400M

DOB: 23/01/1997
BORN: Nottingham
LIVES: Nottingham
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Joe McDonnell
AGENT: 19eleven

 @SophieHahnT38

PERSONAL BESTS

100m: 12.60 (2015)
400m: 67.16 (2014)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships 100m
2015	GOLD	IPC World Championships 4x100m
2015	SILVER	IPC World Championships 200m
2014	SILVER	IPC European Championships 100m
2014	SILVER	IPC European Championships 400m
2014	SILVER	IPC European Championships 4x100m
2013	GOLD	IPC World Championships 100m
2013	SILVER	IPC World Championships 200m

GEORGINA HERMITAGE

T37 100M & 400M

DOB: 28/03/89
BORN: Guildford
LIVES: Alton
CLUB: Guildford & Godalming
TRAINS: Guildford
COACH: Paul MacGregor

 @Georgie4oom



PERSONAL BESTS

100m: 13.79 (2015)
400m: 62.01 (2015) WR

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships T37 400m
2015	GOLD	IPC World Championships T37 4x100m
2015	SILVER	IPC World Championships T37 100m



ABBIE HUNNISETT

F32 CLUB THROW

DOB: 28/10/1995
BORN: Haywards Heath
LIVES: East Grinstead
CLUB: Weir Archer Academy
TRAINS: Richmond
COACH: Mark Hunnisett

 @ahunnibunni

PERSONAL BESTS

Club Throw: 21.11 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IPC World Championships Club Throw
2014	4TH PLACE	IPC European Championships Club Throw

SOPHIE KAMLISH

T44 100M & 200M

DOB: 20/08/1996

BORN: London

LIVES: Bath

CLUB: Team Bath

TRAINS: Bath

COACH: Rob Ellchuk

 @sophiekamlish



PERSONAL BESTS

100m: 13.44 (2015)

200m: 28.71 (2013)

CAREER HIGHLIGHTS

2013 **BRONZE** IPC World Championships 200m

2012 **BRONZE** Paralympic World Cup 200m



MARIA LYLE

T35 100M & 200M

DOB: 14/02/2000
BORN: Edinburgh
LIVES: Dunbar
CLUB: Team East Lothian
TRAINS: Dunbar/Liverpool
COACH: Tabo Huntley
AGENT: 19eleven

 @Lyle_Maria

PERSONAL BESTS

100m: 13.90 (2015)
200m: 29.24 (2015)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships 4x100m
2015	SILVER	IPC World Championships 100m
2015	SILVER	IPC World Championships 200m
2014	GOLD	IPC European Championships T35 100m
2014	GOLD	IPC European Championships T35 200m

DEAN MILLER

T37 1500M

DOB: 23/08/1989
BORN: Barrow-in-Furness
LIVES: Birmingham
CLUB: Barrow & Furness
TRAINS: Birmingham
COACH: Bud Baldaro
KIT: Saucony

 @deano_miller



PERSONAL BESTS

800m: 2:09.60 (2013)
1500m: 4:14.78 (2014)

CAREER HIGHLIGHTS

2014	BRONZE	IPC European Championships T37-38 1500m
2014	6TH PLACE	IPC World Championships T37 1500m
2011	GOLD	IWAS World Junior Championships 1500m
2011	BRONZE	IWAS World Junior Championships 800m



STEPHEN MILLER

F32 CLUB THROW

DOB: 27/05/1980
BORN: Newcastle upon Tyne
LIVES: Cramlington
CLUB: Gateshead Harriers
TRAINS: Gateshead
COACH: Ros Miller

WEB stephenjamesmiller.co.uk  [@hailfabio](https://twitter.com/hailfabio)

PERSONAL BESTS

Club Throw: 34.37m (2008)

CAREER HIGHLIGHTS

2014	SILVER	IPC European Championships Club Throw
2012	GOLD	IPC European Championships Club Throw
2011	BRONZE	IPC World Championships Club Throw
2008	SILVER	Paralympic Games Club Throw
2004	GOLD	Paralympic Games Club Throw
2000	GOLD	Paralympic Games Club Throw
1996	GOLD	Paralympic Games Club Throw

MELISSA NICHOLLS

T34 100M, 400M & 800M

DOB: 14/07/1977
BORN: Worcester
LIVES: Tewkesbury
CLUB: Coventry Godiva
TRAINS: University of Warwick
COACH: Job King

WEB melnicholls.co.uk  [@Dolly2racer](https://twitter.com/Dolly2racer)



PERSONAL BESTS

100m WC: 19.86 (2015)
400m WC: 64.46 (2014)
800m WC: 2:06.59 (2014)

CAREER HIGHLIGHTS

2015 **SILVER** IPC World Championships 800m
2014 **BRONZE** IPC European Championships T34 100m
2014 **SILVER** IPC European Championships T34 800m



STEPHEN OSBORNE

T51 100M & 400M

DOB: 26/03/1963

BORN: Longfield

LIVES: Longfield

TRAINS: Lee Valley

COACH: Jenni Banks

PERSONAL BESTS

100m WC: 21.18 (2015)

400m WC: 1:21.45 (2015)

CAREER HIGHLIGHTS

- | | | |
|-------------|------------------|-------------------------------------|
| 2015 | 4TH PLACE | IPC World Championships |
| 2014 | BRONZE | IPC European Championships T51 100m |
| 2013 | 4TH PLACE | IPC World Championships 200m |

JONNIE PEACOCK

T44 100M

DOB: 28/05/1993
BORN: Cambridge
LIVES: Oakham
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Steve Fudge
AGENT: Sports Sphere
KIT: BT

 @jonniepeacock



PERSONAL BESTS

100m: 10.84 (2013)

CAREER HIGHLIGHTS

2014	GOLD	IPC European Championships 100m
2013	GOLD	IPC World Championships 100m
2012	GOLD	Paralympic Games 100m



STEFANIE REID

T44 LONG JUMP

DOB: 26/10/1984
BORN: Auckland, New Zealand
LIVES: Loughborough
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Aston Moore
AGENT: Mission Sports Management

WEB stefaniereid.com  [@RunJumpStefReid](https://twitter.com/RunJumpStefReid)

PERSONAL BESTS

Long Jump: 5.47m (2014)

CAREER HIGHLIGHTS

2014	GOLD	IPC European Championships Long Jump
2012	SILVER	Paralympic Games Long Jump
2011	BRONZE	IPC World Championships 200m
2011	BRONZE	IPC World Championships Long Jump
2008	BRONZE	Paralympic Games 200m

RICHARD WHITEHEAD

T42 100M & 200M

DOB: 19/07/1976
BORN: Nottingham
LIVES: Nottingham
CLUB: Southwell
TRAINS: Loughborough
COACH: Keith Antoine
AGENT: Elite Sports Properties
KIT: Adidas

 @Marathonchamp



PERSONAL BESTS

100m: 12.55 (2015)

200m: 24.10 (2015) WR

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships 200m
2014	SILVER	IPC European Championships 200m
2013	GOLD	IPC World Championships 200m
2012	GOLD	Paralympic Games 200m
2012	BRONZE	IPC European Championships 100m
2012	GOLD	IPC European Championships 200m
2011	GOLD	IPC European Championships 200m



BETHANY WOODWARD

T37 200M & 400M

DOB: 26/12/1992
BORN: Eastbourne
LIVES: Ferndown, Dorset
CLUB: Southampton
COACH: Lee Doran

PERSONAL BESTS

200m: 29.12 (2013)

400m: 67.27 (2014)

CAREER HIGHLIGHTS

2014	BRONZE	IPC European Championships 400m
2014	SILVER	IPC European Championships 4x100m
2014	SILVER	Commonwealth Games Long Jump
2013	SILVER	IPC World Championships 200m
2012	SILVER	Paralympic Games 200m
2011	GOLD	IPC World Championships 400m



BRITISH
ATHLETICS

B I O G R A P H I E S

OLYMPIC POTENTIAL



KATE AVERY

10,000M

DOB: 10/10/91
BORN: Bishop Auckland
LIVES: Loughborough
CLUB: Shildon
TRAINS: Loughborough
COACH: Tony Simmons

 @KateAvery12

PERSONAL BESTS

10,000m: 31:41.44 (2015)

CAREER HIGHLIGHTS

2015	15TH PLACE	IAAF World Championships 10,000m
2015	SILVER	European Cross Country Championships
2014	SILVER	European Cross Country Championships

CHRIS BAKER

HIGH JUMP

DOB: 02/02/1991
BORN: Norwich
LIVES: Cardiff
CLUB: Sale Harriers
TRAINS: Cardiff Metropolitan University
COACH: Sharon Heveran

 @ChrisBakerHJ



PERSONAL BESTS

High Jump: 2.28m (2014)

CAREER HIGHLIGHTS

2014 **11TH PLACE**

European Championships High Jump

2014 **4TH PLACE**

Commonwealth Games High Jump

2013 **7TH PLACE**

European U23 Championships High Jump



MEGHAN BEESLEY

400M HURDLES

DOB: 15/11/1989
BORN: Tamworth
LIVES: Loughborough
CLUB: Birchfield Harriers
TRAINS: Loughborough
COACH: Nick Dakin
AGENT: Stellar Athletics
KIT: Nike

WEB meghanbeesley.net  [@meghanbeesley](https://twitter.com/meghanbeesley)

PERSONAL BESTS

400m Hurdles: 54.52 (2015)

CAREER HIGHLIGHTS

2011	BRONZE	European U23 Championships 400m Hurdles
2010	SILVER	Commonwealth Games 4x400m
2008	BRONZE	IAAF World Junior Championships 400m Hurdles

TOM BOSWORTH

20KM RACE WALK

DOB: 17/01/90
BORN: Pembury
LIVES: Leeds
CLUB: Tonbridge
TRAINS: Leeds
COACH: Andi Drake
AGENT: 17 Management

 @TomBosworth



PERSONAL BESTS

20km RW: 82.20 (2014)

CAREER HIGHLIGHTS

2015 **25TH PLACE** IAAF World Championships 20K Race Walk
2014 **12TH PLACE** European Team Championships 20K Race Walk



DAN BRAMBLE

LONG JUMP

DOB: 14/10/1990
BORN: Acton
LIVES: Ruislip
CLUB: Shaftesbury Barnet
TRAINS: Brunel University
COACH: Frank Attoh

 @Dbrambs_LJ

PERSONAL BESTS

Long Jump: 8.21m (2015)

CAREER HIGHLIGHTS

2015	18TH PLACE	IAAF World Championships Long Jump
2015	8TH PLACE	European Team Championships Long Jump

LUCY BRYAN

POLE VAULT

DOB: 22/05/1995
BORN: Bristol
LIVES: Bristol
CLUB: Bristol & West AC
TRAINS: Bath University
COACH: Charles Preston

 @_LucyBryan



PERSONAL BESTS

Pole Vault: 4.40m (2013)

CAREER HIGHLIGHTS

2014 **9TH PLACE** European Team Championships Pole Vault
2011 **BRONZE** IAAF World Youth Championships Pole Vault



ASHLEY BRYANT

DECATHLON

DOB: 17/05/1991
BORN: London
LIVES: London
CLUB: WSEH
TRAINS: Brunel University
COACH: Aston Moore
KIT: Adidas

 @ashley__Bryant

PERSONAL BESTS

Decathlon: 8141 (2014)

CAREER HIGHLIGHTS

2014	SILVER	Commonwealth Games Decathlon
2013	4TH PLACE	European U23 Championships Decathlon

MARK DRY

HAMMER THROW

DOB: 11/10/1987
BORN: Milton Keynes
LIVES: Loughborough
CLUB: Woodford Green
TRAINS: Loughborough
COACH: Chris Black

 @Markdry



PERSONAL BESTS

Hammer Throw: 76.93m (2015)

CAREER HIGHLIGHTS

2015	15TH PLACE	IAAF World Championships Hammer Throw
2014	BRONZE	Commonwealth Games Hammer Throw
2010	6TH PLACE	Commonwealth Games Hammer Throw



TOM FARRELL

5,000M

DOB: 23/03/1991
BORN: Carlisle
LIVES: Eugene, Oregon
CLUB: Border Harriers
TRAINS: Eugene, Oregon
COACH: Mark Rowland
KIT: Nike

 @farrell_osu

PERSONAL BESTS

5,000m: 13:10.48 (2015)

CAREER HIGHLIGHTS

2015	15TH PLACE	IAAF World Championships 5,000m
2014	12TH PLACE	European Championships 5,000m
2014	7TH PLACE	Commonwealth Games 5,000m
2013	SILVER	European U23 Championships 5,000m
2012	4TH PLACE	European Cross Country U23 Championships

NIAL FLANNERY

400M HURDLES

DOB: 26/04/1991
BORN: North Shields
LIVES: Loughborough
CLUB: Newham & Essex Beagles
TRAINS: Loughborough
COACH: Nick Dakin

 @nyloflannaz



PERSONAL BESTS

400m Hurdles: 48.80 (2014)

CAREER HIGHLIGHTS

2015	4TH PLACE	IAAF World Championships Semi-Finals 400m hurdles
2014	4TH PLACE	Commonwealth Games 400m Hurdles
2014	6TH PLACE	European Championships 400m Hurdles Semi-Finals
2013	4TH PLACE	European U23 Championships 400m Hurdles
2009	4TH PLACE	European Junior Championships 400m Hurdles



EMELIA GORECKA

5,000M

DOB: 29/01/1994
BORN: Epsom, Surrey
LIVES: Bookham
CLUB: Aldershot Farnham & District
TRAINS: Aldershot
COACH: Mick Woods
AGENT: Professional Sports Group
KIT: Nike

 @emeliagorecka

PERSONAL BESTS

3,000m: 8:55.11 (2013)

5,000m: 15:07.45 (2014)

CAREER HIGHLIGHTS

2014	9TH PLACE	European Championships 5,000m
2013	GOLD	European Junior Championships 3,000m
2013	GOLD	European Junior Cross Country
2012	BRONZE	IAAF World Junior Championships 3,000m
2012	SILVER	European Junior Cross Country
2011	SILVER	European Junior Championships 5,000m
2011	GOLD	Commonwealth Youth Games 3,000m
2011	GOLD	European Junior Cross Country

CHARLIE GRICE

1500M

DOB: 07/11/1993
BORN: Brighton
LIVES: Twickenham
CLUB: Brighton Phoenix
TRAINS: St. Mary's University
COACH: Jon Bigg
KIT: Nike



WEB charliegrice.com  [@charliegrice1](https://twitter.com/charliegrice1)

PERSONAL BESTS

1500m: 3:35.29 (2015)

CAREER HIGHLIGHTS

2015	9TH PLACE	IAAF World Championships 1500m
2014	7TH PLACE	Commonwealth Games 1500m
2013	SILVER	European U23 Championships 1500m
2010	BRONZE	Youth Olympic Games 1000m



ADAM HAGUE

POLE VAULT

DOB: 29/08/97
BORN: Sheffield
LIVES: Rotherham
CLUB: Sheffield & Dearne
TRAINS: Sheffield
COACH: Trevor Fox
AGENT: Stellar Athletics

 @adamhaguepv

PERSONAL BESTS

Pole vault: 5.60m (2015)

CAREER HIGHLIGHTS

2015	GOLD	European Junior Championships Pole Vault
2014	8TH PLACE	IAAF World Junior Championships Pole Vault
2013	6TH PLACE	IAAF World Youth Championships Pole Vault

LUCY HATTON

100M HURDLES

DOB: 08/11/94
BORN: Essex
LIVES: Kettering
CLUB: Corby
TRAINS: Loughborough
COACH: Jerzy Maciukiewicz
KIT: Nike

 @LucyHattonXxx



PERSONAL BESTS

100mh: 12.84m (2015)

CAREER HIGHLIGHTS

2015 **SILVER** European Indoor Championships 60mh



JESSICA JUDD

1500M

DOB: 07/01/1995
BORN: Rochford
LIVES: Loughborough
CLUB: Chelmsford AC
TRAINS: Loughborough
COACH: George Gandy
AGENT: Stellar Athletics
KIT: Nike

 @jessjuddxx

PERSONAL BESTS

1500m: 4:09.56 (2015)

CAREER HIGHLIGHTS

2014	4TH PLACE	European Junior Cross Country Championships
2014	4TH PLACE	Commonwealth Games 800m
2014	7TH PLACE	European Championships 800m
2013	GOLD	European Team Championships 800m
2012	SILVER	IAAF World Junior Championships 800m
2011	BRONZE	IAAF World Youth Championships 800m

CHRIS KANDU

HIGH JUMP

DOB: 10/09/1995

BORN: Hackney

LIVES: Enfield

CLUB: Lee Valley

 @ChrisKanduHJ



PERSONAL BESTS

High Jump: 2.26m (2015)

CAREER HIGHLIGHTS

2015	BRONZE	European U23 Championships High Jump
2014	7TH PLACE	IAAF World Junior Championships High Jump
2014	GOLD	England Athletics U20/U23 Championships High Jump
2012	BRONZE	IAAF World Indoor Championships Long Jump



MORGAN LAKE

HEPTATHLON

DOB: 12/05/1997
BORN: Milton Keynes
LIVES: Camberley
CLUB: WSEH
TRAINS: Thames Valley/Brunel University
COACH: Eldon Lake
AGENT: Wasserman Media Group
KIT: Nike

WEB morgan-lake.com  [@morgan_a_lake](https://twitter.com/morgan_a_lake)

PERSONAL BESTS

Heptathlon: 6148 (2014)

High Jump: 1.94 (2014)

CAREER HIGHLIGHTS

2015	9TH PLACE	European Indoor Championships Pentathlon
2015	GOLD	European Junior Championships High Jump
2014	GOLD	IAAF World Junior Championships Heptathlon
2014	GOLD	IAAF World Junior Championships High Jump

KYLE LANGFORD

800M

DOB: 02/02/96
BORN: Watford
LIVES: Watford
CLUB: Shaftesbury Barnet
TRAINS: Watford
COACH: George Harrison

 @KyleLangford_96



PERSONAL BESTS

800m: 1:45.78 (2015)

CAREER HIGHLIGHTS

2015	GOLD	European Junior Championships 800m
2014	8TH PLACE	World Junior Championships 800m
2013	BRONZE	World Youth Championships 800m



NICK MILLER

HAMMER THROW

DOB: 01/05/1993
BORN: Carlisle
LIVES: Los Gatos, California
CLUB: Border Harriers
TRAINS: Los Gatos, California
COACH: Tore Gustafsson

 @N666Miller

PERSONAL BESTS

Hammer Throw: 77.55m (2015) NR

CAREER HIGHLIGHTS

2015	11TH PLACE	IAAF World Championships Hammer Throw
2015	GOLD	European U23 Championships Hammer Throw
2014	SILVER	Commonwealth Games Hammer Throw
2014	5TH PLACE	European Team Championships Hammer Throw

CHRIS O'HARE

1500M

DOB: 23/11/1990
BORN: Edinburgh
LIVES: Boston, USA
CLUB: Edinburgh AC
TRAINS: Boston, USA
COACH: Terrence Mahon
KIT: Adidas

 @chrisohare1500



PERSONAL BESTS

1500m: 3:34.83 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	European Indoor Championships 1500m
2014	BRONZE	European Championships 1500m
2014	6TH PLACE	Commonwealth Games 1500m
2013	12TH PLACE	IAAF World Championships 1500m



DAVID OMOREGIE

110M HURDLES

DOB: 01/11/1995
BORN: Durham
LIVES: Loughborough
CLUB: Cardiff
TRAINS: Loughborough
COACH: Benke Blomkvist

 @davidomoregie

PERSONAL BESTS

110m Hurdles: 13.50 (2015)

CAREER HIGHLIGHTS

2015	GOLD	European U23 Championships 110m Hurdles
2014	BRONZE	IAAF World Junior Championships 110m Hurdles
2013	5TH PLACE	European Junior Championships 110m Hurdles

SHELAYNA OSKAN-CLARKE

800M

DOB: 20/01/90
BORN: London
LIVES: Uxbridge
CLUB: WSEH
COACH: Jon Bigg

 @soskanclarke



PERSONAL BESTS

800m: 1:58.86 (2015)

CAREER HIGHLIGHTS

2015 **5TH PLACE** IAAF World Championships 800m



ISOBEL POOLEY

HIGH JUMP

DOB: 21/12/1992
BORN: London
LIVES: Loughborough
CLUB: Aldershot Farnham & District
TRAINS: Loughborough
COACH: Fuzz Caan
KIT: Adidas

WEB IsobelPooley.com  [@IsobelPooley](https://twitter.com/IsobelPooley)

PERSONAL BESTS

High Jump: 1.97m (2015)

CAREER HIGHLIGHTS

2014	SILVER	Commonwealth Games High Jump
2013	4TH PLACE	European U23 Championships High Jump

SHONA RICHARDS

400M HURDLES

DOB: 01/09/95
BORN: Epsom
LIVES: Epsom
CLUB: WSEH
TRAINS: Sutton
COACH: Marina Armstrong
KIT: Nike

 @ShonaRichards1

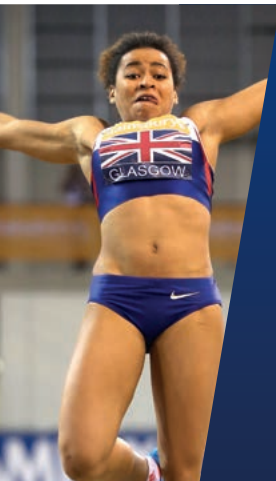


PERSONAL BESTS

400mh: 56.05 (2015)

CAREER HIGHLIGHTS

2015	4TH PLACE	European U23 Championships 400mh
2014	SILVER	IAAF World Junior Championships 4x400m
2014	SILVER	IAAF World Junior Championships 400mh
2013	5TH PLACE	European Junior Championships 400mh



JAZMIN SAWYERS

LONG JUMP

DOB: 21/05/1994
BORN: Stoke
LIVES: Bristol
CLUB: City of Stoke
TRAINS: Bath/Bristol
COACH: Alan Lerwill
KIT: Adidas

 @JazminJayne

PERSONAL BESTS

Long Jump: 6.71m (2015)

CAREER HIGHLIGHTS

2015	SILVER	European U23 Championships Long Jump
2014	SILVER	Commonwealth Games Long Jump
2013	SILVER	European Junior Championships Long Jump
2012	BRONZE	IAAF World Junior Championships Long Jump
2011	GOLD	Commonwealth Youth Games Long Jump

ALLAN SMITH

HIGH JUMP

DOB: 06/11/1992
BORN: Paisley
LIVES: Edinburgh
CLUB: Shaftesbury Barnet
COACH: Bryan Roy

 @Allansmith_245



PERSONAL BESTS

High Jump: 2.29m (2015)

CAREER HIGHLIGHTS

2013 **BRONZE** European U23 Championships High Jump



DAVID SMITH

HIGH JUMP

DOB: 14/07/1991
BORN: Glasgow
LIVES: Barrhead, Lanarkshire
TRAINS: Loughborough/Birmingham
CLUB: Shaftesbury Barnet
COACH: Fuzz Caan

PERSONAL BESTS

High Jump: 2.26m (2015)

CAREER HIGHLIGHTS

2014 **14TH PLACE** Commonwealth Games

SERITA SOLOMON

100M HURDLES

DOB: 01/03/1990
BORN: Bromley
LIVES: Orpington
CLUB: Blackheath & Bromley
TRAINS: Crystal Palace
COACH: Michelle Bovell
KIT: New Balance
AGENT: Stellar Athletics

 @Serita44



PERSONAL BESTS

100m Hurdles: 12.87 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	European Indoor Championships 60m Hurdles
2014	3RD PLACE	European Team Championships 100m Hurdles
2013	SILVER	Sainsbury's British Championships 100m Hurdles



JAKE WIGHTMAN

1500M

DOB: 11/07/1994
BORN: Edinburgh
LIVES: Loughborough
CLUB: Edinburgh AC
TRAINS: Loughborough
COACH: Geoff Wightman

 @JakeSWightman

PERSONAL BESTS

1500m: 3:35.49 (2014)

CAREER HIGHLIGHTS

2014	6TH PLACE	Commonwealth Games 1500m
2013	GOLD	European Junior Championships 1500m



BRITISH
ATHLETICS

B I O G R A P H I E S

PARALYMPIC POTENTIAL



KARE ADENEGAN

T34 100M, 400M & 800M

DOB: 29/12/2000
BORN: Coventry
LIVES: Coventry
CLUB: Coventry
TRAINS: Coventry Godiva
COACH: Job King

PERSONAL BESTS

100m: 18.89 (2015)
400m: 62.68 (2015)
800m: 2:04.34 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IPC World Championships 400m
2015	BRONZE	IPC World Championships 800m
2014	SILVER	IWAS Junior Championships 100m
2014	BRONZE	IWAS Junior Championships 400m
2014	SILVER	IWAS Junior Championships 800m

JOSHUA BAIN

F37 DISCUS & SHOT PUT

DOB: 29/11/1995
BORN: Chelmsford
LIVES: Colchester
CLUB: Chelmsford
TRAINS: Chelmsford
COACH: Paul Welch/Kevin Bain

 @JoshuaBainF37



PERSONAL BESTS

Discus: 46.04m (2015)

Shot put: 11.68m (2015)

CAREER HIGHLIGHTS

2014 **5TH PLACE**

IPC European Championships Javelin

2011 **SILVER**

IWAS World Junior Championships Discus



SAMANTHA BOWEN

F44 SHOT PUT & DISCUS

DOB: 21/03/1986
BORN: Wales
LIVES: Cardiff
CLUB: Federation of Disability Sport Wales
TRAINS: Cardiff
COACH: Anthony Hughes

PERSONAL BESTS

Shot put: 8.40m (2015)

Discus: 27.05m (2015)

CAREER HIGHLIGHTS

2015 **5TH PLACE**

IPC World Championships Shot Put

2015 **7TH PLACE**

IPC World Championships Discus

SHAUN BURROWS

T38 100M & 400M

DOB: 25/12/97
BORN: Stafford
LIVES: Stoke-on-Trent
CLUB: Charnwood AC
TRAINS: Loughborough
COACH: Joseph McDonnell



PERSONAL BESTS

100m: 11.78 (2015)
400m: 53.45 (2015)

CAREER HIGHLIGHTS

2015	5TH PLACE	IPC World Championships 100m
2015	BRONZE	IPC World Championships 400m
2015	5TH PLACE	IWAS World Junior Championships Discus 100m



RICHARD CHIASSARO

T54 100M, 400M & 800M

DOB: 11/11/1981
BORN: Harlow
LIVES: Harlow
CLUB: Harlow AC
TRAINS: London
COACH: Jenni Banks

 @richchiassaro

PERSONAL BESTS

100m: 14.36 (2015)
400m: 48.64 (2015)
800m: 1:41.81 (2015)

CAREER HIGHLIGHTS

International debut at the IPC World Championships in 2015

SABRINA FORTUNE

F20 SHOT PUT

DOB: 25/05/97
BORN: Chester
LIVES: Mold
CLUB: Deeside AAC
COACH: Ian Robinson



PERSONAL BESTS

Shot put: 12.27m (2015)

CAREER HIGHLIGHTS

2015 **4TH PLACE** IPC World Championships shot put



KYLIE GRIMES

F51 CLUB THROW

DOB: 7/12/87
LIVES: Farnham
TRAINS: Surrey
COACH: Phil Peat

 @kyliegrimes

PERSONAL BESTS

Club Throw: 14.61m (2015)

100m: 33.34 (2015)

CAREER HIGHLIGHTS

2015 **4TH PLACE** IPC World Championships 100m
2015 **4TH PLACE** IPC World Championships Club Throw

CLAIRE HARVEY

F55 DISCUS

DOB: 19/02/74
BORN: Chatham
LIVES: Ashford
CLUB: Ashford AC
TRAINS: Ashford
COACH: Shelley Holroyd

 @harveysprout



PERSONAL BESTS

Club Throw: 14.61m (2015)

Shot Put: 6.83m (2015)

Discus: 18.02m (2015)

CAREER HIGHLIGHTS

2015 **5TH PLACE** IPC World Championships F55 Shot Put

2015 **8TH PLACE** IPC World Championships F55 Discus



DAVID HENSON

T42 200M

DOB: 15/09/84
BORN: Southampton
LIVES: Fareham
CLUB: Southampton
TRAINS: Portsmouth
COACH: Roger Keller

 @leglessBDH

PERSONAL BESTS

200m: 26.44 (2015)

CAREER HIGHLIGHTS

2015	7TH PLACE	IPC World Championships T42 200m
2014	GOLD	Invictus Games 200m

JORDAN HOWE

T35 100M & 200M

DOB: 12/10/1995
BORN: Cardiff
LIVES: Cardiff
CLUB: Federation of Disability Sport Wales
TRAINS: Loughborough
COACH: Keith Antoine
KIT: Nike

 @Jordan_Howe95



PERSONAL BESTS

100m: 12.82 (2015)

200m: 27.39 (2014)

CAREER HIGHLIGHTS

2014	BRONZE	IPC European Championships 100m
2014	BRONZE	IPC European Championships 200m
2012	BRONZE	Paralympic Games 4x100m
2012	BRONZE	IPC European Championships 100m
2012	BRONZE	IPC European Championships 200m



MOATEZ JOMNI

T53 100M, 400M & 800M

DOB: 19/02/1989
BORN: Tunisia
LIVES: London
CLUB: Weir Archer Academy
TRAINS: Richmond
COACH: Jenny Archer

 @MoatezJomni

PERSONAL BESTS

100m: 15.48 (2015)
200m: 26.78 (2015)
400m: 50.48 (2015)
800m: 1:40.60 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IPC World Championships 200m
2014	GOLD	IPC European Championships 400m
2014	BRONZE	IPC European Championships 800m

JADE JONES

T54 400M-5000M

DOB: 04/01/1996
BORN: Middlesbrough
LIVES: Middlesbrough
CLUB: New Marske Harriers
TRAINS: Middlesbrough
COACH: Ian Thompson/Tanni Grey-Thompson

 @JadeJones11



PERSONAL BESTS

400m: 55.91 (2012)
800m: 1:50.87 (2014)
1500m: 3:25.07 (2012)
5000m: 11:16.02 (2014)

CAREER HIGHLIGHTS

2014	SILVER	IPC European Championships 800m
2014	BRONZE	IPC European Championships 5000m
2014	BRONZE	Commonwealth Games 1500m
2010	GOLD	IWAS Junior Championships 100m
2010	GOLD	IWAS Junior Championships 200m
2010	GOLD	IWAS Junior Championships 400m
2010	GOLD	IWAS Junior Championships 800m
2010	SILVER	IWAS Junior Championships 5000m



RHYS JONES

T37 100M & 200M

DOB: 30/06/1994
BORN: Church Village
LIVES: Tonypany
CLUB: Federation of Disability Sport Wales
TRAINS: Cardiff
COACH: Christian Malcolm
AGENT: 19eleven

 @RhysJonesRuns

PERSONAL BESTS

100m: 11.82 (2013)
200m: 24.37 (2013)

CAREER HIGHLIGHTS

2014 BRONZE Commonwealth Games 100m
2014 BRONZE IPC European Championships 100m

SAMANTHA KINGHORN

T53 100M, 200M, 400M, 800M & 1500M

DOB: 06/01/1996
BORN: Melrose
LIVES: Gordon, Scotland
CLUB: Red Star
TRAINS: Tweed Bank
COACH: Ian Mirfin

 @SammiKinghorn



PERSONAL BESTS

100m: 17.40 (2015)
200m: 30.52 (2015)
400m: 57.24 (2015)
800m: 1:54.67 (2015)
1500m: 3:36.86 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IPC World Championships 200m
2014	GOLD	IPC European Championships 100m
2014	GOLD	IPC European Championships 400m
2014	GOLD	IPC European Championships 800m



SIMON LAWSON

T53 MARATHON

DOB: 07/06/82
LIVES: Maryport
CLUB: Carlisle Tri
TRAINS: Cumbria
COACH: Ian Thompson

PERSONAL BESTS

Marathon: 1:30.58m (2015)

CAREER HIGHLIGHTS

2015	2ND PLACE	Great North Half Marathon
2015	10TH PLACE	London Marathon
2015	5TH PLACE	Berlin Marathon
2015	9TH PLACE	Chicago Marathon

POLLY MATON

T46 LONG JUMP

DOB: 23/10/99
BORN: London
LIVES: Devizes
CLUB: Moonrakers AC
TRAINS: Bath



PERSONAL BESTS

Long Jump: 5.27m (2015)

CAREER HIGHLIGHTS

2015	8TH PLACE	IPC World Championships T46 Long Jump
2014	GOLD	IWAS Juniors Championships 100m
2014	GOLD	IWAS Juniors Championships 200m
2014	GOLD	IWAS Juniors Championships Long Jump



ERIN MCBRIDE

T13 100M & 400M

DOB: 29/06/1998
BORN: Liverpool
LIVES: Liverpool
CLUB: Liverpool Harriers
TRAINS: Liverpool
COACH: Robert Roberts
KIT: Nike

 @erinn_mcbridee

PERSONAL BESTS

100m: 13.03 (2014)
400m: 60.35 (2014)

CAREER HIGHLIGHTS

2014	GOLD	IPC European Championships T13 100m
2014	SILVER	IPC European Championships T13 400m
2013	BRONZE	IPC World Championships T13 400m

HOLLY NEILL

F41 SHOT PUT

DOB: 06/04/1989
BORN: Dorchester
LIVES: Dorchester
CLUB: Yeovil
TRAINS: Yeovil
COACH: Andrew Roda

 @hollyneill



PERSONAL BESTS

Discus: 23.61m (2014)

Shot put (3kg): 7.10m (2011)

CAREER HIGHLIGHTS

2013	BRONZE	IPC World Championships F41 Discus Throw
2011	GOLD	IWAS Junior Championships Shot Put
2011	BRONZE	IWAS Junior Championships Discus
2011	BRONZE	IWAS Junior Championships Javelin



GEORGINA OLIVER

T54 100M & 400M

DOB: 26/08/1992
BORN: Bradford
LIVES: Brighouse
CLUB: Leeds City AC
TRAINS: Rastrick
COACH: Peter Wyman
KIT: Adidas

 @N666Miller

PERSONAL BESTS

100m WC: 17.16 (2014)

400m: 60.31 (2014)

CAREER HIGHLIGHTS

2014	4TH PLACE	IPC European Championships T54 100m
2013	BRONZE	IPC World Championships T54 100m
2011	BRONZE	IWAS Junior Championships Discus
2011	BRONZE	IWAS Junior Championships Javelin

DEREK RAE

T46 MARATHON

DOB: 23/10/1985
BORN: Kirkcaldy
LIVES: Kirkcaldy
CLUB: Amster Haddies
COACH: Ron Morrison

 @chrisohare1500



PERSONAL BESTS

Marathon: 2:40.40

CAREER HIGHLIGHTS

2015 **13TH PLACE** IPC World Championships Marathon



BEN ROWLINGS

T34 100M & 800M

DOB: 02/05/1996
BORN: Shrewsbury
LIVES: Newport, Shropshire
COACH: Job King
AGENT: 17 Management

 @BenRowlings

PERSONAL BESTS

100m WC: 16.18 (2015)
400m WC: 53.19 (2015)
800m WC: 1:44.16 (2015)

CAREER HIGHLIGHTS

2015	4TH PLACE	IPC World Championships 400m
2015	4TH PLACE	IPC World Championships 800m
2014	BRONZE	IPC European Championships T34 800m
2014	4TH PLACE	IPC European Championships T34 400m

SAM RUDDOCK

F35 SHOT PUT

DOB: 19/02/90
BORN: Rugby
LIVES: Loughborough
CLUB: Charnwood
TRAINS: Loughborough
COACH: Jim Edwards
AGENT: Nuff Respect

 @samruddockT35



PERSONAL BESTS

Shot Put: 13.75m (2015)

CAREER HIGHLIGHTS

2015 **5TH PLACE** IPC World Championships F35 Shot Put



ZACHARY SHAW

T13 100M

DOB: 24/09/95
BORN: Grimsby
LIVES: Loughborough
CLUB: Cleethorpes
TRAINS: Loughborough
COACH: Joe McDonnell

 @shawzac

PERSONAL BESTS

100m: 11.32 (2015)

200m: 22.88 (2015)

CAREER HIGHLIGHTS

2015 **6TH PLACE** IPC World Championships T13 100m

2015 **6TH PLACE** IPC World Championships T13 200m

WILL SMITH

T54 100M, 400M, 800M & 1500M

DOB: 11/10/1995
BORN: Leeds
LIVES: Norwich
CLUB: City of Norwich
TRAINS: Norwich
COACH: Jenny Archer

 @Will_chair



PERSONAL BESTS

100m WC: 15.59 (2012)
400m WC: 52.17 (2014)
800m WC: 1:44.40 (2014)
1500m WC: 3:03.78 (2014)

CAREER HIGHLIGHTS

2015	SILVER	IWAS World Junior Championships 5000m
2014	BRONZE	IWAS World Junior Championships T54 5000m
2014	SILVER	IWAS World Junior Championships T54 1500m
2014	5TH PLACE	Commonwealth Games T54 5000m



LAURA SUGAR

T44 100M, 200M & LONG JUMP

DOB: 07/02/1991
BORN: Cambridge
LIVES: Loughborough
CLUB: University of Birmingham
TRAINS: Loughborough
COACH: Femi Akinsanya

 @LauraSugar1

PERSONAL BESTS

100m: 13.55 (2015)
200m: 28.34 (2015)
Long Jump: 4.48m (2014)

CAREER HIGHLIGHTS

2014	BRONZE	IPC European Championships T44 100m
2014	BRONZE	IPC European Championships T44 200m
2014	4TH PLACE	IPC European Championships T44 Long Jump

ISAAC TOWERS

T34 100M & 800M

DOB: 01/10/1998
BORN: Lancaster
LIVES: Preston
CLUB: Blackpool Wyre & Flyde
TRAINS: Liverpool
COACH: Peter Wyman

 @catteralhall



PERSONAL BESTS

100m WC: 17.43 (2014)
400m WC: 55.23 (2015)
800m WC: 1:48.42 (2015)

CAREER HIGHLIGHTS

2015	6TH PLACE	IPC World Championships 800m
2015	6TH PLACE	IPC World Championships T34 400m
2014	SILVER	IPC European Championships T34 800m
2014	BRONZE	IPC European Championships T34 400m



BRADLEY WIGLEY

T38 100M

DOB: 22/10/1996
BORN: Rhondda Cynon Taff
LIVES: Rhondda Cynon Taff
CLUB: Federation of Disability Sport Wales
TRAINS: Cardiff
COACH: Jane Coia

 @bradleywigley

PERSONAL BESTS

100m: 12.07 (2014)

200m: 24.64 (2014)

CAREER HIGHLIGHTS

2014 **BRONZE** IPC European Championships 100m

2014 **BRONZE** IPC European Championships 200m



BRITISH
ATHLETICS

B I O G R A P H I E S

RELAYS



HARRY AIKINES-ARYEETAY

4X100M RELAY

DOB: 29/08/1988
BORN: Carshalton
LIVES: Loughborough
CLUB: Sutton & District
TRAINS: Loughborough
COACH: Benke Blomkvist
KIT: Nike
AGENT: Stellar Athletics

WEB harry-aa-official.com  [@HarryAA100m](https://twitter.com/HarryAA100m)

PERSONAL BESTS

100m: 10.08 (2014)

CAREER HIGHLIGHTS

2014	BRONZE	European Championships 100m
2014	GOLD	European Championships 4x100m Relay
2014	SILVER	Commonwealth Games 4x100m Relay
2012	4TH PLACE	European Championships 100m
2009	BRONZE	IAAF World Championships 4x100m Relay
2006	GOLD	IAAF World Junior Championships 100m
2005	GOLD	IAAF World Youth Championships 100m
2005	GOLD	IAAF World Youth Championships 200m

JAMES DASAOLU

4X100M RELAY

DOB: 05/09/1987
BORN: London
LIVES: Loughborough
CLUB: Croydon Harriers
TRAINS: Loughborough
COACH: Steve Fudge
AGENT: JCCM
KIT: Nike

WEB jamesdasaolu.co.uk  [@JamesDasaolu](https://twitter.com/JamesDasaolu)



PERSONAL BESTS

100m: 9.91 (2013)

CAREER HIGHLIGHTS

2014	GOLD	European Championships 100m
2013	8TH PLACE	IAAF World Championships 100m
2013	SILVER	European Indoor Championships 60m



OJIE EDOBURUN

4X100M RELAY

DOB: 02/06/1996
BORN: London
LIVES: Edmonton
CLUB: Shaftesbury Barnet/Oaklands College
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo
KIT: Adidas

PERSONAL BESTS

100M: 10.16 (2014)

2015	GOLD	European Junior Championships 100m
2014	6TH PLACE	IAAF World Youth Championships 100m
2013	SILVER	IAAF World Youth Championships

JAMES ELLINGTON

4X100M RELAY

DOB: 06/09/1985
BORN: Lewisham
LIVES: London
CLUB: Newham & Essex Beagles
TRAINS: Brunel University
COACH: Linford Christie
KIT: Adidas

WEB jamesellington.net  @jellington100m



PERSONAL BESTS

100m: 10.13 (2014)
200m: 20.42 (2013)

CAREER HIGHLIGHTS

2014	GOLD	European Championships 4x100m Relay
2007	GOLD	European U23 Championships 4x100m



RICHARD KILTY

4X100M RELAY

DOB: 02/09/1989
BORN: Middlesbrough
LIVES: London
CLUB: Middlesbrough
TRAINS: Loughborough
COACH: Benke Blomkvist
KIT: Nike

WEB richardkilty.co.uk  [@RKilty1](https://twitter.com/RKilty1)

PERSONAL BESTS

60m: 6.49 (2014)
100m: 10.05 (2015)

CAREER HIGHLIGHTS

2015	GOLD	European Indoor Championships 60m
2014	GOLD	European Championships 4x100m Relay
2014	SILVER	Commonwealth Games 4x100m Relay
2014	GOLD	World Indoor Championships 60m
2011	SILVER	European U23 Championships 4x100m Relay

DANNY TALBOT

4X100M RELAY

DOB: 01/05/1991
BORN: Salisbury
LIVES: Bath
CLUB: Birchfield Harriers
TRAINS: Loughborough
COACH: Benke Blomkvist
KIT: Adidas

 @DannyRakeTalbot



PERSONAL BESTS

100m: 10.14 (2014)
200m: 20.27 (2015)

CAREER HIGHLIGHTS

2014	SILVER	Commonwealth Games 4x100m Relay
2014	SILVER	European Team Championships 100m
2013	SILVER	European U23 Championships 200m
2013	GOLD	European U23 Championships 4x100m Relay
2012	BRONZE	European Championships 200m
2011	SILVER	European U23 Championships 4x100m Relay



CHIJINDU UJAH

4X100M RELAY

DOB: 05/03/1994
BORN: Enfield
LIVES: London
CLUB: Enfield & Haringey
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo
KIT: Nike

 @Chijindu_Ujah

PERSONAL BESTS

100m: 9.96 (2015)

CAREER HIGHLIGHTS

2013	GOLD	European Junior Championships 100m
2012	6TH PLACE	IAAF World Junior Championships 100m
2011	SILVER	Commonwealth Youth Games 100m

JARRYD DUNN

4X400M RELAY

DOB: 30/01/1992
BORN: Walsall
LIVES: Walsall
CLUB: Birchfield Harriers
TRAINS: Birmingham
COACH: Keith Holt
KIT: Adidas

 @jarryd_dunn



PERSONAL BESTS

400m: 45.09 (2015)

CAREER HIGHLIGHTS

2015 GOLD European Team Championships 4x400m Relay
2015 BRONZE IAAF World Championships 4x400m



JACK GREEN

4X400M RELAY

DOB: 06/10/1991
BORN: Maidstone
LIVES: Florida
CLUB: Kent
TRAINS: Florida
COACH: Loren Seagrave
KIT: Nike

 @jackpgreen

PERSONAL BESTS

400m: 48.60 (2012)

400m: 45.99 (2012)

CAREER HIGHLIGHTS

2012	4TH PLACE	Olympic Games 4x400m Relay
2011	GOLD	European U23 Championships 400mh
2010	BRONZE	IAAF World Junior Championships 4x400m Relay

MATTHEW HUDSON-SMITH

4X400M RELAY

DOB: 26/10/1994
BORN: Wolverhampton
LIVES: Birmingham
CLUB: Birchfield Harriers
TRAINS: Birmingham
COACH: Tony Hadley
AGENT: Pace Sports Management
KIT: Nike

 @mattonthefloor



PERSONAL BESTS

400m: 44.75 (2014)

CAREER HIGHLIGHTS

2014	SILVER	European Championships 400m
2014	GOLD	European Championships 4x400m
2014	GOLD	Commonwealth Games 4x400m
2013	BRONZE	European Junior Championships 200m
2013	BRONZE	European Junior Championships 4x400m



MARTYN ROONEY

4X400M RELAY

DOB: 03/04/1987
BORN: Croydon
LIVES: Loughborough
CLUB: Croydon Harriers
TRAINS: Loughborough
COACH: Rana Reider
AGENT: Definitive Sports
KIT: Nike

WEB martynrooney.com  [@MartynRooney](https://twitter.com/MartynRooney)

PERSONAL BESTS

400m: 44.45 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IAAF World Championships 4x400m
2014	GOLD	European Championships 400m
2014	GOLD	European Championships 4x400m
2013	4TH PLACE	IAAF World Championships 4x400m Relay
2012	4TH PLACE	Olympic Games 4x400m Relay
2010	BRONZE	European Championships 400m
2010	SILVER	European Championships 4x400m Relay
2009	SILVER	IAAF World Championships 4x400m Relay
2008	6TH PLACE	Olympic Games 400m
2008	4TH PLACE	Olympic Games 4x400m Relay
2006	BRONZE	IAAF World Junior Championships 400m

CONRAD WILLIAMS

4X400M RELAY

DOB: 20/03/1982
BORN: Kingston, Jamaica
LIVES: Beckenham
CLUB: Kent AC
TRAINS: Brunel University
COACH: Lloyd Cowan
AGENT: Nuff Respect
KIT: Adidas

 @cwilliams400m



PERSONAL BESTS

400m: 45.06 (2015)

CAREER HIGHLIGHTS

2014	GOLD	European Championships 4x400m Relay
2014	GOLD	Commonwealth Games 4x400m Relay
2014	SILVER	IAAF World Indoor Championships 4x400m Relay
2013	4TH PLACE	IAAF World Championships 4x400m Relay
2012	4TH PLACE	Olympic Games 4x400m Relay
2012	SILVER	European Championships 4x400m Relay
2012	SILVER	IAAF World Indoor Championships 4x400m Relay
2010	BRONZE	Commonwealth Games 4x400m Relay
2010	BRONZE	IAAF World Indoor Championships 4x400m Relay
2010	SILVER	European Championships 4x400m Relay
2009	SILVER	IAAF World Championships 4x400m Relay



DELANO WILLIAMS

4X400M RELAY

DOB: 23/12/1993
BORN: Turks & Caicos Islands
LIVES: Mona, Jamaica
CLUB: Enfield & Haringey
TRAINS: Kingston, Jamaica
COACH: Neil Harrison
KIT: Nike

 @Delano_delly

PERSONAL BESTS

200m: 20.27 (2013)

400m: 45.42 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IAAF World Championships 4x400m Relay
2013	7TH PLACE	IAAF World Championships 200m Semi Final
2012	GOLD	IAAF World Junior Championships 200m

RABAH YOUSIF

4X400M RELAY

DOB: 11/12/1986
BORN: Khartoum, Sudan
LIVES: Cleveland
CLUB: Newham & Essex Beagles
TRAINS: Middlesbrough
COACH: Carol Williams
KIT: Nike

 @RabahYousif400m



PERSONAL BESTS

400m: 44.54 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IAAF World Championships 4x400m
2015	6TH PLACE	IAAF World Championships 400m
2014	4TH PLACE	European Team Championships 4x400m



LOUISE BLOOR

4X100M RELAY

DOB: 21/09/1985
BORN: Rotherham
LIVES: Rotherham
CLUB: Trafford
TRAINS: Sheffield
COACH: Toni Minichiello
KIT: Adidas

 @louise_bloor

PERSONAL BESTS

100m: 11.43 (2015)

CAREER HIGHLIGHTS

2014 **BRONZE** Commonwealth Games 4x100m

DESIREE HENRY

4X100M RELAY

DOB: 26/08/1995
BORN: Enfield
LIVES: Netherlands
CLUB: Enfield & Haringey
TRAINS: Netherlands
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Adidas

 @DesireeLHenry



PERSONAL BESTS

100m: 11.11 (2015)
 200m: 22.94 (2015)

CAREER HIGHLIGHTS

2015	4TH PLACE	IAAF World Championships 4x100m Relay
2014	GOLD	European Championships 4x100m Relay
2014	7TH PLACE	European Championships 100m
2014	4TH PLACE	IAAF World Junior Championships 100m
2013	GOLD	European Junior Championships 4x100m Relay
2013	SILVER	European Junior Championships 100m
2012	4TH PLACE	IAAF World Junior Championships 100m
2012	4TH PLACE	IAAF World Junior Championships 200m
2011	GOLD	IAAF World Youth Championships 200m



SHANNON HYLTON

4X100M RELAY

DOB: 19/12/1996
BORN: London
LIVES: Mottingham, London
CLUB: Blackheath & Bromley
TRAINS: Bromley
COACH: John Blackie
AGENT: Stellar Athletics
KIT: Adidas

 @shannon_hylton

PERSONAL BESTS

200m PB: 22.94 (2015)

CAREER HIGHLIGHTS

2015	GOLD	European Junior Championships 4x100m
2014	4TH PLACE	IAAF World Junior Championships 200m
2013	6TH PLACE	IAAF World Youth Championships 200m

DARYLL NEITA

4X100M RELAY

DOB: 29/08/96
BORN: Camberwell
LIVES: London
CLUB: Shaftesbury Barnet
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo
KIT: Nike

 @daryllneita



PERSONAL BESTS

100m: 11.40 (2015)

CAREER HIGHLIGHTS

2015 **4TH PLACE** European Junior Championships 100m



ASHLEIGH NELSON

4X100M RELAY

DOB: 20/02/1991
BORN: Stoke-on-Trent
LIVES: Leyton
CLUB: City of Stoke
TRAINS: Lee Valley
COACH: Michael Afilaka
KIT: Nike

 @ashleighnelson

PERSONAL BESTS

100m: 11.19 (2014)

200m: 23.25 (2013)

CAREER HIGHLIGHTS

2014	BRONZE	European Championships 100m
2014	BRONZE	Commonwealth Games 4x100m Relay
2014	GOLD	European Championships 4x100m Relay
2013	BRONZE	IAAF World Championships 4x100m Relay
2008	SILVER	IAAF World Junior Championships 100m
2007	BRONZE	IAAF World Youth Championships 100m
2007	GOLD	European Junior Championships 4x100m

ASHA PHILIP

4X100M RELAY

DOB: 25/10/1990
BORN: London
LIVES: Loughborough
CLUB: Newman & Essex Beagles
TRAINS: Loughborough
COACH: Steve Fudge
AGENT: MTC
KIT: Nike

 @MissAshaPhilip



PERSONAL BESTS

100m: 11.10 (2015)

CAREER HIGHLIGHTS

2015	4TH PLACE	IAAF World Championships 4x100m Relay
2014	GOLD	European Championships 4x100m Relay
2014	BRONZE	Commonwealth Games 4x100m Relay
2014	4TH PLACE	Commonwealth Games 100m
2014	4TH PLACE	IAAF World Indoor Championships 60m
2011	BRONZE	European U23 Championships 4x100m
2010	GOLD	European Junior Championships 4x100m
2007	GOLD	European Junior Championships 4x100m Relay
2007	GOLD	IAAF World Youth Championships 100m



BIANCA WILLIAMS

4X100M RELAY

DOB: 18/12/1993
BORN: Enfield
LIVES: Walthamstow
CLUB: Enfield & Haringey
TRAINS: Lee Valley
COACH: Lloyd Cowan
AGENT: Stellar Athletics
KIT: Nike

 @biancawills

PERSONAL BESTS

100m: 11.17 (2014)
200m: 22.58 (2014)

CAREER HIGHLIGHTS

2014	BRONZE	Commonwealth Games 200m
2014	BRONZE	Commonwealth Games 4x100m
2014	4TH PLACE	European Championships 200m
2011	BRONZE	European U23 Championships 4x100m

MARGARET ADEOYE

4X400M RELAY

DOB: 22/04/1985
BORN: Lagos, Nigeria
LIVES: Hackney
CLUB: Enfield & Haringey
TRAINS: Brunel University
COACH: Linford Christie
AGENT: Nuff Respect
KIT: Adidas

 @MargaretAdeoye



PERSONAL BESTS

200m: 22.88 (2013)

400m: 51.93 (2013)

CAREER HIGHLIGHTS

2014	BRONZE	European Championships 4x400m Relay
2014	BRONZE	World Indoor Championships 4x400m Relay
2013	BRONZE	World Championships 4x400m Relay
2012	SEMI-FINALIST	Olympic Games 200m



SEREN BUNDY-DAVIES

4X400M RELAY

DOB: 30/12/94
BORN: Crewe
LIVES: Wilmslow
CLUB: Trafford
TRAINS: Stretford
COACH: Stephen Ball
KIT: Adidas
AGENT: MTC

 @serenbdavies

PERSONAL BESTS

400m: 51.48 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	European Indoor Championships 400m
2015	BRONZE	IAAF World Championships 4x400m
2015	4TH PLACE	European u23 Championships 400m
2015	SILVER	European Indoor Championships 4x400m

EILIDH DOYLE (NÉE CHILD)

4X400M RELAY

DOB: 20/02/1987
BORN: Perth
LIVES: Cumbernauld/Bath
CLUB: Pitreavie
TRAINS: Bath University
COACH: Malcolm Arnold
AGENT: Greg McEwan
KIT: Puma

WEB eilidh-child.com  [@EilidhChild](https://twitter.com/EilidhChild)



PERSONAL BESTS

400m Hurdles: 54.22 (2013)

CAREER HIGHLIGHTS

2015	BRONZE	IAAF World Championships 4x400m Relay
2014	GOLD	European Championships 400m Hurdles
2014	BRONZE	European Championships 4x400m Relay
2014	SILVER	Commonwealth Games 400m Hurdles
2013	BRONZE	IAAF World Championships 4x400m Relay
2013	SILVER	European Indoor Championships 400m
2013	GOLD	European Indoor Championships 4x400m Relay
2010	SILVER	Commonwealth Games 400m Hurdles
2009	SILVER	European U23 Championships 400m Hurdles



KELLY MASSEY

4X400M RELAY

DOB: 11/01/1985
BORN: Coventry
LIVES: Sale
CLUB: Sale Harriers
TRAINS: Stretford
COACH: Stephen Ball
KIT: Asics

 @kellymassey400

PERSONAL BESTS

400m: 51.96 (2014)

CAREER HIGHLIGHTS

2015	SILVER	European Indoor Championships 4x400m
2014	BRONZE	Commonwealth Games 4x400m
2014	BRONZE	European Championships 4x400m
2010	SILVER	Commonwealth Games 4x400m Relay

KIRSTEN MCASLAN

4X400M RELAY

DOB: 01/09/93
BORN: Manchester
LIVES: Manchester
CLUB: Sale Harriers
COACH: Trevor Painter
KIT: Adidas

 @KirstMcCaslan



PERSONAL BESTS

400m: 52.13 (2015)

CAREER HIGHLIGHTS

2015	GOLD	European U23 Championships 4x400m Relay
2015	BRONZE	IAAF World Championships 4x400m
2015	5TH PLACE	European u23 Championships 400m
2015	SILVER	European Indoor Championships 4x400m



LAVIAI NIELSEN

4X400M RELAY

DOB: 13/03/1996
BORN: London
LIVES: London
CLUB: Enfield & Harringey
COACH: Frank Adams
AGENT: Adidas
KIT: Stellar Athletics

 @Laviai

PERSONAL BESTS

400m: 52.25 (2015)

CAREER HIGHLIGHTS

2015	GOLD	European Junior Championships 400m
2015	GOLD	European Junior Championships 4x400m
2014	SILVER	IAAF World Junior Championships 4x400m

ANYIKA ONUORA

4X400M RELAY

DOB: 28/10/1984
BORN: Liverpool
LIVES: Loughborough
CLUB: Liverpool Harriers
TRAINS: Loughborough
COACH: Rana Reider
AGENT: JF Management
KIT: Adidas

 @annyonuora



PERSONAL BESTS

400m: 50.87 (2015)

CAREER HIGHLIGHTS

2015	BRONZE	IAAF World Championships 4x400m Relay
2014	BRONZE	Commonwealth Games 4x400m Relay
2014	4TH PLACE	Commonwealth Games 200m
2006	SILVER	Commonwealth Games 4x100m Relay
2006	SILVER	European Championships 4x100m Relay



PERRI SHAKES-DRAYTON

4X400M

DOB: 21/12/1988
BORN: London
LIVES: London
CLUB: Victoria Park & Tower Hamlets
TRAINS: Mile End & Lee Valley
COACH: Chris Zah
AGENT: M&C Saatchi
KIT: Nike

WEB perrishakesdrayton.com  [@shakesdrayton](https://twitter.com/shakesdrayton)

PERSONAL BESTS

400m: 50.50 (2013)

CAREER HIGHLIGHTS

2013	7TH PLACE	IAAF World Championships 400m Hurdles
2013	GOLD	European Indoor Championships 400m
2013	GOLD	European Indoor Championships 4x400m
2012	GOLD	IAAF World Indoor Championships 4x400m
2010	BRONZE	European Championships 400m Hurdles
2009	GOLD	European U23 Championships 400m
2007	SILVER	European Junior Championships 400m Hurdles

OLIVIA BREEN

T38 4X100M

DOB: 26/07/96
BORN: Guildford
LIVES: Liphook
CLUB: City of Portsmouth
TRAINS: Lee Valley
COACH: Jonas Tawiah-Dodoo
KIT: Adidas

 @BreenOlivia



PERSONAL BESTS

100m: 13.42 (2015)

Long jump: 4.28 (2015)

CAREER HIGHLIGHTS

2015	GOLD	IPC World Championships 4x100m
2014	BRONZE	IPC European Championships 100m
2014	SILVER	IPC European Championships 4x100m
2014	BRONZE	Paralympic Games 4x100m
2012	BRONZE	IPC European Championships 100 & 200m



BRITISH
ATHLETICS

FIXTURES
& STANDARDS

QUALIFYING STANDARDS

2016 Rio Olympic Games, 5-21 August 2016, Rio de Janeiro, BRA

Men	EVENT	Women
10.16	100m	11.32
20.50	200m	23.20
45.40	400m	52.20
1:46.00	800m	2:01.50
3:36.20	1500m	4:07.00
13:25.00	5000m	15:24.00
28:00.00	10,000m	32:15.00
8:30.00	3,000m SC	9:45.00
13.47	110/110mH	13.00
49.40	400mH	56.20
2.29	HJ	1.93
5.70	PV	4.50
8.15	LJ	6.70
16.85	TJ	14.15
20.50	SP	17.75
65.00	DT	61.00
77.00	HT	71.00
83.00	JT	62.00

*Note – athletes who qualify for selection by achieving an outdoor performance prior to 1 January 2015 will only be selected if they prove current form and fitness by competing in at least one of the British Athletics domestic indoor events.

2016 IPC Paralympic Games 7-18 September 2016 Rio de Janeiro, BRA

Men			
Event		Eligible Class(es)	MQS
100m	T11	T11	11.70
100m	T12	T12	11.40
100m	T13	T13	11.50
100m	T33	T33	23.00
100m	T34	T34	16.70
100m	T35	T35	13.65
100m	T36	T36	12.75
100m	T37	T37	11.90
100m	T38	T38	11.85
100m	T42	T42	13.40
100m	T44	T43/33	11.75
100m	T47	T45/46/47	11.25
100m	T51	T51	25.50
100m	T52	T52	18.70
100m	T53	T53	15.50
100m	T54	T54	14.65
200m	T11	T11	24.10
200m	T12	T12	23.00
200m	T35	T35	29.00
200m	T42	T42	28.50
200m	T44	T43/44	23.30
400m	T11	T11	54.85
400m	T12	T12	52.40
400m	T13	T13	51.00
400m	T20	T20	51.50
400m	T36	T36	01:00.00
400m	T37	T37	57.00
400m	T38	T38	56.65
400m	T44	T43/44	57.00
400m	T47	T45/46/47	50.80
400m	T51	T51	01:37.00

QUALIFYING STANDARDS

2016 IPC Paralympic Games 7-18 September 2016 Rio de Janeiro, BRA

Men			
Event		Eligible Class(es)	MQS
400m	T52	T52	01:04.00
400m	T53	T53	52.00
400m	T54	T54	47.80
800m	T34	T33/34	01:55.00
800m	T36	T36	02:29.00
800m	T53	T52/53	01:44.00
800m	T54	T54	01:37.00
1500m	T11	T11	04:25.00
1500m	T13	T12*/13	04:07.50
1500m	T20	T20	04:04.00
1500m	T37	T37	04:40.00
1500m	T38	T38	05:00.00
1500m	T46	T45/46	04:15.00
1500m	T52	T51/52	04:20.00
1500m	T54	T53/54	03:02.70
5000m	T11	T11	16:30.00
5000m	T13	T12*/13	15:40.00
5000m	T54	T54	10:24.00
Marathon	T12	T11/12	02:42:00
Marathon	T46	T45/46	02:45:00
Marathon	T54	T52/53/54	01:32:00
High Jump	T42	T42	1.60m
High Jump	T44	T44	1.70m
High Jump	T47	T45/46/47	1.65m
Long Jump	T11	T11	5.60m
Long Jump	T12	T12	6.50m
Long Jump	T20	T20	6.30m
Long Jump	T36	T36	4.50m
Long Jump	T37	T37	5.45m
Shot Put	F12	F11*/12	13.50m
Shot Put	F20	F20	13.10m
Shot Put	F32	F32	6.80m

2016 IPC Paralympic Games 7-18 September 2016 Rio de Janeiro, BRA

Men			
Event		Eligible Class(es)	MQS
Shot Put	F33	F33	7.80m
Shot Put	F34	F34	9.00m
Shot Put	F35	F35	11.30m
Shot Put	F36	F36	11.40m
Shot Put	F37	F37	12.50m
Shot Put	F40	F40	7.00m
Shot Put	F41	F41	10.40m
Shot Put	F42	F42	12.30m
Shot Put	F53	F53	5.80m
Shot Put	F55	F54/55	10.00m
Shot Put	F57	F56/57	12.00m
Discus	F11	F11	35.00m
Discus	F37	F37	45.00m
Discus	F44	F43/44	46.00m
Discus	F52	F51/52	12.00m
Discus	F56	F54/55/56	34.00m
Javelin	F13	F12*/13	48.50m
Javelin	F34	F34	24.50m
Javelin	F38	F38	35.00m
Javelin	F41	F40/41	32.00m
Javelin	F44	F42/43/44	48.00m
Javelin	F46	F46	44.00m
Javelin	F54	F53/54	22.00m
Javelin	F57	F56/57	36.00m
Club Throw	F32	F31/32	24.00m
Club Throw	F51	F51	20.00m

QUALIFYING STANDARDS

2016 IPC Paralympic Games 7-18 September 2016 Rio de Janeiro, BRA

Women			
Event		Eligible Class(es)	MQS
100m	T11	T11	13.25
100m	T12	T12	13.00
100m	T13	T13	13.30
100m	T34	T33/34	20.80
100m	T35	T35	17.20
100m	T36	T36	16.40
100m	T37	T37	14.60
100m	T38	T38	14.40
100m	T42	T42	18.50
100m	T44	T43/44	14.20
100m	T47	T45/46/47	13.60
100m	T52	T51/52	32.00
100m	T53	T53	19.05
100m	T54	T54	17.80
200m	T11	T11	28.20
200m	T12	T12	26.70
200m	T35	T35	36.50
200m	T36	T36	34.60
200m	T44	T43/44	30.50
200m	T47	T45/46/47	28.00
400m	T11	T11	01:04.00
400m	T12	T12	01:02.50
400m	T13	T13	01:02.50
400m	T20	T20	01:04.00
400m	T34	T33/34	01:20.00
400m	T37	T37	01:13.20
400m	T38	T38	01:10.00
400m	T44	T43/44	01:20.00
400m	T47	T45/46/47	01:06.00
400m	T52	T51/52	01:20.00
400m	T53	T53	01:01.00
400m	T54	T54	00:00.00

2016 IPC Paralympic Games 7-18 September 2016 Rio de Janeiro, BRA

Women			
Event		Eligible Class(es)	MQS
800m	T34	T34	02:25.00
800m	T53	T52/53	02:00.00
800m	T54	T54	01:58.00
1500m	T11	T11	06:00.00
1500m	T13	T12*/13	05:00.00
1500m	T20	T20	05:05.00
1500m	T54	T53/54	03:42.00
5000m	T54	T54	12:00.00
Marathon	T12	T11/12	03:27.00
Marathon	T54	T52/53/54	01:55.00
Long Jump	T11	T11	4.10m
Long Jump	T12	T12	4.40m
Long Jump	T20	T20	4.70m
Long Jump	T37	T37	3.95m
Long Jump	T38	T38	4.00m
Long Jump	T42	T42	3.00m
Long Jump	T44	T43/44	4.30m
Long Jump	T47	T45/46/47	4.45m
Shot Put	F12	F11*/12	11.00m
Shot Put	F20	F20	11.00m
Shot Put	F32	F32	3.30m
Shot Put	F33	F33	3.90m
Shot Put	F34	F34	6.20m
Shot Put	F35	F35	7.00m
Shot Put	F36	F36	6.40m
Shot Put	F37	F37	9.30m
Shot Put	F40	F40	4.50m
Shot Put	F41	F41	6.00m
Shot Put	F53	F53	3.30m
Shot Put	F43	F43	5.75m
Shot Put	F57	F56/57	7.50m
Discus	F11	F11	22.50m

QUALIFYING STANDARDS

2016 IPC Paralympic Games 7-18 September Rio de Janeiro, BRA

Women			
Event		Eligible Class(es)	MQS
Discus	F38	F37/38	26.50m
Discus	F41	F40/41	17.20m
Discus	F44	F43/44	22.00m
Discus	F52	F51/52	6.00m
Discus	F55	F54/55	16.00m
Discus	F57	F56/57	21.50m
Javelin	F13	F12*13	29.00m
Javelin	F34	F34	14.00m
Javelin	F37	F37	21.00m
Javelin	F46	F45/46	22.00m
Javelin	F54	F53/54	11.80m
Javelin	F56	F55/56	15.00m
Club Throw	F32	F31/32	15.50m
Club Throw	F51	F51	10.00m

* Denotes where eligible classes shall compete under the rules of their own class.

2016 IAAF World Indoor Championships 18-20 March, Portland, USA

Men		EVENT	Women	
Indoor	Outdoor		Indoor	Outdoor
6.65*	10.15 (100m)	60m	7.28*	11.20 (100M)
46.50	45.10	400m	53.00*	51.20
01:46.50	01:44.00	800m	02:02.50	01:58.50
3:39.50 / 3:55.00 (mile)	03:33.00	1500m	4:13.00 / 4:30.00 (mile)	04:03.00
07:50.00	7:40.00 / 13:10.00 (5000m)	3000m	09:00.00	8:36.00/ 14:56.00 (5000m)
No Standard		4x400m	No Standard	
7.65*	13.45 (110mh)	60m h	8.05*	12.85 (100mh)
2.33		HJ	1.97	
5.77		PV	4.71	
8.18		LJ	6.75	
17.00		TJ	14.30	
20.50		SP	18.10	
No Standard		Hep/Pen	No Standard	

*denotes where standard is higher than that set by the IAAF.

**Note – athletes who qualify for selection by achieving an outdoor performance prior to 1 January 2016 will only be selected if they prove current form and fitness by competing in at least one of the British Athletics domestic indoor events (i.e. British Championships or British Grand Prix).*

QUALIFYING STANDARDS

2016 IAAF World Half Marathon Championships 26 March 2016, Cardiff, UK

Men	Event	Women
65:00	Half Marathon	74:00
2:16:00	Marathon	2:35:00

2016 European Athletics Championships 6-10 July 2016 Amsterdam, NED

Men	Event	Women
10.25	100m	11.35
20.60	200m	23.20
45.70	400m	52.50
1:46.50	800m	2:01.50
3:38.50	1500m	4:08.00
13:35.00	5000m	15:30.00
28:25.00	10,000m	32:35.00
8:30.00	3,000m SC	9:45.00
13.60	110/100mH	13.10
49.80	400mH	56.20
2.27	HJ	1.91
5.65	PV	4.50
8.00	LJ	6.65
16.70	TJ	13.95
19.90	SP	17.50
63.00	DT	59.50
74.50	HT	69.00
80.00	JT	60.00
7900	CE	6000
N/A	Half- Marathon	N/A

Note, no Race-Walks or Marathon will be staged.

Event	Venue	Event Start	Event End
Glasgow Grand Prix	Glasgow	20-Feb	20-Feb
Indoor British Championships	Sheffield	27-Feb	28-Feb
European Cup Winter Throws	Arad, Romania	12-Mar	13-Mar
Birmingham Cross Challenge	Birmingham	12-Mar	12-Mar
IAAF World Championships	Portland, USA	17-Mar	20-Mar
IAAF World Half Marathon Championships	Cardiff	26-Mar	26-Mar
London Marathon	London	24-Apr	24-Apr
Doha Diamond League	Doha, Qatar	6-May	6-May
Shanghai Diamond League	Shanghai, China	14-May	14-May
Loughborough International	Loughborough	15-May	15-May
Highgate Harrier Night of 10,000m PBs/ Olympic Trial	London	21-May	21-May
Great CityGames/Great Manchester Run	Manchester	22-May	22-May
Eugene Diamond League	Eugene, USA	28-May	28-May
Hypo-Meeting	Gotzis, Austria	29-May	30-May
European Cup 10,000m	Turkey	2-June	2-June
Rome Diamond League	Rome, Italy	2-June	2-June
Birmingham Grand Prix	Birmingham	5-June	5-June
Oslo Diamond League	Oslo, Norway	9-June	9-June
IPC European Championships	Grosseto, Italy	10-Jun	16-Jun
Stockholm Diamond League	Stockholm, Sweden	16-Jun	16-Jun
New York Diamond League	New York, USA	18-Jun	18-Jun
England Athletics U23/U20 Championships	Bedford	18-Jun	19-Jun
British Championships	Birmingham	24-Jun	26-Jun

KEY FIXTURES

Event	Venue	Event Start	Event End
European Mountain Running Championships	Arco, Italy	02-Jul	02-Jul
European Championships	Amsterdam, Netherlands	6-Jul	10-July
European Youth Championships	Tbilisi, Georgia	14-July	17-July
Monaco Diamond League	Monaco, France	15-Jul	15-Jul
IAAF World Junior Championships	Bydgoszcz, Poland	19-Jul	24-Jul
Anniversary Games	London	22-Jul	24-Jul
Olympic Games	Rio, Brazil	5-July	21-Aug
Lausanne Diamond League	Lausanne, Switzerland	25-Aug	25-Aug
Paris Diamond League	Paris, France	27-Aug	27-Aug
Zurich Diamond League	Zurich, Switzerland	1-Sep	1-Sep
World Mountain Running Championships	Sapareva Banya, Bulgaria	4-Sep	4-Sep
Paralympic Games	Rio, Brazil	7-Sep	18-Sep
Brussels Diamond League	Brussels, Belgium	9-Sep	9-Sep
Great North CityGames/Great North Run	Newcastle	10-Sep	11-Sep
European Cross Country Championships	Chia, Italy	11-Dec	11-Dec



BRITISH
ATHLETICS

RECORDS

UK NATIONAL RECORDS OUTDOOR

Men

100	9.87s (+0.3)	Linford Christie	15	08	1993	Stuttgart
200	19.94s (+0.3)	John Regis	20	08	1993	Stuttgart
200	19.87s (+1.8) *	John Regis	31	07	1994	Sestriere
400	44.36s	Iwan Thomas	13	07	1997	Birmingham
800	1m 41.73s	Sebastian Coe	10	06	1981	Florence
1500	3m 28.81s	Mohamed Farah	19	07	2013	Monaco
5000	12m 53.11s	Mohamed Farah	22	07	2011	Monaco
10000m	26m 46.57s	Mohamed Farah	03	06	2011	Eugene
110H	12.91s (+0.5)	Colin Jackson	20	08	1993	Stuttgart
400H	47.82s	Kriss Akabusi	06	08	1992	Barcelona
3000St	8m 07.96s	Mark Rowland	30	09	1988	Seoul
HJ	2.37m	Steve Smith	20	09	1992	Seoul
HJ	2.37m	Steve Smith	22	08	1993	Stuttgart
HJ	2.37	Robbie Grabarz	23	08	2012	Lausanne
PV	5.82	Steven Lewis	21	07	2012	Szczecin
LJ	8.51	Greg Rutherford	24	04	2014	Chula Vista
TJ	18.29m (+1.3)	Jonathan Edwards	07	08	1995	Gothenburg
SP	21.68m	Geoff Capes	18	05	1980	Cwmbran
SP	21.92m *	Carl Myerscough	13	06	2003	Sacramento
DT	68.24m	Laurence Okoye	19	05	2012	Halle
HT	77.55m	Nick Miller	22	07	2015	Karlstad
JT	91.46m	Steve Backley	25	01	1992	Auckland

Women

100	10.99 (+0.1)	Dina Asher-Smith	25	07	2015	London
200	22.07 (+0.2)	Dina Asher-Smith	28	08	2015	Beijing
400	49.41s	Christine Ohuruogu	12	08	2013	Moscow
800	1m 56.21s	Kelly Holmes	09	09	1995	Monaco
1500	3m 57.90s	Kelly Holmes	28	08	2004	Athens
5000	14m 29.11s	Paula Radcliffe	20	06	2004	Bydgoszcz
10000	30m 01.09s	Paula Radcliffe	06	08	2002	Munich
100H	12.51	Tiffany Porter	14	09	2014	Marrakech
400H	52.74s	Sally Gunnell	19	08	1993	Stuttgart
3000SC	9:24.24	Barbara Parker	02	06	2012	Eugene
HJ	1.97m	Isobel Pooley	04	07	2015	Birmingham
PV	4.71	Holly Bleasdale	24	06	2012	Birmingham
LJ	7.07m (+0.4)	Shara Proctor	28	08	2015	Beijing
TJ	15.15m (+1.7)	Ashia Hansen	13	09	1997	Fukuoka
SP	19.36m	Judy Oakes	14	08	1988	Gateshead
DT	67.48m	Meg Ritchie	26	04	1981	Walnut
HT	73.86m	Sophie Hitchon	27	08	2015	Beijing
JT	66.17	Goldie Sayers	14	07	2012	Crystal Palace
Hep	6955	Jessica Ennis-Hill	04	08	2012	Olympic Park
4x100	42.10	Phillip, Asher-Smith, Williams & Henry	29	08	2015	Beijing

* Performance awaiting documentation and ratification

UK NATIONAL RECORDS INDOOR

Men

60	6.42s	Dwain Chambers	07	03	2009	Turin
200	20.25s	Linford Christie	19	02	1995	Lievin
400	45.39s	Jamie Baulch	09	02	1997	Birmingham
800	1m 44.91s	Sebastian Coe	12	03	1983	Cosford
1500	3m 34.20s	Peter Elliott	27	02	1990	Seville
3000m	7m 34.47s	Mohamed Farah	21	02	2011	Birmingham
60H	7.30s	Colin Jackson	06	03	1994	Sindelfingen
HJ	2.38m	Steve Smith	04	02	1994	Wuppertal
PV	5.83	Luke Cutts	25	01	2014	Rouen
LJ	8.18m	Christopher Tomlinson	02	02	2008	Stuttgart
TJp	17.75m	Phillips Idowu	09	03	2008	Valencia
SP	21.49m	Carl Myerscough	14	03	2003	Fayetteville
Hept	5982	John Lane	25-26	01	2014	Sheffield

Women

60	7.08s	Jeanette Kwakye	07	03	2008	Valencia
60	7.08s	Dina Asher-Smith	08	03	2015	Sheffield
200	22.83s	Katharine Merry	14	02	1999	Birmingham
400	50.02s	Nicola Sanders	03	03	2007	Birmingham
800	1m 58.43s	Jenny Meadows	14	03	2010	Doha
1500	4m 02.66s	Kelly Holmes	16	03	2003	Birmingham
5000	15m 03.17s	Liz McColgan	22	02	1992	Birmingham
60H	7.80	Tiffany Porter	04	03	2011	Paris
HJ	1.97m	Katarina Johnson-Thompson	14	02	2015	Sheffield
PV	4.87m	Holly Bleasdale	21	01	2012	Villeurbanne
LJ	6.89	Shara Proctor	11	03	2012	Istanbul
TJ	15.16m	Ashia Hansen	28	02	1998	Valencia
SP	19.06m	Venissa Head	07	04	1984	St Athan
Pen	5000	Katarina Johnson-Thompson	06	03	2015	Prague

UK JUNIOR RECORDS OUTDOOR

Men

100	10.05 (+0.1)	Adam Gemili	11	07	2012	Barcelona
200	20.295 (-0.2)	Christian Malcolm	19	09	1998	Kuala Lumpur
400	45.355	Martyn Rooney	21	03	2006	Melbourne
800	1m 45.645	David Sharpe	05	09	1986	Brussels
1500	3m 36.65	Graham Williamson	17	07	1979	Oslo
3000	7m 48.285	Jonathan Richards	09	07	1983	Oslo
5000	13m 27.045	Steve Binns	14	09	1979	Crystal Palace
10000	29m 21.95	Jon Brown	21	04	1990	Walnut
110H	13.17	David Omoregie	22	06	2014	Bedford
400H	50.205	Richard Davenport	15	07	2004	Grosseto
3000St	8m 29.855	Paul Davies-Hale	31	08	1981	Crystal Palace
10000kW	41m 52.135	Darrell Stone	07	08	1987	Birmingham
4x100m	39.055	Edgar/Grant/Benjamin/Lewis-Francis	22	10	2000	Santiago
4x400m	3m 03.805	Grindley/Patrick/Winrow/Richardson	12	08	1990	Plovdiv
HJ	2.37m	Steve Smith	20	09	1992	Seoul
PV	5.50m	Neil Winter	09	08	1992	San Giuliano
LJ	8.14m (0.0)	Greg Rutherford	22	07	2005	Kaunas
TJ	16.58m (+1.6)	Tosi Fasinro	15	06	1991	Espoo
SP (6kg)	19.30m	Curtis Griffith Parker	31	05	2009	Bedford
DT (1.75kg)	64.35m	Emeka Udechuku	05	07	1998	Bedford
HT (6kg)	76.67m	Peter Smith	10	07	2009	Birmingham
JT	79.50m	Steve Backley	05	06	1988	Derby
Dec	8082pts	Daley Thompson	30/31	07	1977	Sittard

Women

100	10.99 (+0.1)	Dina Asher-Smith	25	07	2015	London
200	22.07 (+0.2)	Dina Asher-Smith	28	08	2015	Beijing
400	51.165	Linsey Macdonald	15	06	1980	Crystal Palace
800	1m 59.755	Charlotte Moore	28	07	2002	Manchester
1500	3m 59.965	Zola Budd	30	08	1985	Brussels
3000	8:16.60	Genzebe Dibaba ETH 06 02 2014 Stockholm				
5000	14m 48.075	Zola Budd	26	08	1985	Crystal Palace
100H	13.13	Yasmin Miller	27	07	2014	Eugene
400H	56.16	Shona Richards	26	07	2014	Eugene
3000St	10m 06.125 *	Emily Pidgeon	03	07	2005	Bedford
5000kW	22m 36.815	Vicky Lupton	15	06	1991	Espoo
4x100m	43.815	Miller/Asher-Smith/Wilson/Henry	21	07	2013	Rieti
4x400m	3m 30.465	Wall/ Spencer/James/Miller	21	07	2002	Kingston
HJ	1.94m	Morgan Lake	14	02	2015	Sheffield
PV	4.00m	Lucy Bryan	29	06	2013	Mannheim
LJ	6.90m (+1.4)	Bev Kinch	14	08	1983	Helsinki
TJ	13.75m (+0.9)	Laura Samuel	22	07	2010	Moncton
SP	17.12m	Sophie McKinna	25	05	2013	Crystal Palace
DT	55.28m	Eden Francis	02	09	2007	Hendon
HT	66.01m	Sophie Hitchon	24	07	2010	Moncton
JT	55.40m	Goldie Sayers	22	07	2001	Grosseto
Hep	6267 pts	Katarina Johnson-Thompson	3/4	08	2012	London

* Performance awaiting documentation and ratification

WORLD RECORDS OUTDOOR

Men

100	9.58	Usain Bolt	JAM	16	Aug	09	Berlin
200	19.19	Usain Bolt	JAM	20	Aug	09	Berlin
400	43.18	Michael Johnson	USA	26	Aug	99	Seville
800	1:40.91	David Rudisha	KEN	09	Aug	12	London
1500	3:26.00	Hicham El Guerrouj	MAR	14	Jul	98	Rome
5000	12:37.35	Kenenisa Bekele	ETH	31	May	04	Hengelo
10000	26:17.53	Kenenisa Bekele	ETH	26	Aug	05	Brussels
Mar	2:02:06	Dennis Kimetto	KEN	28	Sep	14	Berlin
3000St	7:53.63	Saif Saeed Shaheen	QAT	3	Sep	04	Brussels
110H	12.80	Aries Merritt	USA	7	Sep	12	Brussels
400H	46.78	Kevin Young	USA	6	Aug	92	Barcelona
HJ	2.45	Javier Sotomayor	CUB	27	Jul	93	Salamanca
PV	6.16	Renaud Lavillenie	FRA	15	Feb	14	Donetsk
LJ	8.95	Mike Powell	USA	30	Aug	91	Tokyo
TJ	18.29	Jonathan Edwards	GBR	7	Aug	95	Gothenburg
SP	23.12	Randy Barnes	USA	20	May	90	Los Angeles
DT	74.08	Jürgen Schult	GER	6	Jun	86	Neubrandenburg
HT	86.74	Yuriy Sedykh	RUS	30	Aug	86	Stuttgart
JT	98.48	Jan Zelezny	CZE	25	May	96	Jena
Dec	90.45	Ashton Eaton	USA	29	Aug	15	Beijing
20k RW	1:16.36	Yusuke Suzuki	JPN	15	Aug	15	Nomi
50k RW	3:32.33	Yohann Diniz	FRA	15	Aug	14	Zurich
4x100	36.84	Jamaica		11	Aug	12	London
4x400	2:54.29	United States		22	Aug	93	Stuttgart

Women

100	10.49	Florence Griffith Joyner	USA	16	Jul	88	Indianapolis
200	21.34	Florence Griffith Joyner	USA	29	Sep	88	Seoul
400	47.60	Marita Koch	GER	6	Oct	85	Canberra
800	1:53.28	Jarmila Kratochvílová	CZE	26	Jul	83	Munich
1500	3:50.07	Genzebe Dibaba	ETH	17	Jul	15	Monaco
5000	14:11.15	Tirunesh Dibaba	ETH	6	Jun	08	Oslo
10000	29:31.78	Wang Junxia	CHN	8	Sep	93	Beijing
Mar	2:15:25	Paula Radcliffe	GBR	13	Apr	03	London
3000St	8:58.81	Gulnara Galkina	RUS	17	Aug	08	Beijing
100H	12.21	Yordanka Donkova	BUL	20	Aug	88	Stara Zagora
400H	52.34	Yuliya Pechonkina	RUS	8	Aug	03	Tula
HJ	2.09	Stefka Kostadinova	BUL	30	Aug	87	Rome
PV	5.06	Yelena Isinbayeva	RUS	28	Aug	09	Zurich
LJ	7.52	Galina Chistyakova	RUS	11	Jun	88	St. Petersburg
TJ	15.50	Inessa Kravets	UKR	10	Aug	95	Gothenburg
SP	22.63	Natalya Lisovskaya	RUS	7	Jun	87	Moscow
DT	76.80	Gabriele Reinsch	GER	9	Jul	88	Neubrandenburg
HT	81.08	Anita Włodarczyk	POL	01	Aug	15	Cetniewo
JT	72.28	Barbora Spotáková	CZE	13	Sep	08	Stuttgart
Hept	7291	Jackie Joyner-Kersey	USA	24	Sep	88	Seoul
20k RW	1:24.38	Hong Liu	CHN	06	Jun	15	La Coruna
4x100	40.82	USA		10	Aug	12	London
4x400	3:15.17	U.S.S.R.		1	Oct	88	Seoul

WORLD RECORDS INDOOR

Men

60	6.39	Maurice Greene	USA	3	Feb	98	Madrid
	6.39	Maurice Greene	USA	3	Mar	01	Atlanta
200	19.92	Frank Fredericks	NAM	18	Feb	96	Liévin
400	44.57	Kerron Clement	USA	12	Mar	05	Fayetteville
800	1:42.67	Wilson Kipketer	DEN	9	Mar	97	Paris (B)
1500	3:31.18	Hicham El Guerrouj	MAR	2	Feb	97	Stuttgart
3000	7:24.90	Daniel Komen	KEN	6	Feb	98	Budapest
60H	7.30	Colin Jackson	GBR	6	Mar	94	Sindelfingen
HJ	2.43	Javier Sotomayor	CUB	4	Mar	89	Budapest
PV	6.15	Sergey Bubka	UKR	21	Feb	93	Donetsk
LJ	8.79	Carl Lewis	USA	27	Jan	84	New York
TJ	17.92	Teddy Tamgho	FRA	06	Mar	11	Paris (Bercy)
SP	22.66	Randy Barnes	USA	20	Jan	89	Los Angeles
Hep	6645	Ashton Eaton	USA	10	Mar	12	Istanbul
4x400	3:02.83	United States		7	Mar	99	Maebashi

Women

60	6.92	Irina Privalova	RUS	11	Feb	93	Madrid
200	21.87	Merlene Ottey	JAM	13	Feb	93	Liévin
3000	8:16.60	Genzebe Dibaba	ETH	06	Feb	14	Stockholm
400	49.59	Jarmila Kratochvílová	CZE	7	Mar	82	Milan
800	1:55.82	Jolanda Ceplak	SLO	3	Mar	02	Vienna
1500	3:58.28	Yelena Soboleva	RUS	18	Feb	06	Moscow
3000	8:23.72	Meseret Defar	ETH	3	Feb	07	Stuttgart
60H	7.68	Susanna Kallur	SWE	10	Feb	08	Karlsruhe
HJ	2.08	Kajsa Bergqvist	SWE	4	Feb	06	Arnstadt
PV	5.02	Jennifer Suhr	USA	2	Mar	13	Albuquerque
LJ	7.37	Heike Drechsler	GER	13	Feb	88	Vienna
TJ	15.36	Tatyana Lebedeva	RUS	6	Mar	04	Budapest
SP	22.50	Helena Fibingerová	CZE	19	Feb	77	Jablonec
Pen	5013	Nataliya Dobrynska	UKR	9	Mar	12	Istanbul
4x400	3:23.37	Russia		28	Jan	06	Glasgow

EUROPEAN RECORDS

Men

60	6.42	Dwain Chambers	GBR	07 Mar	09	Torino
100	9.86	Francis Obikwelu	POR	22 Aug	04	Athina
200	19.72	Pietro Mennea	ITA	12 Sep	79	Mexico D.F.
400	45.05	Thomas Schönlebe	GER	05 Feb	88	Sindelfingen
800	1:42.7	Wilson Kipketer	DEN	09 Mar	97	Paris
1500	3:33.3	Andrés Manuel Díaz	ESP	24 Feb	99	Pireas
3000	7:32.4	Sergio Sánchez	ESP	13 Feb	10	Valencia
5000	12:49.7	Mohammed Mourhit	BEL	25 Aug	00	Bruxelles
10000	26:46.6	Mohammed Farah	GBR	03 Jun	11	Eugene
Mar	2:06:36	Benoit Zwierzchlewski	FRA	06 Apr	03	Paris
3000St	8:00.09	Mahiedine Mekhissi-Benabbab	FRA	06 Jul	13	Paris Saint Denis
60m H	7.3	Colin Jackson	GBR	06 Mar	94	Sindelfingen
110H	12.91	Colin Jackson	WLS	20 Aug	93	Stuttgart
400H	47.37	Stephane Diagana	FRA	05 Jul	95	Lausanne
HJ	2.42	Carlo Thränhardt	GER	26 Feb	88	Berlin
PV	6.16	Renaud Lavillenie	FRA	15 Feb	14	Donetsk
LJ	8.71	Sebastian Bayer	GER	08 Mar	00	Torino
TJ	17.92	Teddy Tamgho	FRA	06 Mar	11	Paris
SP	22.55	Ulf Timmermann	GER	11 Feb	89	Senftenberg
DT	74.08	Jürgen Schult	GDR	06 Jun	86	Neubrandenburg
HT	86.74	Yuriy Sedykh	URS	30 Aug	86	Stuttgart
JT	98.48	Jan Zelezny	CZE	25 May	96	Jena
Dec	90.26	Roman Sebrle	CZE	26 May	01	Götzis
Hept	64.38	Roman Sebrle	CZE	07 Mar	04	Budapest
20KW	1:17.16	Vladimir Kanaykin	RUS	29 Sep	07	Saransk
50KW	3:34.14	Denis Nizhegorodov	RUS	11 May	08	Cheboksary
4x100	37.73	Great Britain	GBR	29 Aug	99	Sevilla
4x400	2:56.6	Great Britain	GBR	03 Aug	96	Atlanta

Women

60	6.92	Irina Privalova	RUS	11 Feb	93	Madrid
100	10.73	Christine Arron	FRA	19 Aug	98	Budapest
200	21.71	Marita Koch	GDR	10 Jun	79	Karl Marx Stadt
200	21.71	Marita Koch	GDR	21 Jul	84	Potsdam
200	21.71	Heike Drechsler	GDR	29 Jun	86	Jena
200	21.71	Heike Drechsler	GDR	29 Aug	86	Stuttgart
400	49.59	Jarmila Kratochvílová	CZE	07 Mar	82	Milan
800	01:55.8	Jolanda Čeplak	SVK	03 Mar	02	Vienna
1000	2:28.98	Svetlana Masterkova	RUS	23 Aug	96	Bruxelles
1500	03:57.9	Abeba Aregawi	SWE	06 Feb	14	Stockholm
3000	08:27.9	Liliya Shobukhova	RUS	17 Feb	06	Moscow
5000	14:23.8	Liliya Shobukhova	RUS	19 Jul	08	Kazan
10000	29:56.3	Elvan Abeylegesse	TUR	15 Sep	08	Beijing
Mar	2:15.25	Paula Radcliffe	GBR	13 Apr	03	London
3000St	8:58.81	Gulnara Samitova-Galkina	RUS	17 Aug	08	Beijing
60m H	7.68	Susanna Kallur	SWE	10 Feb	08	Karlsruhe
100H	12.21	Yordanka Donkova	BUL	30 Aug	88	Stara Zagora
400H	52.34	Yuliya Pechonkina	RUS	08 Aug	03	Tula
HJ	2.08	Kajsa Bergqvist	SWE	04 Feb	06	Arnstadt
PV	5.01	Yelena Isinbayeva	RUS	23 Feb	12	Stockholm
LJ	7.37	Heike Drechsler	GER	13 Feb	88	Wien
TJ	15.36	Tatyana Lebedeva	RUS	06 Mar	04	Budapest
SP	22.5	Helena Fibingerová	CZE	19 Feb	77	Jablonec
DT	76.80	Gabriele Reinsch	GDR	09 Jul	88	Neubrandenburg
HT	79.42	Betty Heidler	GER	21 May	11	Halle
JT	72.28	Barbara Spotakova	CZE	13 Sep	08	Stuttgart
Hept	70.32	Carolina Klüft	SWE	25 Aug	07	Osaka
Pent	50.13	Nataliya Dobrynska	UKR	09 Mar	12	Istanbul
20KW	1:25:02	Yelena Lashmanova	RUS	11 Aug	12	London
4x100	41.37	East Germany	GDR	06 Oct	85	Canberra
4x400	3:15.2	Soviet Union	URS	01 Oct	88	Seoul

IPC WORLD RECORDS

Men's 100m

T11	10.92	1.8	David Brown	USA	18	April	2014	Walnut, California
T12	10.66	-0.4	Elchin Muradov	AZE	19	Jun	2010	Imola (Bologna)
T13	10.46	0.6	Jason Smyth	IRL	1	Sep	2012	London
T32	23.25	0.0	Martin McDonagh	IRL	13	Aug	1999	Nottingham
T33	16.46	+1.3	Ahmad Almutairi	KUW	12	Sep	2015	Doha
T34	14.95	+1.5	Walid Ktila	TUN	04	Jun	2015	Arbon
T35	12.29	-0.3	Sen Yang	CHN	13	Sep	2008	Beijing
T36	11.90	-0.5	Evgenii Shvetsov	RUS	22	Jul	2013	Lyon
T37	11.46	-0.7	Andrey Vdovin	RUS	31	Oct	2015	Doha
T38	10.79	0.4	Evan O'Hanlon	AUS	1	Sep	2012	London
T42	12.11	1.2	Heinrich Popow	GER	12	Jul	2013	Leverkusen
T43	10.91	1.5	Oscar Pistorius	RSA	4	Apr	2007	Johannesburg
T43	10.57	1.9	Alan Fonteles Cardoso Oliveira	BRA	28	Jul	2013	London
T44	10.61	+1.4	Richard Browne	USA	29	Oct	2015	Doha
T45	10.94	0.2	Yohansson Nascimento	BRA	6	Sep	2012	London
T46	10.72	0.0	Ajibola Adeoye	NGR	6	Sep	1992	Barcelona
T51	20.47	+1.3	Toni Piispanen	FIN	04	Jun	2015	Arbon
T52	16.46	+1.4	Raymond Martin	USA	04	Jun	2015	Arbon
T53	14.17	1.0	Brent Lakatos	CAN	17	May	2014	Nottwil
T54	13.63	1.0	Leo Pekka Tahti	FIN	1	Sep	2012	London

Men's 200m

T11	22.41	1.6	David Brown	USA	18	Apr	2014	Walnut, California
T12	21.56	1.0	Mateusz Michalski	POL	8	Sep	2012	London
T13	21.05	1.7	Jason Smyth	IRL	21	Jul	2013	Lyon
T32	46.81	0.0	Martin McDonagh	IRL	28	Jul	2001	Nottingham
T33	30.06	0.00	Ahmad Almutairi	KUW	31	May	2015	Nottwil
T34	26.69	1.1	Walid Ktila	TUN	23	Feb	2014	Dubai
T35	24.69	-1.1	Iurii Tsaruk	UKR	27	Jul	2013	Lyon
T36	24.29	+0.6	Evgenii Shvetsov	RUS	31	Oct	2015	Doha
T37	22.59	+1.7	Andrey Vdovin	RUS	22	Oct	2015	Doha
T38	21.82	-0.2	Evan O'Hanlon	AUS	8	Sep	2012	London
T42	24.10	0.00	Richard Whitehead	GBR	28	Oct	2015	Doha
T43	20.66	0.0	Alan Fonteles Cardoso Oliveira	BRA	21	Jul	2013	Lyon
T44	21.27	+0.9	Richard Browne	USA	25	Oct	2015	Doha
T45	21.91	0.2	Yohansson Nascimento	BRA	22	Jul	2013	Lyon
T46/47	21.46	-0.1	Petrucio Ferreira dos Santos	BRA	24	Apr	2015	Sao Paolo
T51	38.08	+1.8	Peter Genyn	BEL	07	Jun	2015	Arbon
T52	30.02	0.8	Raymond Martin	USA	10	May	2014	Mesa
T53	25.24	0.0	Chris Waddell	USA	2	Jul	2004	Atlanta
T54	24.18	0.6	Lixin Zhang	CHN	12	Sep	2008	Beijing

Men's 400m

T11	49.82		Daniel Silva	BRA	18	Nov	2011	Guadalajara
T12	48.52		Mahmoud Khaldi	TUN	6	Sep	2012	London
T13	47.83		Mohamed Amguoun	MOR	28	Oct	2015	Doha
T32	1:30.82		Martin McDonagh	IRL	14	Aug	1999	Nottingham
T33	57.95		Ahmad Almutairi	KUW	26	Jul	2013	Lyon
T34	50.04		Walid Ktila	TUN	21	May	2014	Nottwil
T35	56.61		Dmitrii Safronov	RUS	18	May	2014	Nottwil
T36	53.31		Evgenii Shvetsov	RUS	4	Sep	2012	London
T37	50.91		Andrey Vdovin	RUS	22	Aug	2014	Swansea
T38	49.33		Mohamed Farhat Chida	TUN	29	Jan	2011	Christchurch
T42	57.06		Richard Whitehead	GBR	27	May	2011	Manchester
T43	45.39		Oscar Pistorius	RSA	28	Aug	2011	Daegu
T44	49.87		David Prince	USA	16	Jun	2013	San Antonio, USA
T45	49.21		Yohansson Nascimento	BRA	4	Sep	2012	London
T46	47.69		Heath Francis	AUS	10	Sep	2008	Beijing
T51	1:18.57		Edgar Cesario Navarro Sanchez	MEX	2	Jul	2004	Atlanta
T52	55.19		Raymond Martin	USA	04	Jun	2015	Arbon
T53	47.36		Sukman Hong	KOR	26	Jun	2010	Arbon
T54	45.07		Lixin Zhang	CHN	10	Sep	2008	Beijing

IPC WORLD RECORDS

Men's 800m

T11	1:58.47	Odair Santos	BRA	6	Aug	2011	Sao Paulo
T12	1:50.02	Egor Sharov	RUS	22	Jul	2013	Lyon
T13	1:50.70	Abdellatif Baka	ALG	13	May	2015	Seoul
T33	1:52.52	Ahmad Almutairi	KUW	25	Oct	2015	Doha
T34	1:42.33	Walid Ktila	TUN	23	Feb	2014	Dubai
T34	1:40.21	Walid Ktila	TUN	04	Jun	2015	Arbon
T36	2:05.05	Evgenii Shvetsov	RUS	26	Jun	2012	Stadskanaal
T37	1:57.17	Michael McKillop	IRL	21	Jul	2013	Lyon
T38	1:58.87	Malcolm Pringle	RSA	20	Sep	2004	Athens
T44	2:07.18	Daniel Andrews	USA	22	Jul	2002	Villeneuve d'Ascq
T45	1:59.30	Yagonny Reis de Sousa	BRA	08	Jun	2013	Sao Paulo
T46	1:51.82	Gunther Matzinger	AUT	8	Sep	2012	London
T51	2:40.15	Fabian Blattman	AUS	25	Jun	1995	Etobicoke
T52	1:52.31	Tomoya Ito	JPN	14	Sep	2008	Beijing
T53	1:34.43	Joshua George	USA	04	Jun	2015	Arbon
T54	1:31.12	Marcel Hug	SUI	26	Jun	2010	Arbon

Men's 1500m

T11	3:58.37	Samwel Mushai Kimani	KEN	3	Sep	2012	London
T12	3:48.31	Abderrahim Zhiou	TUN	4	Sep	2012	London
T13	3:48.84	David Korir	KEN	4	Sep	2012	London
T20	3:54.07	Rafal Korc	POL	6	Jul	2003	Tunis
T33	4:21.39	Lachlan Jones	AUS	7	Jul	2005	New London
T34	3:30.12	Rheed McCracken	AUS	22	Jan	2012	Canberra
T35	4:58.65	James Sands	GBR	26	Jul	1994	Berlin
T36	4:32.89	Artem Arefyev	RUS	24	Jul	2013	Lyon
T37	3:59.54	Michael McKillop	IRL	8	May	2012	London
T38	4:09.50	Abbes Saidi	TUN	8	Jul	2005	New London
T44	4:33.46	James Roland Ortiz	USA	19	Apr	2013	Lawrence, USA
T45	4:08.26	Pedro Meza Zempoaltecatl	MEX	20	Sep	2004	Athens
T46	3:50.15	Abraham Tarbei	KEN	4	Sep	2012	London
T51	5:01.49	Fabian Blattman	AUS	28	Jan	1998	Sydney
T52	3:29.79	Raymond Martin	USA	04	Jun	2015	Arbon
T54	2:54.51	Marcel Hug	SUI	24	Jun	2010	Arbon

Men's 5000m

T11	15:11.07	Henry Wanyoike	KEN	24	Sep	2004	Athens
T12	13:53.76	El Amin Chentouf	MAR	3	Sep	2012	London
T13	14:46.00	Said Gomez	PAN	2	Jan	1995	Buenos Aires
T34	12:21.64	Austin Pruitt	USA	26	Jun	2014	Indianapolis, Indiana
T35	17:42.42	James Sands	GBR	12	Sep	1992	Barcelona
T36	18:23.52	Claudio Da Silva	BRA	12	Sep	1992	Barcelona
T37	16:34.36	Joseph Parker	USA	18	Aug	1996	Atlanta
T38	15:57.25	Abbes Saidi	TUN	8	Jul	2005	New London
T45	15:37.84	Pedro Meza Zempoaltecatl	MEX	27	Sep	2004	Athens
T46	14:20.88	Abraham Tarbei	KEN	13	Sep	2008	Beijing
T51	16:46.95	Fabian Blattman	AUS	29	Jan	1999	Sydney
T52	12:37.07	Santiago Sanz	ESP	6	Jun	2006	London
T54	9:53.05	Marcel Hug	SUI	24	Jun	2010	Arbon

Men's 10000m

T11	31:37.25	Henry Wanyoike	KEN	19	Sep	2004	Athens
T12	29:38.85	El Amin Chentouf	MAR	23	Jul	2013	Lyon
T13	31:41.85	Said Gomez	PAN	20	Jul	1998	Madrid
T37	38:12.96	Benny Govaerts	BEL	10	Jul	2005	New London
T46	30:15.35	Jose Javier Conde	ESP	7	Sep	1992	Barcelona
T51	35:50.96	Pieter du Preez	RSA	07	Jun	2015	Arbon
T52	25:59.13	Thomas Geierspichler	AUT	4	Jun	2005	Arbon
T54	19:50.64	Marcel Hug	SUI	27	Jun	2010	Arbon

Men's Marathon

T11	2:31:59	Andrea Cionna	ITA	18	Mar	2007	Rome
T12	2:24:50	Alberto Suarez Laso	ESP	9	Sep	2012	London
T13	2:22:55	Carlos Talbot	USA	24	Oct	1988	Seoul
T46	2:27:04	Mario Santillan Hernandez	MEX	17	Sep	2008	Beijing
T51	2:23:08	Heinrich Koberle	GER	24	Sep	1995	Berlin
T52	1:40:07	Thomas Geierspichler	AUT	17	Sep	2008	Beijing
T54	1:20:14	Heinz Frei	SUI	31	Oct	1999	Oita

IPC WORLD RECORDS

Men's 4x100m

T11-13	42.11	Russia	RUS	31	Oct	2015	Doha
T35-38	44.81	Australia	AUS	16	Sep	2008	Beijing
T42-47	40.73	United States	USA	27	Jul	2013	Lyon
T53/54	49.89	China	CHN	8	Sep	2008	Beijing

Men's 4x400m

T11-13	3:27.89	Portugal	POR	25	Jul	1998	Madrid
T35-38	3:38.92	Tunisia	TUN	27	Sep	2004	Athens
T42-46	3:27.00	United States	USA	27	Sep	2004	Athens
T53/54	3:05.46	China	CHN	8	Sep	2012	London

Men's High Jump

F11	1.60	Richard Carr	CAN	05	Jul	2015	Edmonton
F12	2.02	Ruslan Sivitski	BLR	20	Oct	2000	Sydney
F13	2.03	Ihar Fartunau	BLR	17	Jun	2003	Assen
F42	1.96	Arnold Boldt	CAN	17	Jun	1980	Arnhem
F44	2.18m	Maciej Lepiato	POL	30	Oct	2015	Doha
F45	1.68	Matthias Berg	GER	27	Jun	1984	New York
F46/47	2.12	Roderick Townsend-Roberts	USA	13	Aug	2015	Toronto

Men's Long Jump

F11	6.73	2.0	Elexis Gillette	USA	10	May	2014	Mesa, Arizona
F12	7.47	0.1	Matthias Schroeder	GER	12	Jul	2009	Berlin
F13	7.66	-0.8	Luis Felipe Gutierrez	CUB	18	Nov	2011	Guadalajara
F20	7.48	0.0	Jose Antonio Exposito Pineiro	ESP	22	Jan	2005	Petrer
F35	6.06	0.3	Wei Guo	CHN	20	Sep	2004	Athens
F36	5.81m	+0.3	Evgenii Torsunov	RUS	30	Sep	2015	Sochi
F37	6.47	+0.0	Guangxu Shang	CHN	29	Oct	2015	Doha
F38	7.13	+1.6	Jianwen Hu	CHN	25	Oct	2015	Doha
F38	6.48	0.5	Dyan Buis	RSA	5	Sep	2012	London
F42	6.50	0.6	Wojtek Czyz	GER	16	Sep	2008	Beijing
F43	5.86	0.0	Daniel Rizzieri	USA	16	Jun	2013	San Antonio, USA
F44	8.40	+1.8	Markus Rehm	GER	23	Oct	2015	Doha
F45	6.41	0.7	Daichang Ren	CHN	29	Nov	2006	Kuala Lumpur
F46	7.58	0.6	Arnaud Assoumani	FRA	22	Jan	2011	Christchurch

Men's Triple Jump

F11	13.71	0.2	Duan Li	CHN	12	Sep	2008	Beijing
F12	15.37	0.5	Osamah Masaud Al Shanqiti	KSA	8	Sep	2008	Beijing
F13	16.23	-0.3	Luis Felipe Gutierrez	CUB	6	Aug	2007	Sao Paulo
F45	12.00	0.0	J Szlezak	POL	27	Jun	1984	New York
F46	15.20	1.1	Fuliang Liu	CHN	1	Sep	2012	London

Men's Shot Put

F11	15.26	David Casino	ESP	20	Oct	2000	Sydney
F12	16.64	Roman Danyliuk	UKR	22	Oct	2015	Doha
F13	16.46	Haitao Sun	CHN	27	Oct	2000	Sydney
F20	16.29	Todd Hodgetts	AUS	7	Sep	2012	London
F32	10.89	Karim Betina	ALG	22	Jan	2011	Christchurch
F33	12.36	Evgenii Malykh	RUS	25	Oct	2015	Doha
F34	11.52	Siamaksaleeh Farajzadeh	IRI	26	Oct	2015	Doha
F35	16.22	Wei Guo	CHN	14	Sep	2008	Beijing
F36	15.21	Vladimir Sviridov	RUS	19	Jun	2015	Berlin
F37	17.52	Dong Xia	CHN	5	Sep	2012	London
F38	15.58	Ibrahim Ahmed Abdelwareth	EGY	27	Jan	2011	Christchurch
F40	10.66	Garrah Tnalash	IRQ	30	Oct	2015	Doha
F41	13.43	Bartosz Tyszkowski	POL	24	Oct	2015	Doha
F42	15.93	Aled Davies	GBR	15	Feb	2015	Sheffield
F43	14.21	Jorg Frischmann	GER	18	Aug	1996	Atlanta
F44	18.38	Jackie Christiansen	DEN	21	Aug	2011	Olomouc
F45	10.90	Israel del Toro	USA	16	May	2015	Tempe
F46	15.69	Nikita Prokhorov	RUS	23	Jul	2013	Lyon
F52	10.23	Aigars Apinis	LAT	23	Jul	2013	Lyon
F53	8.72	Mauro Maximo de Jesus	MEX	16	Sep	2008	Beijing
F54	10.32	Georg Tischler	AUT	30	Nov	2009	Bangalore
F55	11.85	Martin Nemecek	CZE	24	Jun	2006	Olomouc
F56	13.49	Olokhon Musayev	AZE	15	Sep	2008	Beijing
F57	14.92	Janusz Rokicki	POL	27	Oct	2015	Doha
F58	16.37	Alexey Ashapatov	RUS	24	Jan	2011	Christchurch

IPC WORLD RECORDS

Men's Discus Throw

F11	44.44	Alfonso Lopez-Fidalgo	ESP	24	Jul	1998	Madrid
F12	52.51	Haitao Sun	CHN	27	Sep	2004	Athens
F13	53.61	Oleksandr Iasynovyi	UKR	23	Oct	2000	Sydney
F32	22.75	Lahouari Bahlaz	ALG	27	Jul	2013	Lyon
F33	29.50	Hani Alnakhlil	KSA	24	Mar	2015	Tunis
F34	49.03	Yanzhang Wang	CHN	7	Sep	2012	London
F35	54.13	Wei Guo	CHN	11	Sep	2008	Beijing
F36	42.18	Sebastian Ernst-Klaus Dietz	GER	22	Jul	2013	Lyon
F37	55.81	Dong Xia	CHN	7	Sep	2012	London
F38	52.91	Javad Hardani	IRI	7	Sep	2012	London
F40	21.39	Zhenyu Chen	CHN	20	Apr	2015	Beijing
F41	44.36	Tyszkowski, Bartosz	POL	20	Jun	2015	Berlin
F42	49.59	Aled Davies	GBR	28	Oct	2015	Doha
F43	63.03	Akeem Stewart	TTO	13	Aug	2015	Toronto
F44	63.46	Jeremy Campbell	USA	9	Jun	2012	Oklahoma
F45	23.92	Israel del Toro	USA	16	May	2015	Tempe
F46	52.64	Zhanbiao Hou	CHN	24	Oct	2015	Doha
F51	13.17	Mohamed Berrahal	ALG	25	Oct	2015	Doha
F52	21.44	Algars Apinis	LAT	25	Oct	2015	Doha
F53	26.62	Toshie Oi	JPN	30	Sep	2006	Okayama
F54	33.68	Drazenko Mitrovic	SRB	20	Aug	2014	Swansea
F55	39.42	Mustafa Yuseinov	BUL	28	Jan	2011	Christchurch
F56	45.49	Ali Mohammadyari	IRI	23	Oct	2014	Incheon
F57	45.81	Metawa Abouelkhir	EGY	22	Feb	2015	Doha
F58	60.72	Alexey Ashapatov	RUS	31	Aug	2012	London

Men's Javelin

F11	53.99	Bil Marinkovic	AUT	9	Jun	2010	Leverkusen
F12	64.38	Pengkai Zhu	CHN	5	Sep	2012	London
F13	65.72	Branimir Budetic	CRO	26	Oct	2015	Doha
F33	26.96	Daniel Scheil	GER	19	Jun	2015	Berlin
F34	38.05	Yanzhang Wang	CHN	22	Oct	2015	Doha
F35	56.07	Wei Guo	CHN	8	Sep	2008	Beijing
F36	43.86	Pawel Piotrowski	POL	27	May	2011	Manchester
F37	57.81	Dong Xia	CHN	9	Sep	2008	Beijing
F38	51.37	Oleksandr Doroshenko	UKR	23	Sep	2004	Athens
F40	47.95	Zhiming Wang	CHN	7	Sep	2012	London
F41	43.67	LPengxiang Sun	CHN	28	Oct	2015	Doha
F42	57.36	Helgi Sveinsson	ISL	26	Jun	2015	Reykjavik
F43	54.77	Akeem Stewart	TTO	30	Oct	2015	Doha
F44	59.82	Mingjie Gao	CHN	23	Jan	2011	Christchurch
F45	27.90	Israel del Toro	USA	16	May	2015	Tempe
F46	62.15	B Devendra	IND	21	Sep	2004	Athens
F52	30.32	Erik Alejandro de Santos Espinosa	JAM	16	May	2015	Tempe
F53	24.30	Alphanso Cunningham	JAM	26	Jul	2013	Lyon
F54	29.75	Manolis Stefanoudakis	GRE	28	Jun	2015	Athens
F55	35.30	Ali Naderi Darbaghsay	IRI	22	Sep	2004	Athens
F56	42.27	Pieter Gruijters	NED	9	Sep	2008	Beijing
F57	44.00	Mohamed Mohamed	SYR	25	Feb	2015	Dubai
F58	50.98	Mohammad Khalvandi	IRI	8	Sep	2012	London

Men's Club Throw

F32	35.94	Vladislav Frolov	RUS	26	Sep	2015	Doha
F51	26.88	Zeljko Dimitrijevic	SRB	31	Aug	2012	London

IPC WORLD RECORDS

Women's 100m

T11	12.01	1.2	Terezinha Guilhermina	BRA	5	Sep	2012	London
T12	11.48	+0.0	Omara Durand	CUB	28	Oct	2015	Doha
T13	11.89	+1.2	Ilse Hayes	RSA 2	3	Apr	2015	Sao Paulo
T32	37.67	0.0	Lindsay Wright	GBR	25	Jul	1997	Nottingham
T33	21.59	-0.4	Kristen Messer	USA	31	Aug	2012	London
T34	17.31	1.0	Hannah Cockroft	GBR	17	May	2014	Nottwil
T35	13.63	+2.0	Isis Holt	AUS	29	Oct	2015	Doha
T36	13.82	0.3	Fang Wang	CHN	16	Sep	2008	Beijing
T37	13.59	+1.0	Kadeena Cox	GBR	22	Oct	2015	Doha
T38	12.60	+1.6	Sophie Hahn	GBR	22	Oct	2015	Doha
T42	14.61	-0.2	Martina Caironi	ITA	30	Oct	2015	Doha
T43	12.80	+1.0	Marlou van Rhijn	NED	29	Oct	2015	Doha
T44	12.98	0.0	April Holmes	USA	1	Jul	2006	Atlanta
T45	14.00	0.0	G. Cole	CAN	2	Jun	1980	Arnhem
T46	11.95	-0.2	Yunidis Castillo	CUB	4	Sep	2012	London
T51	32.08	0.0	V. Hill	USA	27	Aug	1989	Stoke Mandeville
T52	18.67	1.7	Michelle Stilwell	CAN	14	Jul	2012	Windsor
T53	16.22	-0.2	Lisha Huang	CHN	12	Sep	2008	Beijing
T54	15.82	0.5	Wenjun Liu	CHN	8	Sep	2012	London

Women's 200m

T11	24.67	-2.2	Terezinha Guilhermina	BRA	20	Apr	2012	Mexico City
T12	23.03	+1.4	Omara Durand	CUB	25	Oct	2015	Doha
T13	24.24	-0.6	Omara Durand	CUB	26	Jan	2011	Christchurch
T32	1:22.57	0.0	Lindsay Wright	GBR	15	Aug	1999	Nottingham
T33	38.38	-0.3	Mary Rice	IRL	25	Oct	2000	Sydney
T34	30.51	0.00	Hannah Cockroft	GBR	04	Jun	2015	Arbon
T35	28.57	+1.5	Isis Holt	AUS	24	Oct	2015	Doha
T36	28.60	0.2	Fang Wang	CHN	26	Sep	2004	Athens
T37	1:02.01		Georgie Hermitage	GBR	25	Oct	2015	Doha
T38	1:02.18		Margarita Goncharova	RUS	25	Oct	2015	Doha
T42	31.73	-0.5	Martina Caironi	ITA	21	Jun	2015	Berlin
T43	25.64	+1.8	Marlou van Rhijn	NED	09	Jun	2015	Paris
T44	59.30		Marie Amelie Le Fur	FRA	28	Oct	2015	Doha
T45	28.58	0.3	Kumudu Priyanka Dissanayake Mudyanselage	SRI	17	Dec	2010	Guangzhou
T46	24.45	-0.6	Yunidis Castillo	CUB	1	Sep	2012	London
T51	1:47.62		Becky Richter	CAN	06	Jun	2015	Doha
T52	33.19	1.6	Michelle Stilwell	CAN	21	Jan	2013	Canberra
T53	54.70		Angela Ballard	AUS	04	Jun	2015	Arbon
T54	51.90		Tatyana McFadden	USA	04	Jun	2015	Arbon

Women's 400m

T11	56.14		Terezinha Guilhermina	BRA	18	Aug	2007	Rio de Janeiro
T12	53.05		Omara Durand	CUB	23	Oct	2015	Doha
T13	54.46		Marla Runyan	USA	3	Jan	1995	Los Angeles
T32	2:49.35		Lindsay Wright	GBR	26	Jul	1997	Nottingham
T33	1:14.46		Shelby Watson	GBR 1	3	Aug	2015	Nottingham
T34	59.99		Hannah Cockroft	GBR	18	Feb	2012	Sydney
T35	1:20.86		Oxana Corso	ITA	18	Oct	2014	Rieti
T36	1:06.96		Fang Wang	CHN	27	Sep	2004	Athens
T37	1:04.79		Lisa McIntosh	AUS	23	Oct	2000	Sydney
T38	1:02.53		Junfei Chen	CHN	20	Oct	2014	Incheon
T42	1:34.62		Sarah Reinertsen	USA	31	Jul	1999	Barcelona
T43	1:00.78		Marlou van Rhijn	NED	18	May	2014	Nottwil
T44	1:01.41		Marie-Amelie Le Fur	FRA	22	Aug	2014	Swansea
T45	1:13.92		G. Cole	CAN	2	Jun	1980	Arnhem
T46	55.72		Yunidis Castillo	CUB	8	Sep	2012	London
T51	1:48.68		Shannon Franklin	USA	7	Jul	1998	Atlanta
T52	1:04.87		Marieke Vervoort	BEL	14	Jul	2013	Kortrijk
T53	54.88		Jessica Galli	USA	10	Sep	2008	Beijing
T54	51.91		Chantal Petitclerc	CAN	25	Sep	2004	Athens

IPC WORLD RECORDS

Women's 800m

T11	2:17.66	Tracey Hinton	GBR	11	Aug	2003	Quebec
T12	2:04.96	Assia El Hannouni	FRA	9	Sep	2008	Beijing
T13	2:03.18	Marla Runyan	USA	1	Jan	1999	Boston
T33	2:35.04	Mary Rice	IRL	28	Jul	2001	Nottingham
T34	2:02.94	Hannah Cockroft	GBR	01	08	2015	Bedford
T36	3:14.00	Hanna Prokhnyska	UKR	6	Jun	2002	Mykolaiv
T37	2:42.39	Liesel Gouws	RSA	31	Mar	2015	Johannesburg
T38	2:35.90	Maria Fernandes	POR	28	Jul	2001	Nottingham
T44	2:38.32	Marie-Amélie Le Fur	FRA	7	Jul	2005	Stoke Mandeville
T46	2:12.42	Liubov Vassilieva	RUS	24	Jul	2002	Villeneuve d'Ascq
T51	3:59.03	Becky Richter	CAN	07	Jun	2015	Arbon
T52	2:06.76	Marieke Vervoort	BEL	13	May	2015	Oordengen
T53	1:47.48	Angela Ballard	AUS	04	Jun	2015	Arbon
T54	1:42.72	Tatyana McFadden	USA	04	Jun	2015	Arbon

Women's 1500m

T11	4:44.06	Jin Zheng	CHN	19	Oct	2014	Incheon
T12	4:19.20	Assia El Hannouni	FRA	14	Sep	2008	Beijing
T13	4:05.27	Marla Runyan	USA	1	Jan	1999	Seville
T20	4:24.85	Barbara Niewiedzial	POL	29	Jul	2004	Bollnas
T33	4:55.85	Shelby Watson	GBR	15	Aug	2015	Nottingham
T34	4:01.79	Melissa Nicholls	GBR	24	May	2014	Bedford
T36	6:26.30	Susan Suchan	CAN	11	Aug	1995	Saint John
T37	5:40.12	Siw Verstegen	NOR	28	Jul	1994	Berlin
T38	5:28.51	Maria Fernandes	POR	26	Jul	2001	Nottingham
T46	4:50.08	Chun Mei Li	CHN	29	Nov	2006	Kuala Lumpur
T51	7:59.80	V. Hill	USA	28	Jul	1989	Stoke Mandeville
T52	4:24.47	Marieke Vervoort	BEL	17	May	2014	Nottwil
T54	3:13.27	Tatyana McFadden	USA	04	Jun	2015	Arbon

Women's 3000m

T11	11:07.65	Pavla Valnickova	CZE	6	Sep	1992	Barcelona
T12	10:04.33	Rima Batalova	RUS	31	Jul	1994	Berlin
T13	10:42.99	Pamela Mcgonigle	USA	1	Jan	1991	Unknown

Women's 5000m

T11	20:05.81	Sigita Markeviciene	LTU	28	Oct	2000	Sydney
T12	17:50.45	Elena Pautova	RUS	4	Aug	2003	Quebec
T13	15:07.19	Marla Runyan	USA	27	Aug	1999	Seville
T52	14:47.55	Marieke Vervoort	BEL	18	May	2014	Nottwil
T54	11:16.96	Diane Roy	CAN	26	Jun	2010	Arbon

Women's 10,000m

T54	24:21.64	Jean Driscoll	USA	18	Aug	1996	Atlanta
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Women's Marathon

T11	3:53.38	Reiko Aotake	JPN	1	Jan	1998	Kasumigaura
T12	3:49.16	Gabriele Berghofer	AUT	20	May	2001	Vienna
T52	2:07.28	Tomomi Yamaki	JPN	9	Nov	2008	Oita
T54	1:38:32	Wakako Tsuchida	JPN	11	Nov	2001	Oita

Women's 4x100m

T11-13	48.49	China	CHN	20	Apr	2015	Beijing
T35-38	52.22	Great Britain	GBR	31	Oct	2015	Doha
T42-46	56.50	Germany	GER	15	Aug	1998	Birmingham
T53/54	57.61	China	CHN	16	Sep	2008	Beijing

Women's 4x400m

T11-13	4:02.21	Brazil	BRA	6	Aug	2007	Sao Paulo
T53/54	3:40.66	China	CHN	19	Apr	2015	Beijing

IPC WORLD RECORDS

Women's High Jump

F11	1.45		Vera Kroes	NED	8	Aug	1986	Gothenburg
F11	1.45		Joke Rijswijk	NED	19	Oct	1988	Seoul
F12	1.57		Helena Kannus-Silm	EST	7	Aug	2001	Bialystok
F13	1.80		Marla Runyan	USA	1	Jan	1995	Colorado
F42	1.36		Haiyuan Zhang	CHN	29	Nov	2006	Kuala Lumpur
F44	1.52		Michaela Daamen	GER	16	Jun	2001	Assen
F45	1.45		G. Cole	CAN	24	Jun	1984	New York
F46	1.67		Catherine Bader-Bille	GER	17	Jun	2000	WeinStadt

Women's Long Jump

F11	5.21	0.0	Purificacion Ortiz	ESP	1	Jan	1997	Burgos
F12	6.60	-0.9	Oksana Zubkovska	UKR	7	Sep	2012	London
F13	5.88	0.0	Marla Runyan	USA	1	Jan	1995	Colorado
F20	6.09	0.6	Karolina Kucharczyk	POL	22	Jul	2013	Lyon
F35	2.29	-0.1	Aubrey Headon	USA	10	May	2014	Mesa, Arizona
F36	4.09	-0.7	Claudia Nicoletzick	GER	23	Feb	2014	Dubai
F37	4.92	0.0	Lisa McIntosh	AUS	6	Apr	2001	Canberra
F38	5.22	-0.1	Margarita Goncharova	RUS	20	Jun	2015	Berlin
F42	4.79	+0.1	Vanessa Low	GER	22	Oct	2015	Doha
F44	5.74	+1.4	Marie Amelie Le Fur	FRA	22	Oct	2015	Doha
F45	4.24	0.5	Mariane Santos	BRA	16	Jun	2012	Sao Paulo
F46	6.01	0.8	Carlee Beattie	AUS	09	Mar	2013	Sydney

Women's Triple Jump

F12	12.11	0.0	Marija Ivekovic Mestrovic	CRO	6	Aug	2007	Sao Paulo
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Women's Shot Put

F11	17.32		Assunta Legnante	ITA	06	Jul	2014	Padova
F12	13.60		Sofia Oksem	RUS	31	Oct	2015	Doha
F13	13.05		Tamara Sivakova	BLR	25	Jul	1998	Madrid
F20	14.33		Ewa Durska	POL	8	Jul	2006	Dreux
F32	6.61		Maria Stamatoula	GRE	1	Jun	2012	Athens
F33	6.50		Tetyana Yakybchuk	UKR	9	Jul	2005	New London
F34	10.25		Birgit Kober	GER	6	Sep	2012	London
F35	13.05		Mariia Pomazan	RUS	27	Oct	2015	
F36	13.56		Na Mi	CHN	23	Oct	2015	Doha
F37	12.20		Na Mi	CHN	4	Sep	2012	London
F38	12.58		Aldona Grigaliuniene	LTU	11	Sep	2008	Beijing
F40	7.72		Lauritta Onye	NGR	27	Oct	2015	Doha
F42	10.06		Baozhu Zheng	CHN	9	Sep	2008	Beijing
F43	9.76		Stela Eneva	BUL	17	Jul	2004	Olomouc
F44	13.14		Juan Yao	CHN	28	Oct	2015	Doha
F46	12.47		Yukiko Kato	JPN	4	Jul	2015	
F52	6.14		Cassie Mitchell	USA	16	Jun	2013	San Antonio, USA
F53	5.88		Cristeen Smith	NZL	28	Jul	1994	Berlin
F54	7.83		Maria Bogacheva	RUS	04	Jul	2014	Olomouc
F55	9.06		Marianne Buggenhagen	GER	19	Sep	2004	Athens
F56	9.43		Angela Madsen	USA	14	Jul	2012	Windsor
F57	11.14		Stela Eneva	BUL	23	Oct	2015	Doha
F58	11.50		Angeles Ortiz Hernandez	MEX	26	Mar	2013	Dubai

IPC WORLD RECORDS

Women's Discus Throw

F11	40.42	Liangmin Zhang	CHN	22	Jan	2011	Christchurch
F12	45.97	Sofia Oksem	RUS	22	Aug	2014	Swansea
F13	44.67	Liudya Maso Belicer	CUB	23	Oct	2000	Sydney
F32	11.20	Mounia Gasm	ALG	25	Mar	2015	Tunis
F33	11.24	Salem Aishah Bani Khaled	UAE	25	Feb	2015	Dubai
F34	25.22	Birgit Kober	GER	23	Jul	2011	Singen am Hohentwiel
F35	31.42	Mariia Pomazan	UKR	25	Jul	2013	Lyon
F36	28.01	Qing Wu	CHN	31	Aug	2012	London
F37	35.35	Na Mi	CHN	6	Sep	2012	London
F38	31.62	Noelle Lenihan	IRL	26	Oct	2015	Doha
F40	20.94	Lauritta Onye	NGR	23	Oct	2015	Doha
F41	29.70	Raoua Tilili	TUN	23	Oct	2015	Doha
F42	33.19	Baozhu Zheng	CHN	15	Sep	2008	Beijing
F43	32.22	Stela Eneva	BUL	25	Sep	2004	Athens
F44	43.39	Juan Yao	CHN	25	Oct	2015	Doha
F46	42.12	Hong Ping Wu	CHN	25	Sep	2004	Athens
F51	12.86	Rachael Morrison	USA	27	Oct	2015	Doha
F52	15.28	Martina Kniezkova	CZE	20	Sep	2004	Athens
F53	14.46	Cristeen Smith	NZL	26	Jul	1995	Stoke Mandeville
F54	19.96	Jana Fesslova	CZE	29	Aug	2004	Frydek-Mistek
F55	27.80	Marianne Buggenhagen	GER	9	Sep	2008	Beijing
F56	24.67	Suely Guimaraes	BRA	9	Dec	2003	Mar del Plata
F57	34.68	Nassima Saifi	ALG	25	Feb	2015	Dubai
F58	42.05	Nassima Saifi	ALG	27	Jul	2013	Lyon

Women's Javelin

F11	38.62	Martina Willing	GER	6	Sep	1992	Barcelona
F12	42.66	Anna Sorokina	RUS	27	Oct	2015	Doha
F13	43.82	Guoli Tang	CHN	7	May	2000	Shanghai
F33	11.51	Asmahan Boudjadar	ALG	25	Mar	2015	Tunis
F34	20.98	Lijuan Zou	CHN	29	Oct	2015	Doha
F35	25.59	Renata Chlewska	POL	10	Sep	2008	Beijing
F36	29.55	Qing Wu	CHN	2	Dec	2011	Sharjah
F37	37.86	Shirlene Coelho	BRA	8	Sep	2012	London
F38	32.87	Ramune Adomaitiene	LTU	13	Jun	2010	Bottrop
F40	20.40	Kobie Donovan	AUS	06	Mar	2015	Brisbane
F42	31.51	Claudia Biene	GER	16	Sep	2008	Taipei
F44	40.51	Juan Yao	CHN	8	Sep	2008	Beijing
F46	41.15	Katarzyna Piekart	POL	1	Sep	2012	London
F52	13.46	Antonia Balek	CRO	3	Jun	2009	Wedau, Duisburg
F53	11.87	Esther Rivera	MEX	13	Aug	2007	Rio de Janeiro
F54	18.86	Hania Aidi	TUN	23	Oct	2015	Doha
F55	22.71	Martina Willing	GER	21	Aug	1999	Bern
F56	24.03	Martina Willing	GER	13	Jun	2008	Berlin
F57	25.71	Safia Djelal	ALG	23	Mar	2015	Tunis
F58	31.12	Safia Djelal	ALG	28	Apr	2007	Marrakech

Women's Club Throw

F32	23.28	Maroua Ibrahim	TUN	25	Mar	2015	Tunis
F51	21.90	Rachel Morrison	USA	05	Jul	2014	Czech Republic

Women's Pentathlon

P11	2182	Martina Willing	GER	11	Sep	1992	Barcelona
P12	2877	Marija Ivekovic Mestrovic	CRO	23	Aug	2005	Espoo
P13	3661	Marla Runyan	USA	22	Aug	1996	Atlanta
P44	4653	Andrea Scherney	AUT	20	Jun	2003	Assen
P52/53	5167	Cristeen Smith	NZL	5	Aug	1993	Stoke Mandeville
P54-58	5707	Marianne Buggenhagen	GER	27	Jul	1994	Berlin



BRITISH
ATHLETICS

GENERAL
INFORMATION

PARALYMPIC CLASSIFICATIONS EXPLAINED

Classification	Disability	Level of impairment
T11 or F11	Athletes with a visual impairment	Most impairment
T12 or F12		↓
T13 or F13		Least impairment
T20 or F20	Athletes with learning difficulties	
T31 or F31	Athletes with cerebral palsy (wheelchair)	Most impairment
T32 or F32		↓
T33 or F33		
T34 or F34		Least impairment
T35 or F35	Athletes with cerebral palsy (ambulant)	Most impairment
T36 or F36		↓
T37 or F37		
T38 or F38		Least impairment
T40 or F40	Dwarf athletes	
T41 or F41	Double above knee amputee or physical impairment allowing similar movement	
F42 or F42	Single above knee amputee or physical impairment allowing similar movement	
T43 or F43	Double below knee amputee or physical impairment allowing similar movement	

Classification	Disability	Level of impairment
T44 or F44	Single below knee amputee or physical impairment allowing similar movement	
T45 or F45	Double above or below elbow amputee or physical impairment allowing similar movement	
T46 or F46	Single above or below elbow amputee or physical impairment allowing similar movement	
T51 T52 T53 T54	Wheelchair racers	Most impairment ↓ Least impairment
F51 F52 F53 F54 F55 F56 F57 F58	Seated field athletes	Most impairment ↓ Least impairment

KEY: T= Track F= Field

NATIONAL PERFORMANCE INSTITUTE

In November 2012, British Athletics centralised resources around a single High Performance Institute in Loughborough.

The National Performance Institute in Loughborough offers British athletes a single venue which they can build their training around as well as offering support away from the track.

Full-time British Athletics coaches, a world leading sport science and medical team and a lifestyle support network are a number of the key elements that make up the National Performance Institute.

Outside of Loughborough there is coach based support in which the nominated coach leads a group of potential world level medallists.

For all media enquiries regarding the National Performance Institute please contact a member of the British Athletics Communications Team.

National Performance Institute
Loughborough University
Loughborough LE11 3TU

British Athletics Coaching Structure

Neil Black – Performance Director

Dr Rob Chakraverty – Chief Medical Officer

Paula Dunn – Paralympic Head Coach

Barry Fudge – Head of Endurance and Science

Stephen Maguire – Head of Power – Sprints, Sprint Hurdles & Relays

Peter Stanley – Head of Field and Combined Events

Fuzz Caan – Senior National Institute Coach (High Jump)

Malcolm Arnold – Lead Coach (Coach Based Support Group – Bath)

Jenni Banks – Senior National Institute Coach (Wheelchair Track and Road Racing Events)

Lloyd Cowan – Lead Coach (Coach Based Support Group – London)

Rob Denmark – National Institute Coach (Endurance)

Julie Dodoo – Assistant Coach – National Performance Institute

Steve Fudge – National Institute Coach (Sprints)

David Harmer – Assistant Coach – National Performance Institute

James Hillier – Assistant Coach – Hurdles (Coach Based Support Group – Bath)

Aston Moore – Senior National Institute Coach (Horizontal Jumps)

Media enquiries for British Athletics coaches please contact a member of the British Athletics Communications Team.

ENDURANCE SUPPORT

In 2015, the British Athletics Endurance Programme formalised a support package for endurance athletes who are not selected on to the World Class Performance Programme.

Endurance Support is a holistic, bespoke package for identified athletes and their coaches. The formalised system will enable athletes to access altitude training camps, medical support and other services.

British Athletics Endurance Support Athletes 2014/2015

Rhona Auckland	Ben Moreau
Kate Avery	Ross Murray
Racheal Bamford	Scott Overall
John Beattie	Lilly Partridge
Adam Bitchell	Susan Partridge
Julia Bleasdale	Jo Pavey
Luke Caldwell	Beth Potter
Richard Charles	Charlotte Purdue
Melissa Courtney	Michael Rimmer
Louise Damen	Sonia Samuels
Mitch Goose	Zak Seddon
Will Gray	Jemma Simpson
Dewi Griffiths	Charlene Thomas
Callum Hawkins	Chris Thompson
Derek Hawkins	Lydia Turner
Jonathan Hopkins	Steph Twell
Elinor Kirk	Andy Vernon
Iona Lake	Laura Whittle
Tom Lancashire	James Wilkinson
Guy Learmonth	Pippa Wolvern
Andrew Lemoncello	Nathan Woodward
Stephen Lisgo	
Jonnie Mellor	
Lee Merrien	
Ross Millington	

FUTURES PROGRAMME

34 athletes have been invited to join the 2015-2016 British Athletics Futures Programme incorporating Para-Futures, which includes six gold medallists from last year's European Junior Championships and all three medallists from the IAAF World Youth Championships.

"Futures" is a British Athletics support programme for athletes and their coaches which underpins the World Class Performance Programme (WCPP). The 2015-16 programme runs from 1 December 2015 to 30 November 2016 and will continue British Athletics' drive towards more targeted support for athletes and their coaches.

The Futures programme targets athletes with the potential to meet the aims of WCPP within 2-3 years – typically those with dates of birth 1994 – 1998 but with flexibility to support older athletes deemed an exceptional case for support. The Para Futures programme allows for a greater degree of flexibility around age, but with the same ethos around WCPP potential.

The 34 athletes and their coaches supported by the British Athletics Futures Programme (incorporating Para Futures) 2015-2016:

James Arnott (Ryan Freckleton) – T46 100m
 Theo Blundell (Craig Winrow) – 800m
 Hannah Brier (Neal Merry) – 100m
 Taylor Campbell (Paul Dickenson) – Hammer
 Bobby Clay (Rob Denmark) – 1500m
 Jack Crosby (Carol Williams) – 400m
 Paul Davidson (Charles Forbes) – T20 400m
 Joseph Dewar (Gladys Bird) – 100m
 George Evans (Colin McCulloch) – Discus
 Jacob Fincham-Dukes (Zivile Pukstiene/Matt Barton) – Long Jump
 Alex George (Paul de Camps) – 5000m
 Amy Griffiths (Mick Woods) – 1500m
 Toby Harries (Job Bigg) – 200m
 Callum Hall (Ian Thompson) – T53 400m and 800m
 David Hall (Ian Grant) – Decathlon
 Harry Hughes (Mike McNeill) – Javelin
 Cheriece Hylton (John Blackie) – 400m
 Josh Kerr (Joe Franklin) – 1500m
 David King (James Hiller) – 110m Hurdles
 Molly Kingsbury (Roger Graham) – T37 Long Jump
 Pani Mamuneas (David Parker) – F41 Shot Put and Javelin
 Nathan Maguire (Steven Hoskins) – T54 100m, 400m and 800m
 Charlotte McLennaghan (David Hord) – 200m
 Rehmial Miller (Ryan Freckleton) – 100m
 Montel Nevers (Nigel Kesteven/Jamie French) – Triple Jump
 Elliott Powell (Glenys Morton) – 100m
 Rhianwedd Price (Houston Franks) – 1500m
 Tommy Ramdhan (Ryan Freckleton) – 200m
 Catherine Reid (Di Shimell) – 400m
 Leon Reid (James Hiller) – 200m
 Thomas Somers (Benke Blomkvist/Geoff Barraclough) – 200m
 Adelle Tracey (Craig Winrow) – 800m
 Callum Wilkinson (Mick Graham) – 10,000m walk
 Shaun Wyllie (Craig Winrow) – 1500m

ACCREDITATION INFORMATION

Accreditation for British Athletics events opens three months before the start of each event and all applications must be received at least two weeks before the start of each event, applications made after this time may not be considered.

British Athletics reserves the right to refuse accreditation at any time.

For accreditation for the 2016 British Athletics events, please visit:

For further information please contact Craig Gundersen at cgundersen@britishathletics.org.uk or on 0121 713 8458.

ATHLETE AGENTS

For up-to-date information please visit:

www.britishathletics.org.uk/media/athletes-agents

19Eleven

Richard Whitehead

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hello@paralympian.co.uk

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0208 871 3500

MTC

MTC (UK) Ltd
71 Gloucester Place, London W1U 8JW
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0207 935 8000

Nuff Respect

No. 1 Constable's Boatyard
15 Thames Street, Hampton
Middlesex TW12 2EW
www.nuff-respect.co.uk
nuff_respect@msn.com
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Pace Sports Management

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Red Sky Management

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Rocket Sports Management

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Sacha Gemili

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Ian Byers
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Sportsworld Talent

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BOARD MEMBERS

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Chair of Remuneration Committee

TERRY COLTON Non-Executive Director

SARAH SMART Non Executive Director, Chair of Audit Committee

SARAH ROWELL Non-Executive Director

ANNE WAFULA STRIKE Non-Executive Director

For more information on the UKA Board Members please visit
britishathletics.org.uk/governance.

THE NATIONAL LOTTERY

Since National Lottery funding of elite sport began in 1997, following Team GB's return of a solitary gold medal at the Atlanta Olympics a year earlier, 633 Olympic and Paralympic medals – including 224 golds – have now been won by British athletes. National Lottery players continue to be the biggest contributors to elite sport backing 45 sports and over 1,300 athletes on the road to Rio 2016, with a record £87 million a year in lottery-funding. This gives athletes access to the best coaches, facilities and support services in the world as they prepare for major championships.

The media have done a brilliant job reporting this success and the National Lottery's role within that and we know the profound impact that this has on the lottery-playing public. So that sport in this country can continue to benefit from a thriving lottery-funded system we hope you can continue to highlight the huge difference that National Lottery players continue to make to our sporting fortunes.

Thank you.



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