



**BRITISH
ATHLETICS**

2017

MEDIA GUIDE

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NEIL BLACK

PERFORMANCE DIRECTOR

We've arrived in 2017, and what a year we have ahead of us. Global athletics will be returning to the United Kingdom for the first time since London 2012 in the form of the World Para Athletics Championships and IAAF World Championships London 2017. It is the first time one city has held both championships in the same year which is an exciting prospect.

For many athletes, the idea of competing on home soil alone will serve as all the motivation needed, and we are confident that each of the 118 athletes selected for the 2016/17 World Class Performance Programme (WCPP) will give this year their all, be it to retain a title, make the podium or produce a performance that will drive them on to success on the world stage in later years.

It is also true that London 2012 inspired a number of young athletes to progress, a number of whom are now on the WCPP. This shows that the huge impact of having a global championships on your doorstep and we look forward, in future years, to meeting those aspiring athletes who may not as yet be on the WCPP but are currently working their way up, whether it be through youth development leagues, club and/or age group competition.

The last twelve months have shown us once again that not only do we have world-class athletes who are able to deliver on the highest of stages, but we also have an abundance of athletes on the WCPP programme who are capable of producing something special, with 2016 serving as another highly successful year for British athletics.

At last year's IPC Athletics European Championships, our 49-strong team won a record breaking 56 medals on the European stage, with the competition serving to highlight the strong position our Paralympic programme was in heading into Rio. July's European Championships in Amsterdam saw much of the same, with 16 medals won and many team debutants impressing.

Then it was onto Rio for a memorable summer in South America, beginning with the Olympic Games. Each of the seven medals won by the team were memorable, with the trio of Jessica Ennis-Hill, Mo Farah and Greg Rutherford all successful once again, as well as the unforgettable bronze won by Sophie Hitchon with her final throw in the hammer, our first ever female medallist in the event.

The Paralympic Games were up next, and the team won an outstanding 15 gold medals and 33 in total to exceed the amount won at London's game-changing Paralympic Games back in 2012. Richard Whitehead, Jonnie Peacock and Hannah Cockroft all retained titles they won four years previously, with the next generation of athletes such as Karen Adenegan, Maria Lyle and Sabrina Fortune all achieving their place on the podium at that level for the first time.

With London's 'Summer of World Athletics' now creeping up quickly, it's easy to forget that we have an equally busy indoor season beforehand, with a number of athletes setting their sights on the European Indoor Championships in Belgrade, Serbia at the beginning of March. The tail-end of March also offers a window of opportunity to some of our endurance athletes, with the biennial IAAF World Cross Country Championships taking place in Kampala, Uganda.

I have no doubts that in 12 months' time we'll be eagerly looking towards the next set of events following a memorable summer in London and all the amazing memories of a home championships.

Finally, I'd like to extend my thanks to the National Lottery and UK Sport for their unwavering and consistent support. With their help, we are able to offer our athletes the very best standards of support as they grow and mature within our sport.

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British Athletics Social Media Channels

 @britathletics

 facebook.com/britishathletics

 britathletics

 youtube.com/britishathleticstv

LOOKING AHEAD TO 2017



2017 is another bumper year in the athletics calendar, as global athletics returns to the UK for the first time since London 2012 in the shape of the World Para Athletics Championships and IAAF World Championships London 2017.

A busy indoor season kicks off with the British Athletics Indoor Team Trials, held in Sheffield, and a week later, the world-class Müller Indoor Grand Prix Birmingham. The former will see the country's finest athletes go head-to-head in a bid to be crowned British champion, with the competition also offering the opportunity to win a place on the British Athletics team for March's European Indoor Championships in Belgrade, Serbia.

At the back end of March, Uganda will play host to the biennial IAAF World Cross Country Championships, with April seeing the IAAF World Relays and the London Marathon (incorporating the IAAF World Championships trials, IPC Athletics World Cup and British Championships) held on the same weekend.

In May, the endurance action continues with the IAAF World Championships 10,000m trials held at the Highgate Harriers Night of 10,000m PBs. The European Athletics Team Championships make a return in June, with the month seen out and July brought in with a bumper British Championships (30 June – 2 July), a competition which doubles as the trials ahead of August's IAAF World Championships.

A colossal July begins with the IAAF Diamond League returning to the UK in the shape of the Müller Anniversary Games, before the World Para Athletics Championships takes centre stage on 14 July, with global superstars from the world of para-athletics gracing the London Stadium over a period of ten days.

Both the European Athletics U23 and U20 Championships are also held while the World Para Athletics Championships are underway, offering the opportunity for Britain's best age-group athletes to test themselves against the best on the continent.

In August, it's the turn of the IAAF World Championships (4-13), cementing London as the first city to stage both major championships in the same city and in the same year, with it expected that around 3,300 athletes will compete over the course of both championships.

There will be one final instalment of world class athletics following the championships as the IAAF Diamond League heads to the Birmingham one week later.

The year rounds out with the European Cross Country Championships in Samorin, Slovakia, where the British team will hope to continue their strong tradition at the event.

EXPLANATION TO BIOGRAPHIES

The following biographies are of athletes supported by the World Class Performance Programme (WCPP) for 2016/17.

The 2017 Media Guide has been categorised into subsections following the levels of WCPP funding across both Olympic and Paralympic programmes; Podium, Podium Potential and Relay.

The agents listed are commercial agents as this is a media publication. For race agents please contact British Athletics.

In addition to the 2017 Media Guide, British Athletics will provide a Media Guide Insert to accompany each major championship throughout 2016 to include both WCPP and non-WCPP athletes that have been selected for either British Athletics teams. This will also be available in either print and online.

Biographical statistics such as personal bests and championship records are correct as of 20 January 2017.

Photographs kindly provided by:

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Getty Images
Job King

With thanks for their assistance:

Ian Hodge



**BRITISH
ATHLETICS**

BIOGRAPHIES

DINA ASHER-SMITH

100M, 200M & 4X100M



DOB: 04/12/1995
BORN: Farnborough
LIVES: Orpington
CLUB: Blackheath & Bromley
TRAINING: Bromley
COACH: John Blackie
AGENT: Pace Sports Management
KIT: Nike

BRITISH RECORD HOLDER - 100M & 200M



@dinaashersmith



Power of 10

PERSONAL BESTS

100m: 10.99 (2015) 200m: 22.07 (2015)

CAREER HIGHLIGHTS:

Olympic Games

1 2016 - 4x100m

IAAF World Championships

1 2013 - 4x100m

European Championships

 1 2016 - 200m
 1 2016 - 4x100m

European Indoor Championships

1 2015 - 60m

IAAF World Junior Championships

1 2014 - 100m

European Junior Championships

2 2013 - 200m and 4x100m Relay

HOLLY BRADSHAW

POLE VAULT



DOB: 02/11/1991
BORN: Preston
LIVES: Cardiff
CLUB: Blackburn Harriers
TRAINING: NIA Cardiff
COACH: Scott Simpson
AGENT: First Artist Mission
KIT: Nike

BRITISH RECORD
HOLDER - POLE VAULT

@HollyBleasdale Power of 10

PERSONAL BESTS

Pole Vault: 4.87m (2012)

CAREER HIGHLIGHTS:

Olympic Games

5th place - 2016 - Pole Vault

6th place - 2012 - Pole Vault

IAAF World Indoor Championships

1 2012 - Pole Vault

European Indoor Championships

1 2013 - Pole Vault

IAAF World Junior Championships

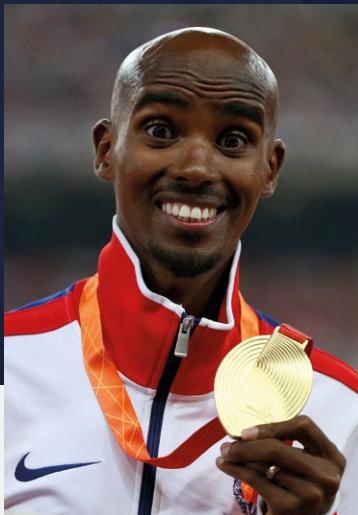
1 2010 - Pole Vault

European U23 Championships

1 2011 - Pole Vault

MO FARAH

5,000M & 10,000M



DOB: 23/03/1983
BORN: Mogadishu, Somalia
LIVES: Portland, USA
CLUB: Newham & Essex Beagles
TRAINING: Oregon
COACH: Alberto Salazar
AGENT: Pace Sports Management / Freuds
KIT: Nike

BRITISH RECORD HOLDER - 1500M,
3,000M, 5,000M & 10,000M

@Mo_Farah Power of 10

PERSONAL BESTS

5,000m: 12:53.11 (2011) 10,000m: 26:46.57 (2011)

CAREER HIGHLIGHTS:

Olympic Games

4 2016 & 2012 - 5,000m & 10,000m

IAAF World Championships

5 2015 & 2013 - 5,000m & 10,000m/
2011 - 5,000m
 1 2011 - 10,000m

European Championships

5 2014 & 2010 - 5,000m & 10,000m / 2012 - 5,000m

European Indoor Championships

2 2011 & 2009 - 3,000m

IAAF World Half Marathon Championships

1 2016 - Half Marathon

European Cross Country Championships

1 2006 - Senior Men

ADAM GEMILI

100M, 200M & 4X100M



DOB: 06/10/1993
BORN: London
CLUB: Blackheath & Bromley
TRAINING: Loughborough / Papendal, Netherlands
COACH: Rana Reider
AGENT: M&C Saatchi
KIT: Nike

@Adam_Gemili Power of 10

PERSONAL BESTS

100m: 9.97 (2015) 200m: 19.97 (2016)

CAREER HIGHLIGHTS:

Olympic Games

4th place - 2016 - 200m

European Championships

3 2014 - 200m / 2016 & 2014 - 4x100m

Commonwealth Games

2 2014 - 100m & 4x100m

IAAF World Junior Championships

1 2012 - 100m

European U23 Championships

2 2013 - 100m & 4x100m

European Junior Championships

2 2011 - 100m & 4x100m

ROBBIE GRABARZ

HIGH JUMP



DOB: 03/10/1987
BORN: Enfield
LIVES: Birmingham
CLUB: Newham & Essex Beagles
TRAINING: Birmingham
COACH: Fuzz Caan
KIT: Adidas



@RobbieGrabarz



Power of 10

PERSONAL BESTS

High Jump: 2.37m (2012)

CAREER HIGHLIGHTS:

Olympic Games

2012 - High Jump

IAAF World Indoor Championships

2016 - High Jump

European Championships

2012 - High Jump

2016 - High Jump

SOPHIE HITCHON

HAMMER THROW

BRITISH RECORD
HOLDER - HAMMER



DOB: 11/07/1991
BORN: Burnley
LIVES: Loughborough
CLUB: Blackburn Harriers
TRAINING: Loughborough / California
COACH: Tore Gustafsson
AGENT: MTC
KIT: Nike

 @SophieHitchon  Power of 10

PERSONAL BESTS

Hammer Throw: 74.54m (2016)

CAREER HIGHLIGHTS:

Olympic Games

 2016 - Hammer Throw

Commonwealth Games

 2014 - Hammer Throw

IAAF World Junior Championships

 2010 - Hammer Throw

European U23 Championships

 2013 - Hammer Throw

 2011 - Hammer Throw

European Junior Championships

 2009 - Hammer Throw

ZHARNEL HUGHES

200M & 4X100M



DOB: 13/07/1995
BORN: The Valley, Anguilla
LIVES: Kingston, Jamaica
CLUB: Shaftesbury Barnet
TRAINING: Kingston, Jamaica
COACH: Glen Mills
KIT: Adidas

@zharnel_hughes Power of 10

PERSONAL BESTS

200m: 20.02 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

5th place - 2015 - 200m

IAAF World Junior Championships

5th place - 2014 - 200m

KATARINA JOHNSON-THOMPSON

HEPTATHLON



DOB: 09/01/1993
BORN: Liverpool
CLUB: Liverpool Harriers
AGENT: M&C Saatchi
KIT: Nike

@JohnsonThompson Power of 10

PERSONAL BESTS

Heptathlon: 6682 (2014) Indoor Pentathlon: 5000 (2015)
High Jump: 1.98m (2016) Long Jump: 6.93m (2015)

CAREER HIGHLIGHTS:

Olympic Games

6th place - 2016 - Heptathlon

IAAF World Indoor Championships

2014 - Long Jump

European Indoor Championships

2015 - Pentathlon

European U23 Championships

2013 - Heptathlon

IAAF World Junior Championships

2012 - Long Jump

IAAF World Youth Championships

2009 - Heptathlon

LAURA MUIR

1500M



DOB: 09/05/1993
BORN: Inverness
LIVES: Glasgow
CLUB: Dundee Hawkhill
TRAINING: Glasgow
COACH: Andy Young
AGENT: JCCM
KIT: Nike

BRITISH RECORD HOLDER - 1500M

@Lauramuiruns Power of 10

PERSONAL BESTS

1500m: 3:55.22 (2016) 5000m: 14:49.12 i

CAREER HIGHLIGHTS:

Olympic Games

7th place - 2016 - 1500m

European U23 championships

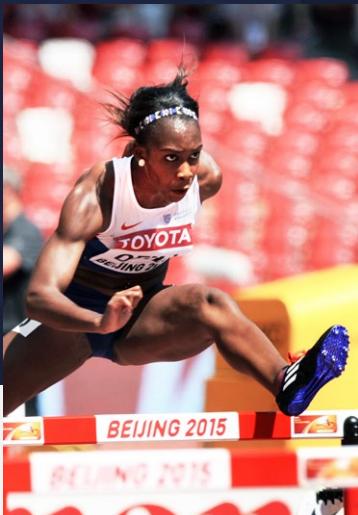
1 2013 - 1500m

IAAF World Championships

5th place - 2015 - 1500m

CINDY OFILI

100M HURDLES



DOB: 05/08/1994
BORN: Superior, Michigan
LIVES: Michigan
CLUB: Woodford Green & Essex Ladies
TRAINING: Michigan
AGENT: Global Athletics
KIT: Adidas

@cindyofili Power of 10

PERSONAL BESTS

100m Hurdles: 12.60 (2015)

CAREER HIGHLIGHTS:

Olympic Games

4th place – 2016 – 100m Hurdles

TIFFANY PORTER

100M HURDLES

BRITISH RECORD
HOLDER -
100M HURDLES



DOB: 13/11/1987
BORN: Ypsilanti, Michigan
LIVES: Greenboro, USA
CLUB: Woodford Green & Essex Ladies
COACH: Jeff Porter
AGENT: Global Athletics & Marketing Inc
KIT: Adidas

@tiffofili Power of 10

PERSONAL BESTS

100m Hurdles: 12.51 (2014)

CAREER HIGHLIGHTS:

Olympic Games

7th place - 2016 - 100m Hurdles

IAAF World Championships

1 2013 - 100m Hurdles

European Championships

1 2014 - 100m Hurdles
 1 2016 - 100m Hurdles

IAAF World Indoor Championships

2 2016 & 2012 - 60m Hurdles
 1 2014 - 60m Hurdles

European Indoor Championships

1 2011 - 60m Hurdles

Commonwealth Games

1 2014 - 100m Hurdles

SHARA PROCTOR

LONG JUMP



DOB: 16/09/1988
BORN: US Virgin Islands
LIVES: Arnhem, Netherlands
CLUB: Birchfield Harriers
TRAINING: Papendal
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Adidas

BRITISH RECORD HOLDER - LONG JUMP

@SharaProctor Power of 10

PERSONAL BESTS

Long Jump: 7.07m (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

2015 - Long Jump

IAAF World Indoor Championships

2012 - Long Jump

GREG RUTHERFORD

LONG JUMP

BRITISH RECORD
HOLDER - LONG JUMP



DOB:	17/11/1986
BORN:	Milton Keynes
LIVES:	Milton Keynes
CLUB:	Marshall Milton Keynes
TRAINING:	Milton Keynes / Arizona, USA
COACH:	Dan Pfaff
AGENT:	DNA Sport
KIT:	Nike

@GregJRutherford Power of 10

PERSONAL BESTS

Long Jump: 8.51m (2014)

CAREER HIGHLIGHTS:

Olympic Games

- 1 2012 - Long Jump
- 1 2016 - Long Jump

IAAF World Championships

- 1 2015 - Long Jump

European Championships

- 2 2016 & 2014 - Long Jump
- 1 2006 - Long jump

Commonwealth Games

- 1 2014 - Long Jump
- 1 2010 - Long Jump

European Junior Championships

- 1 2005 - Long Jump

LYNSEY SHARP

800M



DOB: 11/07/1990
BORN: Dumfries
LIVES: Loughborough
CLUB: Edinburgh AC
TRAINING: Loughborough
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Nike

@LynseySharp Power of 10

PERSONAL BESTS

800m: 1:57.69 (2016)

CAREER HIGHLIGHTS:

Olympic Games

6th place - 2016 - 800m

European Championships

1 2012 - 800m

1 2014 - 800m

Commonwealth Games

1 2014 - 800m

European U23 Championships

1 2011 - 800m

LORRAINE UGEN

LONG JUMP



DOB: 22/08/1991
BORN: London
LIVES: Fort Worth, Texas
CLUB: Blackheath & Bromley
TRAINING: Fort Worth, Texas
COACH: Shawn Jackson
KIT: Nike

 @loralski  Power of 10

PERSONAL BESTS

Long Jump: 6.93m (2016)

CAREER HIGHLIGHTS:

IAAF World Indoor Championships

 2016 - Long Jump

IAAF World Championships

5th place - 2015 - Long Jump

KARE ADENEGAN

T34 100M, 400M & 800M



DOB: 29/12/2000
BORN: Coventry
LIVES: Coventry
CLUB: Coventry Godiva
TRAINING: Coventry
COACH: Job King
AGENT: Sacha Gemili

@AdeneganK Power of 10

PERSONAL BESTS

100m: 18.29 (2016) 400m: 61.67 (2016) 800m: 2:02.47 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 1 2016 - T34 100m
- 2 2016 - T34 400m & 800m

IPC Athletics World Championships

- 2 2015 - T34 400m & 800m

HOLLIE ARNOLD

F46 JAVELIN



DOB: 26/06/1994
BORN: Grimsby
LIVES: Caerphilly
CLUB: Cleethorpes
TRAINING: Cardiff / Loughborough
COACH: David Parker
KIT: Nike

WORLD RECORD HOLDER - F46 JAVELIN



@holliea2012



Power of 10

PERSONAL BESTS

F46 Javelin: 43.01m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

1 2016 - F46 Javelin

IPC Athletics European Championships

1 2012 - F46 Javelin

IPC Athletics World Championships

2 2015 & 2013 - F46 Javelin

1 2011 - F46 Javelin

PAUL BLAKE

T36 400M & 800M



DOB: 15/01/1990
BORN: Dorchester
LIVES: Bristol
CLUB: Dorchester AC
TRAINING: Bath University
COACH: Rob Ellchuk

@wizards_1 Power of 10

PERSONAL BESTS

400m: 54.22 (2012) 800m: 2:06.10 (2013)

CAREER HIGHLIGHTS:

Paralympic Games

- 1 2016 - T36 400m
- 2 2016 - T36 800m / 2012 - T36 400m
- 1 2012 - T36 800m

IPC Athletics European Championships

- 2 2014 & 2012 - T36 400m
- 2 2014 - T36 100m / 2012 - T36 800m

IPC Athletics World Championships

- 3 2015 & 2013 - T36 800m / 2011 - T36 400m
- 4 2015 & 2013 - T36 800m / 2011 - T36 800m & 1500m

JONATHAN BROOM-EDWARDS

T44 HIGH JUMP



DOB: 27/05/1988
BORN: Colchester
LIVES: Loughborough
CLUB: Newham & Essex Beagles
TRAINING: Loughborough
COACH: Fuzz Caan
AGENT: 19Eleven

 @BroomEdwardsT44  Power of 10

PERSONAL BESTS

High Jump: 2.15m (2015)

CAREER HIGHLIGHTS:

Paralympic Games

 2016 - T44 High Jump

IPC Athletics World Championships

 2015 & 2013 - T44 High Jump

IPC Athletics European Championships

 2014 - T44 High Jump

 2016 - T42/44 High Jump

MICKEY BUSHELL

T53 100M AND 400M



DOB: 08/06/1990
BORN: Shrewsbury
LIVES: Telford
CLUB: Birchfield Harriers
TRAINING: Weir Archer Academy
COACH: Jenny Archer

@MickeyBushell Power of 10

PERSONAL BESTS

100m: 14.38 (2012) 400m: 50.38 (2012) 800m: 1:42.43 (2012)

CAREER HIGHLIGHTS:

Paralympic Games

- 1 2012 - T53 100m
- 1 2008 - T53 100m

IPC Athletics World Championships

- 2 2013 & 2011 - T53 100m
- 1 2011 - T53 200m

IPC Athletics European Championships

- 2 2016 & 2014 T53 100m
- 1 2014 - T53 200m
- 1 2016 - T53 400m

JOANNA BUTTERFIELD

F51 CLUB THROW & DISCUS



DOB: 19/03/1979
BORN: Doncaster
LIVES: Glasgow
CLUB: Forth Valley Flyers
TRAINING: Glasgow
COACH: Shona Malcolm/Phil Peat

WORLD
RECORD HOLDER -
F51 CLUB THROW

@Jo_shuni Power of 10

PERSONAL BESTS

Club Throw: 22.81m (2016) Discus: 10.08m (2015)

CAREER HIGHLIGHTS:

Paralympic Games

1 2016 - F51 Club Throw

IPC Athletics European Championships

2 2016 & 2014 - F32/51 Club Throw

IPC Athletics World Championships

1 2015 - F51 Club Throw

1 2015 - F51 Discus

LIBBY CLEGG

T11 100M & 200M



GUIDE RUNNER: Chris Clarke
DOB: 24/03/1990
BORN: Stockport
LIVES: Loughborough
CLUB: Charnwood
TRAINING: Loughborough
COACH: Joe McDonnell
AGENT: Nuff Respect
KIT: Asics

WORLD RECORD HOLDER - T11 100M AND 200M

@LibbyClegg Power of 10

PERSONAL BESTS

100m: 11.91 (2016) 200m: 24.44 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 2 2016 – T11 100m & 200m
- 1 2012 – T12 100m
- 1 2008 – T12 100m

IPC Athletics European Championships

- 2 2012 – T12 100m and 200m

Commonwealth Games

- 1 2014 – T12 100m

IPC Athletics World Championships

- 1 2011 – T12 100m
- 3 2013 – T12 100m & 200m / 2006 – T12 200m
- 1 2011 – T12 200m

HANNAH COCKROFT

T34 100M, 400M & 800M



DOB: 30/07/1992
BORN: Halifax
LIVES: Halifax
CLUB: Leeds City
TRAINING: Loughborough
COACH: Jenni Banks
AGENT: 17 Management

WORLD RECORD
HOLDER - T34 100M,
200M, 400M & 800M

@HCDream2012 Power of 10

PERSONAL BESTS

100m: 17.31 (2014) 400m: 58.59 (2016) 800m: 1:56.89 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

5 2016 & 2012 T34 100m / 2016 - T34 400m & 800m / 2012 - T34 200m

IPC Athletics European Championships

2 2014 - T34 100m & 800m

IPC Athletics World Championships

7 2015, 2013 & 2011 - T34 100m / 2013 & 2011 - T34 200m / 2015 - T34 400m & 800m

KADEENA COX

T38 100M, 400M & 4X100M



DOB: 10/03/1991
BORN: Leeds
LIVES: Manchester
CLUB: Sale Harriers
TRAINING: Manchester
COACH: Brian Scobie
AGENT: M&C Saatchi

WORLD RECORD HOLDER - T38 400M

@kad_c Power of 10

PERSONAL BESTS

100m: 12.98 (2016) 400m: 60.71 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 1 2016 - T38 400m
- 1 2016 - T35-38 4x100m
- 1 2016 - T38 100m

IPC Athletics World Championships

- 1 2015 - T37 100m

IPC Athletics European Championships

- 1 2016 - T38 200m

ALED DAVIES

F42 SHOT PUT



DOB: 24/05/1991
BORN: Bridgend
LIVES: Cardiff
CLUB: Federation of Disability Sport Wales
TRAINING: Welsh Institute of Sport
COACH: Ryan Spencer Jones
AGENT: Definitive
KIT: Nike

WORLD RECORD HOLDER - F42
SHOT PUT AND DISCUS

@AledDavies2012 Power of 10

PERSONAL BESTS

Shot Put: 16.38m (2016) Discus: 54.14m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 2 2016 - F42 Shot Put / 2012 - F42 Discus
- 1 2012 - F42 Shot Put

IPC Athletics European Championships

- 4 2016 & 2014 - F42 Discus & Shot Put

Commonwealth Games

- 1 2014 - F42/44 Discus

IPC Athletics World Championships

- 4 2015 & 2013 - F42 Discus & Shot Put
- 1 2011 - F42 Discus

SABRINA FORTUNE

F20 SHOT PUT



DOB: 25/05/1997
BORN: Chester
LIVES: Mold
CLUB: Deeside AAC
TRAINING: Wales
COACH: Anthony Hughes/Ian Robinson



@Sabfor129



Power of 10

PERSONAL BESTS

Shot Put: 12.94m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

1 2016 - F20 Shot Put

IPC Athletics World Championships

Fourth place - 2015 - F20 Shot Put

IPC Athletics European Championships

Fourth place - 2016 - F20 Shot Put

TOBY GOLD

T33 100M



DOB: 27/09/1994
BORN: London
LIVES: London
CLUB: Kingston & Poly
TRAINING: Loughborough
COACH: Jenni Banks

@TobyGold18 Power of 10

PERSONAL BESTS

100m: 17.49 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

2016 - T33 100m

IPC Athletics European Championships

2016 - T33 100m

IPC Athletics World Championships

2015 - T33 100m

DAN GREAVES

F44 DISCUS



DOB: 04/10/1982
BORN: Leicester
LIVES: Loughborough
CLUB: Charnwood AC
TRAINING: Loughborough
COACH: John Godina
AGENT: Sports Sphere
KIT: Adidas

@DiscusDan Power of 10

PERSONAL BESTS

Discus: 62.34m (2014)

CAREER HIGHLIGHTS:

Paralympic Games

- 1 2004 - F44 Discus
- 2 2012 & 2000 F44 Discus
- 2 2016 & 2008 F44 Discus

IPC Athletics European Championships

- 2 2016 & 2014 - F44 Discus

Commonwealth Games

- 1 2014 - F44 Discus

IPC Athletics World Championships

- 1 2011 - F44 Discus
- 3 2013, 2006 & 2002 - F44 Discus

SOPHIE HAHN

T38 100M AND 4X100M



DOB: 23/01/1997
BORN: Nottingham
LIVES: Nottingham
CLUB: Charnwood AC
TRAINING: Loughborough
COACH: Joe McDonnell
AGENT: 17 Management

WORLD RECORD HOLDER - T38 100M

 @SophieHahnT38  Power of 10

PERSONAL BESTS

100m: 12.60 (2015)

CAREER HIGHLIGHTS:

Paralympic Games

-  1 T38 100m
-  1 T35-38 4x100m

IPC Athletics World Championships

-  3 2015 & 2013 - T38 100m / 2015 - T35-38 4x100m
-  2 2015 & 2013 - 200m

IPC Athletics European Championships

-  2 2016 - 100m & 4x100m
-  4 2016 - 200m / 2014 - 100m, 400m & 4x100m relay

DAVID HENSON

T42 200M



DOB: 15/09/1984
BORN: Southampton
LIVES: Fareham
CLUB: Southampton
TRAINES: Portsmouth
COACH: Roger Keller



@leglessBDH



Power of 10

PERSONAL BESTS

200m: 24.71 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

2016 - T42 200m

IPC Athletics European Championships

2016 - T42 200m

GEORGINA HERMITAGE

T37 100M, 400M & 4X100M



DOB: 28/03/1989
BORN: Guildford
LIVES: Alton
CLUB: Guildford & Godalming
TRAINS: Guildford
COACH: Paul MacGregor

WORLD RECORD HOLDER - T37 100M & 400M
200M & 400M

@Georgie400m Power of 10

PERSONAL BESTS

100m: 13.13 (2016) 400m: 60.53 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 2 2016 - T37 100m & 400m
- 1 2016 - T35-38 4x100m

IPC Athletics World Championships

- 2 2015 - 400m & 4x100m
- 1 2015 - 100m

IPC Athletics European Championships

- 4 2016 - 100m, 200m, 400m & 4x100m

MARIA LYLE

T35 100M & 200M



DOB: 14/02/2000
BORN: Edinburgh
LIVES: Dunbar
CLUB: Team East Lothian
TRAINING: Oaklands College
COACH: Ryan Freckleton
AGENT: 19eleven

@Lyle_Maria Power of 10

PERSONAL BESTS

100m: 13.90 (2015) 200m: 29.24 (2015)

CAREER HIGHLIGHTS:

Paralympic Games

- 1 2016 - 4x100m
- 2 2016 - 100m & 200m

IPC Athletics European Championships

- 5 2016 - 100m, 200m & 4x100m /
2014 - 100m & 200m

IPC Athletics World Championships

- 1 2015 - 4x100m
- 2 2015 - 100m & 200m

STEPHEN MILLER

F32 CLUB THROW



DOB: 27/05/1980
BORN: Newcastle upon Tyne
LIVES: Cramlington
CLUB: Gateshead Harriers
TRAINING: Gateshead
COACH: Ros Miller

@hailfabio Power of 10

PERSONAL BESTS

Club Throw: 34.37m (2008)

CAREER HIGHLIGHTS:

Paralympic Games

- 3 2004, 2000 & 1996 - F32/51 Club Throw
- 1 2008 - F32/51 Club Throw
- 2 2016 & 2000 - F32/51 Club Throw

IPC Athletics European Championships

- 1 2014 - F32 Club Throw
- 1 2016 - F32 Club Throw

IPC Athletics World Championships

- 1 2011 - F32 Club Throw

JONNIE PEACOCK

T44 100M



DOB: 28/05/1993
BORN: Cambridge
LIVES: Oakham
CLUB: Charnwood AC
TRAINING: Loughborough
COACH: Dan Pfaff / Michael Khmel
AGENT: Sports Sphere
KIT: BT

@jonnepeacock Power of 10

PERSONAL BESTS

100m: 10.68 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

2 2016 & 2012 - T44 100m

IPC Athletics European Championships

2 2016 & 2014 - T44 100m

IPC Athletics World Championships

1 2013 - T44 100m

GEMMA PRESCOTT

F32 CLUB THROW



DOB: 25/09/1983
BORN: Truro
LIVES: Warrington
CLUB: Challenge Disability Sports Club
TRAINING: Cheshire
COACH: Mike Wood

Power of 10

PERSONAL BESTS

Club Throw: 22.21m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 2016 – F32 Club Throw
- 2012 F31/32/51 Club Throw

IPC Athletics World Championships

- 2011 - F32 Club Throw

IPC Athletics European Championships

- 2016 - F31/32/51 Club Throw
- 2014 - F31/32/51 Club Throw

Commonwealth Games

- 2010 - F31/32/51 Club Throw

STEF REID

T44 LONG JUMP



DOB: 26/10/1984
BORN: Auckland, New Zealand
LIVES: Loughborough
CLUB: Charnwood AC
TRAINING: Loughborough
COACH: Aston Moore
AGENT: First Artist Mission

@RunJumpStefReid Power of 10

PERSONAL BESTS

Long Jump: 5.78m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 2016 & 2012 - T44 Long Jump
- 2008 - T44 200m

IPC Athletics European Championships

- 2014 - T44 Long Jump

IPC Athletics World Championships

- 2011 - T44 200m & Long Jump

ANDREW SMALL

T33 100M



DOB: 06/01/1993
BORN: Cheshire
LIVES: Nantwich
CLUB: Stockport
TRAINES: Stockport
COACH: Rick Hoskins

 @AndrewSmallT33  Power of 10

PERSONAL BESTS

100m: 17.96 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

 2016 – T33 100m

RICHARD WHITEHEAD

T42 100M & 200M



DOB: 19/07/1976
BORN: Nottingham
LIVES: Nottingham
CLUB: Southwell
TRAINING: Loughborough
COACH: Keith Antoine
AGENT: TLA Worldwide
KIT: Adidas

WORLD
RECORD HOLDER -
T42-200M



@Marathonchamp



Power of 10

PERSONAL BESTS

100m: 12.13 (2016) 200m: 23.03 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

- 2 2016 & 2012 - T42 200m
- 1 2016 - T42 100m

IPC Athletics World Championships

- 3 2015, 2013 & 2011 - T42 200m

IPC Athletics European Championships

- 3 2016 - T42 100m & 200m / 2012 - T42 200m
- 1 2014 - T42 200m
- 1 2012 - T42 100m

KATE AVERY

10,000M



DOB: 10/10/1991
BORN: Bishop Auckland
LIVES: Loughborough
CLUB: Shildon
TRAINING: Loughborough
COACH: Rob Denmark
KIT: New Balance



@KateAvery12



Power of 10

PERSONAL BESTS

10,000M: 31:41.44 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

15th place - 2015 - 10,000m

European Cross Country Championships



2015 & 2014 - Senior Women

CHRIS BAKER

HIGH JUMP



DOB: 02/02/1991
BORN: Norwich
LIVES: Cardiff
CLUB: Sale Harriers
TRAINING: Cardiff Metropolitan University
COACH: Sharon Heveran
AGENT: Stellar Athletics

@ChrisBakerHJ Power of 10

PERSONAL BESTS

High Jump: 2.36m i (2016)

CAREER HIGHLIGHTS:

European Championships

1 2016 - High Jump

MEGHAN BEESLEY

400M HURDLES



DOB: 15/11/1989
BORN: Tamworth
LIVES: Loughborough
CLUB: Birchfield Harriers
TRAINING: Loughborough
COACH: Michael Baker
AGENT: Stellar Athletics
KIT: Nike



@meghanbeesley



Power of 10

PERSONAL BESTS

400m Hurdles: 54.52 (2015)

CAREER HIGHLIGHTS:

IAAF World Junior Championships

1 2008 - 400m Hurdles

European U23 Championships

1 2011 - 400m Hurdles

Commonwealth Games

1 2010 - 4x400m

ALEXANDRA BELL

800M



DOB:

04/11/1992

LIVES:

Leeds

CLUB:

Pudsey & Bramley

TRAINES:

Leeds

COACH:

Aaron Thomas

AGENT:

Mezzo Management Group



@alexbell92



Power of 10

PERSONAL BESTS

800m: 2:00.53 (2016)

CHRIS BENNETT

HAMMER



DOB: 17/12/1989
BORN: Glasgow
LIVES: Glasgow
CLUB: Shaftesbury Barnet
TRAINES: Glasgow
COACH: Mick Jones

 @ChrisBennett89  Power of 10

PERSONAL BESTS

Hammer: 76.45m (2016)

CAREER HIGHLIGHTS:

Olympic Games

Competed at the 2016 Olympic Games - Hammer

European Championships

10th place: 2016 - Hammer Throw

TOM BOSWORTH

20KM RACE WALK



DOB: 17/01/1990
BORN: Pembury
LIVES: Leeds
CLUB: Tonbridge
TRAINING: Leeds
COACH: Andi Drake
AGENT: 17 Management
KIT: Asics

BRITISH
RECORD HOLDER -
20KM RACE WALK

@TomBosworth Power of 10

PERSONAL BESTS

20km Race Walk: 80:13 (2016)

CAREER HIGHLIGHTS:

Olympic Games

6th place - 2016 - 20km Race Walk

IAAF World Championships

25th place - 2015 - 20km Race Walk

DAN BRAMBLE

LONG JUMP



DOB: 14/10/1990
BORN: Acton
LIVES: Ruislip
CLUB: Shaftesbury Barnet
TRAINING: Brunel University
COACH: Frank Attoh
KIT: Nike

 @Dbrambbs_LJ  Power of 10

PERSONAL BESTS

Long Jump: 8.21m (2015)

CAREER HIGHLIGHTS:

IAAF World Indoor Championships

6th place - 2016 - Long Jump

ANDREW BUTCHART

5,000M



DOB: 14/10/1991
BORN: Stirling
LIVES: Dunblane
CLUB: Central AC
TRAINES: Stirling
COACH: Derek Easton
AGENT: Stephen Haas
KIT: New Balance



@andybutchart91



Power of 10

PERSONAL BESTS

5,000m: 13:08.61 (2016)

CAREER HIGHLIGHTS:

Olympic Games

6th place: 2016 - 5,000m

TOM FARRELL

5,000M



DOB: 23/03/1991
BORN: Carlisle
LIVES: Eugene, Oregon
CLUB: Border Harriers
TRAINING: Eugene, Oregon
COACH: Mark Rowland
KIT: Nike



@TomFarrellGB



Power of 10

PERSONAL BESTS

5,000m: 13:10.48 (2015)

CAREER HIGHLIGHTS:

Olympic Games

14th place - 2016 - 5,000m

IAAF World Championships

15th place - 2015 - 5,000m

European U23 Championships

1 2013 - 5,000m

ELLIOT GILES

800M



DOB: 26/05/1994
BORN: Birmingham
LIVES: London
CLUB: Birchfield Harriers
TRAINING: St Mary's
COACH: Matt Yates
KIT: Nike

@ElliotLeviGiles Power of 10

PERSONAL BESTS

800m: 1:45.54 (2016)

CAREER HIGHLIGHTS:

Olympic Games

Competed at the 2016 Olympic Games - 800m

European Championships

1 2016 – 800m

CHARLIE GRICE

1500M



DOB: 07/11/1993
BORN: Brighton
LIVES: Twickenham
CLUB: Brighton Phoenix
TRAINING: St. Mary's University
COACH: Jon Bigg
AGENT: Wasserman Media Group
KIT: Nike

@charliegrice1 Power of 10

PERSONAL BESTS

1500m: 3:33.60 (2016)

CAREER HIGHLIGHTS:

Olympic Games

12th place - 2016 - 1500m

IAAF World Championships

9th place - 2015 - 1500m

Commonwealth Games

7th place - 2014 - 1500m

European U23 Championships

1 2013 - 1500m

Youth Olympic Games

1 2010 - 1000m

ADAM HAGUE

POLE VAULT



DOB: 29/08/1997
BORN: Sheffield
LIVES: Rotherham
CLUB: Sheffield & Dearne
TRAINING: Sheffield
COACH: Trevor Fox
AGENT: Stellar Athletics
KIT: Nike

 @adamhaguepv  Power of 10

PERSONAL BESTS

Pole Vault: 5.60m (2015)

CAREER HIGHLIGHTS:

IAAF World Junior Championships

5th place - 2016 - Pole Vault

8th place - 2014 - Pole Vault

European Junior Championships

 2015 - Pole Vault

LUCY HATTON

100M HURDLES



DOB: 08/11/1994
BORN: Essex
LIVES: Milton Keynes
CLUB: Corby
TRAINES: Sheffield
COACH: Toni Minichiello
KIT: Nike

@LucyHattonXxx Power of 10

PERSONAL BESTS

100m Hurdles: 12.84m (2015)

CAREER HIGHLIGHTS:

European Indoor Championships

1 2015 - 60m Hurdles

CALLUM HAWKINS

MARATHON



DOB: 22/06/1992
BORN: Paisley
LIVES: Elderslie
CLUB: Kilbarchan
TRAINING: Kilbarchan
COACH: Robert Hawkins
KIT: New Balance

@callhawk Power of 10

PERSONAL BESTS

Marathon: 2:10:52 (2016)

CAREER HIGHLIGHTS:

Olympic Games

9th place - 2016 - Marathon

IAAF World Half Marathon Championships

15th place - 2016 - Half Marathon

European Championships

9th place - 2016 - Half Marathon

European Cross Country championships

2016 – Senior Men

CHRIS KANDU

HIGH JUMP



DOB: 10/09/1995
BORN: Hackney
LIVES: Enfield
CLUB: Lee Valley
TRAINING: Birmingham
COACH: Fuzz Caan
AGENT: Wasserman Media Group
KIT: Nike



@ChrisKanduHJ



Power of 10

PERSONAL BESTS

High Jump: 2.26m (2015)

CAREER HIGHLIGHTS:

European U23 Championships



2015 - High Jump

DAVID KING

110M HURDLES



DOB: 13/06/1994
BORN: Plymouth
LIVES: Plymouth
CLUB: City of Plymouth
TRAIN: Bath
COACH: James Hillier
KIT: Adidas



@DaveKing_



Power of 10

PERSONAL BESTS

110m Hurdles: 13.54 (2016)

CAREER HIGHLIGHTS:

European U23 Championships

4th place - 2015 - 110m Hurdles

MORGAN LAKE

HEPTATHLON & HIGH JUMP



DOB: 12/05/1997
BORN: Milton Keynes
LIVES: Camberley
CLUB: WSEH
TRAINING: Loughborough
COACH: Aston Moore
AGENT: Wasserman Media Group
KIT: Nike

@morgan_a_lake Power of 10

PERSONAL BESTS

Heptathlon: 6148 (2014) High Jump: 1.94 (2016)

CAREER HIGHLIGHTS:

Olympic Games

10th place - 2016 - High Jump

IAAF World Indoor Championships

7th place - 2016 - Pentathlon

IAAF World Junior Championships

2014 - High Jump & Heptathlon

European Junior Championships

1 2015 - High Jump

JADE LALLY

DISCUS



DOB: 30/03/1987
BORN: Tooting
LIVES: Horsham
CLUB: Shaftesbury Barnet
TRAINING: Surrey
COACH: Andrew Neal
AGENT: 17 Management
KIT: Adidas

@JadeLallyT69 Power of 10

PERSONAL BESTS

Discus: 65.10m (2016)

CAREER HIGHLIGHTS:

Olympic Games

Competed at the 2016 Olympic Games

Commonwealth Games

1 2014 - Discus

European Championships

7th place - 2016 - Discus

European U23 Championships

1 2009 - Discus

KYLE LANGFORD

800M



DOB: 02/02/1996
BORN: Watford
LIVES: Watford
CLUB: Shaftesbury Barnet
TRAINING: Watford
COACH: George Harrison
KIT: Nike



@KyleLangford_96



Power of 10

PERSONAL BESTS

800m: 1:45.78 (2015)

CAREER HIGHLIGHTS:

European Junior Championships

1 2015 - 800m

IAAF World Youth Championships

1 2013 - 800m

SCOTT LINCOLN

SHOT PUT



DOB: 07/05/1993
BORN: Northallerton
LIVES: Northallerton
CLUB: City of York
TRAINING: York
COACH: Paul Wilson
AGENT: TFT Athlete Management

@shotputlinco

Power of 10

PERSONAL BESTS

Shot Put: 19.59m (2016)

EILISH McCOLGAN

5,000M



DOB: 25/11/1990
BORN: Dundee
LIVES: Manchester
CLUB: Dundee Hawkhill
TRAINING: Manchester / Doha, Qatar
COACH: Liz McColgan-Nuttall
KIT: Nike

@EilishMccolgan Power of 10

PERSONAL BESTS

5,000m: 15:05.00 (2016)

CAREER HIGHLIGHTS:

Olympic Games

13th place - 2016 – 5,000m

European Championships

6th place – 2016 – 5,000m

IAAF World Championships

10th place - 2013 – 3,000m Steeplechase

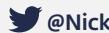
NICK MILLER

HAMMER THROW



DOB: 01/05/1993
BORN: Carlisle
LIVES: Los Gatos, California
CLUB: Border Harriers
TRAINING: Los Gatos, California
COACH: Tore Gustafsson

BRITISH
RECORD HOLDER
- HAMMER



@NickMillerhamer



Power of 10

PERSONAL BESTS

Hammer Throw: 77.55m (2015)

CAREER HIGHLIGHTS:

Commonwealth Games

2014 - Hammer Throw

European U23 Championships

2015 - Hammer Throw

DAVID OMOREGIE

110M HURDLES



DOB: 01/11/1995
BORN: Durham
LIVES: Loughborough
CLUB: Cardiff
TRAINING: Loughborough
COACH: Benke Blomkvist
AGENT: Eseosa Omoregie
KIT: Nike

@davidomoregie Power of 10

PERSONAL BESTS

110m Hurdles: 13:24 (2016)

CAREER HIGHLIGHTS:

IAAF World Junior Championships

2014 - 110m Hurdles

European U23 Championships

2015 - 110m Hurdles

SHELAYNA OSKAN-CLARKE

800M



DOB: 20/01/1990
BORN: London
LIVES: Uxbridge
CLUB: WSEH
TRAINES: Brunel
COACH: Jon Bigg
KIT: New Balance



@soskanclarke



Power of 10

PERSONAL BESTS

800m: 1:58.86 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

5th place - 2015 - 800m

ISOBEL POOLEY

HIGH JUMP



DOB:

21/12/1992

BORN:

London

LIVES:

Loughborough

CLUB:

Aldershot Farnham & District

TRAINING:

Loughborough

COACH:

Fuzz Caan

KIT:

Adidas



@IsobelPooley



Power of 10

PERSONAL BESTS

High Jump: 1.97m (2015)

CAREER HIGHLIGHTS:

Commonwealth Games

1 2014 - High Jump

ANDY POZZI

100M HURDLES



DOB: 15/05/1992
BORN: Leamington Spa
LIVES: Bath
CLUB: Stratford-upon-Avon
TRAINING: Loughborough
COACH: Benke Blomkvist
KIT: Nike

@andrew_pozzi Power of 10

PERSONAL BESTS

100m Hurdles: 13.19 (2016)

CAREER HIGHLIGHTS:

IAAF World Indoor Championships

4th place - 2014 & 2012 - 60m Hurdles

European Junior Championships

1 2011 - 100m Hurdles

SHONA RICHARDS

400M HURDLES



DOB: 01/09/1995
BORN: Epsom
LIVES: London
CLUB: WSEH
TRAINES: Sutton
COACH: Marina Armstrong
AGENT: M&C Saatchi
KIT: Nike



@ShonaRichards1



Power of 10

PERSONAL BESTS

400m Hurdles: 56.05 (2015)

CAREER HIGHLIGHTS:

IAAF World Junior Championships

2014 - 400m Hurdles & 4x400m

JAZMIN SAWYERS

LONG JUMP



DOB: 21/05/1994
BORN: Stoke
LIVES: Walsall
CLUB: City of Stoke
TRAINING: Birmingham
COACH: Kelly Sotherton
AGENT: IMG
KIT: Adidas

@JazminSawyers Power of 10

PERSONAL BESTS

Long Jump: 6.75m (2016)

CAREER HIGHLIGHTS:

Olympic Games

8th place - 2016 - Long Jump

European Championships

2016 - Long Jump

Commonwealth Games

2014 - Long Jump

IAAF World Junior Championships

2012 - Long Jump

European U23 Championships

2015 - Long Jump

European Junior Championships

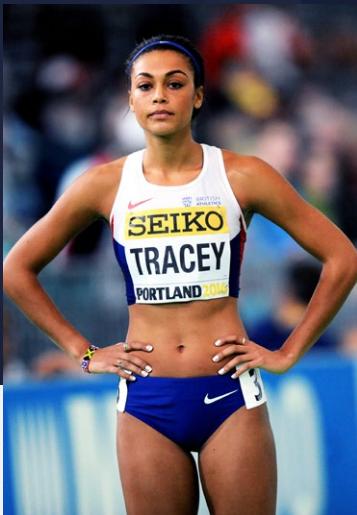
2013 - Long Jump

Commonwealth Youth Games

2011 - Long Jump

ADELLE TRACEY

800M



DOB: 27/05/1993
BORN: Seattle, USA
CLUB: Guildford & Godalming
TRAINING: St Mary's
COACH: Craig Winrow
AGENT: Gary Lough
KIT: Nike

@adelle_tracey Power of 10

PERSONAL BESTS

800m: 2:00.04 (2016)

CAREER HIGHLIGHTS:

European U23 Championships

4th place - 2015 - 800m

European Youth Olympic Festival

1 2009 - 800m

JAKE WIGHTMAN

1500M



DOB: 11/07/1994
BORN: Edinburgh
LIVES: Loughborough
CLUB: Edinburgh AC
TRAINING: Loughborough
COACH: Geoff Wightman
AGENT: Global Athletics
KIT: Nike



@JakeSWightman



Power of 10

PERSONAL BESTS

1500m: 3:35.49 (2014)

CAREER HIGHLIGHTS:

European Championships

7th place - 2016 - 1500m

European Junior Championships

1 gold medal - 2013 - 1500m

JOSHUA BAIN

F37 DISCUS



DOB: 29/11/1995
BORN: Chelmsford
LIVES: Colchester
CLUB: Chelmsford
TRAINES: Loughborough
COACH: David Parker

 @JoshuaBainF37  Power of 10

PERSONAL BESTS

Discus: 46.04m (2015)

CAREER HIGHLIGHTS:

IPC Athletics European Championships

 2016 - F37 Discus

DANIEL BRAMALL

T33 100M



DOB: 29/01/1985
BORN: Manchester
LIVES: Middlewich, Cheshire
CLUB: Stockport
TRAINING: Stockport
COACH: Peter Wyman

Power of 10

PERSONAL BESTS

100m: 17.82 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

4th place - 2016 - T33 100m

IPC Athletics World Championships

2015 - T33 100m

IPC Athletics European Championships

2016 - T33 100m

SHAUN BURROWS

T38 100M & 400M



DOB: 25/12/1997
BORN: Stafford
LIVES: Stoke-on-Trent
CLUB: Charnwood AC
TRAINING: Loughborough
COACH: Joseph McDonnell

 @shaunburrowst38  Power of 10

PERSONAL BESTS

100m: 11.78 (2015) 400m: 53.45 (2015)

CAREER HIGHLIGHTS:

IPC Athletics World Championships

 2015 - T38 400m

RICHARD CHIASSARO

T54 100M, 400M & 800M



DOB: 11/11/1981
BORN: Harlow
LIVES: Harlow
CLUB: Harlow AC
TRAINING: Loughborough
COACH: Jenni Banks

@richchiassaro Power of 10

PERSONAL BESTS

100m: 14.32 (2016) 400m: 45.98 (2016) 800m: 1:32.96 (2016)

CAREER HIGHLIGHTS:

IPC Athletics European Championships

- 1 2016 - T54 200m
- 3 2016 - T54 100m, 400m & 800m

VANESSA DAOBRY

F34 SHOT PUT



DOB: 20/06/1977
BORN: London
LIVES: London
CLUB: Enfield & Haringey
TRAINING: London
COACH: Alison O'Riordan

@FreshnessUK Power of 10

PERSONAL BESTS

Shot Put: 7.46m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

5th place - 2016 - F34 Shot Put

IPC Athletics European Championships

4th place - 2016 - F34 Shot Put

KYRON DUKE

F41 JAVELIN & SHOT PUT



DOB: 12/10/1992
BORN: Newport
LIVES: Cwmbran
CLUB: Federation of Disability Sport Wales
TRAINING: Welsh Institute of Sport
COACH: Anthony Hughes



@Dukey_Devil



Power of 10

PERSONAL BESTS

Shot Put: 12.46m (2016) Javelin: 39.30 (2016)

CAREER HIGHLIGHTS:

IPC World Athletics Championships

-  1 2013 - F41 Javelin
-  3 2015 - F41 Javelin / 2013 & 2011 F41 Javelin

IPC Athletics European Championships

-  2 2014 - F41 Javelin & Shot Put
-  2 2012 - F41 Javelin & Shot Put

KYLIE GRIMES

F51 CLUB THROW



DOB: 07/12/1987
BORN: Aldershot
LIVES: Farnham
TRAINING: Surrey
COACH: Phil Peat

 @kyliegrimes  Power of 10

PERSONAL BESTS

Club Throw: 19.07m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

4th place - 2016 - F51 Club Throw

IPC Athletics World Championships

4th place - 2015 - F51 Club Throw

CLAIRE HARVEY

F55 DISCUS AND SHOT PUT



DOB: 19/02/1974
BORN: Chatham
LIVES: Ashford
CLUB: Ashford AC
TRAINES: Ashford
COACH: Phil Peat



@harveysprout



Power of 10

PERSONAL BESTS

Shot Put: 6.87m (2016) Discus: 19.70m (2016) Javelin: 14.57m (2015)

CAREER HIGHLIGHTS:

IPC Athletics World Championships

5th place - 2015 - F55 Shot Put

8th place - 2015 - F55 Discus

JORDAN HOWE

T35 100M & 200M



DOB: 12/10/1995
BORN: Cardiff
LIVES: Cardiff
CLUB: Federation of Disability Sport Wales
TRAINING: Loughborough
COACH: Keith Antoine



@Jordan_Howe95



Power of 10

PERSONAL BESTS

100m: 12.82 (2015) 200m: 27.39 (2014)

CAREER HIGHLIGHTS:

Paralympic Games

1 2012 - T35-38 4x100m Relay

IPC Athletic European Championships

4 2016 & 2014 - T35 100m & 200m

ABBIE HUNNISETT

F32 CLUB THROW



DOB: 28/10/1995
BORN: Haywards Heath
LIVES: East Grinstead
CLUB: Weir Archer Academy
TRAINING: Richmond
COACH: Anthony Hughes / Mark Hunnisett



@abbiehunnisett



Power of 10

PERSONAL BESTS

Club Throw: 21.23 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

4th place - 2016 - F32 Club Throw

IPC European Championships

1st 2016 - F32/51 Club Throw

IPC Athletics World Championships

1st 2015 - F32 Club Throw

MOATEZ JOMNI

T53 100M, 400M & 800M



DOB:

19/02/1989

BORN:

Tunisia

LIVES:

London

CLUB:

Weir Archer Academy

TRAINES:

Richmond

COACH:

Jenny Archer



@MoatezJomni



Power of 10

PERSONAL BESTS

100m: 15.30 (2016) 200m: 26.64 (2016) 400m: 49.40 (2016) 800m: 1:40.60 (2015)

CAREER HIGHLIGHTS:

IPC Athletics World Championships

1 2016 - T53 200m

IPC Athletics European Championships

- 2 2016 & 2014 - T53 200m & 400m
- 2 2016 - T53 400m & 800m
- 2 2016 & 2014 - T53 100m & 800m

SOPHIE KAMLISH

T44 100M



DOB: 20/08/1996
BORN: London
LIVES: Bath
CLUB: Team Bath
TRAINES: Bath
COACH: Rob Ellchuk

WORLD RECORD HOLDER - T44 100M



@sophiekamlish



Power of 10

PERSONAL BESTS

100m: 12.93 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

4th place - 2016 - T43/44 100m

IPC Athletics World Championships

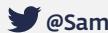
1 2013 - T43/44 200m

SAMANTHA KINGHORN

T53 100M, 200M, 400M, 800M & 1500M



DOB: 06/01/1996
BORN: Melrose
LIVES: Gordon, Scotland
CLUB: Red Star
TRAINING: Tweed Bank
COACH: Ian Mirfin



@SammiKinghorn



Power of 10

PERSONAL BESTS

100m: 16.62 (2016) 200m: 29.48 (2016) 400m: 55.27 (2016) 800m: 1:48.89 (2016) 1500m: 3:27.37 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

Fifth place - 2016 - T53 100m

Sixth place - 2016 - T53 800m

IPC Athletics World Championships

1 2016 - T53 200m

IPC Athletics European Championships

3 2014 - T53 100, 400m & 800m

NATHAN MAGUIRE

T54 400M



DOB: 27/07/1997
BORN: Chester
LIVES: Chester
CLUB: Halton & Frodsham
TRAINING: Stockport
COACH: Ste Hoskins



@nathanmaguire2



Power of 10

PERSONAL BESTS

400m: 47.96 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

Competed in the Rio Paralympic Games
4x400m Relay

IPC Athletics European Championships

7th place – 2016 - T54 200m & 800m

POLLY MATON

T46 100M & LONG JUMP



DOB: 23/10/1999
BORN: London
LIVES: Devizes
CLUB: Moonrakers AC
TRAINING: Bath
COACH: Colin Baross

@polly_maton Power of 10

PERSONAL BESTS

Long Jump: 5.27m (2015) 100m: 12.77 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

5th - 2016 - T46 100m

7th - 2016 - T46 Long Jump

IPC Athletics World Championships

8th place - 2015 - T47 Long Jump

STEPHEN MORRIS

T20 1500M



DOB: 13/09/1988
BORN: Cardiff
CLUB: Cardiff
TRAINING: Cardiff
COACH: James Thie
KIT: Saucony



@stevemorrisT20



Power of 10

PERSONAL BESTS

1500m: 3:56.24 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

6th place - 2016 - T20 1500m

6th place - 2012 - T20 1500m

IPC Athletics European Championships

4th place - 2016 - T20 800m

HOLLY NEILL

F41 SHOT PUT



DOB: 06/04/1989
BORN: Dorchester
LIVES: Dorchester
CLUB: Yeovil
TRAINES: Yeovil
COACH: Andrew Roda



@hollyneill



Power of 10

PERSONAL BESTS

Discus: 23.76m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

8th place - 2016 - F41 Discus

IPC Athletics World Championships

1 2013 - F41 Discus

DEREK RAE

T46 MARATHON



DOB: 23/10/1985
BORN: Kirkcaldy
LIVES: Kirkcaldy
CLUB: Fife
TRAINING: Fife
COACH: Ron Morrison

 @derekrae_85  Power of 10

PERSONAL BESTS

Marathon: 2:40.40

CAREER HIGHLIGHTS:

Paralympic Games

DNF - 2016 - T46 Marathon

IPC Athletics World Championships

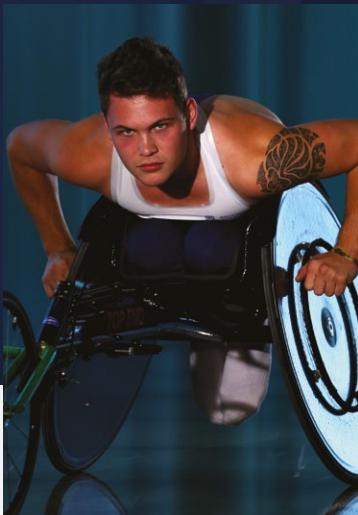
13th place - 2015 - Marathon

IPC Athletics Marathon World Cup

12th place - 2016

BEN ROWLINGS

T34 100M & 800M



DOB:

02/05/1996

BORN:

Shrewsbury

LIVES:

Newport, Shropshire

CLUB:

Coventry

TRAINING:

Coventry

COACH:

Job King

AGENT:

17 Management



@BenRowlings



Power of 10

PERSONAL BESTS

100m: 16.18 (2015) 400m: 53.19 (2015) 800m: 1:44.16 (2015)

CAREER HIGHLIGHTS:

IPC Athletics European Championships

 2016 T34 100m, 400m, 800m & 2014 - T34 800m

SAM RUDDOCK

F35 SHOT PUT



DOB: 19/02/1990
BORN: Rugby
LIVES: Loughborough
CLUB: Charnwood
TRAINING: Loughborough
COACH: Jim Edwards
AGENT: Nuff Respect



@samruddockT35



Power of 10

PERSONAL BESTS

Shot Put: 13.75m (2015)

CAREER HIGHLIGHTS:

IPC Athletics European Championships

1 2016 - F35 Shot Put

IPC World Championships

5th place - 2015 - F35 Shot Put

ZAC SHAW

T13 100M



DOB: 24/09/1995
BORN: Grimsby
LIVES: Loughborough
CLUB: Cleethorpes
TRAINING: Loughborough
COACH: Joe McDonnell



@shawzac



Power of 10

PERSONAL BESTS

100m: 11.28 (2016) 200m: 22.88 (2015)

CAREER HIGHLIGHTS:

IPC Athletics World Championships

6th place - 2015 - T13 100m & 200m

LAURA SUGAR

T44 100M & 200M



DOB: 07/02/1991
BORN: Cambridge
LIVES: Loughborough
CLUB: Birchfield Harriers
TRAINING: Loughborough
COACH: Femi Akinsanya

 @LauraSugar1  Power of 10

PERSONAL BESTS

100m: 13.37 (2016) 200m: 28.04 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

5th place: 2016 - T44 100m & 200m

IPC Athletics European Championships

 2016 - T44 100m

 2016 - T44 200m & 2014 - T44 100m & 200m

CARLY TAIT

T34 100M



DOB: 02/01/1986
BORN: Harrow
LIVES: Manchester
TRAINES: Loughborough
CLUB: Stockport
COACH: Jenni Banks



@CarlyT_WcRacer



Power of 10

PERSONAL BESTS

T34 100m: 19.17 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

6th place: 2016 - T34 100m

IPC Athletics European Championships



2016 - T34 100m and 400m

ISAAC TOWERS

T34 100M & 800M



DOB: 01/10/1998
BORN: Lancaster
LIVES: Preston
CLUB: Blackpool Wyre & Fylde
TRAINING: Liverpool
COACH: Peter Wyman



@catteralhall



Power of 10

PERSONAL BESTS

100m: 16.90 (2016) 400m: 54.18 (2016) 800m: 1:43.35 (2016)

CAREER HIGHLIGHTS:

Paralympic Games

5th place: 2016 - T34 800m

IPC Athletics European Championships

- 1 2016 - T34 800m
- 2 2016 - T34 400m & 2014 - T34 800m
- 2 2016 - T34 200m & 2014 - T34 400m

HARRY AIKINES-ARYEETEY

4X100M RELAY



DOB: 29/08/1988
BORN: Carshalton
LIVES: Loughborough
CLUB: Sutton & District
TRAINING: Loughborough
COACH: Benke Blomkvist
AGENT: Stellar Athletics
KIT: New Balance

@HarryAA100m Power of 10

PERSONAL BESTS

100m: 10.08 (2016)

CAREER HIGHLIGHTS:

Olympic Games

Fifth place - 2016 - 4x100m relay

IAAF World Championships

1 2009 - 4x100m Relay

European Championships

1 2014 - 4x100m Relay
 1 2014 - 100m

Commonwealth Games

1 2014 - 4x100m Relay

IAAF World Junior Championships

1 2006 - 100m

IAAF World Youth Championships

2 2005 - 100m & 200m

OJIE EDOBURUN

4X100M RELAY



DOB: 02/06/1996
BORN: London
LIVES: Edmonton
CLUB: Shaftesbury Barnet/Oaklands College
TRAINING: Lee Valley
COACH: Jonas Tawiah-Dodoo
AGENT: Wasserman Media Group
KIT: Adidas

@ojie_edoburun Power of 10

PERSONAL BESTS

100m: 10.16 (2014)

CAREER HIGHLIGHTS:

European Junior Championships

1 2015 - 100m

IAAF World Youth Championships

1 2013 - 100m

JAMES ELLINGTON

4X100M RELAY



DOB: 06/09/1985
BORN: Lewisham
LIVES: London
CLUB: Newham & Essex Beagles
TRAINING: Brunel University
COACH: Linford Christie
AGENT: Nuff Respect

@Jellington100m

Power of 10

PERSONAL BESTS

100m: 10.04 (2016) 200m: 20.31 (2016)

CAREER HIGHLIGHTS:

Olympic Games

Fifth place - 2016 - 4x100m relay

European U23 Championships

1 2007 - 4x100m Relay

European Championships

2 2016 & 2014 - 4x100m Relay

RICHARD KILTY

4X100M RELAY



DOB: 02/09/1989
BORN: Middlesbrough
LIVES: London
CLUB: Middlesbrough
TRAINING: Loughborough
COACH: Michael Khmel
KIT: Nike

 @RKilty1  Power of 10

PERSONAL BESTS

100m: 10.10 (2016)

CAREER HIGHLIGHTS:

Olympic Games

Fifth place - 2016 - 4x100m relay

European Indoor Championships

 2015 - 60m

European Championships

 2014 - 4x100m Relay

Commonwealth Games

 2014 - 4x100m Relay

IAAF World Indoor Championships

 2014 - 60m

European U23 Championships

 2011 - 4x100m Relay

DANNY TALBOT

4X100M RELAY



DOB: 01/05/1991
BORN: Salisbury
LIVES: Loughborough
CLUB: Birchfield Harriers
TRAINING: Loughborough
COACH: Benke Blomkvist
KIT: Nike

 @DannyRakeTalbot  Power of 10

PERSONAL BESTS

100m: 10.14 (2014) 200m: 20.25 (2016)

CAREER HIGHLIGHTS:

European Championships

 2 2016 & 2012 - 200m

Commonwealth Games

 1 2014 - 4x100m Relay

European U23 Championships

 1 2013 - 4x100m Relay
 2 2013 - 200m / 2011 - 4x100m Relay

CHIJINDU UJAH

4X100M RELAY



DOB: 05/03/1994
BORN: Enfield
LIVES: London
CLUB: Enfield & Haringey
TRAINING: Lee Valley
COACH: Jonas Tawiah-Dodoo
AGENT: M&C Saatchi
KIT: Nike

@Chijindu_Ujah Power of 10

PERSONAL BESTS

100m: 9.96 (2015)

CAREER HIGHLIGHTS:

European Championships

2016 - 4x100m Relay

Commonwealth Youth Games

2011 - 100m

European Junior Championships

2013 - 100m

JARRYD DUNN

4X400M RELAY



DOB: 30/01/1992
BORN: Walsall
LIVES: Walsall
CLUB: Birchfield Harriers
TRAINING: Birmingham
COACH: Keith Holt
KIT: Adidas

@jarryd_dunn Power of 10

PERSONAL BESTS

400m: 45.09 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

1 2015 - 4x400m

MATTHEW HUDSON-SMITH

4X400M RELAY



DOB: 26/10/1994
BORN: Wolverhampton
LIVES: Birmingham
CLUB: Birchfield Harriers
TRAINING: Birmingham
COACH: Tony Hadley
AGENT: Pace Sports Management
KIT: Nike

@mattonthefloor Power of 10

PERSONAL BESTS

400m: 44.48 (2016)

CAREER HIGHLIGHTS:

Olympic Games

Eighth place - 2016 - 400m

European Championships

1 2014 - 4x400m Relay

1 2014 - 400m

1 2016 - 4x400m Relay

Commonwealth Games

1 2014 - 4x400m

European Junior Championships

2 2013 - 200m & 4x400m

NIGEL LEVINE

4X400M RELAY



DOB: 30/04/1989
BORN: San Fernando, Trinidad & Tobago
LIVES: Bedford
CLUB: Windsor Slough Eton & Hounslow
TRAINING: Brunel
COACH: Linford Christie
AGENT: Nuff Respect
KIT: Nike

@NigelLevine Power of 10

PERSONAL BESTS

400m: 45.11 (2012)

CAREER HIGHLIGHTS:

European Championships

- 1 2014 – 4X400m Relay
- 1 2012 – 4X400m Relay

IAAF World Indoor Championships

- 2 2014 & 2012 – 4x400m Relay
- 1 2010 – 4X400m Relay

European Indoor Championships

- 1 2013 – 4X400m Relay
- 3 2013 – 400m / 2011 & 2009 – 4X400m Relay

European U23 Championships

- 2 2011 – 400 & 4x400m Relay

European Junior Championships

- 1 2007 - 4X400m Relay

MARTYN ROONEY

4X400M RELAY



DOB: 03/04/1987
BORN: Croydon
LIVES: Loughborough
CLUB: Croydon Harriers
TRAINES: Loughborough
COACH: Graham Hedman
KIT: Nike



@MartynRooney



Power of 10

PERSONAL BESTS

400m: 44.45 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

- 1 2009 - 4x400m Relay
- 1 2015 - 4x400m

European Championships

- 3 2016 - 400m / 2014 - 400m & 4x400m
- 1 2010 - 4x400m Relay
- 1 2010 - 400m

IAAF World Junior Championships

- 2 2006 - 400m & 4x400m Relay

European Junior Championships

- 1 2005 - 4x400m Relay

DELANO WILLIAMS

4X400M RELAY



DOB: 23/12/1993
BORN: Turks & Caicos Islands
LIVES: Mona, Jamaica
CLUB: Enfield & Haringey
TRAINING: Kingston, Jamaica
COACH: Neil Harrison
KIT: Nike

@Delano_delly Power of 10

PERSONAL BESTS

400m: 45.42 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

1 2015 - 4x400m Relay

IAAF World Junior Championships

1 2012 - 200m

European Championships

1 2016 - 4x400m

RABAH YOUSIF

4X400M RELAY



DOB: 11/12/1986
BORN: Khartoum, Sudan
LIVES: Cleveland
CLUB: Newham & Essex Beagles
TRAINING: Middlesbrough
COACH: Carol Williams
KIT: Nike

@Rabahyousif_R

Power of 10

PERSONAL BESTS

400m: 44.54 (2015)

CAREER HIGHLIGHTS:

IAAF World Championships

2015 - 4x400m

6th place - 2015 - 400m

European Championships

2016 - 4x400m

DESIREE HENRY

4X100M RELAY



DOB: 26/08/1995
BORN: Enfield
LIVES: Netherlands
CLUB: Enfield & Haringey
TRAINING: Netherlands
COACH: Rana Reider
AGENT: Stellar Athletics
KIT: Adidas

 @DesireeLHenry  Power of 10

PERSONAL BESTS

100m: 11.06 (2016) 200m: 22.46 (2016)

CAREER HIGHLIGHTS:

Olympic Games

 2016 - 4x100m Relay

European Championships

 2014 - 4x100m Relay

European Junior Championships

 2013 - 4x100m Relay

 2013 - 100m

IAAF World Youth Championships

 2011 - 200m

DARYLL NEITA

4X100M RELAY



DOB: 29/08/1996
BORN: Camberwell
LIVES: London
CLUB: Shaftesbury Barnet
TRAINING: Lee Valley
COACH: Jonas Tawiah-Dodoo
AGENT: Wasserman Media Group
KIT: Nike



@daryllneita



Power of 10

PERSONAL BESTS

100m: 11.23 (2016)

CAREER HIGHLIGHTS:

Olympic Games



2016 - 4x100m Relay

ASHLEIGH NELSON

4X100M RELAY



DOB: 20/02/1991
BORN: Stoke-on-Trent
LIVES: Leyton
CLUB: City of Stoke
TRAINING: Lee Valley
COACH: Michael Afilaka
KIT: Adidas

@ashleighnelson Power of 10

PERSONAL BESTS

100m: 11.19 (2014) 200m: 22.96 (2016)

CAREER HIGHLIGHTS:

IAAF World Championships

1 2013 - 4x100m Relay

European Championships

1 2014 - 4x100m Relay

1 2014 - 100m

Commonwealth Games

1 2014 - 4x100m Relay

IAAF World Junior Championships

1 2008 - 100m

IAAF World Youth Championships

1 2007 - 100m

European Junior Championships

1 2007 - 4x100m Relay

ASHA PHILIP

4X100M RELAY



DOB: 25/10/1990
BORN: London
LIVES: Loughborough
CLUB: Newman & Essex Beagles
TRAINING: Loughborough
COACH: Steve Fudge
AGENT: MTC
KIT: Nike

@MissAshaPhilip Power of 10

PERSONAL BESTS

100m: 11.10 (2015)

CAREER HIGHLIGHTS:

Olympic Games

1 2016 - 4x100m Relay

European Championships

1 2014 - 4x100m Relay

1 2016 - 4x100m Relay

Commonwealth Games

1 2014 - 4x100m Relay

European U23 Championships

1 2011 - 4x100m Relay

European Junior Championships

2 2010 & 2007 - 4x100m Relay

IAAF World Youth Championships

1 2007 - 100m

JODIE WILLIAMS

4X100M RELAY



DOB: 28/09/1993
BORN: Welwyn Garden City
LIVES: St Albans
CLUB: Herts Phoenix
TRAINING: Arizona, USA
COACH: Ryan Freckleton
AGENT: Stellar Athletics
KIT: Adidas

@Jodiealicia27 Power of 10

PERSONAL BESTS

100m: 11.18 (2011) 200m: 22.46 (2014)

CAREER HIGHLIGHTS:

European Championships

- 1 2014 – 4x100m Relay
- 1 2014 – 200m

Commonwealth Games

- 1 2014 – 200m
- 1 2014 – 4x100m Relay

IAAF World Junior Championships

- 1 2010 – 100m
- 1 2010 – 200m

IAAF World Youth Championships

- 2 2009 – 100m & 200m

European U23 Championships

- 1 2013 – 200m
- 2 2013 – 100m & 4x100m Relay

European Junior Championships

- 2 2011 – 100m & 200m
- 1 2011 – 4x100m Relay

MARGARET ADEOYE

4X400M RELAY



DOB: 22/04/1985
BORN: Lagos, Nigeria
LIVES: Hackney
CLUB: Enfield & Haringey
TRAINING: Brunel University
COACH: Linford Christie
AGENT: Nuff Respect

 @MargaretAdeoye  Power of 10

PERSONAL BESTS

400m: 51.93 (2013)

CAREER HIGHLIGHTS:

IAAF World Indoor Championships

 2014 - 4x400m Relay

European Championships

 2014 - 4x400m Relay

IAAF World Championships

 2013 - 4x400m Relay

SEREN BUNDY-DAVIES

4X400M RELAY



DOB: 30/12/1994
BORN: Crewe
LIVES: Wilmslow
CLUB: Trafford
TRAINING: Stretford
COACH: Stephen Ball
AGENT: MTC
KIT: Nike

@serenbdavies Power of 10

PERSONAL BESTS

400m: 51.26 (2016)

CAREER HIGHLIGHTS:

IAAF World Championships

1 2015 - 4x400m

European Championships

1 2016 - 4x400m

European U23 Championships

4th place - 2015 - 400m

European Indoor Championships

1 2015 - 4x400m Relay

1 2015 - 400m

EMILY DIAMOND

4X400M RELAY



DOB: 11/06/1991
BORN: Bristol
LIVES: Frome
CLUB: Bristol & West
TRAINES: Bath
COACH: Jared Deacon
AGENT: Stellar Athletics
KIT: Nike



@EmilyDiamond11



Power of 10

PERSONAL BESTS

400m: 51.23 (2016)

CAREER HIGHLIGHTS:

Olympic Games

1 2016 – 4x400m Relay

European U23 Championships

1 2011 - 4x400m Relay

European Championships

1 2016 – 4x400m Relay

EILIDH DOYLE

4X400M RELAY



DOB: 20/02/1987
BORN: Perth
LIVES: Cumbernauld/Bath
CLUB: Pitreavie
TRAINING: Bath University
COACH: Malcolm Arnold
AGENT: JCCM
KIT: Puma

@EilidhDoyle Power of 10

PERSONAL BESTS

400m Hurdles: 54.09 (2016) 400m: 51.45i (2013)

CAREER HIGHLIGHTS:

Olympic Games

1 2016 - 4x400m

IAAF World Championships

2 2015 & 2013 - 4x400m

European Championships

2 2016 4x400m & 2014 400m Hurdles
 1 2014 - 4x400m

Commonwealth Games

2 2014 & 2010 - 400m Hurdles

European Indoor Championships

1 2013 - 4x400m Relay
 1 2013 - 400m

European U23 Championships

1 2009 - 400m Hurdles

KELLY MASSEY

4X400M RELAY



DOB: 11/01/1985
BORN: Coventry
LIVES: Sale
CLUB: Sale Harriers
TRAINING: Stretford
COACH: Stephen Ball
AGENT: Richard Yates

 @kellymassey400  Power of 10

PERSONAL BESTS

400m: 51.96 (2014)

CAREER HIGHLIGHTS:

Olympic Games

 2016 - 4x400m Relay

European Indoor Championships

 2015 - 4x400m Relay

European Championships

 2014 - 4x400m Relay

Commonwealth Games

 2010 - 4x400m Relay

 2014 - 4x400m Relay

KIRSTEN MCASLAN

4X400M RELAY



DOB: 01/09/1993
BORN: Manchester
LIVES: Manchester
CLUB: Sale Harriers
COACH: Trevor Painter



@KirstMcaslan



Power of 10

PERSONAL BESTS

400m: 52.13 (2015)

CAREER HIGHLIGHTS:

European U23 Championships

1 2015 - 4x400m

5th place - 2015 - 400m

IAAF World Championships

1 2015 - 4x400m

European Indoor Championships

1 2015 - 4x400m

LAVIAI NIELSEN

4X400M RELAY



DOB: 13/03/1996
BORN: London
LIVES: London
CLUB: Enfield & Harringey
TRAINING: Lee Valley
COACH: Frank Adams
AGENT: Stellar Athletics
KIT: Adidas

 @Laviai  Power of 10

PERSONAL BESTS

400m: 52.25 (2015)

CAREER HIGHLIGHTS:

European Junior Championships

 2016 - 400m & 4x400m

IAAF World Junior Championships

 2014 - 4x400m

CHRISTINE OHURUOGU

4X400M



DOB: 17/05/1984
BORN: London
LIVES: London
CLUB: Newham & Essex Beagles
TRAINING: Lee Valley
COACH: Lloyd Cowan
AGENT: Pace Sports Management
KIT: Adidas



@chrissyoohuruogu



Power of 10

PERSONAL BESTS

400m: 49.41 (2013)

CAREER HIGHLIGHTS:

Olympic Games

- 1 2008 - 400m
- 1 2012 - 400m
- 1 2016 - 4x400m

IAAF World Championships

- 2 2013 & 2007 - 400m
- 4 2015, 2013, 2007 & 2005 - 4x400m

IAAF World Indoor Championships

- 1 2012 - 4x400m
- 1 2014 - 4x400m

European Indoor Championships

- 1 2013 - 4x400m

Commonwealth Games

- 1 2016 - 400m
- 1 2014 - 4x400m

European U23 championships

- 2 2005 - 400m & 4x400m

European Junior Championships

- 1 2003 - 400m

ANYIKA ONUORA

4X400M RELAY



DOB: 28/10/1984
BORN: Liverpool
LIVES: Loughborough
CLUB: Liverpool Harriers
TRAINING: Loughborough
COACH: Rana Reider
AGENT: Hard Yards Management
KIT: Adidas

 @annynuora  Power of 10

PERSONAL BESTS

400m: 50.87 (2015)

CAREER HIGHLIGHTS:

Olympic Games

 2016 - 4x400m Relay

IAAF World Championships

 2015 - 4x400m

European Championships

 2016 - 4x400m Relay

 2006 - 4x100m Relay

 2016 - 400m

Commonwealth Games

 2006 - 4x100m Relay

 2014 - 4x400m Relay

OLIVIA BREEN

T35-T38 4X100M RELAY



DOB: 26/07/1996
BORN: Guildford
LIVES: Liphook
CLUB: City of Portsmouth
TRAINING: Loughborough
COACH: Aston Moore
KIT: Adidas



@BreenOlivia



Power of 10

PERSONAL BESTS

100m: 13.13 (2016) Long jump: 4.38m (2016)

CAREER HIGHLIGHTS:

Paralympic Games

1 2012 - T35-38 4x100m Relay

IPC Athletics World Championships

1 2015 - T35-38 4x100m Relay

IPC Athletics European Championships

1 2016 - T35-38 4x100m Relay

1 2014 - T35-38 4x100m Relay

3 2014 - T38 100m / 2012 - T38 100m & 200m



**BRITISH
ATHLETICS**

FIXTURES & STANDARDS

QUALIFYING STANDARDS

British Athletics' Selection Policies for all major events can be found in the below link.

The selection policies outline the qualifying standards and criteria to qualify for a host of British Athletics teams throughout the year.

**For more information, visit: [http://www.britishathletics.org.uk/
world-class/2017-selection-policies/](http://www.britishathletics.org.uk/world-class/2017-selection-policies/)**



**BRITISH
ATHLETICS**

RECORDS

UK NATIONAL RECORDS OUTDOOR

* All records in this section are as of 31 January 2017

Men

100	9.87s (+0.3)	Linford Christie	15	08	1993	Stuttgart
200	19.94s (+0.3)	John Regis	20	08	1993	Stuttgart
200	19.87s (+1.8)*	John Regis	31	07	1994	Sestrière
400	44.36s	Iwan Thomas	13	07	1997	Birmingham
800	1m 41.73s	Sebastian Coe	10	06	1981	Florence
1500	3m 28.81s	Mohamed Farah	19	07	2013	Monaco
3000	7:32.62	Mohamed Farah				
5000	12m 53.11s	Mohamed Farah	22	07	2011	Monaco
10000m	26m 46.57s	Mohamed Farah	03	06	2011	Eugene
20km Walk	80:13	Tom Bosworth	12	08	2016	Rio
110H	12.91s (+0.5)	Colin Jackson	20	08	1993	Stuttgart
400H	47.82s	Kriss Akabusi	06	08	1992	Barcelona
3000St	8m 07.96s	Mark Rowland	30	09	1988	Seoul
HJ	2.37m	Steve Smith	20	09	1992	Seoul
HJ	2.37m	Steve Smith	22	08	1993	Stuttgart
HJ	2.37	Robbie Grabarz	23	08	2012	Lausanne
PV	5.82	Steven Lewis	21	07	2012	Szczecin
LJ	8.51	Greg Rutherford	24	04	2014	Chula Vista
TJ	18.29m (+1.3)	Jonathan Edwards	07	08	1995	Gothenburg
SP	21.68m	Geoff Capes	18	05	1980	Cwmbran
SP	21.92m *	Carl Myerscough	13	06	2003	Sacramento
DT	68.24m	Laurence Okoye	19	05	2012	Halle
HT	77.55m	Nick Miller	22	07	2015	Karlstad
JT	91.46m	Steve Backley	25	01	1992	Auckland

Women

100	10.99 (+0.1)	Dina Asher-Smith	25	07	2015	London
200	22.07 (+0.2)	Dina Asher-Smith	28	08	2015	Beijing
400	49.41s	Christine Ohuruogu	12	08	2013	Moscow
800	1m 56.21s	Kelly Holmes	09	09	1995	Monaco
1500	3m 55.22s	Laura Muir	27	08	2016	Paris
5000	14m 29.11s	Paula Radcliffe	20	06	2004	Bydgoszcz
10000	30m 01.09s	Paula Radcliffe	06	08	2002	Munich
100H	12.51	Tiffany Porter	14	09	2014	Marrakech
400H	52.74s	Sally Gunnell	19	08	1993	Stuttgart
3000SC	9:24.24	Barbara Parker	02	06	2012	Eugene
HJ	1.98m	Katarina Johnson-Thompson	12	08	2016	Rio
PV	4.71	Holly Bleasdale	24	06	2012	Birmingham
LJ	7.07m (+0.4)	Shara Proctor	28	08	2015	Beijing
TJ	15.15m (+1.7)	Ashia Hansen	13	09	1997	Fukuoka
SP	19.36m	Judy Oakes	14	08	1988	Gateshead
DT	67.48m	Meg Ritchie	26	04	1981	Walnut
HT	74.54m	Sophie Hitchon	15	08	2016	Rio
JT	66.17	Goldie Sayers	14	07	2012	Crystal Palace
Hep	69.55	Jessica Ennis-Hill	04	08	2012	Olympic Park
4x100	42.10	Philip, Asher-Smith, Henry, Neita	15	08	2016	Beijing

* Performance awaiting documentation and ratification

UK NATIONAL RECORDS INDOOR

Men

60	6.42s	Dwain Chambers	07	03	2009	Turin
200	20.25s	Linford Christie	19	02	1995	Lievin
400	45.39s	Jamie Baulch	09	02	1997	Birmingham
800	1m 44.91s	Sebastian Coe	12	03	1983	Cosford
1500	3m 34.20s	Peter Elliott	27	02	1990	Seville
3000m	7m 34.47s	Mohamed Farah	21	02	2011	Birmingham
60H	7.30s	Colin Jackson	06	03	1994	Sindelfingen
HJ	2.38m	Steve Smith	04	02	1994	Wuppertal
PV	5.83	Luke Cutts	25	01	2014	Rouen
LJ	8.18m	Christopher Tomlinson	02	02	2008	Stuttgart
TJp	17.75m	Phillips Idowu	09	03	2008	Valencia
SP	21.49m	Carl Myerscough	14	03	2003	Fayetteville
Hept	59.82	John Lane	25-26	01	2014	Sheffield

Women

60	7.08s	Jeanette Kwakye	07	03	2008	Valencia
60	7.08s	Dina Asher-Smith	08	03	2015	Sheffield
200	22.83s	Katharine Merry	14	02	1999	Birmingham
400	50.02s	Nicola Sanders	03	03	2007	Birmingham
800	1m 58.43s	Jenny Meadows	14	03	2010	Doha
1500	4m 02.66s	Kelly Holmes	16	03	2003	Birmingham
5000	15m 03.17s	Liz McColgan	22	02	1992	Birmingham
60H	7.80	Tiffany Porter	04	03	2011	Paris
HJ	1.97m	Katarina Johnson-Thompson	14	02	2015	Sheffield
PV	4.87m	Holly Bleasdale	21	01	2012	Villeurbanne
LJ	6.89	Shara Proctor	11	03	2012	Istanbul
TJ	15.16m	Ashia Hansen	28	02	1998	Valencia
SP	19.06m	Venissa Head	07	04	1984	St Athan
Pen	5000	Katarina Johnson-Thompson	06	03	2015	Prague

UK JUNIOR RECORDS

Men

100	10.05 (+0.1)	Adam Gemili	11	07	2012	Barcelona
200	20.29s (-0.2)	Christian Malcolm	19	09	1998	Kuala Lumpur
400	45.35s	Martyn Rooney	21	03	2006	Melbourne
800	1m 45.64s	David Sharpe	05	09	1986	Brussels
1500	3m 36.6s	Graham Williamson	17	07	1979	Oslo
3000	7m 48.28s	Jonathan Richards	09	07	1983	Oslo
5000	13m 27.04s	Steve Binns	14	09	1979	Crystal Palace
10000	29m 21.9s	Jon Brown	21	04	1990	Walnut
110H	13.17	David Omoregie	22	06	2014	Bedford
400H	50.20s	Richard Davenport	15	07	2004	Grosseto
3000St	8m 29.85s	Paul Davies-Hale	31	08	1981	Crystal Palace
10000kW	40m 41.62s	Callum Wilkinson	23	07	2016	Bydgoszcz, Poland
4x100m	39.05s	Edgar/Grant/Benjamin/Lewis-Francis	22	10	2000	Santiago
4x400m	3m 03.80s	Grindley/Patrick/Winrow/Richardson	12	08	1990	Plovdiv
HJ	2.37m	Steve Smith	20	09	1992	Seoul
PV	5.60m	Adam Hague	28	03	2015	Austin, Texas
LJ	8.14m (o.o)	Greg Rutherford	22	07	2005	Kaunas
TJ	16.58m (+1.6)	Tosi Fasinro	15	06	1991	Espoo
SP (6kg)	19.30m	Curtis Griffith Parker	31	05	2009	Bedford
DT (1.75kg)	64.35m	Emeka Udechukwu	05	07	1998	Bedford
HT (6kg)	78.74m	Taylor Campbell	20	06	2015	Bedford
JT	79.50m	Steve Backley	05	06	1988	Derby
Dec	8082pts	Daley Thompson	30/31	07	1977	Sittard

Women

100	10.99 (+0.1)	Dina Asher-Smith	25	07	2015	London
200	22.07 (+0.2)	Dina Asher-Smith	28	08	2015	Beijing
400	51.16s	Linsey Macdonald	15	06	1980	Crystal Palace
800	1m 59.75s	Charlotte Moore	28	07	2002	Manchester
1500	3m 59.96s	Zola Budd	30	08	1985	Brussels
3000	8:28.83	Zola Budd	07	09	1985	Rome, Italy
5000	14m 48.07s	Zola Budd	26	08	1985	Crystal Palace
100H	13.13	Yasmin Miller	27	07	2014	Eugene
400H	56.16	Shona Richards	26	07	2014	Eugene
3000St	10m 06.12s *	Emily Pidgeon	03	07	2005	Bedford
4x100m	43.81s	Miller/Asher-Smith/Wilson/Henry	21	07	2013	Rieti
4x400m	3m 30.46s	Wall/ Spencer/James/Miller	21	07	2002	Kingston
HJ	1.94m	Morgan Lake	14	02	2015	Sheffield
PV	4.52m	Katie Byers	18	02	2012	Never, France
LJ	6.90m (+1.4)	Bev Kinch	14	08	1983	Helsinki
TJ	13.75m (+0.9)	Laura Samuel	22	07	2010	Moncton
SP	17.12m	Sophie McKenna	25	05	2013	Crystal Palace
DT	55.28m	Eden Francis	02	09	2007	Hendon
HT	66.01m	Sophie Hitchon	24	07	2010	Moncton
JT	55.40m	Goldie Sayers	22	07	2001	Grosseto
Hep	6267 pts	Katarina Johnson-Thompson	3/4	08	2012	London

* Performance awaiting documentation and ratification

WORLD RECORDS OUTDOOR

Men

100	9.58	Usain Bolt	JAM	16	Aug	09	Berlin
200	19.19	Usain Bolt	JAM	20	Aug	09	Berlin
400	43.03	Wayde van Niekerk	RSA	15	Aug	16	Rio
800	1:40.91	David Rudisha	KEN	09	Aug	12	London
1500	3:26.00	Hicham El Guerrouj	MAR	14	Jul	98	Rome
5000	12:37.35	Kenenisa Bekele	ETH	31	May	04	Hengelo
10000	26:17.53	Kenenisa Bekele	ETH	26	Aug	05	Brussels
Mar	2:02:06	Dennis Kimetto	KEN	28	Sep	14	Berlin
3000St	7:53.63	Saif Saeed Shaheen	QAT	3	Sep	04	Brussels
110H	12.80	Aries Merritt	USA	7	Sep	12	Brussels
400H	46.78	Kevin Young	USA	6	Aug	92	Barcelona
HJ	2.45	Javier Sotomayor	CUB	27	Jul	93	Salamanca
PV	6.16	Renaud Lavillenie	FRA	15	Feb	14	Donetsk
LJ	8.95	Mike Powell	USA	30	Aug	91	Tokyo
TJ	18.29	Jonathan Edwards	GBR	7	Aug	95	Gothenburg
SP	23.12	Randy Barnes	USA	20	May	90	Los Angeles
DT	74.08	Jürgen Schult	GER	6	Jun	86	Neubrandenburg
HT	86.74	Yuriy Sedykh	RUS	30	Aug	86	Stuttgart
JT	98.48	Jan Zelezny	CZE	25	May	96	Jena
Dec	9045	Ashton Eaton	USA	29	Aug	15	Beijing
20k RW	1:16.36	Yusuke Suzuki	JPN	15	Ma	15	Nomi
50k RW	3:32.33	Yohann Diniz	FRA	15	Aug	14	Zurich
4x100	36.84	Jamaica		11	Aug	12	London
4x400	2:54.29	United States		22	Aug	93	Stuttgart

Women

100	10.49	Florence Griffith Joyner	USA	16	Jul	88	Indianapolis
200	21.34	Florence Griffith Joyner	USA	29	Sep	88	Seoul
400	47.60	Marita Koch	GER	6	Oct	85	Canberra
800	1:53.28	Jarmila Kratochvílová	CZE	26	Jul	83	Munich
1500	3:50.07	Genzebe Dibaba	ETH	17	Jul	15	Monaco
5000	14:11.15	Tirunesh Dibaba	ETH	6	Jun	08	Oslo
10000	29:17.45	Almaz Ayana	ETH	12	Aug	16	Rio
Mar	2:15.25	Paula Radcliffe	GBR	13	Apr	03	London
3000St	8:52.78	Ruth Jebet	BAH	27	Aug	16	Paris
100H	12.21	Yordanka Donkova	BUL	20	Aug	88	Stara Zagora
400H	52.34	Yuliya Pechonkina	RUS	8	Aug	03	Tula
HJ	2.09	Stefka Kostadinova	BUL	30	Aug	87	Rome
PV	5.06	Yelena Isinbayeva	RUS	28	Aug	09	Zurich
LJ	7.52	Galina Chistyakova	RUS	11	Jun	88	St. Petersburg
TJ	15.50	Inessa Kravets	UKR	10	Aug	95	Gothenburg
SP	22.63	Natalya Lisovskaya	RUS	7	Jun	87	Moscow
DT	76.80	Gabriele Reinsch	GER	9	Jul	88	Neubrandenburg
HT	82.98	Anita Włodarczyk	POL	28	Aug	16	Warszawa
JT	72.28	Barbora Spotáková	CZE	13	Sep	08	Stuttgart
Hept	7291	Jackie Joyner-Kersee	USA	24	Sep	88	Seoul
20k RW	1:24.38	Hong Liu	CHN	06	Jun	15	La Coruna
4x100	40.82	USA		10	Aug	12	London
4x400	3:15.17	U.S.S.R.		1	Oct	88	Seoul

WORLD RECORDS INDOOR

Men

60	6.39	Maurice Greene	USA	3	Feb	98	Madrid
	6.39	Maurice Greene	USA	3	Mar	01	Atlanta
200	19.92	Frank Fredericks	NAM	18	Feb	96	Liévin
400	44.57	Kerron Clement	USA	12	Mar	05	Fayetteville
800	1:42.67	Wilson Kipketer	DEN	9	Mar	97	Paris (B)
1500	3:31.18	Hicham El Guerrouj	MAR	2	Feb	97	Stuttgart
3000	7:24.90	Daniel Komen	KEN	6	Feb	98	Budapest
60H	7.30	Colin Jackson	GBR	6	Mar	94	Sindelfingen
HJ	2.43	Javier Sotomayor	CUB	4	Mar	89	Budapest
PV	6.16	Renaud Lavillenie	FRA	15	Feb	14	Donetsk
LJ	8.79	Carl Lewis	USA	27	Jan	84	New York
TJ	17.92	Teddy Tamgho	FRA	06	Mar	11	Paris (Bercy)
SP	22.66	Randy Barnes	USA	20	Jan	89	Los Angeles
Hep	6645	Ashton Eaton	USA	10	Mar	12	Istanbul
4x400	3:02.13	United States		9	Mar	14	Sopot

Women

60	6.92	Irina Privalova	RUS	11	Feb	93	Madrid
200	21.87	Merlene Ottey	JAM	13	Feb	93	Liévin
3000	8:16.60	Genzebe Dibaba	ETH	06	Feb	14	Stockholm
400	49.59	Jarmila Kratochvílová	CZE	7	Mar	82	Milan
800	1:55.82	Jolanda Ceplak	SLO	3	Mar	02	Vienna
1500	3:55.17	Genzebe Dibaba	ETH	1	Feb	14	Karlsruhe
3000	8:16.60	Genzebe Dibaba	ETH	6	Feb	14	Stockholm
60H	7.68	Susanna Kallur	SWE	10	Feb	08	Karlsruhe
HJ	2.08	Kajsa Bergqvist	SWE	4	Feb	06	Arnstadt
PV	5.02	Jennifer Suhr	USA	2	Mar	13	Albuquerque
LJ	7.37	Heike Drechsler	GER	13	Feb	88	Vienna
TJ	15.36	Tatyana Lebedeva	RUS	6	Mar	04	Budapest
SP	22.50	Helena Fibingerová	CZE	19	Feb	77	Jablonec
Pen	5013	Nataliya Dobrynska	UKR	9	Mar	12	Istanbul
4x400	3:23.37	Russia		28	Jan	06	Glasgow

EUROPEAN RECORDS

Men

60	6.42	Dwain Chambers	GBR	07	Mar	09	Torino
100	9.86	Francis Obikwelu	POR	22	Aug	04	Athinaï
100	9.86	Jimmy Vicaut	FRA	04	Jul	15	Saint-Denis
200	19.72	Pietro Mennea	ITA	12	Sep	79	Mexico D.F.
400	45.05	Thomas Schönlebe	GER	05	Feb	88	Sindelfingen
800	1:42.7	Wilson Kipketer	DEN	09	Mar	97	Paris
1500	3:28.81	Mo Farah	GBR	19	Jul	13	Monaco
3000	7:26.62	Mohammed Mourhit	BEL	18	Aug	00	Monaco
5000	12:49.7	Mohammed Mourhit	BEL	25	Aug	00	Bruxelles
10000	26:46.57	Mo Farah	GBR	03	Jun	11	Eugene
Mar	2:06:10	Kaan Kigen Özbilen	TUR	20	Mar	16	Seoul
3000St	8.00.09	Mahiedine Mekhissi-Benabbab	FRA	06	Jul	13	Paris Saint Denis
60m H	7.3	Colin Jackson	GBR	06	Mar	94	Sindelfingen
110H	12.91	Colin Jackson	WLS	20	Aug	93	Stuttgart
400H	47.37	Stephane Diagana	FRA	05	Jul	95	Lausanne
HJ	2.42	Carlo Thränhardt	GER	26	Feb	88	Berlin
PV	6.16	Renaud Lavillenie	FRA	15	Feb	14	Donetsk
LJ	8.71	Sebastian Bayer	GER	08	Mar	00	Torino
TJ	18.29	Jonathan Edwards	GBR	07	Aug	95	Göteborg
SP	22.55	Ulf Timmermann	GER	11	Feb	89	Senftenberg
DT	74.08	Jürgen Schult	GDR	06	Jun	86	Neubrandenburg
HT	86.74	Yuriy Sedykh	URS	30	Aug	86	Stuttgart
JT	98.48	Jan Zelezny	CZE	25	May	96	Jena
Dec	9026	Roman Sebrle	CZE	26	May	01	Götzis
Hept	6438	Roman Šebrle	CZE	07	Mar	04	Budapest
20KmW	1:19.11	Perseus Karlström	SWE	09	Apr	16	Poděbrady
50KmW	3:37.48	Yohann Diniz	FRA	13	Mar	16	Saint-Sebastien-sur-Loire
4x100	37.78	Great Britain	GBR	23	Jul	16	London
4x400	2:58.52	Belgium	BEL	20	Aug	16	Rio

Women

60	6.92	Irina Privalova	RUS	11	Feb	93	Madrid
100	10.73	Christine Arron	FRA	19	Aug	98	Budapest
200	21.63	Dafne Schippers	NED	28	Aug	15	Beijing
400	47.60	Marita Koch	GER	06	Oct	85	Canberra
800	01:53.28	Jarmila Kratochvílová	CZE	26	Jul	83	Munich
1500	03:52.47	Tatyana Kazankina	RUS	13	Aug	80	Zürich
3000	08:21.42	Gabriela Szabo	ROU	19	Jul	02	Monaco
5000	14:23.8	Lillya Shobukhova	RUS	19	Jul	08	Kazan
10000	29:56.3	Elvan Abeylegesse	TUR	15	Sep	08	Beijing
Mar	2:15.25	Paula Radcliffe	GBR	13	Apr	03	London
3000St	8:58.81	Gulnara Samitova-Galkina	RUS	17	Aug	08	Beijing
60m H	7.68	Susanna Kallur	SWE	10	Feb	08	Karlsruhe
100H	12.21	Yordanka Donkova	BUL	30	Aug	88	Stara Zagora
400H	52.34	Yuliya Pechonkina	RUS	08	Aug	03	Tula

EUROPEAN RECORDS

Women

HJ	2.09	Stefka Kostadinov	BUL	30	Aug	87	Rome
PV	5.06	Yelena Isinbayeva	RUS	28	Aug	09	Zürich
LJ	7.52	Galina Cistjaková	RUS	11	Jun	88	Leningrad
TJ	15.50	Inessa Kravets	UKR	10	Aug	95	Göteborg
DT	76.80	Gabriele Reinsch	GDR	09	Jul	88	Neubrandenburg
HT	82.98	Anita Włodarczyk	POL	28	Aug	16	Warsaw
JT	72.28	Barbara Spotakova	CZE	13	Sep	08	Stuttgart
Hept	7032	Carolina Klüft	SWE	25	Aug	07	Osaka
Pent	5013	Nataliya Dobrynska	UKR	09	Mar	12	Istanbul
20KmW	1:24:47	Elmira Alembekova	RUS	27	Feb	15	Sochi
4x100	41.37	East Germany	GDR	06	Oct	85	Canberra
4x400	3:15.2	Soviet Union	URS	01	Oct	88	Seoul

IPC WORLD RECORDS

Men's 100m

T11	10.92	David Brown	USA	18	April	2014	Walnut, California
T12	10.66	Elchin Muradov	AZE	19	Jun	2010	Imola (Bologna)
T13	10.46	Jason Smyth	IRL	1	Sep	2012	London
T33	16.46	Ahmad Almutairi	KUW	12	Sep	2015	Doha
T34	14.95	Walid Ktila	TUN	04	Jun	2015	Arbon
T35	12.22	Ihor Tsvietov	UKR	09	Sep	2016	Rio
T36	11.90	Evgenii Shvetcov	RUS	22	Jul	2013	Lyon
T37	11.42	Charl Du Toit	RSA	10	Sept	2016	Rio
T38	10.74	Hu Jianwen	CHN	13	Sep	2016	Rio
T42	12.11	Heinrich Popow	GER	12	Jul	2013	Leverkusen
T43	10.57	Alan Fonteles Cardoso Oliveira	BRA	28	Jul	2013	London
T44	10.61	Richard Browne	USA	29	Oct	2015	Doha
T45	10.94	Yohansson Nascimento	BRA	6	Sep	2012	London
T46	10.57	Ferreira Dos Santos	BRA	11	Sep	2016	Rio
T51	20.47	Toni Piispanen	FIN	04	Jun	2015	Arbon
T52	16.46	Raymond Martin	USA	04	Jun	2015	Arbon
T53	14.17	Brent Lakatos	CAN	17	May	2014	Nottwil
T54	13.63	Leo Pekka Tahti	FIN	1	Sep	2012	London

Men's 200m

T11	22.41	David Brown	USA	18	Apr	2014	Walnut, California
T12	21.56	Mateusz Michalski	POL	8	Sep	2012	London
T13	21.05	Jason Smyth	IRL	21	Jul	2013	Lyon
T33	29.96	Ahmad Almutairi	KUW	29	May	2016	Notwil
T34	26.69	Walid Ktila	TUN	23	Feb	2014	Dubai
T35	24.69	Dmitri Safronov	RUS	27	Jul	2013	Lyon
T36	24.29	Evgenii Shvetcov	RUS	31	Oct	2015	Doha
T37	22.59	Andrey Vdovin	RUS	22	Oct	2015	Doha
T38	21.82	Evan O'Hanlon	AUS	8	Sep	2012	London
T42	23.03	Richard Whitehead	GBR	23	Jul	2016	London
T43	20.66	Alan Fonteles Cardoso Oliveira	BRA	21	Jul	2013	Lyon
T44	21.27	Richard Browne	USA	25	Oct	2015	Doha
T45	21.91	Yohansson Nascimento	BRA	22	Jul	2013	Lyon
T46/47	21.49	Petrucio Ferreira dos Santos	BRA	24	Apr	2015	Sao Paolo
T51	37.47	Peter Genyn	BEL	29	May	2016	Notwil
T52	30.02	Raymond Martin	USA	10	May	2014	Mesa
T53	25.27	Brent Lakatos	CAN	26	May	2014	Notwil
T54	24.18	Lixin Zhang	CHN	12	Sep	2008	Beijing

Men's 400m

T11	49.82	Daniel Silva	BRA	18	Nov	2011	Guadalajara
T12	48.52	Mahmoud Khaldi	TUN	6	Sep	2012	London
T13	47.83	Mohamed Amguoun	MOR	28	Oct	2015	Doha
T20	47.22	Daniels Martins	BRA	9	Sep	2016	Rio
T33	57.95	Ahmad Almutairi	KUW	26	Jul	2013	Lyon
T34	50.04	Walid Ktila	TUN	21	May	2014	Notwil
T35	56.61	Dmitri Safronov	RUS	18	May	2014	Notwil
T36	53.31	Evgenii Shvetcov	RUS	4	Sep	2012	London
T37	50.52	Andrey Vdovin	RUS	14	Jun	2016	Grosseto
T38	49.33	Mohamed Farhat Chida	TUN	29	Jan	2011	Christchurch
T42	52.61	Ntando Mahlangu	RSA	2	Jul	2016	Prague
T43	45.39	Oscar Pistorius	RSA	28	Aug	2011	Daegu
T44	49.66	Michal Seitis	GRE	15	Sep	2016	Rio
T45	49.21	Yohansson Nascimento	BRA	4	Sep	2012	London
T46	47.69	Heath Francis	AUS	10	Sep	2008	Beijing
T51	1:18.09	Peter Genyn	BEL	14	Jun	2016	Grosseto
T52	55.19	Raymond Martin	USA	04	Jun	2015	Arbon
T53	47.36	Sukman Hong	KOR	26	Jun	2010	Arbon
T54	45.07	Lixin Zhang	CHN	10	Sep	2008	Beijing

IPC WORLD RECORDS

Men's 800m

T11	1:58.47	Odair Santos	BRA	6	Aug	2011	Sao Paulo
T12	1:50.02	Egor Sharov	RUS	22	Jul	2013	Lyon
T13	1:50.70	Abdellatif Baka	ALG	13	May	2015	Seoul
T20	1:53.63	Alexander Rabatnitskiy	RUS	28	Oct	2015	Doha
T33	1:52.52	Ahmad Almutairi	KUW	25	Oct	2015	Doha
T34	1:42.33	Walid Ktila	TUN	23	Feb	2014	Dubai
T35	2:29.47	James Sands	GBR	31	Jul	1994	Berlin
T36	2:02.39	James Turner	AUS	17	Sep	2016	Rio
T37	1:57.17	Michael McKillop	IRL	21	Jul	2013	Lyon
T38	1:58.87	Malcolm Pringle	RSA	20	Sep	2004	Athens
T44	2:07.18	Daniel Andrews	USA	22	Jul	2002	Villeneuve d'Ascq
T45	1:59.30	Yagony Reis de Sousa	BRA	08	Jun	2013	Sao Paulo
T46	1:51.82	Günther Matzinger	AUT	8	Sep	2012	London
T51	2:40.15	Fabian Blattman	AUS	25	Jun	1995	Etobicoke
T52	1:51.64	Raymond Martin	USA	02	Jul	2016	Charlotte
T53	1:34.43	Joshua George	USA	04	Jun	2015	Arbon
T54	1:31.12	Marcel Hug	SUI	26	Jun	2010	Arbon

Men's 1500m

T11	3:58.37	Samwel Mushai Kimani	KEN	3	Sep	2012	London
T12	3:48.31	Abderrahim Zhiou	TUN	4	Sep	2012	London
T13	3:48.29	Abdellatif Baka	ALG	11	Sep	2016	Rio
T20	3:54.07	Rafal Korć	POL	6	Jul	2003	Tunis
T33	4:21.39	Lachlan Jones	AUS	7	Jul	2005	New London
T34	3:11.91	Walid Ktila	KUW	2	Jan	2016	Slupsk
T35	4:58.65	James Sands	GBR	26	Jul	1994	Berlin
T36	4:32.89	Artem Arefyev	RUS	24	Jul	2013	Lyon
T37	3:59.54	Michael McKillop	IRL	8	May	2012	London
T38	4:09.50	Abbes Saidi	TUN	8	Jul	2005	New London
T44	4:33.46	James Roland Ortiz	USA	19	Apr	2013	Lawrence, USA
T45	4:08.26	Pedro Meza Zempoaltecatl	MEX	20	Sep	2004	Athens
T46	3:50.15	Abraham Tarbei	KEN	4	Sep	2012	London
T51	5:01.49	Fabian Blattman	AUS	28	Jan	1998	Sydney
T52	3:29.79	Raymond Martin	USA	04	Jun	2015	Arbon
T54	2:54.51	Marcel Hug	SUI	24	Jun	2010	Arbon

Men's 5000m

T11	15:11.07	Henry Wanyoike	KEN	24	Sep	2004	Athens
T12	13:53.76	El Amin Chentouf	MAR	3	Sep	2012	London
T13	14:33.33	Bilel Aloui	TUN	15	Sep	2016	Rio
T34	12:21.64	Austin Pruitt	USA	26	Jun	2014	Indianapolis, Indiana
T35	17:42.42	James Sands	GBR	12	Sep	1992	Barcelona
T36	18:23.52	Claudio Da Silva	BRA	12	Sep	1992	Barcelona
T37	16:34.36	Joseph Parker	USA	18	Aug	1996	Atlanta
T38	15:57.25	Abbes Saidi	TUN	8	Jul	2005	New London
T45	15:37.84	Pedro Meza Zempoaltecatl	MEX	27	Sep	2004	Athens
T46	14:20.88	Abraham Tarbei	KEN	13	Sep	2008	Beijing
T51	16:46.95	Fabian Blattman	AUS	29	Jan	1999	Sydney
T52	12:37.07	Santiago Sanz	ESP	6	Jun	2006	London
T54	9:53.05	Marcel Hug	SUI	24	Jun	2010	Arbon

IPC WORLD RECORDS

Men's 10000m

T11	31:37.25	Henry Wanyoike	KEN	19	Sep	2004	Athens
T12	29:38.85	El Amin Chentouf	MAR	23	Jul	2013	Lyon
T13	31:41.85	Said Gomez	PAN	20	Jul	1998	Madrid
T37	38:12.96	Benny Govaerts	BEL	10	Jul	2005	New London
T46	30:15.35	Jose Javier Conde	ESP	7	Sep	1992	Barcelona
T51	35:50.96	Pieter du Preez	RSA	07	Jun	2015	Arbon
T52	25:59.13	Thomas Geierspichler	AUT	4	Jun	2005	Arbon
T54	19:50.64	Marcel Hug	SUI	27	Jun	2010	Arbon

Men's Marathon

T11	2:31:59	Andrea Cionna	ITA	18	Mar	2007	Rome
T12	2:21:33	El Amim Chentouf	MAR	26	Apr	2016	London
T13	2:22:55	Carlos Talbot	USA	24	Oct	1988	Seoul
T46	2:27:04	Mario Santillan Hernandez	MEX	17	Sep	2008	Beijing
T51	2:23:08	Heinrich Koberle	GER	24	Sep	1995	Berlin
T52	1:40:07	Thomas Geierspichler	AUT	17	Sep	2008	Beijing
T53/54	1:20:14	Heinz Frei	SUI	31	Oct	1999	Oita

Men's 4x100m

T11-13	42.11	Russia	RUS	31	Oct	2015	Doha
T35-38	44.81	Australia	AUS	16	Sep	2008	Beijing
T42-47	40.73	United States	USA	27	Jul	2013	Lyon
T53-54	49.89	China	CHN	8	Sep	2008	Beijing

Men's 4x400m

T11-13	3:27.89	Portugal	POR	25	Jul	1998	Madrid
T35-38	3:38.92	Tunisia	TUN	27	Sep	2004	Athens
T42-46	3:27.00	United Status	USA	27	Sep	2004	Athens
T53-54	3:04.77	China	CHN	16	Sep	2016	Rio

IPC WORLD RECORDS

Men's High Jump

T11	1.60	Richard Carr	CAN	05	Jul	2015	Edmonton
T12	2.02	Ruslan Sivitski	BLR	20	Oct	2000	Sydney
T13	2.03	Ihar Fartunau	BLR	17	Jun	2003	Assen
T42	1.96	Arnold Boldt	CAN	17	Jun	1980	Arnhem
T44	2.19m	Maciej Lepiato	POL	12	Sep	2016	Rio
T45	1.73	Timor Huseni	GER	8	Jul	2016	Leverkusen
T46-47	2.12	Roderick Townsend-Roberts	USA	13	Aug	2015	Toronto

Men's Long Jump

T11	6.73	Elexis Gillette	USA	10	May	2014	Mesa, Arizona
T12	7.47	Matthias Schroeder	GER	12	Jul	2009	Berlin
T13	7.66	Luis Felipe Gutierrez	CUB	18	Nov	2011	Guadalajara
T20	7.60	Abdul Latif Romly	MAS	11	Sep	2016	Rio
T35	6.06	Wei Guo	CHN	20	Sep	2004	Athens
T36	5.81m	Evgenii Torsunov	RUS	30	Sep	2015	Sochi
T37	6.47	Guangxu Shang	CHN	29	Oct	2015	Doha
T38	7.13	Jianwen Hu	CHN	25	Oct	2015	Doha
T38	6.48	Dyan Buis	RSA	5	Sep	2012	London
T42	6.77	Heinrich Popow	GER	20	Aug	2016	Hachenburg
T43	5.99	Daniel Rizzieri	ITA	2	Jul	2016	Charlotte
T44	8.40	Markus Rehm	GER	23	Oct	2015	Doha
T45	6.41	Daichang Ren	CHN	29	Nov	2006	Kuala Lumpur
T46	7.58	Arnaud Assoumani	FRA	22	Jan	2011	Christchurch

Men's Triple Jump

T11	13.71	Duan Li	CHN	12	Sep	2008	Beijing
T12	15.37	Osamah Masaud Al Shanjiti	KSA	8	Sep	2008	Beijing
T13	16.23	Luis Felipe Gutierrez	CUB	6	Aug	2007	Sao Paulo
T20	14.16	Lenine Cunha	POR	30	Oct	2015	Doha
T45	12.00	J Szlezak	POL	27	Jun	1984	New York
T46	15.20	Fuliang Liu	CHN	1	Sep	2012	London

Men's Shot Put

F11	15.26	David Casinos Sierra	ESP	20	Oct	2000	Sydney
F12	16.64	Roman Danyliuk	UKR	22	Oct	2015	Doha
F13	16.46	Haitao Sun	CHN	27	Oct	2000	Sydney
F20	16.84	Muhammad Ziyad Zolkefli	MAS	10	Sep	2016	Rio
F32	10.39	Athanasios Konstantinidis	GRE	8	Sep	2016	Rio
F33	12.36	Evgenii Malykh	RUS	25	Oct	2015	Doha
F34	11.52	Siamsaksaleeh Farajzadeh	IRI	26	Oct	2015	Doha
F35	16.22	Wei Guo	CHN	14	Sep	2008	Beijing
F36	15.34	Vladimir Sviridov	RUS	14	Jun	2016	Grosseto
F37	17.52	Dong Xia	CHN	5	Sep	2012	London
F38	15.58	Ibrahim Ahmed Abdelwareth	EGY	27	Jan	2011	Christchurch
F40	10.83	Dmitry Dushkin	RUS	11	Jun	2016	Grosseto
F41	13.64	Bartosz Tyszkowski	POL	11	Jun	2016	Grosseto
F42	16.13	Aled Davies	GBR	13	May	2016	Tempe
F43	14.21	Jorg Frischmann	GER	18	Aug	1996	Atlanta
F44	18.38	Jackie Christiansen	DEN	21	Aug	2011	Olomouc
F45	10.90	Israel del Toro	USA	16	May	2015	Tempe
F46	15.69	Nikita Prokhorov	RUS	23	Jul	2013	Lyon
F52	10.23	Aigars Apinis	LAT	23	Jul	2013	Lyon
F53	8.72	Mauro Maximo de Jesus	MEX	16	Sep	2008	Beijing
F54	11.40	Hamid Amiri	IRI	16	Sep	2016	Rio
F55	12.33	Ruzhdi Ruzhdi	BUL	16	Sep	2016	Rio
F56	13.49	Olokhon Musayev	AZE	15	Sep	2008	Beijing
F57	14.92	Janusz Rokicki	POL	27	Oct	2015	Doha

IPC WORLD RECORDS

Men's Discus Throw

F11	44.44	Alfonso Lopez-Fidalgo	ESP	24	Jul	1998	Madrid
F12	52.51	Haitao Sun	CHN	27	Sep	2004	Athens
F13	53.61	Oleksandr Iasynovyi	UKR	23	Oct	2000	Sydney
F32	17.65	Athanasiос Konstantinidis	GRE	2	Jun	2016	Thessaloniki
F33	29.50	Hani Alnakhli	KSA	24	Mar	2015	Tunis
F35	54.13	Wei Guo	CHN	11	Sep	2008	Beijing
F36	42.18	Sebastian Ernst-Klaus Dietz	GER	22	Jul	2013	Lyon
F37	59.75	Khusniddin Norbekov	UZB	8	Sep	2016	Rio
F38	52.91	Javad Hardani	IRI	7	Sep	2012	London
F40	22.32	Matija Sloup	CRO	14	May	2016	Varazdin
F41	44.36	Tyszkowski, Bartosz	POL	20	Jun	2015	Berlin
F42	54.14	Aled Davies	GBR	14	Jun	2016	Grosseto
F43	63.03	Akeem Stewart	TTO	13	Aug	2015	Toronto
F44	64.11	David Blair	USA	16	Sep	2016	Rio
F45	26.87	Israel del Toro	USA	14	May	2016	Tempe
F46	52.64	Zhanbiao Hou	CHN	24	Oct	2015	Doha
F51	13.17	Mohamed Berrahal	ALG	25	Oct	2015	Doha
F52	21.44	Aigars Apinis	LAT	25	Oct	2015	Doha
F53	26.62	Toshie Oi	JPN	30	Sep	2006	Okayama
F54	33.68	Drazenko Mitrovic	SRB	20	Aug	2014	Swansea
F55	39.42	Mustafa Yuseinov	BUL	28	Jan	2011	Christchurch
F56	45.49	Ali Mohammadyari	IRI	23	Oct	2014	Incheon
F57	45.81	Metawa Abouelkhir	EGY	22	Feb	2015	Doha

Men's Javelin

F11	53.99	Bil Marinkovic	AUT	9	Jun	2010	Leverkusen
F12	64.38	Pengkai Zhu	CHN	5	Sep	2012	London
F13	65.72	Branimir Budetic	CRO	26	Oct	2015	Doha
F33	26.96	Daniel Scheil	GER	19	Jun	2015	Berlin
F34	38.05	Yanzhang Wang	CHN	22	Oct	2015	Doha
F35	56.07	Wei Guo	CHN	8	Sep	2008	Beijing
F36	43.86	Pawel Piotrowski	POL	27	May	2011	Manchester
F37	57.81	Dong Xia	CHN	9	Sep	2008	Beijing
F38	51.37	Oleksandr Doroshenko	UKR	23	Sep	2004	Athens
F40	47.95	Zhiming Wang	CHN	7	Sep	2012	London
F41	43.67	ŁPengxiang Sun	CHN	28	Oct	2015	Doha
F42	57.36	Helgi Sveinsson	ISL	26	Jun	2015	Reykjavik
F43	57.32	Akeem Stewart	TTO	09	Sep	2016	Rio
F44	59.82	Mingjie Gao	CHN	23	Jan	2011	Christchurch
F45	27.90	Israel del Toro	USA	16	May	2015	Tempe
F46	63.97	Devendra	IND	13	Sep	2016	Rio
F52	18.58	Peter Martin	NZL	6	Sep	2006	Assen
F53	24.30	Alphanso Cunningham	JAM	26	Jul	2013	Lyon
F54	29.91	Alekssei Kuznetsov	RUS	13	Jun	2016	Grosseto
F55	35.30	Ali Naderi Darbaghshay	IRI	22	Sep	2004	Athens
F56	42.74	Claudiney Batista dos Santos	BRA	12	Sep	2016	Rio
F57	46.12	Mohammad Khalvandi	IRI	12	Sep	2016	Rio
F58	50.98	Mohammad Khalvandi	IRI	8	Sep	2012	London

Men's Club Throw

F32	37.19	Maciej Sochal	POL	14	Jun	2016	Grosseto
F51	29.96	Zeljko Dimitrijevic	SRB	16	Sep	2016	Rio

IPC WORLD RECORDS

Women's 100m

T11	11.91	Libbly Clegg	GBR	9	Sep	2016	Rio
T12	11.40	Omara Durand	CUB	9	Sep	2016	Rio
T13	11.79	Leilla Adzhametova	UKR	11	Sep	2016	Rio
T32	37.67	Lindsay Wright	GBR	25	Jul	1997	Nottingham
T33	19.98	Shelby Watson	GBR	26	May	2016	Nottwil
T34	17.31	Hannah Cockroft	GBR	17	May	2014	Nottwil
T35	13.57	Isis Holt	AUS	2	Feb	2015	Sydney
T36	13.82	Fang Wang	CHN	16	Sep	2008	Beijing
T37	13.13	Georgie Hermitage	GBR	9	Sep	2016	Rio
T38	12.60	Sophie Hahn	GBR	22	Oct	2015	Doha
T42	14.61	Martina Caironi	ITA	30	Oct	2015	Doha
T43	12.79	Marlou van Rhijn	NED	28	May	2016	Nottwil
T44	12.93	Sophie Kamlesh	GBR	17	Sep	2016	Rio
T45	14.00	G. Cole	CAN	2	Jun	1980	Arnhem
T46	11.95	Yunidis Castillo	CUB	4	Sep	2012	London
T51	24.69	Cassie Mitchell	USA	2	Jul	2016	North Carolina
T52	18.67	Michelle Stilwell	CAN	14	Jul	2012	Windsor
T53	16.19	Lisha Huang	CHN	8	Sep	2016	Rio
T54	15.35	Tatyana McFadden	USA	5	Jun	2016	Indiana

Women's 200m

T11	24.44	Libby Clegg	GBR	23	Jul	2016	London
T12	23.03	Omara Durand	CUB	25	Oct	2015	Doha
T13	24.24	Omara Durand	CUB	26	Jan	2011	Christchurch
T33	35.04	Shelby Watson	GBR	27	May	2016	Nottwil
T34	30.51	Hannah Cockroft	GBR	04	Jun	2015	Arbon
T35	28.22	Xia Zhou	CHN	17	Sep	2016	Rio
T36	28.60	Fang Wang	CHN	26	Sep	2004	Athens
T37	27.21	Georgie Hermitage	GBR	14	Jun	2016	Grosseto
T38	26.46	Margarita Goncharova	RUS	12	Jun	2016	Grosseto
T42	31.73	Martina Caironi	ITA	21	Jun	2015	Berlin
T43	25.64	Marlou van Rhijn	NED	09	Jun	2015	Paris
T44	26.64	Irmgard Bensusan	GER	31	Mar	2015	Johannesburg
T45	28.58	Kumudu Priyanka Dissanayake Mudiyanselag	SRI	17	Dec	2010	Guangzhou
T46	24.45	Yunidis Castillo	CUB	1	Sep	2012	London
T51	44.17	Cassie Mitchell	USA	20	Jun	2016	Minnesota
T52	33.19	Michelle Stilwell	CAN	21	Jan	2013	Canberra
T53	28.93	Jessica Galli	USA	1	Jul	2016	Indiana
T54	27.52	Chantal Petitclerc	CAN	14	Sep	2008	Beijing

Women's 400m

T11	56.14	Terezinha Guilhermina	BRA	18	Aug	2007	Rio de Janeiro
T12	51.77	Omara Durand	CUB	17	Sep	2016	Rio
T13	54.46	Marla Runyan	USA	3	Jan	1995	Los Angeles
T20	57.78	Barbara Niewiedzial	POL	30	Oct	2016	Doha
T32	2:49.35	Lindsay Wright	GBR	26	Jul	1997	Nottingham
T33	1:10.15	Shelby Watson	AUS	26	May	2016	Nottwil
T34	58.78	Hannah Cockroft	GBR	14	Sep	2016	Rio
T35	1:14.69	Oxana Corso	ITA	7	May	2016	Rieti
T36	1:06.96	Fang Wang	CHN	27	Sep	2004	Athens
T37	1:00.53	Georgia Hermitage	GBR	13	Sep	2016	Rio
T38	1:00.71	Kadeena Cox	GBR	14	Sep	2016	Rio
T42	1:34.62	Sarah Reinertsen	USA	31	Jul	1999	Barcelona
T43	1:00.78	Marlou van Rhijn	NED	18	May	2014	Nottwil
T44	59.27	Marie-Amelie Le Fur	FRA	12	Sep	2016	Rio
T45	1:13.92	G. Cole	CAN	2	Jun	1980	Arnhem
T46	55.72	Yunidis Castillo	CUB	8	Sep	2012	London
T51	1:36.44	Cassie Mitchell	USA	2	July	2016	North Carolina
T52	1:04.87	Marieke Vervoort	BEL	14	Jul	2013	Kortrijk
T53	54.43	Hongzhan McFadden	CHN	11	Sep	2016	Rio
T54	51.90	Tatyana McFadden	USA	4	June	2016	Arbon

IPC WORLD RECORDS

Women's 800m

T11	2:17.66	Tracey Hinton	GBR	11	Aug	2003	Quebec
T12	2:04.96	Assia El Hannouni	FRA	9	Sep	2008	Beijing
T13	2:03.18	Marla Runyan	USA	1	Jan	1999	Boston
T20	2:18.10	Arleta Meloch	POL	12	June	2016	Grosseto
T33	2:22.85	Shelby Watson	GBR	27	May	2016	Nottwil
T34	1:56.89	Hannah Cockcroft	GBR	21	Aug	2016	Coventry
T36	3:14.00	Hanna Prokhnitska	UKR	6	Jun	2002	Mykolaiv
T37	2:42.39	Liezel Gouws	RSA	31	Mar	2015	Johannesburg
T38	2:35.90	Maria Fernandes	POR	28	Jul	2001	Nottingham
T44	2:22.28	Grace Norman	USA	28	April	2016	Ohio
T46	2:12.42	Lioubov Vassilieva	RUS	24	Jul	2002	Villeneuve d'Ascq
T51	3:59.03	Becky Richter	CAN	07	Jun	2015	Arbon
T52	2:06.76	Marieke Vervoort	BEL	13	May	2015	Oordegen
T53	1:47.45	Hongzhan	CHN	17	Sep	2016	Rio
T54	1:42.72	Tatyana McFadden	USA	04	Jun	2015	Arbon

Women's 1500m

T11	4:38.92	Jin Zheng	CHN	17	Sep	2016	Rio
T12	4:19.20	Assia El Hannouni	FRA	14	Sep	2008	Beijing
T13	4:05.27	Marla Runyan	USA	1	Jan	1999	Seville
T20	4:24.85	Barbara Niewiedzial	POL	29	Jul	2004	Bollnas
T33	4:55.85	Shelby Watson	GBR	15	Aug	2015	Nottingham
T34	4:01.79	Melissa Nicholls	GBR	24	May	2014	Bedford
T36	6:26.30	Susan Suchan	CAN	11	Aug	1995	Saint John
T37	5:40.12	Siw Verstengen	NOR	28	Jul	1994	Berlin
T38	5:28.51	Maria Fernandes	POR	26	Jul	2001	Nottingham
T46	4:50.08	Chun Mei Li	CHN	29	Nov	2006	Kuala Lumpur
T51	7:59.80	V. Hill	USA	28	Jul	1989	Stoke Mandeville
T52	4:24.47	Marieke Vervoort	BEL	17	May	2014	Nottwil
T54	3:13.27	Tatyana McFadden	USA	04	Jun	2015	Arbon

Women's 5000m

T11	19:17.60	Louzanne Coetzee	RSA	23	March	2016	Bloemfontein
T12	17:50.45	Elena Pautova	RUS	4	Aug	2003	Quebec
T13	15:07.19	Marla Runyan	USA	27	Aug	1999	Seville
T52	14:47.55	Marieke Vervoort	BEL	18	May	2014	Nottwil
T54	11:16.96	Diane Roy	CAN	26	Jun	2010	Arbon
T53-54	11:04.54	Tatyana McFadden	USA	6	June	2016	Arbon
T53-54	11:04.54	Chelsea McClammer	USA	4	June	2016	Arbon

Women's 10,000m

T54	24:21.64	Jean Driscoll	USA	18	Aug	1996	Atlanta
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Women's Marathon

T11	3:53:38	Reiko Aotake	JPN	1	Jan	1998	Kasumigaura
T12	3:49:16	Gabriele Berghofer	AUT	20	May	2001	Vienna
T52	2:07:28	Tomomi Yamaki	JPN	9	Nov	2008	Oita
T54	1:38:32	Wakako Tsuchida	JPN	11	Nov	2001	Oita

Women's 4x100m

T11-13	47.18	China	CHN	14	Sep	2016	Rio
T35-38	50.81	China	CHN	15	Sep	2016	Rio
T42-46	56.50	Germany	GER	15	Aug	1998	Birmingham
T53-54	57.61	China	CHN	16	Sep	2008	Beijing

Women's 4x400m

T11-13	4:02.21	Brazil	BRA	6	Aug	2007	Sao Paulo
T53-54	3:32.11	China	CHN	15	Aug	2016	Rio

IPC WORLD RECORDS

Women's High Jump

F11	1.45	Vera Kroes	NED	8	Aug	1986	Gothenburg
F11	1.45	Joke Rijswijk	NED	19	Oct	1988	Seoul
F12	1.57	Helena Kañnus-Silm	EST	7	Aug	2001	Bialystok
F13	1.80	Marla Runyan	USA	1	Jan	1995	Colorado
F42	1.38	Miho Fuji	JPN	26	Aug	2016	Kuala Lumpur
F44	1.52	Michaela Daamen	GER	16	Jun	2001	Assen
F45	1.45	G. Cole	CAN	24	Jun	1984	New York
F46	1.67	Catherine Bader-Bille	GER	17	Jun	2000	Weinstadt

Women's Long Jump

F11	5.46	Silvana Costa de Oliveria	BRA	17	July	2016	Sao Paulo
F12	6.60	Oksana Zubkovska	UKR	7	Sep	2012	London
F13	5.88	Marla Runyan	USA	1	Jan	1995	Colorado
F20	6.09	Karolina Kucharczyk	POL	22	Jul	2013	Lyon
F35	2.29	Aubrey Headon	USA	10	May	2014	Mesa, Arizona
F36	4.11	Claudia Nicoleitzik	GER	18	March	2016	Dubai
F37	5.14	Xiaoyan Wen	CHN	14	Sep	2016	Rio
F38	5.22	Margarita Goncharova	RUS	20	Jun	2015	Berlin
F42	4.93	Vanessa Low	GER	10	Sep	2016	Rio
F44	5.83	Marie-Amelie Le Fur	FRA	09	Sep	2016	Rio
F45	4.24	Mariane Santos	BRA	16	Jun	2012	Sao Paulo
F46	6.01	Carlee Beattie	AUS	09	Mar	2013	Sydney

Women's Triple Jump

F12	12.11	Marija Ivezkovic Mestrovic	CRO	6	Aug	2007	Sao Paulo
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Women's Shot Put

F11	17.32	Assunta Legnante	ITA	06	Jul	2014	Padova
F12	15.05	Safiya Burkhanova	UZB	14	Sep	2016	Rio
F13	13.05	Tamara Sivakova	BLR	25	Jul	1998	Madrid
F20	13.94	Ewa Durska	POL	10	Sep	2016	Rio
F32	6.61	Maria Stamatioula	GRE	1	Jun	2012	Athens
F33	6.50	Tetyana Yakybchuk	UKR	9	Jul	2005	New London
F34	8.75	Lijuan Zou	CHN	14	Sep	2016	Rio
F35	13.91	Jun Wang	CHN	15	Sep	2016	Rio
F36	11.52	Birgit Kober	GER	08	July	2016	Leverkusen
F37	13.96	Franziska Liebhardt	GER	13	Sep	2016	Rio
F38	12.58	Aldona Grigaliuniene	LTU	11	Sep	2008	Beijing
F40	7.72	Lauritta Onye	NGR	27	Oct	2015	Doha
F42	10.06	Baozhu Zheng	CHN	9	Sep	2008	Beijing
F43	9.76	Stela Eneva	BUL	17	Jul	2004	Olomouc
F44	13.14	Juan Yao	CHN	28	Oct	2015	Doha
F46	12.47	Yukiko Kato	JPN	4	Jul	2015	
F52	6.14	Cassie Mitchell	USA	16	Jun	2013	San Antonio, USA
F53	5.88	Cristeen Smith	NZL	28	Jul	1994	Berlin
F54	7.90	Liwan Yang	CHN	23	April	2016	Beijing
F55	9.06	Marianne Buggenhagen	GER	19	Sep	2004	Athens
F56	9.92	Nadia Medjimedj	GER	08	Sep	2016	Rio
F57	11.13	Angeles Ortiz Hernandez	MEX	23	Oct	2015	Doha
F58	11.50	Angeles Ortiz Hernandez	MEX	26	Mar	2013	Dubai

IPC WORLD RECORDS

Women's Discus Throw

F11	40.42	Liangmin Zhang	CHN	22	Jan	2011	Christchurch
F12	47.50	Sofia Oksem	RUS	15	Jun	2016	Grosseto
F13	44.67	Liliyda Maso Belicer	CUB	23	Oct	2000	Sydney
F32	11.20	Mounia Gasmى	ALG	25	Mar	2015	Tunis
F33	11.51	Anthi Liagkou	GRE	02	July	2016	Athens
F34	25.22	Birgit Kober	GER	23	Jul	2011	Singen am Hohentwiel
F35	31.42	Maria Pomazan	UKR	25	Jul	2013	Lyon
F36	28.01	Qing Wu	CHN	31	Aug	2012	London
F37	37.60	Na Mi	CHN	17	Sep	2016	Rio
F38	32.14	Noelle Lenihan	IRL	12	June	2016	Grosseto
F40	23.34	Renata Sliwinska	POL	15	Sep	2016	Rio
F41	33.38	Raoua Tilli	TUN	15	Sep	2016	Rio
F42	33.19	Baozhu Zheng	CHN	15	Sep	2008	Beijing
F43	32.22	Stela Eneva	BUL	25	Sep	2004	Athens
F44	44.53	Juan Yao	CHN	11	Sep	2016	Rio
F46	42.12	Hong Ping Wu	CHN	25	Sep	2004	Athens
F51	13.09	Rachael Morrison	USA	14	Sep	2016	Rio
F52	15.28	Martina Kniezkova	CZE	20	Sep	2004	Athens
F53	14.46	Cristeen Smith	NZL	26	Jul	1995	Stoke Mandeville
F54	19.96	Jana Fesslova	CZE	29	Aug	2004	Frydek-Mistek
F55	27.80	Marianne Buggenhagen	GER	9	Sep	2008	Beijing
F56	24.67	Suely Guimaraes	BRA	9	Dec	2003	Mar del Plata
F57	34.68	Nassima Saifi	ALG	25	Feb	2015	Dubai
F58	42.05	Nassima Saifi	ALG	27	Jul	2013	Lyon

Women's Javelin

F12	42.73	Yuping Zhao	CHN	22	April	2016	Beijing
F13	44.58	Nozimakhon Kayumova	UZB	17	Sep	2016	Rio
F13	43.82	Guoli Tang	CHN	7	May	2000	Shanghai
F33	11.51	Asmahan Boudjadar	ALG	25	Mar	2015	Tunis
F34	21.86	Lijuan Zou	CHN	09	Sep	2016	Rio
F35	25.59	Renata Chilewska	POL	10	Sep	2008	Beijing
F36	29.55	Qing Wu	CHN	2	Dec	2011	Sharjah
F37	37.86	Shirlene Coelho	BRA	8	Sep	2012	London
F38	32.87	Ramune Adomaitiene	LTU	13	Jun	2010	Bottrop
F40	20.40	Kobie Donovan	AUS	06	Mar	2015	Brisbane
F42	31.51	Claudia Biene	GER	16	Sep	2008	Taipei
F44	40.51	Juan Yao	CHN	8	Sep	2008	Beijing
F46	43.01	Hollie Arnold	GBR	13	Sep	2016	Rio
F52	13.46	Antonia Balek	CRO	3	Jun	2009	Wedau, Duisburg
F53	11.87	Esther Rivera	MEX	13	Aug	2007	Rio de Janeiro
F54	20.25	Flora Uguruwa	NGR	13	Sep	2016	Rio
F55	23.26	Diana Dadzite	LAT	10	Oct	2016	Rio
F56	24.03	Martina Willing	GER	13	Jun	2008	Berlin
F57	25.71	Safia Djelal	ALG	23	Mar	2015	Tunis
F58	31.12	Safia Djelal	ALG	28	Apr	2007	Marrakech

Women's Club Throw

F32	23.28	Maroua Ibrahmi	TUN	25	Mar	2015	Tunis
F51	22.81	Jo Butterfield	GBR	11	Sep	2016	Rio

* All records in this section are as of 31 January 2017



**BRITISH
ATHLETICS**

GENERAL INFORMATION

PARALYMPIC CLASSIFICATIONS EXPLAINED

Classification	Disability	Level of impairment
T11 or F11		Most impairment
T12 or F12	Athletes with a visual impairment	↓
T13 or F13		Least impairment
T20 or F20	Athletes with learning difficulties	
T31 or F31		Most impairment
T32 or F32	Athletes with conditions associated with Cerebral Palsy or traumatic brain injury (Wheelchair)	↓
T33 or F33		
T34 or F34		Least impairment
T35 or F35		Most impairment
T36 or F36	Athletes with conditions associated with Cerebral Palsy or traumatic brain injury (Ambulant)	↓
T37 or F37		
T38 or F38		Least impairment
T40 or F40	Dwarf athletes	
T41 or F41	Double above knee amputee or physical impairment allowing similar movement	
F42 or F42	Single above knee amputee or physical impairment allowing similar movement	
T43 or F43	Double below knee amputee or physical impairment allowing similar movement	

PARALYMPIC CLASSIFICATIONS EXPLAINED

Classification	Disability	Level of impairment
T44 or F44	Single below knee amputee or physical impairment allowing similar movement	
T45 or F45	Double above or below elbow amputee or physical impairment allowing similar movement	
T46 or F46	Single above or below elbow amputee or physical impairment allowing similar movement	
T51	Wheelchair racers	Most impairment
T52		↓
T53		
T54		Least impairment
F51	Seated field athletes	Most impairment
F52		↓
F53		
F54		
F55		
F56		
F57		
F58		Least impairment

KEY: T= Track F= Field

NATIONAL PERFORMANCE INSTITUTE

The British Athletics Performance System is led from within the National Performance Institute in Loughborough. The National Performance Institute is the central hub where British Athletics world leading coaches and performance support personnel are based.

At the extensive athletics training facilities and from within the wider Loughborough University elite training centre environment, athletes can engage with all the varied services required by World Class Performance Plan Athletes.

For priority athletes based around the UK and overseas, the performance team at the National Performance Institute coordinate delivery of individuals' programme needs.

Future provision to be led from the National Performance Institute will include High Performance Coach Education and Development, and Talent Identification Programmes.

National Performance Institute,
Athletics Centre, Loughborough University
Loughborough, LE11 3TU
National Performance Coordinator – 01509 228 786

PERFORMANCE MANAGEMENT

Neil Black – Performance Director
Paula Dunn – Paralympic Head Coach
Barry Fudge – Head of Endurance
Stephen Maguire – Head of Sprints, Sprint Hurdles & Relays
Peter Stanley – Head of Field & Combined Events
Steve Paulding – National Performance Institute Director
Dr Noel Pollock – Chief Medical Officer

COACHING STAFF BASED AT NATIONAL PERFORMANCE INSTITUTE

Jenni Banks – Senior Coach - Wheelchair Track and Road Racing events
Benke Blomkvist - Senior Coach – Sprints/Hurdles
Fuzz Caan – Senior Coach High Jump
Aston Moore – Senior Coach – Horizontal Jumps
Leon Baptiste Coach – Sprints/Hurdles
Steve Fudge – National Coach - Sprints
Graham Hedman Coach – Sprints
David Parker – Coach - Throws
Rob Denmark – Coach - Endurance
David Harmer – Assistant Coach – Endurance

COACHING STAFF BASED OUTSIDE NATIONAL PERFORMANCE INSTITUTE

Lloyd Cowan – Lead Coach Sprints - London

FUTURES PROGRAMME

32 athletes have been invited to join the 2016-17 British Athletics Futures Programme incorporating Para-Futures.

"Futures", supported by Nike, is a British Athletics support programme for emerging athletes and their coaches which underpins the World Class Performance Programme (WCPP). The 2016-17 programme runs from 1 December 2016 to 30 November 2017 and will continue British Athletics' drive towards supporting the next generation of talent with more targeted support for athletes and their coaches.

The 32 athletes and their coaches supported by the British Athletics Futures Programme (incorporating Para Futures) 2016-2017:

George Armstrong (Zane Duquemin) – Discus
James Arnott (Ryan Freckleton) – T47 100m
Hannah Brier (Steve Fudge) – 100m
Taylor Campbell (John Pearson) – Hammer
Bobby Clay (Rob Denmark) – 1500m
Mollie Courtney (David Warner) – 100m Hurdles
Jonathan Davies (Rob McKim) – 5000m
Niamh Emerson (David Feeney) – Heptathlon
George Evans (Colin McCulloch) – Discus
Tom Gale (Denis Doyle) – High Jump
Imani Lansiquot (Jonas Tawiah-Dodoo) – 100m
James Hamilton (Mark Kirk) – T20 1500m
Toby Harries (Jon Bigg) – 200m
Jake Heyward (Paul Darney) – 1500m
Josh Howard (Keith Hunter) – T38 Long Jump
Harry Hughes (Michael McNeill) – Javelin
Molly Kingsbury (Roger Graham) – T37 Long Jump
Harriet Knowles-Jones (Paul Roden) – 1500m
Rechmial Miller (Ryan Freckleton) – 100m
George Mills (Joanne Day) – 800m
Jake Norris (Paul Dickenson) – Hammer
Reece Prescod (Jonas Tawiah-Dodoo) – 200m
Tommy Ramdhan (Ryan Freckleton) – 200m
Luke Sinnott (Roger Keller) – T42 Long Jump
Cameron Tindle (Henry Gray & Bruce Scott) – 200m
Reeve Walcott-Nolan (Matt Yates) – 800m
Abby Ward (Ian Hill) – High Jump
Amy Wareing (Jim Edwards) – F38 Discus
James Weaver (Julie Hollman) – 110m Hurdles
Callum Wilkinson (Mick Graham) – 20km Race Walk
Hannah Williams (Colin Gaynor) – 400m
James Whiteaker (Nigel Whiteaker) – Javelin

ACCREDITATION INFORMATION

Accreditation for British Athletics events opens three months before the start of each event and all applications must be received at least two weeks before the start of each event, applications made after this time may not be considered.

British Athletics reserves the right to refuse accreditation at any time.

For accreditation for the 2017 British Athletics events, please visit:

For further information please contact Craig Gundersen at
cgundersen@britishathletics.org.uk or on 0121 713 8458.

ATHLETE AGENTS

For up-to-date information please visit:

www.britishathletics.org.uk/media/athletes-agents

19Eleven

Mark Briggs / Richard Whitehead

www.19eleven.co.uk

hello@19eleven.co.uk

Definitive Sports Management

Melanie Halling

One Kingsway, Greyfriars Road,
Cardiff CF10 3DS

www.definitive-sports.com

melanieh@definitive-sports.com

002920 727350

TLA Worldwide

Tim Worlock

2-6 Boundary Row, London, SE1 8HP

tworlock@tlaworldwide.com

www.tlaworldwide.com

+44 (0)203 714 4154

Global Athletics and Marketing Inc

437 Boylston Street, Floor 4, Boston, MA 02116

www.globalathletics.com

rich@globalathletics.com

617-536-7030 (USA)

JCCM

Jane Cowmeadow

12 Whiteladies Road, Bristol, BS8 1PD

www.jccm-uk.com

office@jccm-uk.com

+44(0) 7795 681 678

M&CSaatchiMerlin

Greg Kirkpatrick

36 Golden Square, London, W1F 9EE

www.sportandentertainment.mcsaatchimerlin.com

Greg.Kirkpatrick@mcsaatchimerlin.com

0207 259 1460

First Artist Mission

Nick Hartwell

11 Northfields Prospect, London, SW18 1PE

www.missionsportsmanagement.com

nick@firstartistmission.com

MTC

Jonathan Marks

MTC (UK) Ltd, 71 Gloucester Place,

London W1U 8JW

www.mtc-uk.com

jonathan@mtc-uk.com or office@mtc-uk.com

0207 935 8000

Nuff Respect

Sue Barrett

No. 1 Constable's Boatyard, 15 Thames Street,
Hampton, Middlesex, TW12 2EW

www.nuff-respect.co.uk

nuff_respect@msn.com

or_sue@nuff-respect.co.uk

0208 891 4140

Pace Sports Management

Ricky Simms / Mike Skinner / Grainne O'Dea

6 The Causeway, Teddington,
Middlesex TW11 0HE

www.pacesportsmanagement.com

info@pacesportsmanagement.com

0208 943 1072

ATHLETE AGENTS

Sacha Gemili

07941 110555

17 Management

Ian Byers

www.17management.com

info@17management.com

01920 831147

Sports Sphere

Suite 1, 1st Floor, The Cilip Building,
7 Ridgmount Street, London, WC1E 7AE

www.sports-sphere.com

milly@sports-sphere.com

Sportsworld Talent

Tuition House, 27-37 St George's Road
London SW19 4EU

www.sportsworltdtalent.co.uk

info@sportsworld.co.uk

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Stellar Athletics

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Wasserman Media Group

Adam Phillips

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BOARD MEMBERS

ED WARNER Chairman

NIELS DE VOS Chief Executive

KEVAN TAYLOR Finance Director

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Chair of Remuneration Committee

SARAH SMART Non Executive Director, Chair of Audit Committee

SARAH ROWELL Non-Executive Director

ANNE WAFULA STRIKE Non-Executive Director

DAVID BEDFORD Non-Executive Director

PETER TAYLOR Non-Executive Director

GORDON ARTHUR Non-Executive Director

RICHARD BOWKER Non-Executive Director & Chair-Elect

For more information on the UKA Board Members please visit
britishathletics.org.uk/governance/uka-board

NATIONAL LOTTERY

Since National Lottery funding of elite sport began in 1997, following Team GB's return of a solitary gold medal at the Atlanta Olympics a year earlier, over 800 Olympic and Paralympic medals have now been won by British athletes across many different sports. National Lottery players continue to be the biggest contributors to elite sport backing over 1,100 athletes on the journey to PyeongChang 2018 and Tokyo 2020, giving them access to the best coaches, facilities and support services in the world as they prepare for major championships.

The media have done a brilliant job reporting this success and the National Lottery's role within that and we know the profound impact that this has on the lottery-playing public. So that sport in this country can continue to benefit from a thriving lottery-funded system we hope you can continue to highlight the huge difference that National Lottery players continue to make to our sporting fortunes.



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