

**UKMC  
UKA, Solihull  
24 September 2010**

**Attendees**

Lynn Davies  
Ed Warner  
Niels de Vos  
Charles Bartholomew  
Roy Corry  
Lynette Harries  
Nigel Holl  
Bill Adcocks  
Roger Simons  
Mike Harris  
Stan Burton  
Andrew Taylor  
Graham Jessop

**Apologies**

Seb Coe  
Jonathan Edwards  
Helen Clitheroe  
Keith May  
Chris Cohen  
Steve Backley  
John Graves  
Frank Dick

**Welcome & Apologies**

LD welcomed everyone to the meeting and wished to congratulate all the GB & NI Teams over the summer – World Juniors in Moncton & European Championships in Barcelona, and to CvC & the coaching staff. Good Luck wishes were also passed to the teams at the Commonwealth Games, Delhi.

**Minutes of the meeting 27 June 2010**

The minutes of the meeting held on 27 June 2010 were approved as a true record of the meeting.

**Matters Arising**

**Chairs report**

BA asked if the Council could be provided with participation figures in the Endurance camps and what funding was put in to the camps.

**Action:** A summary of the April camp to be circulated with the minutes of the meeting.  
This will be sent out with the September Council Minutes

FD asked if the camps made a difference to the athletes who attended and whether there was any research to prove this.

**Action:** Barry Fudge to present to future UKMC (in person or via a paper)

The Council asked for Barry fudge (Physiologist) to present a summary on what worked to get the endurance successes at endurance camps. This will be circulated with the endurance camp report.

**Presentation by Neil Black** – the Council asked if they could have a copy of the presentation from Neil Black following the presentation to the UKA Board.

**Action:** Circulate copy of Neil Black's presentation

Circulated at the meeting

### **Future Planning KPI**

NdV said there is a need to set up other sub committees including a Schools subcommittee.  
– FD expressed an interest. EW asked FD to lead the Council in thinking about how to ensure children become physically literate (with a specific emphasis on athletics) and how we retain them in the sport.

**Actions:** EW to ensure FD is provided with a copy of Elevating Athletics resources. FD to lead a discussion at next meeting

EW confirmed a copy of Elevating Athletics was sent to FD. Through NH, it was agreed that FD would report to the next meeting

### **Business Unit KPIs**

**Coaching & Development** - MH asked if the National Event Coaches event strategies could be circulated to the Council when completed.

**Action:** KT to prepare and circulate strategies once approved and finalised

NdV said that these have now been finalised with KT but have not yet been passed to NdV, once fully complete these will be circulated to the Council.

**Marketing & Commercial** - BA fed back that the website is not easily accessible – EW asked if BA could coordinate for the Council a précis of concerns and feed back at the next meeting.

**Action:** BA to provide feedback on the UKA website

BA to carry forward to December meeting – EW offered support from UKA to help assist should this be required.

### **Any Other Business**

EW suggested that the Council Members complete a self appraisal process which would then be shared with everyone. The majority of the Council agreed with this way forward and the Memorandum & Articles are to be re circulated to the Council

**Action:** CB to circulate self-appraisal form for completion by 30 July.

**Action:** Circulate a copy of the Memorandum and Articles

Memorandum and Articles were circulated

The self appraisal forms were circulated and completed. LD provided an executive summary which will be discussed separately at the end of the meeting.

## **Chairs Report – Ed Warner**

Report taken as read and EW highlighted a couple of areas for further update

### **Olympic Stadium**

EW updated the Council on the submissions for tenancy of the stadium, which are due in to the Olympic Park Legacy Company by end of September. EW confirmed that the WHUFC & Newham Council bid included the commitment to have a warm up track which would also be used as a community track.

### **WAC 2015**

An IAAF Evaluation visit took place 20-22 September with Cherry Alexander managing the process for the visit. The difficulty around the bid remains the Government funding and guarantee, required to be in place before the IAAF will allow the bid to go forward to the vote on 20 November. The Government decision will not be made until after the Comprehensive Spending Review on 20 October and the IAAF have given UKA until the 5 November to have this in place.

The Council agreed that London hosting the 2015 World Athletics Championships would be a great bonus for the sport following the Olympics, Commonwealth Games in Glasgow in 2014.

The Council wished to record their thanks to EW on the work he has done thus far in getting the bid to where it is.

## **CEO Report – Niels de Vos**

CEO report taken as read.

### **Key Milestones**

IPC World Championship – A team of 40 athletes are selected following the selection meeting on 23 September.

### **SO1 – Increase Elite Level success**

Year 2 funnel for Olympics and Rasa system for Paralympic both on track against targets with the 2012 cycle.

World Class Performance Programme selection process starts at the end of this September and during October.

### **SO2 – Raise overall standards within the sport**

Sport England excel targets exceeded, NdV to present more details to the Council in December. Home Country Athletics Federations invited to share their measurements as well.

Athletics 365 launched in partnership with England Athletics and pilots all well received. NH asked if materials could be made available in Home Country Athletics Federations – NdV confirmed they could.

Master classes held at Crystal Palace – RC said that the feedback he had received from the conferences were very good, however the endurance conference was reported as poor

quality. NdV asked RC for further detail on the “poor” quality to enable improvements to be made for future events.

### **SO3 – Increase participation in the Sport**

England Athletics have kept their membership at £5 whilst Wales & Scotland have increased to £15 & £20 respectively. NdV noted that trends on renewal show that there is a small decline in memberships but that Home Country Athletics Federations were not yet able to provide firm annual figures. All agreed that once data was available, a detailed debate was required as to the preferred model for the sport to adopt for the long term. NH & LH reported that there was a pricing structure for the different types of membership within their respective home countries.

### **SO5 – Develop and implement enhanced models of governance to position athletics as a “best in class” example British Sport governing bodies**

Discussions have been had with England Athletics and Sport England regarding management changes to improve efficiency and delivery.

### **SO6 – Develop a robust forward plan for 2013-17**

The Comprehensive Spending Review is due for completion in October and will clarify any major changes in funding and any impact directly on UKA. NdV said that each SBU was preparing a 25% cost improvement plan and similarly Home Country Athletics Federations were also working on long term plans which will be shared at CEO Forum in October

## **UKA Accounts – Charles Bartholomew**

Accounts have been finalised and approved but not yet submitted to Companies House.

- The accounts show a small surplus of £111k
- Reserves now a £1,539k
- The Auditors were pleased to note that they did not identify any management or process issues which could give rise to a control issue

### **Outlook for 2010/11**

- Balanced budget as reported in June
- Forecast will be carried out in October based on 6 month outcomes and current outlook

### **Financial Control**

- CEO approves all purchases over £2,000
- Reviews each month with SBU heads
- Self Assurance process for Sport England have been completed and expect to get a Green rating

### **Reappointment of haysmactintyre as auditors**

RC agreed to the reappointment of the auditors and GAJ seconded.

RS expressed the thanks of the Council to CB & his team for the excellent progress made on the accounts.

## **Home Country Reports**

All Home Country Athletics Federation reports are taken as read

### **England Athletics – Graham Jessop (on behalf of John Graves)**

Coach Development and Education

Some key recent events:

- Endurance workshops across the country including a Q&A with Lord Coe, Bruce Tulloh on "10k to Marathon", and other workshops for endurance coaches on Strength and Conditioning, Physiology, Biomechanics, Drills for endurance runners, Sports Science and "Transition from Winter to Summer".
- Combined Events specialist PV and video analysis day.
- Combined High Jump and Pole Vault trip to the European Vertical Jumps conference, around 25 coaches attended.
- Coaching workshops and Flying Coach visits delivered across the country through our Local Coach Development Programme (led by Club and Coach Support Officers).

Recent survey of National Coach Development Programme coaches rated:

- Our events as 8.4 out of 10
- Our one to one support as 8.5 out of 10
- Every single coach said that they felt the amount of support they received 1:1 as either just right or not enough. Well over 90 % reported just right. However, it shows we are still feeding a huge desire for support!

Anti doping training held for NCMs and key information rolled out to NCDP and LCDP coaches. Strong links being forged with UKA anti doping around supporting this critical area.

England Athletics Endurance Coach Development Centre at St. Mary's University College launched in partnership with the Virgin London Marathon. This partnership will deliver technical mentoring, coaching workshops, formal coach education, an annual road running conference and open coaching days for road running and other endurance coaches.

Feasibility of rolling out St Mary's concept to geographically strategic centres being considered.

New Leader and Assistant Coach courses launched. Slow uptake to start with. Promotional plan now in place with email communications, course leaflets, subsidies for Athletics Networks.

## **Clubs & Athletics Networks**

54 Funded networks have been agreed in principle; 37 networks have been issued with award agreement; all others will be in place by July 2010.

Key performance indicators reflect that the following have benefitted as a direct result of the McCain Athletics Network funding :

- Over 39,000 participants;
- Over 11,000 participants within club setting;

- Over 2,000 coaches. Data taken from **April Quarterly Reports**
- Nearly 500 clubs are within network programme.

National Conferences organised for 30 October, 6 November and 13 November – key theme “Long Term Sustainability”

Network staff training event held in June covering (i) Leadership and influence training, (ii) EA and Network Operational Success Factors, (iii) Coaching and Athletics 365

National Volunteer Framework and Club Tool Kit launched

Transfer of disability playground to podium programme from UKA to EA complete. New Southern Officer post recruited.

## **Schools / Young People**

Over 120,000 young people engaged in sportshall during the autumn and winter programme  
Quadkids – over 400 events planned nationwide during the next 3 months involving nearly 65,000 young people in the school setting alone

Schools Super8 pilots in 40 areas across the country this year – major pilot in London as part of the London Youth Games.

£23,000 secured to offer free teacher education courses for schools from Autumn onwards.

Ramping up coverage of teacher education courses during 2010 – projections to get greater coverage in university sector by organising 18 courses across country involving over 400 teachers in training during the year

## **Competition, Officials and Commonwealth Games**

Competition Review group work ongoing. Next meeting July 12<sup>th</sup>, including coach mentor involvement to ensure competition recommendations are consistent with athlete development needs

National Officials Forum met in March. Meeting again in September – trinity training for “cofsecs” being planned for autumn months. Graham Jessop leading endurance officials consultation

National Officials Coordinator recruited to organise official's education courses nationwide.

Successful England Athletics Combined Events and U23/U20 Champs at Bedford

Planning for Commonwealth Games progressing well. Vast majority of top athletes expressing intent to take part. Holding camp organised at the Aspire Centre in Doha from 28 September to 7 October. A full meeting of Commonwealth Games athletes and staff planned for 11/12 September at the Neasden Temple which is linked to the Akshardham Temple which is located immediately behind the Athlete's Village in Delhi.

## **Run in England**

Over 1,700 leaders have taken the Leadership in Running Fitness course in the past year. Over 200 Run in England groups have now been set-up to encourage new runners to take up the sport.

Run in England groups set up by established running clubs are ideal as the members in these groups will gain access to the experience and expertise from the club who they are

linked with. Groups can be set up away from the club base and could be at different times of day allowing those who could not normally participate to be able join in.

## **Communication and Development**

Hall of Fame confirmed for 30 June Hilton Metropole – national awards and hall of fame voting process now live

Consultation sessions held at over 20 venues across the country – report will be published in September

Affiliation review for 2011 continues

Spring “Setting the Pace” magazine available; “For The Record” Spring Officials Magazine release imminent. 4,961 fans on our Facebook page.

London strategy plan released

## **Welsh Athletics – Lynette Harries**

Commonwealth Games – Twenty three athletes supported by a team comprising of a team manager and four coaches have been selected to represent Wales.

The Welsh under 17 and 20 Championships was staged at Carmarthen on 10 July .It was particularly pleasing to note that the number of entries for both age groups had increased.

The Welsh Officials Conference will be held on 23 October at the Park Inn, Cardiff North.

A jointly hosted Coaching Conference (UKA, England and Welsh Athletics) will be held on 5 December at NIAC.

The Welsh Athletics Annual Awards and Hall of Fame Dinner is being held on 18 September at the Angel Hotel, Cardiff. The theme for the evening is to be Wales at the Commonwealth Games.

The Non Executive Directors of Welsh Athletics will be undertaking a comprehensive review of Athletics in Wales. This will commence early in October; it is anticipated that the Review Team will report their findings and present recommendations to Welsh Athletics Board early in the New Year.

The Run Wales programme is being launched on 24 September. This embraces a range of initiatives across all areas of endurance in Wales which includes:

- An education programme.
- A focused programme of Leader Awards targeting all Local Authorities.
- A support package to assist event organisers to enhance the profile of events.
- A Run Wales Membership Website.

Rhodri Morgan (Welsh Sports Minister) is the patron of Run Wales.

## **Scottish Athletics – Nigel Holl (on behalf of Frank Dick)**

As this report is presented, **scottishathletics** will be consulting further on the new draft strategic plan that has been the focus for much of the summer. This new plan, short and to the point, will guide **athletics in Scotland** from the return of the Scottish Team from Delhi through to Glasgow 2014. **Scottishathletics** looks forward to sharing the final version with UKA colleagues in due course.

Despite the tight time-table, the strategic plan process has been open and involving – both members and key partners having contributed to “task and finish” working groups running through the summer. A further round of consultation (visits around the country) is scheduled for the first weekend of October.

### **Specific points to note**

**Scottishathletics** held our Annual General Meeting on Saturday 11 September 2010. The meeting was extremely positive, with Frank Dick and Nigel Holl taking the opportunity of further discussion and sharing on the strategic priorities with members present.

A number of the selected team travelling to Delhi (19 athletes) are currently attending a warm-weather camp in Italy as the final element of their preparation. Laurier Primeau and his coaching team are all present and leading that camp. In terms of expectations for Delhi, our key message is that Delhi will provide a bench-mark 4 years ahead of a “home games” in Glasgow. Specific medal targets have not been detailed at this point. In addition to the coaching and management team, Nigel Holl (CEO) will be attending the Commonwealth Games to represent **scottishathletics**.

Discussions continue in Scotland with regard to age-groups for competition – with a focus on our track and field programmes. There is a desire to move to fall in line with the IAAF age groups and cut-off points. This is a topic that will be raised though the CEO Forum for discussion, but UKMC should be aware of this move.

Scottish Schools Athletics Association (SSAA) – our partnership and links with SSAA has taken a step forward – we have agreement in principle to work closely on programmes, and to meet at strategic level 3 – 4 times per year to monitor and progress this work. This represents a distinct change in approach, and collaboration can only be to mutual advantage.

International Festival of Coaching – 29/30/31 October 2010. The programme is now set with a tremendous line up of speakers and presenters. Whilst the date clash (with England Awards night) is unfortunate, the event continues to attract significant numbers of coaches from the UK, Europe and world-wide. **Scottishathletics** will hold our annual awards evening on the Saturday evening. [www.ifacscotland.co.uk](http://www.ifacscotland.co.uk)

Competition Review and success. Laurier Primeau has progressed a review of the competition programme (indoor and outdoor) for Track and Field. The results of that review will result in a sharper competitive programme for 2011, with some fresh ideas. The recent

U15 / U17 National Championships saw increased entrants and participants together with some excellent performances. Such positive weekends demonstrate the potential and excitement that is to come over the next few years as we approach Glasgow 2014.

Development of a new Strategic plan and will present to UKA Board and if appropriate will share with the UKMC

Age Group Competition – Scottish Athletics is keen to look again at bringing Track & Field age groups in line with IAAF age groups especially for junior competitions. RS said that the UKA rules specify age groups and any proposed changes to the rule would not be able to be considered until April 2012. NH accepted that this would not be desirable for Scottish Athletics to run competitions not covered by UKA rules. The Council suggested that a UK wide discussion is required before any changes – NH committed to discuss the options with Cherry Alexander.

### **Athletics Northern Ireland – Roy Corry**

#### **Corporate Issues**

##### **Management Accounts 9 months 30 June 2010**

Presented & approved at Board meeting.

##### **Annual Financial Budgets y/e 30 September 2011**

Approved on the basis that Sport NI have not given any indication of what they propose for 2010/2011. ANI Strategic Plan 2009-2013 funding will be flexed by them and a report will be prepared for the next Board meeting as & when Sport NI advise us.

##### **Coaching Development Report**

Vicki Kennedy presented her report which included updates on the following:

- Coach Education
- Teacher Training
- Rising Stars Scheme
- Club Mark Pilots
- McCain Networks

Planned Coaching Workshops:

- Sprints 27 November 2010
- Endurance 21 January 2011
- High Jump 22 January 2011

Plus full day conference to cover most disciplines 11 December 2010.

Presentation of Fundamental Skills booklet to be used in first instance with network clubs coaches.

Vicki with work in conjunction with Pam Brown to move forward on training courses for Officials.

## **Active Communities**

Three athletes have started employment as Athletic Coaches under the new Active Communities programme delivered and funded through Sport NI. Two of these will be directly employed by Athletics NI and are based in Antrim & South Down area while the third member is employed by Strabane & Derry City Councils. They are keen to become UKA tutors and applications have been sent to UKA. All three coaches are already making an impact in their areas and linking well with clubs and communities. Two further opportunities exist in Belfast & Craigavon with recruitment & selection under way

## **Athlete Development**

Jackie McKernan presented her report with the main focus on her recent work has been Commonwealth Games Preparation. Only one withdrawal from 11 athletes selected namely Jason Smyth due to back injury, no replacement selected 9. Preparation camp arrangements for Portugal finalised 24 Sep – 1 Oct 2010. Five personal coaches to attend training camp in Portugal.

Delivery of Coach Developments sessions in Strength & Conditioning at UUJ

SINI ASP & Youth Academy programmes are both working well athletes involved in the programmes

Staff and coaches attended the various courses held at Crystal Palace in August, however, the Endurance attracted some criticism

## **Performances**

Notable Performances in the summer:

World Junior	Ciara Mageean 1500m Silver
	Christine McMahon 400H Semi finalist
	Mark Patterson 800m Semi finalist

IWAS World Junior GB & NI - Sally Brown Silver 100m, 200m

English Championships U15/U17

U15	Gold	McGuigan - Boys Hammer
	Bronze	Doherty - Girls High Jump
U17	Gold	Kirk - Girls 300m
		Monaghan P – Boys 1500m
	Silver	Monaghan A – Boys 3000m
	Rankin	Boys 1500m S/C

Sainsburys UK School Games

Gold	K Kirk - Girls 300m
S Brown	Girls 200m

European Champs

100m Semi Final - Jason Smyth

## **Promotional Issues**

### **Annual UK Awards Regional Selection**

Select committee nominated to consider nominations and select the regional winners for Presentation Evening to be 17 November 2010. Winners will be endorsed by the Management Board.

### **Other**

Congratulations to the GB & NI Team's performance and the support team at both the European T & F Championship in Barcelona and the IWAS World Junior T & F Championship in Olomouc, Czech Republic.

## **Volunteer Representatives Reports**

**Clubs** – No reports

LH asked if the Volunteer Representative reports could be more inclusive – the Council suggested that this is discussed in the Self Appraisal meeting at the end of the meeting.

LD suggested that a piece in Athletics Weekly should be arranged to identify the volunteer representatives and offer contact details via a UKA email address

### **Coaching Reports – Mike Harris**

Coaching priorities during the summer months are primarily competition-oriented so there is less activity on the course/conference and education front.

Over the last few months, Athletics Weekly has published coaching articles on a regular basis, often written by UKA staff, but perhaps the most readable were the two reports on the Europeans by Tom McNab. Tom is a great orator and has that rare quality of being able to comment intelligently across a wide range of events - I realise he is of the old school but how many of our current crop of top coaches can do this ?

I have asked Kevin Tyler if it would be feasible to ask the National Coaches or NCMs to write something similar for their particular event(s) For such articles to appear in AW would only help portray UKA/EA as leaders in coaching expertise.

I have been in communication with one of the National Event Coaches discussing coaching awards, particularly at the high performance level. The current awards scheme voted for by the sport is somewhat haphazard and relies on the nomination process which is not the best way to reward the best performers. Something more objective is required.

There should be some recognition from the Governing Body and I would suggest it would look good coming from UKA to recognise good coaching i.e. High Performance Coaching.

For example awards could be given for the following categories:

- Distance
- Sprints and Hurdles
- Jumps and Combined Events
- Throws
- Wheelchair
- Disability
- Female

Winners to be decided by a group of people that could include National Event Coaches, National Coach Mentors and the Scottish, Irish and Welsh equivalents.

The need for some measure would mean a scoring system should be used (detail to be determined). I would be interested in the views of the Council.

The Council asked for MH to provide a paper on criteria and levels for recognising good coaching.

### **Officials – Stan Burton**

SB attending the regional Officials Conferences: North - 3 October; Midlands - 7 November & South 6 February. Stan Burton asked if it would be possible for him to be invited to other Home Country Athletic Federation conferences for Officials.

RS added that four new Peer group members were added at the Technical Committee held 23 September and that SB was appointed Head Timekeeper.

BA & GAJ raised concern over the speed on endurance officials grading and time taken. GAJ to prepare a paper on these concerns.

### **Road Running Report – Andrew Taylor**

The Council wished to note the sad death of Bill Reynolds and wished to pass on their sympathy and best wishes to Bill's family.

### **IAAF/EA/IPC reports**

Nothing to report.

### **Dates for 2011**

The Council agreed the dates for 2011 as below:

- Saturday 19 February – Birmingham Indoor Grand Prix
- Sunday 31 July – UKA Champs & Trials, Birmingham
- Friday 30 September – UKA, Solihull
- Saturday 3 December, Solihull

### **Presentation on Domestic Competition by Cherry Alexander & Mike Heath**

CA & MH presented to the UKMC the reasons for activating change for domestic competition.

The competition structure to be re circulated to the council for information.

LD thanked Cherry Alexander and Mike Heath

### **Date of next Meeting**

Saturday 4 December – 12.00pm Burleigh Court, Loughborough followed by UKA Awards Dinner.