

NORWICH UNION GREAT BRITAIN
& NORTHERN IRELAND TEAM



MEDIA:GUIDE

2008 UPDATE SHEET

29TH SPAR EUROPEAN CUP

Annecy, France June 21-22 2008



NORWICH UNION GREAT BRITAIN AND NORTHERN IRELAND TEAM MANAGEMENT

Team Leaders	Dave Collins Simon Nathan	
Team Coaches	Lloyd Cowan Tony Lester Steve Rippon Lorraine Shaw John Trower	Michael Khmel Aston Moore Mark Rowland Alan Storey Roger Walters
Medical	Dr Paul Dijkstra Dr Noel Pollock	Dr Leon Creany
Physiotherapists	Neil Black Pierre McCourt	Matt Lancaster Alison Rose
Soft Tissue Therapists	Andy Burke	Paula Clayton
Team Official	Vikki McPherson	
Sport Science	Aki Salo	

UK Athletics Communications Team in Annecy:

Chris Broadbent (Media Manager)
Mobile: +44 7701 099763
email: cbroadbent@ukathletics.org.uk

Emma Pickles (Media Officer)
Mobile: +44 7920 078543
email: epickles@ukathletics.org.uk

Team Hotel

Novel La Mamma
69 Avenue de France
74000 - Annecy
Tel: +33 4 5023 7574
Email: hotelnovel@hotelnovel.com

TIMETABLE

TIME	EVENT	SEX
Saturday 21 June 2008		
13:50	100 m B (2 Heats) Women	
14:05	100 m B (2 Heats) Men	
14:20	Opening Ceremony	
14:35	Hammer	Men
14:40	High Jump	Men
14:55	Pole Vault	Women
15:10	Triple Jump	Women
15:35	400 m Hurdles	Women
15:45	400 m Hurdles	Men
15:50	Discus	Women
15:55	100 m	Women
16:05	100 m	Men
16:15	800 m	Women
16:25	1500 m	Men
16:35	3 000 m	Women
16:45	Shot Put	Men
16:50	400 m	Women
16:55	Long Jump	Men
17:00	400 m	Men
17:05	Javelin	Women
17:10	5 000 m	Men
17:30	3 000 m Steeple	Women
17:45	4 x 100 m	Women
17:55	4 x 100 m	Men

TIME	EVENT	SEX
Sunday 22 June 2008		
13:40	4 x 100 m B	Women
13:50	4 x 100 m B	Men
14:10	Hammer	Women
14:25	Shot Put	Women
14:30	Pole Vault	Men
14:40	Triple Jump	Men
15:20	Discus	Men
15:25	110 m Hurdles	Men
15:40	800 m	Men
15:50	1 500 m	Women
15:55	High Jump	Women
16:00	3 000 m Steeple	Men
16:20	100 m Hurdles	Women
16:25	Long Jump	Women
16:30	200 m	Women
16:40	200 m	Men
16:45	Javelin	Men
16:50	5 000 m	Women
17:15	3 000 m	Men
17:30	4 x 400 m	Women
17:40	4 x 400 m	Men
17:50	Victory Ceremony	

NORWICH UNION GREAT BRITAIN AND NORTHERN IRELAND TEAM

	MEN	WOMEN
100m	Tyrone Edgar	Emma Ania
200m	Marlon Devonish	Christine Ohuruogu
400m	Martyn Rooney	Nicola Sanders
800m	Richard Hill	Jenny Meadows
1500m	Tom Lancashire	Susan Scott
3000m	Andy Baddeley	Helen Clitheroe
5000m	Mo Farah	Jo Pavey
110/100mh	Andy Turner	Sarah Claxton
400mh	Dale Garland	Tasha Danvers
3000mSC	Andrew Lemoncello	Hatti Dean
High Jump	Samson Oni	Susan Moncrieff
Long Jump	Chris Tomlinson	Jade Johnson
Triple Jump	Phillips Idowu	Noni Mordi
Pole Vault	Steve Lewis	Louise Butterworth
Javelin	Michael Allen	Goldie Sayers
Hammer	Mike Floyd	Zoe Derham
Discus	Emeka Udechuku	Philippa Roles
Shot	Carl Myerscough	Rebecca Peake
4x100m relay	Harry Aikines Aryeetey Devonish Edgar Rikki Fifton Christian Malcolm Craig Pickering	Ania Montell Douglas Emily Freeman Jeanette Kwakye Anyika Onoura Kadi-Ann Thomas
4x400m	Richard Buck Rooney Andrew Steele Rob Tobin Conrad Williams	Vicky Barr Meadows Ohuruogu Marilyn Okoro Kelly Sotherton

PROFILES FOR ATHLETE NOT FEATURED IN UK ATHLETICS MEDIA GUIDE 2008

Name: Andrew Lemoncello
DOB: 12/10/82
Lives: Arizona
Club: Fife AC
Event: 3000m Steeplechase
Coach: Ron Morrison
PB: 8:23.74 (2007)
SB: 8:28.17

Name: Samson Oni
DOB: 25/06/81
Lives: Brixton
Club: Belgrave Harriers
Event: High Jump
Coach: Trevor Llewellyn
PB: 2.30m (2008)
SB: 2.30m

Name: Michael Allen
DOB: 07/03/80
Lives: Loughborough
Club: Trafford AC
Event: Javelin
Coach: Self coached
PB: 79.55m (2006)
SB: 76.38m

Name: Mike Floyd
DOB: 26/09/76
Lives: Warrington
Club: Sale Harriers Manchester
Event: Hammer
Coach: Kevin Madden
PB: 69.38m (2000)
SB: 68.68m

Name: Emeka Udechuku
DOB: 10/07/79
Lives: London
Club: Woodford Green & Essex Ladies
Event: Discus
Coach: Mike Winch
PB: 64.93 (2004)
SB: 61.69

Name: Carl Myerscough
DOB: 21/10/79
Lives: California
Club: Blackpool & Fylde
Event: Shot
Coach: Wilbur Thompson
PB: 21.92 (2003)
SB: 20.38

Name: Conrad Williams
DOB: 20/03/82
Lives: London
Club: Kent AC
Event: 4x400m
Coach: John Powell
PB: 46.35 (2007)
SB: 46.50

Name: Emma Ania
DOB: 7 February 1979
Lives: Italy
Club: Shaftesbury Barnet
Event: 100m
Coach: Roberto Bonomi
PB: 11.21 (2008)
SB: 11.21

Name: Susan Scott
DOB: 26 September 1977
Lives: Twickenham
Club: Victoria Park City of Glasgow
Event: 1500m
Coach: Mark Rowland
PB: 4.08.23 (2008)
SB: 4.08.23

Name: Sarah Claxton
DOB: 23 September 1979
Lives: London
Club: Woodford Green Essex Ladies
Event: 100mH
Coach: Lloyd Cowan
PB: 12.92 (2008)
SB: 12.92

Name: Susan Moncrieff
DOB: 8 June 1978
Lives: Wigan
Club: Trafford AC
Event: High Jump
Coach: Mike Holmes
PB: 1.95 (2001)
SB: 1.86m

Name: Jade Johnson
DOB: 7 June 1980
Lives: London
Club: Herne Hill Harriers
Event: Long Jump
Coach: John Herbert
PB: 6.80m (2004)
SB: 6.71m

Name: Noni Mordi
DOB: 25 July 1987
Lives: Fife
Club: Shaftesbury Barnet
Event: Triple Jump
Coach: John Scott
PB: 13.55 (2008)
SB: 13.55

Name: Zoe Derham
DOB: 24 November 1980
Lives: Gloucester
Club: Birchfield Harriers
Event: Hammer
Coach: Lorraine Shaw
PB: 67.80m (2007)
SB: 66.39m

Name: Philippa Roles
DOB: 1 March 1978
Lives: London
Club: Swansea Harriers
Event: Discus
Coach: Mike Winch
PB: 62.89 (2003)
SB: 61.10

Name: Rebecca Peake
DOB: 22 June 1983
Lives: Loughborough
Club: Sale Harriers
Event: Shot
Coach: Geoff Capes
PB: 16.23 (2008)
SB: 16.23

Name: Vicky Barr
DOB: 14 April 1982
Lives: Chester Le Street
Club: Rugby & Northampton
Event: 4x400m relay
Coach: Alan Gregson
PB: 52.44 (2008)
SB: 52.44

GB TEAM PERFORMANCES IN THE EUROPEAN CUP

Best British Placings at each event in all Finals or Super League events

MEN

100m	1st Allan Wells 1981, Linford Christie 1987, 1989, 1991, 1993-7, Dwain Chambers 1999 & 2002, Darren Campbell 2000, Mark Lewis-Francis 2001 & 2003; Craig Pickering 2007
200m	1st Chris Monk 1973, Allan Wells 1979 & 1983, Linford Christie 1987 & 1994-6; John Regis 1989 & 1993, Doug Walker 1998, Christian Malcolm 2000, 2004, 2005 & 2006, Marlon Devonish 2002 & 2007
400m	1st David Jenkins 1975, Roger Black 1991, 1994 & 1997, David Grindley 1993, Mark Richardson 1995, 1998 & 1999; Jamie Baulch 2000, Daniel Caines 2002, Tim Benjamin 2004
800m	1st Andy Carter 1973, Steve Ovett 1975, Seb Coe 1979 & 1981, Tom McKean 1985, 1987, 1989, 1991
1500m	1st Frank Clement 1973, Steve Ovett 1977, Steve Cram 1983 & 1985, Peter Elliott 1991
3000m	2nd Mohammed Farah 2005 & 2006 [3000m replaced 10,000m from 1996]
5000m	1st Brendan Foster 1973 & 1975, Nick Rose 1977, David Moorcroft 1981, Rob Denmark 1993, John Mayock 2004
10000m	1st Brendan Foster 1979, Eamonn Martin 1991 [to 1995]
3000m SC	1st Robert Hough 1997
110mh	1st Mark Holtom 1981, Colin Jackson 1989, 1991, 1993, 1998 & 2002
400mh	1st Alan Pascoe 1973 & 1975, Kriss Akabusi 1989 & 1991, Chris Rawlinson 2000, 2003 & 2004
High Jump	1st Dalton Grant 1989 & 1991, Steve Smith 1995
Pole Vault	3rd Keith Stock 1981, 3rd= Mike Bull 1973
Long Jump	1st Chris Tomlinson 2002 & 2004
Triple Jump	1st John Herbert 1985, Jonathan Edwards 1995-8 & 2001-2, Larry Achike 2000
Shot	1st Geoff Capes 1975
Discus	2nd Robert Weir 1997
Hammer	4th Chris Black 1977
Javelin	1st Steve Backley 1989 & 1997

MEN - continued

4x100m	1st Tony Jarrett, John Regis, Marcus Adam, Linford Christie 1989 1st Jason John, Tony Jarrett, John Regis, Linford Christie 1993 1st Jason John, Solomon Wariso, John Regis, Linford Christie 1994 1st Jason Gardener, Tony Jarrett, Darren Braithwaite, Linford Christie 1995 1st Allyn Condon, Darren Campbell, Doug Walker, Julian Golding 1998 1st Jason Gardener, Darren Campbell, Marlon Devonish, Julian Golding 1999 1st Christian Malcolm, Darren Campbell, Marlon Devonish, Dwain Chambers 2000 1st Chris Lambert, Marlon Devonish, Christian Malcolm, Dwain Chambers 2002 1st Christian Malcolm, Darren Campbell, Chris Lambert, Mark Lewis-Francis 2004 1st Jason Gardener, Marlon Devonish, Christian Malcolm, Mark Lewis-Francis 2005
4x400m	1st Glen Cohen, Jim Aukett, Bill Hartley, David Jenkins 1975 1st Kriss Akabusi, Garry Cook, Todd Bennett, Phil Brown 1983 1st Peter Crampton, Kriss Akabusi, Todd Bennett, Brian Whittle 1989 1st Paul Sanders, Kriss Akabusi, Brian Whittle, Roger Black 1991 1st Du'aine Ladejo, Kriss Akabusi, John Regis, David Grindley 1993 1st Du'aine Ladejo, Adrian Patrick, Brian Whittle, Roger Black 1994 1st Iwan Thomas, Adrian Patrick, Mark Richardson, Roger Black 1995 1st Mark Richardson, Jamie Baulch, Mark Hylton, Du'aine Ladejo 1996 1st Roger Black, Jamie Baulch, Iwan Thomas, Mark Richardson 1997 1st Roger Black, Jamie Baulch, Iwan Thomas, Mark Richardson 1998 1st Mark Hylton, Jamie Baulch, Solomon Wariso, Mark Richardson 1999 1st Jared Deacon, Tim Benjamin, Jamie Baulch, Daniel Caines 2002 1st Chris Rawlinson, Tim Benjamin, Jamie Baulch, Matt Elias 2003 1st Robert Tobin, Graham Hedman, Malachi Davis, Tim Benjamin 2005 1st Tyrone Edgar, Craig Pickering, Marlon Devonish, Mark Lewis- Francis 2007

Linford Christie's 13 first places at all events is easily the record for the European Cup Super League.

WOMEN (not including First League 2005)

100m	2nd Andrea Lynch 1975, Sonia Lannaman 1977, Kathy Smallwood 1981, Paula Dunn 1989, Katharine Merry 1994
200m	2nd Sonia Lannaman 1977, Kathy Smallwood 1981, Paula Dunn 1989, Katharine Merry 1994, Joice Maduaka 2006
400m	1st Lillian Board 1967, Melanie Neef 1995
800m	1st Diane Modahl 1994
1500m	1st Kirsty Wade 1987, Kelly Holmas 1995, Helen Pattinson 2000
3000m	1st Zola Budd 1987, Kathy Butler 2001, Jo Pavey 2006
5000m	1st Paula Radcliffe 1998, 1999 & 2004 [held from1995]
10000m	2nd Angela Tooby 1987, Jill Hunter 1991 [held 1989-95]
100mh	1st Jackie Agyepong 1994 (event was 80mh in 1965-7)
400mh	1st Sally Gunnell 1993-4 & 1996-7, Natasha Danvers-Smith 2006
3000m SC	4th Tara Krzywicki 2002 [held from 2002]
High Jump	1st Susan Jones 2001
Pole Vault	2nd Janine Whitlock 1998 & 2001
Long Jump	2nd Ann Wilson 1970, Kelly Sotherton 2004
Triple Jump	1st Ashia Hansen 1995 & 1996 [held from1994]
Shot	2nd Judy Oakes 1996 & 1998
Discus	5th Rosemary Payne 1970, Margaret Ritchie 1979 & 1983, Jackie McKernan 1995, Shelley Drew 1999
Hammer	3rd Lorraine Shaw 2001 [held from 1997]
Javelin	1st Fatima Whitbread 1983, Tessa Sanderson 1991
4x100m	2nd Anita Neil, Maureen Tranter, Jenny Pawsey, Della James 1967 2nd Wendy Hoyte, Kathy Smallwood, Bev Callender, Shirley Thomas 1981 2nd Joan Baptiste, Kathy Cook, Bev Callender, Shirley Thomas 1983 2nd Stephanie Douglas, Katharine Merry, Simmone Jacobs, Paula Thomas 1994
4x400m	1st Melanie Neef, Tracy Goddard, Phylis Smith, Sally Gunnell 1994 1st Catherine Murphy, Helen Frost, Helen Karagounis, Lee McConnell 2002

Most years competing for Britain (Finals)

Men		Women
10 Robert Weir	7 Mick Jones	12 Judy Oakes
9 Jonathan Edwards	7 Jamie Baulch	8 Joice Maduaka
9 Marlon Devonish	7 Mick Hill	7 Paula Dunn/Thomas
8 Colin Jackson	7 Christian Malcolm	7 Lorraine Shaw
8 Linford Christie		7 Donna Fraser
8 John Mayock		7 Janine Whitlock
8 Chris Rawlinson		7 Tasha Danvers

Best UK Performances - all European Cup matches

MEN

100m	10.04	Linford Christie	1st	1996
	10.04	Linford Christie	1st	1997
	10.04	Dwain Chambers	1st	2002
200m	20.11	Linford Christie	1st	1995
400m	44.75	David Grindley	1st	1993
800m	1:45.60	Tom McKean	1st	1991
1500m	3:38.15	John Mayock	4th	1997
3000m	7:43.61	Anthony Whiteman	3rd	1998
5000m	13:27.84	Nick Rose	1st	1977
10000m	28:00.53	Eamonn Martin	1st	1991
3000m SC	8:20.68	Roger Hackney	2nd	1987
110mh	13.10	Colin Jackson	1st	1993
400mh	48.39	Kriss Akabusi	1st	1991
High Jump	2.32	Dalton Grant	1st	1989
Pole Vault	5.60	Keith Stock	1st SF	1981
	5.60	Nick Buckfield	5th	2003
Long Jump	8.28w	Chris Tomlinson	1st	2004
	8.17	Chris Tomlinson	1st	2002
Triple Jump	18.43w	Jonathan Edwards	1st	1995
	17.74	Jonathan Edwards	1st	1997
Shot	20.85	Carl Myerscough	1st	2004
Discus	62.94	Robert Weir	3rd	1995
Hammer	74.44	David Smith	5th	1985
Javelin	86.86	Steve Backley	1st	1997
4x100m	38.16	Jason Gardener	1st	1999
		Darren Campbell		
		Marlon Devonish		
		Julian Golding		
4x400m	2:59.46	Roger Black	1st	1997
		Jamie Baulch		
		Iwan Thomas		
		Mark Richardson		

MEN

Year	Semi Final	Final
1965	2nd Zagreb	6th Stuttgart
1967	3rd Duisberg	-
1970	3rd Zürich	-
1973	2nd Oslo	4th Edinburgh
1975	2nd London (CP)	4th Nice
1977	2nd London (CP)	4th Helsinki
1979	2nd Malmö	5thTurin
1981	1st Helsinki	3rd Zagreb

Venue A Final

Year	Venue A Final	MEN
1983	London (CP)	4th
1985	Moscow	4th
1987	Prague	3rd
1989	Gateshead	1st
1991	Frankfurt	2nd

Super League

Year	Venue A Final	MEN
1993	Rome	2nd
1994	Birmingham	2nd
1995	Villeneuve d'Ascq	2nd
1996	Madrid	2nd
1997	Munich	1st
1998	St Petersburg	1st
1999	Paris (C)	3rd
2000	Gateshead	1st
2001	Bremen	5th
2002	Annecy	4th*
2003	Florence	3rd
2004	Bydgoszcz	4th
2005	Florence	7th
2006	Málaga	3rd
2007	Munich	4th

* revised position after Dwain Chambers drugs disqualification, team originally 1st

WOMEN

100m	10.93w	Sonia Lannaman	1st SF	1977
	11.22	Sonia Lannaman	2nd	1977
200m	22.57	Kathy Cook	3rd	1983
400m	51.28	Donna Murray	2nd SF	1975
800m	1:57.48	Kirsty McDermott	4th	1985
1500m	4:04.68	Christine Benning	5th	1979
3000m	8:35.32	Zola Budd	1st	1985
5000m	14:29.11	Paula Radcliffe	1st	2004
10000m	31:07.88	Jill Hunter	2nd	1991
3000mSt	9:42.66	Hatti Dean	1st 1A	2007
100mh	12.90	Jackie Agyepong	3rd	1995
400mh	53.73	Sally Gunnell	1st	1993
High Jump	1.95	Susan Jones	1st	2001
Pole Vault	4.40	Janine Whitlock	1st (1B)	2005
Long Jump	6.80/6.88w	Fiona May	3rd	1989
Triple Jump	14.62	Ashia Hansen	2nd	2002
Shot	19.00	Judy Oakes	2nd	1996
Discus	63.76	Margaret Ritchie	1st SF	1981
Hammer	67.98	Lorraine Shaw	3rd	2001
Javelin	71.90	Fatima Whitbread	2nd	1985
New	61.37	Goldie Sayers	1st (1B)	2005
4x100m	43.03	Wendy Hoyte	2nd	1981
		Kathy Smallwood		
		Bev Callender		
		Shirley Thomas		
4x400m	3:24.25	Sally Gunnell	3rd	1991
		Lorraine Hanson		
		Jenny Stoute		
		Linda Keough		