

AVIVA GREAT BRITAIN AND NORTHERN IRELAND TEAM - MEN

adidas

uk sport

LOTTERY FUNDED

100m Eugene Ayanful, Max Galliers, Andrew Robertson

200m Junior Ejehu

400m Chris Clarke, James Hunter, Louis Persent

BB@SPORT

800m Niall Brooks, Robbie Schofield

1500m Dan Clorley, Simon Horsfield, Ross Murray

10,000m Dewi Griffiths Simon Lawson

110m hurdles Lawrence Clarke, Jack Meredith, Ben Reynolds

400m hurdles Niall Flannery, Jack Green

James Wilkinson

3000m SC

4x400m

4x100m Ayanful; Ejehu; Galliers; Robertson; Olafunmi Sobodu; Deji Tobais

Clarke; Markus Hunt; Hunter; Ross McDonald; Persent; Nathan Wake;

High Jump Sam Bailey, Mike Edwards

Triple Jump Kola Adedoyin, Ben Williams

Pole Vault Andrew Sutcliffe

Shot Curtis Griffith-Parker

Discus Griffith-Parker

Hammer Peter Smith

Javelin Matthew Hunt, Daniel Pembroke

Decathlon Ashley Bryant, Daniel Gardiner, David Guest

AVIVA GREAT BRITAIN AND

NORTHERN IRELAND TEAM - WOMEN

BRITISH CHAMPIONS BY EVENT MEN

TEAM STAFF

Team Leader - Alison Wyeth

Team Management - Lorna Dwyer

Team Administrator - James Thomas

Team Coach - Malcolm Arnold

Team Coach - Tony Hadley

Team Coach - Michael Johnston

Team Coach - Harry King

Team Coach - Mark Proctor

Team Coach - Graham Ravenscroft

Team Coach - Glynn Tromans

100 METRES - 10 Lincoln Asquith 1983 [10.34/-0.5], Elliot Bunney 1985 [10.38/+0.7], Jamie Henderson 1987 [10.21/+1.6], Darren Campbell 1991 [10.46/-0.4], Danny Joyce 1993 [10.63/+0.6], Dwain Chambers 1995 [10.41/-0.9] & 1997 [10.06/+2.0], Mark Lewis-Francis 2001 [10.09w/+2.4], Leon Baptiste 2003 [10.50/-0.2], Craig Pickering 2005 [10.51/+0.1]

200 METRES - 7 Mike McFarlane 1979 [20.89/+0.8], Ade Mafe 1985 [20.54/+0.8], Marcus Adam 1987 [20.95/+0.5], Darren Campbell 1991 [20.61w/+2.4], Marlon Devonish 1995 [21.04/-0.6], Christian Malcolm 1997 [20.51w/+2.5], Alex Nelson 2007 [20.83/-1.0]

400 METRES - 9 Peter Beaven 1970 [47.0=47.11], Todd Bennett 1981 [47.18], Roger Black 1985 [45.36], Peter Crampton 1987 [46.03], Wayne McDonald 1989 [47.27], David Grindley 1991 [45.41], Guy Bullock 1993 [46.13], Mark Hylton 1995 [45.97], Tim Benjamin 2001 [46.43]

800 METRES - 4 Steve Ovett 1973 [1:47.53], Ikem Billy 1983 [1:47.15], Craig Winrow 1989 [1:50.01], Curtis Robb 1991 [1:48.23]

1500 METRES - 1 Graham Williamson 1979 [3:38.96]

3000 METRES - 1 Steve Cram 1979 [8:05.18]

5000 METRES - 6 Nat Muir 1977 [13:49.1a], Steve Binns 1979 [13:44.37], Jon Richards 1983 [13:56.41], Paul Taylor 1985 [14:12.45], Simon Mugglestone 1987 [14:12.83], Mohamed Farah 2001 [14:09.91]

10000 METRES - 0 None

2000 METRES STEEPLECHASE - 2 Micky Morris 1975 [5:34.8a], Paul Davies-Hale 1981 [5:31.12]

110 METRES HURDLES - 4 Berwyn Price 1970 [14.1=14.21/0.0], Jon Ridgeon 1985 [13.46/+1.8], Tony Jarrett 1987 [13.72/+1.6], Chris Baillie 1999 [13.92w/+3.0]

400 METRES HURDLES - 1 Rhys Williams 2003 [51,15]

HIGH JUMP - 2 John Hill 1985 [2.24], Steve Smith 1991 [2.29]

LONG JUMP - 4 Steve Phillips 1991 [7.91/+0.4], Carl Howard 1993 [7.76/+0.7], Nathan Morgan 1997 [7.90/+0.5], Greg Rutherford 2005 [8.14/0.0]

TRIPLE JUMP - 3 Aston Moore 1975 [16.16/+1.0], Tosi Fasinro 1991 [16.68w/+2.5], Tosin Oke 1999 [16.57/+0.6]

DISCUS - 1 Emeka Udechuku 1997

BRITISH CHAMPIONS BY EVENT MEN

TEAM STAFF:

Medical - Dr Andrew Franklyn-Miller

Physiotherapist - Chris Kellet

Physiotherapist - Toby Smith

Soft Tissue Therapist - Liz Soames

UKA COMMUNICATIONS STAFF IN NOVI SAD:

Liz Birchall

Mobile 07718 526363

Email: lbirchall@uka.org.uk

HAMMER - 0 None

AVIVA GREAT BRITAIN AND NORTHERN IRELAND
TEAM MANAGEMENT

JAVELIN - 1 Steve Backley 1987 [75.14]

DECATHLON - 1 Daley Thompson 1977 [7647/7568]

10000 METRES TRACK WALK - 0 None

4x100 METRES RELAY - 7 GBR {Trevor McKenzie, Elliot Bunney, Richard Ashby, John Regis} 1985 [39.80], GBR {Ray Burke, Tony Jarrett, Jamie Henderson, Marcus Adam} 1987 [40.20], GBR {Allyn Condon, Danny Joyce, Paul Bolton, Eiike Wodu, Julian Golding 1993 [40.01], GBR {Dwain Chambers, Marlon Devonish, Daniel Money, Jamie Henthorn, Mark Findlay} 1995 [39.43], GBR {Uvie Ugono, Findlay, Christian Malcolm, Chambers, Steve Topliss/Webb} 1997 [39.62]. GBR {Tyrone Edgar, Dwayne Grant, Tim Benjamin, Mark Lewis-Francis 2001 [39.24]. GBR {Andrew Matthews, Laurence Oboh, Monu Miah, Leon Baptiste, James Ellington 2003 [40.37]

4x400 METRES RELAY - 7 GBR {Mark Tyler, John Rigg, Ade Mafe, Roger Black} 1985 [3:07.18], GBR {Richard Hill, Gareth Bakewell, Gary Patterson, Peter Crampton) 1987 [3:07.89], GBR {Kent Ulvatt, Adrian Patrick, Mark Richardson, David Grindley, Allyn Condon, Carl Southam} 1991 [3:07.22]. GBR {Nick Budden, Condon, Paul Slythe, Guy Bullock, Iwan Thomas 1993 [3:07.39], GBR (Geoff Dearman, Steve McHardy Tom Lerwill, Mark Hylton 1995 [3:07.09]. GBR (Richard Buck, Set Osho, Richard Strachan, Martyn Rooney, Stephen Johnson, Kris Robertson} 2005 [3:06.67]. GBR (Nigel Levine, Robert Davis, Louis Persent, Jordan McGrath 2007 [3:08.21]

BRITISH CHAMPIONS BY EVENT WOMEN

100m Torema Dorsett

200m Emily Diamond, Shaunna Thompson

400m Laura Wake

800m Leigh Lennon, Alison Leonard, Jenny Tan
1500m Stacey Smith, Josephine Moultrie

3000m Kate Avery, Beth Potter, Louise Small
5000m Charlotte Purdue

100m hurdles Stephanie Gaynor400m hurdles Lauren Bouchard, Ese Okoro

3000m SC Nicola Hood, Louise Webb

4x100m Diamond; Dorsett; Rachel Giwa; S Thompson; Jodie Williams

High Jump Katarina Thompson

Long Jump Abigail Irozuru, K Thompson, Lorraine Ugen

Pole Vault Sally Scott, Maria Seager
Discus Shaunagh Brown
Hammer Sophie Hitchon
Heptathlon K Thompson

100 METRES- 1 Sonia Lannaman 1973 [11.73/+0.3]

200 METRES - 4 Helen Golden/Hogarth 1970 [24.3=24.34/-5.2], Katharine Merry 1993 [23.35/+0.8], Vernicha James 2001 [22.93/+1.4], Hayley Jones 2009 [23.37/-0.2]

400 METRES - 1 Donna Fraser 1991 [52.54]

1500 METRES - 1 Morag MacLarty 2005 [4:15.12]

3000 METRES - 0 None

5000 METRES - 1 Emily Pidgeon 2005 [16:14.71]

10000 METRES- 0 None

2000 METRES STEEPLECHASE - 0 None

100 METRES HURDLES - 2 Keri Maddox 1991 [13.39/-0.4], Diane Allahgreen 1993 [13.42/+0.5]

POLE VAULT - 0 None

LONG JUMP - 2 Fiona May 1987 [6.64w/+2.9], Yinka Idowu 1991 [6.60w/+2.3]

TRIPLE JUMP - 0 None

SHOT - 0 None

[53.90]

HAMMER - 0 None

JAVELIN - 1 Fatima Whitbread 1979 [58.20]

HEPTATHLON - 1 Jessica Ennis 2005

[5891]

5000 METRES TRACK WALK - 0 None 4x100 METRES RELAY - 2 GBR {Diane

Allahgreen, Katharine Merry, Sophia Smith, Debbie Mant} 1993 [44.31], GBR {Anike Shand-Whittingham, Ashlee Nelson, Hayley Jones, Asha Philip} 2007 [44.52]

4x400 METRES RELAY -1 GBR {Kim Wall, Olivia Hines, Vernicha James, Lisa Miller} 2001 [3:34.63]

PREVIOUS CHAMPIONSHIP MEDALS

Year	Venue	Gold	Silver	Bronze	Total
		ALL	ALL	ALL	All
1970	Paris	3	4	1	8
1973	Duisburg	2	3	3	8
1975	Athens	2	2	3	7
1977	Donetsk	2	2	8	12
1979	Bydgoszcz	5	2	4	11
1981	Utrecht	2	3	4	9
1983	Schwechat	3	1	9	13
1985	Cottbus	8	5	5	18
1987	Birmingham	9	1	3	13
1989	Varaždin	2	5	4	11
1991	Thessaloniki	11	4	2	17
1993	San Sebastián	8	2	4	14
1995	Nyíregyháza	5	2	4	11
1997	Ljubljana	5	3	5	13
1999	Riga	2	5	3	10
2001	Grosseto	6	5	6	17
2003	Tampere	3	5	8	16
2005	Kaunas	6	5	3	14
2007	Hengelo	4	6	4	14
	TOTAL	88	65	83	236

AVIVA GREAT BRITAIN AND NORTHERN IRELAND TEAM

Profiles for athletes not in the UKA Media Guide 2009

Name: Kate Avery DOB: 10/10/91 Club: Shildon Coach: Bob Ashwood Event at this championship: 3000m SB: 9.15.42 PB: 9.15.42

Name: Eugene Ayanful DOB: 14/05/90 Club: Woodford Green with Essex Ladies Coach: Christine Bowmaker Event at this championship: 4x100m relay PB: 10.44

Name: Sam Bailey DOB: 15/09/91 Club: Chelmsford Coach: Carol Jackson Event at this championship: High Jump PB: 2.15m

Name: Lauren Bouchard DOB: 21/04/91 Club: Chelmsford Coach: Steve Mitchell Event at this championship: 400m hurdles SB: 58.72 PB: 58.72

Name: Shaunagh Brown DOB: 15/03/90 Club: Blackheath & Bromley Coach: John Hillier Event at this championship: Discus SB: 50.81m PB: 51.18m (2007)

Name: Stacey Smith

Coach: Mick Woods

SB: 4.17.75 PB: 4.17.75

DOB: 28/03/90

Name: Jenny Tan DOB: 09/03/91

SB: 10.65 PB: 10.49 (2006)

PB: 2.05.47

SB: 6.29m PB: 6.29m

Name: Lorraine Ugen DOB: 22/08/91 Club: Blackheath & Bromley

Coach: Guy Spencer

Name: Laura Wake

Club: Herts Phoenix Coach: Dave Rice

DOB: 03/05/91

PB: 54.07

Coach: Carl Graham

DOB: 04/02/90 Club: Gateshead Harriers

Name: Olafunmi Sobodu

Club: Blackheath & Bromley

Coach: Liz McColgan Event at this championship: 800m

Event at this championship: Long Jump

Event at this championship: 400m

Event at this championship: 4x100m relay

Event at this championship: 1500m

Name: Ashley Bryant DOB: 17/05/91 Club: Windsor Slough Eton & Hounslow Coach: Ian Grant Event at this championship: Decathlon SB: 7267

Name: Lawrence Clarke DOB: 12/03/90 Club: Windsor Slough Eton & Hounslow Coach: Malcolm Arnold Event at this championship: 110m Hurdles PB: 13.57

Name: Dan Clorley DOB: 01/10/90 Coach: Tony Simmons Event at this championship: 1500m PB: 3.46.92

Name: Emily Diamond DOB: 11/06/91 Club: Bristol & West Coach: Dan Cossins Event at this championship: 200m and 4x100m relay SB: 11.80 and 23.85 PB: 11.80 and 23.85

Name: Mike Edwards DOB: 11/07/90 Club: Alabama University Coach: Victor Houston Event at this championship: High Jump SB: 2.16m

Name: Louise Webb DOB: 09/02/91 Club: Team Southampton Coach: Todd Bennett Event at this championship: 3000m steeplechase

Name: Jodie Wiiliams DOB: 28/09/93 Club: Herts Phoenix Coach: Mike McFarlane Event at this championship: 4x100m relay SB: 11.39

Name: James Wilkinson DOB: 13 July 90 Club: Leeds Coach: Phil Townsend Event at this championship: 3000m steeplechase

SB: 10.15.92 PB: 10.15.92

SB: 8.58.76

Name: Junior Ejehu DOB: 01/02/91 Club: Woodford Green with Essex Ladies Coach: Ayo Falola Event at this championship: 200m and 4x100m relay PB: 21.30

Name: Max Galliers DOB: 28/01/90 Club: Windsor Slough Eton & Hounslow Coach: Self Coached Event at this championship: 100m and 4x100m relay SB: 10.52 PB: 10.52

Name: Stephanie Gaynor DOB: 27/09/90 Club: Herts Phoenix Coach: Lloyd Cowan Event at this championship: 100m hurdles PB: 13.81

Name: Rachel Giwa DOB: 08/07/90 Club- Ilford Coach: Mike Afilaka Event at this championship: 4x100m relay SB: 11.94 PB: 11.91 (2008)

DOB: 06/10/91 Club: Kent Coach: June Plews Event at this championship: 400m hurdles PB: 51.72

Name: Jack Green

Name: Curtis Griffith-Parker DOB: 27/09/90 Club: Cambridge Harriers Coach: John HĬllier Events at this championship. Shot and Discus SB: SP 19.30m; DT 61.17m PB: SP 19.30m; DT 62.34m (2008)

Name: Dewi Griffiths DOB: 09/08/91 Club: Carmarthen Coach: Kevin Evans Event at this championship: 10,000m SB: 30.30.2 PB: 30.30.2

Name: Nicola Hood DOB: 06/07/90 Club: Victoria Park City of Glasgow Coach: Graham Smith Event at this championship: 3000m steenlechase SB: 10.24.23 PB: 10.24.23

Name: Markus Hunt DOB: 30/10/90 Club: Chelmsford Coach: Brian McKenzie Event at this championship: 4x400m relay SB: 48.12 PB: 48.04 (2008)

Name: Matthew Hunt DOB: 01/10/90 Club: Kingston Upon Hull Coach: Mick Hill Event at this championship: Javelin SB: 71.90m PB: 71.90m

ROUND

Final

AB

Qual. AB

Qual. AB

Round 1

Qual. A

Final

Qual. A

Round 1

Qual. AB

Final Qual. B Name: James Hunter DOB: 04/06/09 Club: Liverpool Harriers Coach: Stan Roberts / Brian Scobie Event at this championship: 400m PB: 47.23

Name: Abigail Irozuru DOB: 03/01/90 Club: Sale Harriers Coach: John Crotty Event at this championship: Long Jump SB: 6.12m PB: 6.18m (2008)

Name: Simon Lawson DOB: 28/03/90 Club: Cardiff Coach: Self Coached Event at this championship: 10,000m SB: 30.03.9 PB: 30.03.9

Name: Leigh Lennon DOB: 22/05/91 Club: Newham & Essex Coach: Don Lennon Event at this championship: 800m PB: 2.05.93

Name: Ross McDonald DOB: 09/10/90 Club: Birchfield Harriers Coach: Tony Hadley Event at this championship: 4x400m relay SB: 48 01 PB: 48.01

Name: Josephine Moultrie DOB: 19/11/90 Club: Victoria Park Coach: Bill Parker Event at this championship: 1500m SB: 4.18.99 PB: 4.18.99

Name: Ese Okoro DOB: 04/07/90 Club: Birchfield Harriers Coach: Lloyd Cowan Event at this championship: 400m hurdles PB: 59.76

Name: Daniel Pembroke DOB: 16/07/91 Club: Windsor Slough Eton & Hounslow Coach: Kevin Pembroke Event at this championship: Javelin SB: 71.45m PB: 71.45m

Name: Ben Reynolds DOB: 26/09/90 Club: Windsor Slough Eton & Hounslow Coach: Tom Reynolds Event at this championship: 110m Hurdles SB: 13.82 PB: 13.82

Name: Maria Seager DOB: 15/05/90 Club: Woodford Green with Essex Ladies Coach: Christian North Event at this championship: Pole Vault PB: 4.05m

Name: Robbie Schofield DOB: 12/12/90 Club: Newham & Essex Coach: Don Lennon Event at this championship: 800m SB-14982 PB: 1.49.82

Name: Louise Small DOB: 27/03/92 Club: Aldershot Farnham & District Coach: Mick Woods Event at this championship: 3000m SB: 9.18.82 PB: 9.18.82

TIMETABLE (Please note - Serbia is 1hr ahead of UK)

1st	Day	Thursday,	23	July
	•			

9:30

9:55

10:00

18:10

18:15

18:35

18:55

19:10

19:25

19:55

18:50

19:15

19:50

Javelin Throw

5000 m

200 m Hep

,	,
TIME	EVENT

100 m Dec

High Jump

10 000 m Walk

EVENT	SEX

Men

Men

Women

10:20	Shot Put	vvomen
10:25	Long Jump Dec	Men
11:05	100 m	Women
11:30	Hammer Throw	Women
11:35	100 m	Men
12:05	Shot Put Dec	Men
12:10	400 m	Women
12:40	400 m	Men
12:40	Hammer Throw	Women
15:45	Discus Throw	Men
15:50	High Jump Dec	Men
16:00	800 m	Women

Round 1 AB Round 1 Round 1 Qual. B Qual. A AΒ Round 1 16:35 400 m Men Semi Final 16:55 400 m Women Semi Final 16:55 Discus Throw Qual. B Men 17:05 Long Jump Women Qual. AB 17:10 1500 m Round 1 Men 17:15 Pole Vault Women Qual. AB 17:30 100 m Women Semi Final 17:45 100 m Semi Final Men 18:05 3000 m Women Round 1

Women

Women

Men

Men

Men

Men

Men

2nd Day Friday, 24 July TIME EVENT

9:30	110 m h Dec	Men	
9:50	110 m h	Men	Round 1
10:10	Pole Vault	Men	Qual. AB
10:25	100 m h	Women	Round 1
10:30	Discus Throw Dec	Men	Α
11:00	1500 m	Women	Round 1
11:10	High Jump	Women	Qual. AB
11:25	800 m	Men	Round 1
11:35	Discus Throw Dec	Men	В
12:00	400 m h	Women	Round 1
12:35	400 m h	Men	Round 1
13:45	Pole Vault Dec	Men	AB
15:05	Hammer Throw	Women	Final
16:00	100 m h	Women	Semi Final
16:05	Triple Jump	Men	Final
16:15	110 m h	Men	Semi Final
16:35	800 m	Women	Semi Final
16:50	Javelin Throw Dec	Men	AB
16:55	100 m	Women	Final
17:05	100 m	Men	Final
17:15	3000 m Steeple	Men	Round 1
17:55	400 m	Women	Final
18:05	Long Jump	Women	Final
18:10	400 m	Men	Final
18:25	200 m	Women	Round 1
18:30	Discus Throw	Men	Final
19:00	200 m	Men	Round 1
19:30	1500 m Dec	Men	

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3rd Day

Shot Put

Javelin Throw

3000 m Steeple

Triple Jump

10000 m

400 m Dec

Javelin

Saturday, 25 July

TIME	EVENT	SEX	ROUND	
9:30	Discus Throw	Women	Qual. A	
9:35	100 m h Hep	Women		
10:05	10 000 m Walk	Men	Final	
10:30	High Jump Hep	Women	AB	
10:35	Shot Put	Men	Qual. AB	
10:40	Discus Throw	Women	Qual. B	
11:00	Long Jump	Men	Qual. AB	
11:30	4x400 m	Women	Round 1	
11:50	Javelin Throw	Women	Qual. AB	
11:55	4x400 m	Men	Round 1	
15:00	400 m h	Women	Semi Final	
15:15	400 m h	Men	Semi Final	
15:30	200 m	Women	Semi Final	
15:30	Pole Vault	Women	Final	
15:40	Hammer Throw	Men	Qual. A	
15:45	200 m	Men	Semi Final	
15:50	Shot Put Hep	Women	AB	
16:05	800 m	Men	Semi Final	
16:30	100 m h	Women	Final	
16:50	110 m h	Men	Final	
17:00	High Jump	Men	Final	
17:05	Hammer Throw	Men	Qual. B	
17:10	800 m	Women	Final	
17:25	3000 m Steeple	Women	Final	
17:45	Shot Put	Men	Final	
17:50	200 m	Women	Final	
18:10	200 m	Men	Final	
18:30	1500 m	Men	Final	
18:45	Triple Jump	Women	Qual. AB	
18:50	3000 m	Women	Final	

Men

Men

Women

Final

Final

4th Day Sunday, 26 July

TIME	EVENT	SEX	ROUND
9:45	Long Jump Hep	Women	AB
10:30	4X100 m	Women	Round 1
11:00	4X100 m	Men	Round 1
11:00	Javelin Throw Hep	Women	
15:00	Hammer Throw	Men	Final
15:30	Pole Vault	Men	Final
15:45	High Jump	Women	Final
16:00	400 m h	Women	Final
16:05	Triple Jump	Women	Final
16:10	400 m h	Men	Final
16:25	800 m	Men	Final
16:40	Discus Throw	Women	Final
16:45	4x100 m	Women	Final
17:00	1500 m	Women	Final
17:20	4x100 m	Men	Final
17:40	3000 m Steeple	Men	Final
18:00	Long Jump	Men	Final
18:05	800 m Hep	Women	
18:25	Javelin Throw	Women	Final
18:30	5000 m	Women	Final
19:05	4x400 m	Women	Final
19:40	4x400 m	Men	Final









