

# UK Athletics Referral overview

## STAGE 1 REFERRAL AND BOOKING

### How to book your initial appointment?

- + UK Athletics will provide you with a self-referral form\* (your personal data will only be used to create your profile). You may also be sent a questionnaire to complete ahead of your appointment
- + Once completed, please email your self-referral form to the corporate clients team
- + The corporate clients team will confirm with you when they have received your referral form and will discuss your next steps, including which Priory location is most appropriate for you
- + You will then be contacted by the relevant Priory location to book your appointment
- + Should you need to cancel or change the date or time of your appointment, please contact your Priory wellbeing centre or hospital directly at least two working days before your appointment time. Cancellations that are received within 24 hours of the appointment start time will be charged at the full rate

\*If you would like more information or guidance on how to complete your self-referral form, please call or email the corporate clients team. If you email or leave a voicemail, please confirm suitable times to contact you, your contact details and if you are happy for us to leave a discreet message. We will attempt to contact you three times before closing your enquiry.

Corporate clients team  
Email: [corporateclients@priorygroup.com](mailto:corporateclients@priorygroup.com)  
Phone: 0800 0622 988  
Referral reference: UK Athletics

## STAGE 2 ASSESSMENT AND TREATMENT

### Your initial appointment

In your initial appointment you will:

- + Be assessed so that we understand your unique needs
- + Have the opportunity to discuss your history and difficulties, and complete / review your mental health questionnaire
- + Work with your therapist to establish a treatment plan that is right for you

### After your first appointment

- + Your therapist will provide you with guidance on next steps
- + If you wish to continue treatment, you may book directly with the Priory location that you have been attending to ensure the sessions best fit your schedule
- + Please liaise directly with the wellbeing centre or hospital to book your appointments. If you require additional assistance or support you may also continue to utilise the corporate clients team
- + If you decide to not continue with therapy, your Priory location will contact the corporate clients team to advise them that you have completed your desired treatment. You are not required to notify the corporate clients team separately

### Corporate clients team contact details

Please note the team is available  
Monday - Friday, 8am - 6pm

Email: [corporateclients@priorygroup.com](mailto:corporateclients@priorygroup.com)

Phone: 0800 0622 988

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