# The British Athletics Cross Challenge 2019 – 2020

# The Rules

**Points**

1. Cross Challenge points will be awarded to those athletes competing in the Senior and

 Under 20 Men's and Women’s races, held at the British Athletics Cross Challenge events

 in Cardiff, Milton Keynes, Liverpool and Stirling. Double points will be awarded in the Final.

2. Cross Challenge points will be awarded to those athletes competing in the Under 13, Under 15

 and Under 17 Boys and Girls races, held at the British Athletics Cross Challenge events in

 Cardiff, Milton Keynes, Liverpool and Stirling. Double points will be awarded in the Final.

3. Senior Men and Senior Women will score 50 points for 1st place, down to 1 point

 for 50th place.

 Junior Men and Junior Women will score 25 points for 1st place down to 1 point

 for 25th place.

 The U13, U15, and U l7 age groups will score 25 points for 1st place down to

 1 point for 25th place.

4. Bonus points will be awarded for competing in each of the first four events of the series:

 3 points will be allocated to all eligible athletes that compete at each of the first four events in

 the series. An athlete must complete the race to claim these bonus points. Where an athlete

 elects to compete in a higher age group at the IAAF European Trials, to that which he / she is

 eligible under UKA rules; he / she will be allowed to retain their 3 bonus points and add them to

 to those already gained in their eligible age group.

**Points and Awards Eligibility**

1. Only UK athletes are allowed to score Cross Challenge points and win British Athletics

 Cross Challenge awards. Additional awards may be offered by individual race organisers.

 Where non UK athletes are competing, their position in the race is to be disregarded when

 calculating Cross Challenge points allocated to UK finishers.

3. To be eligible for overall Series awards, Senior & Junior athletes must run in at least two of the

 four races being held in Cardiff, Milton Keynes, Liverpool and Stirling to qualify to run in

 the final. Each athlete’s best two scores from races 1-4 including bonus points earned, plus points

 scored in the Final will determine the overall placing. Athletes who have qualified but do not

 complete in the final will not be eligible for the overall series awards.

4. For U13, U15 and U17 athletes to be eligible for overall series awards, they must compete in

 two of the four races being held in Cardiff, Milton Keynes, Liverpool and Stirling to qualify

 to run in the final. Each athlete’s best two scores from races 1-4 including bonus points earned,

 plus points scored in the final will determine the overall placing. Athletes who have qualified

 but do not compete in the Final will not be eligible for the overall series awards.

5. If two or more athletes have the same points total after the Final, their overall Cross Challenge

 positions will be decided by their placing in the Final.

6. Athletes without UK passports must fulfil four criteria:

 a. They must be first claim members of a UK Club.

 b. They must have been resident in the UK for at least two years.

 c. They must be in the process of applying for a UK passport.

 d. They must be available for Great Britain and N Ireland team selection.

**Awards & Payments**

1. Prize Moneyis awarded to the first four Seniors and the first four Juniors at races 1, 2, 3 and 4.

 Payment will be made BACS transfer from UK Athletics within 60 days of receipt of the Prize

 Voucher from the relevant athlete, who must provide their home address and email address when

 returning their completed voucher. Completed Vouchers may be sent by e-mail to UK Athletics.

2. Overall Series awards for Senior and Under 20 (Junior) athletes will be paid in accordance with

 the published prize list. Payment of these awards will be made by BACS transfer from UK

 Athletics within 60 days of receipt of the relevant prize voucher. Any prize voucher received

 by UK Athletics more than 60 days after the final held on 7th March 2020, will be declared void

 and the recipient will relinquish any entitlement to the said award.

3. Awards will be awarded to the first four athletes in each of the U13, U15 and U17 age groups

 at races 1, 2, 3 and 4, together with British Athletics Cross Challenge Medals to the first three

 athletes in each age group. Prizes and Medals will be presented on the day.

3. Overall Series awards will be presented to the first four athletes in each of the U13, U15, and

 U17 age group, while British Athletics Cross Challenge Trophies will be awarded to the first

 three athletes in each age group. These awards will be presented to the athlete on the day, or

 posted to the athlete by UK Athletics after the final on 7th March 2020.

**Age Groups**

1. All Under 20 (Junior) and Senior events in the Series must be run according to IAAF age groups.

 In particular, this is relevant to Under 20 athletes (Junior), who will compete according to IAAF

 eligibility. This means for example, that where an athlete is 20 at any point in the year

 of competition, he or she must compete in the Senior events.

1. Athletes who are IAAF Juniors (Under 20) in 2019, but become Senior’s in 2020, are

eligible to compete in British Athletics Under 20 races in 2019 and win any awards due.

However, they will not be eligible for the overall series awards offered to Under 20 athletes

at the Final on 7th March 2020.

3. Athletes who are IAAF Juniors (Under 20) in 2019, but become seniors in 2020, may compete

 in Senior races in 2019 if they so choose, and would therefore remain eligible for overall

 Senior Awards at the final on 10th March 2018.

**Championship Races**

1. The European Trials for Senior, Under 23 and Junior athletes, will be incorporated into

 the British Athletics Cross Challenge event in Liverpool on the 23rd November 2019.

1. The World Trials for Senior and Junior athletes, will be incorporated into the British Athletics

 Cross Challenge Final in Loughborough on the 7th March 2020.

1. No individual race awards will be awarded at Race 5, the British Athletics Cross Challenge

 Final. Races in the Final serve to decide the overall positions in the British Athletics

 Cross Challenge Series, with double points being awarded in all relevant age categories.

British Athletics Cross Challenge

Date 2nd September 2019