UK Members Council Meeting Friday 16 February 2018 – 2pm Crowne Plaza, Birmingham

Attendees:	Jason Gardener (JG) -President Donna Fraser (DF) - Vice President Carol Anthony (CA) - Welsh Athletics Chair Myra Nimmo (MN) - England Athletics Chair Leslie Roy (LR) - Scottish Athletics President Roy Corry (RC) - Athletics Northern Ireland Representative Tony Clements (TC) - Celtic Nations Clubs Representative Wendy Haxell (WH) - Officials Representative Hannah England (HE) - Chair of Athletes Commission Toni Minichiello (TM) – Coaching Representative
In Attendance:	Richard Bowker - (SRB) - UK Athletics Chair

- In Attendance: Richard Bowker (SRB) UK Athletics Chair Niels de Vos (NdV) - UK Athletics CEO Jonathan Orr (JO) - UK Athletics CFO Nigel Holl (NH) - UK Athletics Director of Strategy and Partnerships Sarah Coffey (SC) - UKA Executive Assistance Helen Wyeth - Minutes
- Apologies: Mike Harris (MH) Clubs Representative Nigel Rowe (NR) - Road Runners Representative

Welcome and Apologies

JG welcomed everyone to the meeting and following on from the success of 2017 commented on how much he was looking forward to an exciting year head to include a World Championships on home soil, the Commonwealth Games, and the new Athletics World Cup.

Apologies were received from Mike Harris and Nigel Rowe.

JG also advised that as Lawrence Clarke had taken the decision to retire he would no longer be a representative on the UKMC. The UKMC had discussed this at the premeeting and agreed that Hannah England would remain as the athletes' representative on the UKMC.

Minutes of the Meeting held on 15 December 2017

The minutes of the meeting held on 15 December were approved as a true record subject to the following amendments to the attendees list:

Tony Shiret (not in attendance) Mike Harris (not outgoing)

Matters arising from the meeting held on 15 December 2017

Completed matters arising from the minutes were noted in the circulated papers. Any remaining items were confirmed as follows:

British Championships – it was confirmed that athletes must first meet the relevant qualification standard and *then* are invited.

Power of 10 – NH confirmed a call is scheduled for 19 February. **ACTION: NH** Clean Athletics – it was confirmed David Herbert will be invited to the National Conference

UKMC Planning 2018 – a successful pre-meeting had been held with the UKMC and notes will be fed back to the executive **Action: DF**

President's Report – JG

Report taken as read

Vice President's Report – DF

Report taken as read

UKA Reports

Chair's Strategy Update - SRB

SRB updated the UKMC on progress which included a recent positive meeting with UK Chairs and CEO's at which strategy was part of the agenda. Reflecting on key areas of focus, the current objective is to produce a redraft of the document 'An Athletic Nation' by April for circulation and comment, engaging with the Home Nations and UKA. In addition and as one of the core strands, a follow up meeting will take place on 22 February to discuss potential streamlining and possible improvements to the competition framework.

It was agreed that SRB would circulate the UKMC with an update/summary of any changes to the strategy paper circulated to the UKMC in December. **ACTION SRB**

As the custodians of the long term interests of Athletics in the UK, the UKMC welcomed the chance to engage further with the process. It was agreed that the UKMC would arrange a specific meeting on strategy once the redraft has been completed. **ACTION JG**

TM requested a copy of the paper circulated in December ACTION SC

CEO Report – NdV

Report taken as read

In response to interest around the newly launched Athletics World Cup, NdV updated the UKMC on the positive registrations for ticketing and the support from participating nations, athletes and commercial. Discussion was held around the selection policy

and the benefits of building a team based event to broaden the appeal of the sport rather than individual performers. It was noted that the Anniversary Games fulfils that objective.

NdV updated the UMKC on the outcome of the UK Sport Investment Panel on 8 January.

Senior Leadership Team Reports

<u>Strategic Priority I – Win more medals to Inspire the public (Neil Black)</u> Report taken as read

TM requested that in relation to the SPOTY Coach of the Year Award, the personal coaches of the World Championship Gold medal winning men's 4x100m relay team should also receive recognition by the sport. **ACTION:** NdV to discuss at UKA **Board**

<u>Strategic Priority II – Stage Great Events to engage the public (Cherry Alexander)</u> Report taken as read

NdV upated the UKMC on progress in relation to the World Indoor Championships – in particular the success of ticket sales to date and the strategy for ticketing to ensure sessions are as full as possible.

<u>Strategic Priority III – Increase participation to Build and Athletic Nation (Nigel Holl)</u> Report taken as read

Officiating

Discussion held around the potential need to reinforce with athletes the process required to ratify a National/International Record should they break one. ACTION: NH to confirm the process and check if the U20 record for Alicia Barrett was ratified

Electronic Start System

NH confirmed the current delay in roll out of the electronic start system was due to a software glitch and that it is hoped the new system will be available for the start of the summer season. It was acknowledged that as only a small number of systems will be provided and the introduction of the system into the sport will therefore be phased. The aim is that venues will soon see the benefits of the system and invest in the technology themselves.

Road Running

An update was given in relation to the current stance UKA holds in relation to license standards and ensuring the sport provides a duty of care to participants. This currently includes a medical standards review which may provide a challenge to some race/event organisers. The UKMC supported the current path taken by UKA.

<u>Strategic Priority V - Aspire to be Britain's best Olympic and Paralympic Sport in how</u> we do everything (Jonathan Orr) Report taken as read

Finance

Haysmacintyre was confirmed as the new auditors. The improved year end forecast was also noted due largely to the financial success of the 2017 World Athletics Championships. The reserves position was noted in line with current investment, particularly in relation to major events.

Facilities

Discussion was held around Crystal Palace from a televised event, club and officials perspective.

Governance

The UKMC recognised the significant work that had been undertaken to ensure compliance with the Code for Sports Governance. Thanks were recorded to all those who had supported this.

Volunteer Reports

Coaching - TM

TM requested that guidance be given on future content for reports. TM did however raise a number of issues of concern and it was agreed that SRB and NH would meet with TM to discuss a wide variety of matters as soon as possible. These would include coaching reviews completed to date, current coaching structure, future coaching strategy, delivery responsibility and systems, coach recognition and, overall, the most effective way to progress the ideas outlined by TM. **ACTION: SRB & NH (note this may be separate meetings)**

<u>Celtic Nations – TC</u> Report taken as read

The growth of the sport particularly in relation to cross country and women's participation was noted.

<u>Clubs Report – MH</u> Report taken as read

NH confirmed he would be meeting MH over the weekend.

UKMC noted the financial issues raised in the report and the dependency on funding that in some cases had been awarded to pump prime a project and can no longer be maintained by UKA or a Home Nation. This can be viewed as withdrawal of support whereas strategies need to be developed to ensure self-funding and sustainability of projects.

<u>Road Running – NR</u> Report taken as read

NH confirmed the 'running with buggies/pushchairs' issue is being discussed at the Road Running meeting next week.

During a discussion focused around the health and safety aspects of the sport for officials and participants, DF encouraged the UKMC to focus on what it can do as a sport to be as inclusive as it can be.

An anomaly was recognised in the issuing of road running and ultra-race licenses. **ACTION: JO**

<u>Officials – WH</u> Report taken as read

It was agreed that where possible, the time slot required for official's attendance at an event would be posted on the online system **ACTION: NH**

It was agreed that communication and circulation of the online health and safety forms used by official for informing about accidents and incidents could be improved. This may include ensuring the event organiser has copies and reviewing the forms position on the website (governance and officials). **ACTION: NH**

<u>Athletes Commission – HE</u> Report taken as read

A positive discussion took place around converting athletes to become coaches (and officials), with WCP Athletes and staff working together on life after elite competition strategies.

The UKMC were supportive of the work taking place linked to online CPD courses on female athlete triad and RED's. Understanding and managing mental health and resilience building were also cited as important factors to consider for athletes and coaching.

HE also noted the positive move to allow an international athlete to sit in on the selection meeting for the World Indoor Championships. It was agreed that any further debate around attendance at selection meetings (coaches in particular) would be picked up as part of the presentation by Mike Cavendish.

Performance Presentation – Selection Policies and Reviews

A presentation was made by Mike Cavendish on various aspects of the WCP with a focus on selection policies and reviews. Members of the UKMC had been invited to submit questions in advance. **ACTION: SC to distribute of copy of the presentation with the meeting minutes.**

Home Country Athletics Reports

All reports were taken as read:

England Athletics Report Athletics Northern Ireland Report Scottish Athletics Report Welsh Athletics Report

Any other Business

Leslie Roy was congratulated on her award of MBE

Following discussion on the running order of the UKMC meeting agenda, it was confirmed that the UKMC prefer the UKA reports to be discussed prior to the Home Country and Volunteer reports. DF is also currently preparing recommendations on how the UKMC can improve its role and function. **ACTION: DF**

Date of Next Meeting

Friday 29 June 2018, Crowne Plaza, Birmingham.

President Update

Whilst we all can look back at delivering a fantastic World Championships, we begin 2018 with a full and exciting year ahead.

Our Home Countries are fully focused on preparing their athletes for success at the Gold Coast, Commonwealth Games. Whilst back on home soil our sport get to host another IAAF World Championships with the World Indoor Championships returning back to the City; taking place before the Commonwealth Games. Looking further ahead into the summer I am sure you all have seen, recently announced, that we will be back in the Olympic stadium hosting the new Athletics World Cup. A jam-packed and exciting year ahead, to continue to inspire the Nation to enjoy and engage with our sport! With this in mind I would like to take this opportunity to wish our Home Nations and our GB and NI teams all the very best for a successful year ahead.

Turning our focus to the UKMC meeting we also have a busy agenda. New items to include, will be Donna leading on Values and Behaviours and we will also receive a presentation from Deputy Performance Director, Mike Cavendish. Thank you to those that sent through questions to enable Mike to prepare his presentation.

Where possible can we take papers as read to enable us to focus on the core matters requiring attention and discussion.

Following our UKMC meeting we have dinner planned on the eve of the SPAR British Athletics Indoor Championships (SPAR returning back to our sport as sponsors of UK Athletics).

I look forward to enjoying watching the athletes compete at the Championships with you and hope you will be available to present awards over the weekend.

Finally, I would like to congratulate Leslie Roy, for being awarded an MBE for her service to athletics in the New Year Honors list.

Jason Gardener President

Vice President Report - UKMC Meeting, 16 February 2018

Athlete Support

Supporting Hannah England with conversations with an athlete who raised their dissatisfaction with the funding deselection process. Conversations are ongoing.

EA Team Spirit Conference

Hosted the EA Team Spirit Conference on 3 February. An excellent weekend of sharing knowledge and a learning experience for the volunteers in attendance.

WCP Weekend

Attended the WCP Weekend (10 February) for para athletes to support a workshop around the values. Feedback from the athletes was useful and will feed into how the weekends are structured moving forward as well as review the support athletes feel they need.

Performance Lifestyle

Matt Jefferson is the newly appointed EIS Performance Lifestyle Advisor who I helped appoint as part of the interviewing panel. Matt is keen to engage athletes on the programme and I invited him along to the WCP weekend to use the opportunity to meet with some of the athletes. I will be supporting him and introducing key individuals to ensure relationships are maintained.

Equality, Diversity & Inclusion

Equality Standard in Sport – Advanced Level

As part of our joint submission the HC's and UKA will collaborate with Vercida to deliver a networking event during Transgender Awareness Week. This will be an opportunity to showcase what support is in place for transgender athletes and have open conversations about other issues they may face.

'COACH' project

Although the 'COACH' photographic project has officially closed at City Hall, some images from the original project are still available to view at City Hall until 22 February. 'Women on Track' will be exhibited at a London location TBC.

Equality, Diversity & Inclusion Programme

The UKA Board and SLT have begun their ED&I Programme which will continue for the next 15 months.

Time to Talk Day

A 'Chat & a Cuppa' session was delivered at HQ on 1 February as part of our Disability Confident Leader commitment. The session focussed on stress offering attendees from UKA and EA tools and techniques to manage stress.

Donna Fraser 12 February 2018

CELTIC NATIONS CLUBS REPRESENTATIVE – UKMC REPORT FEBRUARY 2018

Cross country is the primary club competition discipline during the winter months, and looking across the Celtic nations a similar picture of growth and increased participation is apparent. It is clear that cross country is providing the bridge between the growth in social running clubs and runners and established club athletic competition.

Athletics Northern Ireland established the ANI Cross Country League seven years ago and the numbers taking part have increased year on year and the league has played a key part in driving up participant numbers and introducing new people to cross country. A team element is much more important in cross country than in road running and so a winter season of cross country can play a significant part in bolstering club development, spirit and camaraderie.

As elsewhere across the Celtic nations, the pattern of growth is particularly prominent amongst women competitors and in clubs with increasing women members. As recent as 2015/15 there were six clubs entering the women's competition and 13 in the men's competition, this year the numbers have increased to 24 clubs and 23 clubs respectively.

In Scotland, the East Cross Country provides even more evidence of this growth and over a longer period. In the 2000-01 season 215 men and 25 women took part in the league, and by 2007-08 this had increased to 107 women and 228 men and so far this year 126 women and 290 men.

Figures in Wales highlight an even greater increased involvement both within main and local leagues. The Gwent League, a slight misnomer as it covers clubs from North Somerset through to Pembrokeshire, had 149 women from 36 clubs and 317 men from 45 clubs taking part in the November 2007 competition in Bath, and 322 women and 426 men both from 45 clubs in November 2017 in Brecon.

At the more local West Glamorgan League, participation has increased from 85 men and 23 women in 2000, to 136 men and 35 women in 2008 and this season to 246 men and 160 women. There has been a particular growth in new town/village based running clubs taking the step from park runs and the road to the more club competitive cross country.

This growth does come with some challenges with the need for greater voluntary input and more modern result systems. Most leagues will incorporate junior competitions and therefore timetabling can become more onerous as inevitably greater participation leads to a greater breadth in ability and finishing times.

Away from competitions, work continues to support and develop clubs. In Scotland and Wales the club modernisation programmes are evolving, with the club online support portal in Wales having been trialled and now ready to be launched. Consultation on a new strategic plan in Wales has been ongoing, with successful and helpful discussions across Wales having already taken place with junior athlete forums/discussions being an important element of this.

In Northern Ireland, it has been decided to put back the annual awards night until after the Commonwealth Games and 2018 track season. This will now take place in October alongside the ANI Coaching Conference.

It has also been decided to revive the ANI track and field Club Trophy competition, with a complete revamp for 2018. This will involve a league Team Trophy over three competitions in three separate venues. The Trophy will provide a specific club focus and ANI are exploring scoring systems which will reward very good standard individual event performances as well event placings.

Tony Clements UKMC Celtic Nations Club's Representative

UK Members Council Club Report - England February 2018

- 1. Most club focus since the last meeting has been on cross-county league & championship races. Many County Championships were held in early January and the Area Championships took place in late January.
- 2. I attended the Northern Championships at Harewood House, Leeds which is likely to host the 2019 National Championships. The venue was excellent, both from an athlete and a spectator point of view. Location is all important as the poor turn-out for the Southern Championships in Brighton highlighted.
- 3. I know Northern Athletics particularly well and they are pro-active, efficient, and athletefriendly. From the outside looking in, it seems there are continual organisational issues in the South although it should be borne in mind these are mainly volunteer-led bodies. Unfortunately each area is run differently which means the current funding issues they have via England Athletics are more difficult to resolve and each area travels in a different direction.
- 4. A good example of this is the proposed £2 annual fee per athlete Northern Athletics wishes to introduce, separate from the EA affiliation fee. The consultation period for this has now ended my own club discussed it at length and are opposed to the fee. I have appended below my club's response for your perusal and perhaps to give an alternative viewpoint that has not been aired by NA or other clubs.
- 5. Many clubs will now be looking towards the summer and their respective league competitions.
- There are reduced club opportunities for Under 17 and Under 20 athletes as there are only three Upper YDL matches as a consequence of reduced funding from UKA. Unfortunately, alternatives such as increased club affiliation fees, were not presented by the YDL hierarchy.
- 7. The BAL & UKWAL have met to discuss closer links in the future but all they have agreed so far is to have joint matches wherever possible, which has been the norm for the last few years. Progress here could be slow, if at all.
- 8. It was my intention to meet with Nigel Holl prior to this meeting to discuss ongoing issues but maybe this can take place this weekend or in the next few weeks.
- 9. My apologies for not attending this meeting. Mistakenly, I assumed we would be meeting on the weekend of the Glasgow GP and so have made other arrangements for today. However I will be attending both days of the national indoor champs & would be more than willing to discuss anything in my report.

Mike Harris February 2018

<u>Appendix</u>

My Club`s Response to Northern Athletics

In your document, The Way Forward, the opening paragraph states the aim of Northern Athletics is not just to be a competition provider but also "... to create an organisation that has the capability to be powerful enough to influence the way our sport is run.

We cannot agree with this.

NA, like the Counties, Leagues, ECCA, ERRA and others, exists specifically to provide competition. NA is not there for any other reason although they indirectly assist with athlete, official & coach development.

Whilst our club understands the financial predicament that NA maybe in, the picture painted is not truly reflective of the current situation.

Our club is a great supporter of the events organised by NA and wish them to continue but a proposal to levy a £2 tax on every registered athlete in the North is both misguided and unfair.

There are 50,000 EA-registered athletes in the North but nowhere near that number compete in NA events – and yet you want every athlete to pay the tax. This can't be right. We estimate only 30% of our members compete in a NA event.

Whilst we acknowledge that NA has made big efforts to reduce costs, we are suggesting more could be done to reduce the biggest costs of all – staff and office rental costs. This could be achieved by working with both EA and the other areas to combine expertise and resources. This would allow NA to be the front end whilst a central office does all the admin.

If this were achieved, the grant from EA would not be needed.

You have stated that you organise seventeen events. Without the EA grant, can you indicate what you couldn't do? Would it be less events, smaller events, less staff, equipment, etc?

The vote taken at the Annual Meeting was taken without clubs having the opportunity to discuss properly with their committees and members and their should`ve been other options on the table, not just one take-it-or-leave it scheme (i.e. a club levy). In effect, the clubs were in ignorance of the overall picture.

Only now are you asking the clubs for their opinions when the decision seems to have already been made.

We feel it is too early to introduce such a fee and that you are anticipating what may happen in the coming years and acting as if it will happen. At this current time, NA does receive a grant from EA, it does receive sponsorship and it has considerable reserves, as well as breaking even or making a surplus at most of its events. Whilst we acknowledge winding down an organisation takes time and there is considerable uncertainty for the future of NA, we feel the time has not yet come to paint such a gloomy picture.

The many endorsements by international athletes, etc in your report are in praise of the Northern Championships rather than Northern Athletics per se. If NA did not exist, it does not

automatically follow there would be not be Northern Championship events, or indoor Open meetings. This should be borne in mind.

In the section " Are you being listened to ?, you embark on a major critique of England Athletics. All or some of what you say maybe true but the criticism is subjective, without concrete evidence and gives the impression it is written by people who are trying to impose their own views.

To re-affirm our position, we wish area competition to continue, whoever provides it but we cannot support this proposal.

UK Members Council February 2018 Road Running Report:

ITEM	2014 Dec	2015 Dec	2016 Dec	2017 Dec	2018 Feb
Licensed Events	1,670	2636	2857	3,276	<mark>1,350</mark>
Races with online entry	494	620	734	910	<mark>429</mark>
Online Entrants	82,982	103,148	129,975	169,288	<mark>43,118</mark>
Total Maximum Field Size	213,652	245,789	257,863	285,859	<mark>159,969</mark>
Usable Data	120,871	108,246	132,472	160,461	<mark>161,346</mark>
Event Adjudicators on Trinity	303	330	336	357	<mark>357</mark>
Licensed events covered by EA			91-95%	91-95%	<mark>91-95%</mark>
Handicap scoring claimants		60,000	68,978	78,192	80,000

Data:

In Scotland this year 77 licences have been issued

In NI this year 74 licences have been issued

Road Running Licences:

As Regional Licence Chair I recently issued two licences for the Gloucester Half and Marathon, which were delivered on the same day.

In addition to this a 50KM race using parts of the same route, on the same day. This licence was approved at Head Office but was not evaluated by the same process as other road and multi terrain events. This is an anomaly that needs addressing, my proposal is that any race that is held on the road should apply through the runbritain system.

This would ensure that standards regardless of distance of event would be consistent.

Medical Provision for Events:

If medical providers are used at events and transport casualties to the nearest A&E Hospital they need to be registered with CQC.

CQC are then responsible to audit such companies, but if the company is a Private Medical Provider, I understand that they don't or can't rate these companies.

There also doesn't seem to be any time periods, when CQC issue Improvement Notices, there should be a review/new audit date.

On studying a recent report of a private company and their last audit, the findings were alarming.

I believe that British Athletics should support an approach to CQC and or Government in a proactive manner to highlight our concerns and plug this loophole.

Because of my experience I intend writing a new Fact Sheet laying out what race/event organiser should be seeking prior to appointment of medical organisation.

Running with Buggies/Pushchairs:

The Governing Body should be explicit in its rules to state that Buggies/Pushchairs of any description are not permitted to in UKA Licensed races.

If the event is a Fun/Charity Run then that should be the decision of the Race Organiser, with the proviso that they have included this aspect in their Risk Assessment.

My logic behind this is, that our events differ from that of parkrun, because they are on the whole races.

You could argue that someone pushing a buggy/pushchair could gain an unfair advantage. This should be interpreted no differently to that of a cyclist cycling alongside the entrant or that of a non-entrant running alongside an entrant in a coaching capacity, it's not permitted. It could also prove an obstacle/hindrance to other participants as well as the obvious Health & Safety implications.

We clearly state that a wheelchair athlete may participate in road races if hand propelled but stipulate that hand cranked wheel chairs are not permissible.

In my opinion this is clearly a rule of competition and not a Licence Standard, we should not be drawn into our races verses parkrun, they are totally different.

This should be agreed by the Road Running Management Group at their next meeting, or via email prior to that meeting.

I know the rule book is at print, but I believe to plug this loophole an amendment should be agreed with effect from 1 April 2018, if agreed by the above group.

Health & Safety Matters:

There have been 1 death in 2018, at Swindon parkrun.

Nigel Rowe 12 February 2018

Report by Wendy Haxell, Technical Officials representative UKA Members Council Meeting February 2018

Level 5 meetings

- World 2018 indoors in organisational progress.
- Outdoor meeting selections are on the website.
- Alteration to some meetings which means not all information available yet.

There are no timings on the form that we fill in on line ... there used to be on the old form... could that be added in again as some people may not volunteer for some meetings if they know the timings are going to be 1830—2200 !!!

Level 4 and 3 meetings

Meetings are on web site.

Regional meetings

Availabilities sent out.

Club meetings

Officials still need to be developed to a higher standard to meet some of the permitting issues.

Other issues

Had a session over phone with Paula re ROE and have tested the system. It is much improved and have suggested to Paula that information on screen at the conference might be a good way to encourage use as well as the new prompt sheet Paula is intending on doing to all officials.

Latest IAAF rule book not out in print yet but can be downloaded from the web site.

Level 5 exam was taken last year and I believe some people have been awarded this renewable level but it has not been publicised yet.

Conference date 8 April at Kenilworth.

Health and Safety. I feel that the online form for informing about accidents and incidents is all very well but you need to have a copy of this with you at an event and then fill in afterwards on line. Some people have been sending back the written copy to the wrong place as they are using the old form. Need also to be on the officials section of the website and not tucked away under health and safety.

Wendy Haxell 8 February 2018

Athletes Commission – UKMC report - February 2018

Converting athletes to coaches

This was the first agenda item of the last meeting. Brainstorming on the topic concluded that not enough athletes are qualifying as coaches because:

- lack of knowledge on qualification process, and limited location/date options.
- Cost, qualifying as a coach is not seen as a good investment financially.
- Athletes are often despondent and negative to the sport upon retirement.

Strategies for tackling this:

- Increasing knowledge that PDA for WCPP on levels A, B and C can be used for coaching levels. Done over email to athletes.
- Bespoke athlete to coach course; there are issues over the course but it's presence is promoting the idea of international athletes converting to coaches.
- Increase knowledge of ways to make money in coaching; we would like to see this included in this bespoke course, as case studies.
- Shift of attitude of clubs towards professionalisation of coaching charging athletes more. This idea is well received by many younger athletes and coaches. Resistance from older volunteer club coaches/staff. Relevant discussions with Nigel Holl in reference to the Scottish athletics progress with Club Together at next meeting.
- Mentoring. We feel that increasing WCPP member mentoring is a good stepping stone to coaching. Could count as appearances for WCPP members, received positively by relay athletes. Challenged by David Bunyan, coaching doesn't equal mentoring. To be discussed at next meeting.
- Push from BA staff and coaches to encourage coaching qualifications as duty of care. Not all athletes make good coaches but qualification means insurance and increased skills and a potential means of income.

Making good coaches great

- Professionalisation of coaching, see above, could be club driven or individually driven by coaches charging more. Increased income increases motivation and ability to develop. How? Education? Club and coach education? There needs to be a sustainable club structure.
- Increase paid coaching opportunities. BA coordinating with large clubs and universities.
- Endurance are educating get coaches on approaching private sponsorship is this successful, can it be copied for other event areas?
- WCPP coaches mentoring other coaches part of their contract, how well is this being done?

Selection Policies

Large point of contention between athletes and governing body. We feel there is room for improvement over communication. Athletes and coaches should understand completely what is required to gain selection (WCPP and teams), there should be no surprises with selections. We are spending time understanding what BA think they are communicating and ensuring this is what is comprehended by athletes and coaches.

- Input on draft selection policies (SP)

- Suggestion of summary documents and videos to cover key points. I.e. Lack of appeals for World Indoor Championships.

Pushed for presence in selection meetings to complete perspective on what athletes are comprehending they need to do to be selected versus criteria used to finalise selections. Richard Yates is attending WIC selection meeting Monday 19 February

REDs Coach Education

No presence in EA coaching syllabus.

Carolyn Plateau (PhD, works in the Centre for Research into Eat Disorders and Behaviours) has developed an online CPD course on female athlete triad and REDs. She needs coaches to trial the course I have linked her with Georgina Williams (coach education?) to allow athletics coaches to be part of the trial and hopefully lead to BE and EA supporting the course. Either by integrating into syllabus or running alongside.

Relay Camp

I attended to promote athlete engagement with the commission, and to inform them of what we are doing.

Issues raised were:

- Request for staff appraisals, if athletes can be appraised with consequences, why not staff.
- Concerns over quality of social media, BA has huge following but don't feel this is utilised for athletes benefits. I've begun discussions with Liz Birchall.
- Request for knowledge on how to report staffing concerns. I am developing a protocol for the AC on how to deal with co plants and issues from athletes.
- Lack of knowledge on appeals. We would like to develop an educational summary sheet for athletes.
- National level events in pre program of DL/World Cup.
- Request for financial clarity.

Conflict of interests

Richard Yates has created a conflict of interests protocol for us, with myself responsible for the register.

Going Forwards

- Ongoing SP input.
- Asses where best to focus efforts regarding transition of athletes to coaches.
- Input into televised events.

Next meeting 16 March 2018, we will have Neil Black attending to discuss various performance topics that will likely drive some of our action points going forwards. Nigel Holl is talking on professionalisation of coaching and Scottish Athletics Club Together. Mike Cavendish is presenting the Tokyo Strategy – improving our knowledge on this will enhance our understanding on what is driving decisions and developments.

Hannah England Chair of Athletes Commission

ATHLETICS AND RUNNING TRENDS 2018

England Athletics Update for UKMC

We felt that it would be useful to provide members of UKMC with a factual picture of the sport in England. The areas selected to share are those identified within in our strategic plan "Athletics and Running for Everyone; Forever".

1. General participation in Athletics and Running

- a. Track and Field
- 50,624 athletes have had performances in T&F events recorded on Power of 10 during 2017.
- Owing to changes to the type of events that are recorded on Power of 10 it is difficult to assess trends year on year although it is fair to assume that participation levels have plateaued over recent years. Participation within educational settings continues to increase especially amongst 11-15year olds with c.900,000 5-15-year olds participating in track and field at least once a month, mainly through the National School Games initiative which EA supports through its partnership with the Youth Sport Trust.
- Athletics has been voted the most popular sport in recent weeks by the public through a government survey.
- b. Social Running
- We are still in the middle of a second running boom, it is the most popular sporting activity and accessible to a broad spectrum of society
- A minimum of 7M people run at least 2 times per month
- There has been a 64% increase over the last 10 years. The main area for growth is the increase in popularity amongst women and those aged 35-55.
- Research would suggest that there is still a latent demand for running with the benefits being continually well publicised especially those linked to improving emotional health and well-being. There is also a strong correlation between running and participation in other sports.
- Launched in 2017, there are nearly 60,000 members of EAs RunTogether social running programme in England with 1,500 registered qualified leaders each leading a Run Together group. The on line booking platform has managed c.400,000 bookings through the online booking platform.
- c. Road Races
- The number of licensed road races (3,200) continues to increase year on year.
- In the last 12 months the maximum field size of licensed events grew by over 25,000.
- In addition, the number of online entries increased by 25%, suggesting that the market is yet to reach saturation point.

We need to mindful of trends from the US where participation levels in road races are reducing owing to price and competition from less traditional race formats such as Colour Run/Tough Mudder.

2. Affiliated Clubs

- Currently, there are 1,341 EA affiliated clubs and over 300 other member organisations such as county associations, schools, colleges, charities and competition associations
- 56% (750) of EA clubs are purely off track
- 44% (586) of EA clubs selected track and field as a discipline of which 20 are purely on track
- 23% (310) of EA clubs have recorded athlete performances in track and field events in power of 10 during 2017
- Since 2008, the number of affiliated clubs has increased by 428 (46%)
- Purely off-track clubs and running clubs are more prevalent than 10 years ago For example: 49 new clubs have affiliated since April 2017. 27 are purely off-track and of the remaining 22, 15 have either running club/ triathlon club in the title suggesting they are primarily off-track clubs
- 18% of EA member clubs have some sort of waiting list in place, two thirds of which are within clubs offering track and field. 80% of waiting lists are for those aged 17 or below. The average waiting list is 32 people. The younger the age group the greater the average size of waiting list. The reason for the waiting list is due to a lack of a coach or volunteer capacity. Half also cite facility space as a contributing factor. *Targeted strategies are in place to directly address these issues, particularly in building the capacity of the volunteer workforce which is one of three key strategic priorities for EA. Our front-line Club Support Managers, together with our National Facilities Manager, are key to this effort.*

3. Registered Athletes

- By the end of March 2018, we anticipate there to be circa 172,000 registered athletes in England an 8% year on year growth.
- This represents a growth of 75% since 2008/09 and a 17% growth since the rule book change in 2015.
- We know that c.50,000 registered athletes have taken part in competitive track and field leaving the remaining 120,000 athletes predominantly off track, 65,000 of which have entered an EA licensed road races
- There are proportionally more off track registered athletes than 10 years ago.
- There is c.30% churn year on year. There is churn across all age groups but most noticeably amongst 15-20-year olds and from those that have been involved in the sport for less than 3 years. We know that registered athletes from this age group are likely to be track and field athletes.

Strategies around club support, infrastructure, facilities, coaching, competition, volunteering and youth development are in place to directly address these matters.

4. Coaches & Leaders

- There is a database of 65,000 qualified coaches/ leaders
- 37,000 have had a license at some point (30,000 have never been licensed or are awaiting their first license)
- There are currently c.21,000 coaches/ leaders with a valid license

- o 9,000 have a leadership qualification only
- o 3,500 have both a leadership and coaching assistant qualification
- o 3,000 are coach assistant qualification only
- 4,000 have athletics coach/ event group level qualifications
- There are 17,000 coaches with a lapsed license (majority leader's/ coaching assistants)
- Tutors are now trained at HCAF level to ensure that this work is integrated into ongoing grassroots activity. Qualifications are UK wide and the licensing process sits at UK level.
- Support strategies to develop and retain coaches and leaders are in place at HCAF level as referenced below, but there are many volunteers who are waiting to be licensed or who are stuck at the back end of the qualification and licensing process. Ongoing work is needed to ensure that such processes are helping the efforts of HCAFs to qualify personnel with minimum operating standards and that unnecessary roadblocks are removed.

5. Officials

There is a database of 11,500 qualified officials

- 6,500 have had a license at some point (5,000 have never been licensed or awaiting their first license)
- There is currently c.4,000 officials with a valid license
- Targeted strategies are in place to recruit and retain officials at HCAF level with designated exec responsibility in place.

6. Athlete performance

- The statistics show that from 2008 to 2017, the period of the coach development strategy and EA/Sport England focus there was an...
 - a. Increase in the number of athletes gaining an overall top 10/50/100 performance (measured by Power of 10) in
 - i. Senior Men
 - ii. Senior Women
 - iii. Junior Women
 - b. A decline in numbers of athletes gaining a top 10/50/100 performance in
 - i. Junior Men
- Two studies undertaken by Sheffield Hallam University in 2013 and 2017 (Bridging the Gap 1 and 2) indicated slightly increased (2%) retention rates in a cohort of the top 20 athletes in each event from age 15 to age 19. This included a drop in Junior Men and an increase in Junior Women retention. Drop-out at this age remains a challenge.
- From this data weak events are:
 - a. Majority of age groups/genders in Javelin, Discus, Shot
 - b. Junior Men in 400m/400mH/LJ/TJ and Steeplechase
- The number of athletes that qualified against the World Junior Championships standards from 2006 to 2017 shows a strong positive trend. This performance level is a positive indicator for future progression to World Senior Level. (Hollings and Hume 2010)

- a. Most improved event areas are speed (excepting 400m and 400mH) and Junior Women's Hammer.
- b. Other throws and jumps have flat lined with long endurance (5000m upwards)
- In the same period nearly 2000 coaches were supported annually through a variety of programmes such as targeted athlete and coaching seminars, conferences and so on. At National and Local level a mentoring programme supported coaches through individualised learning/development programmes. In addition to increase average performances the following positive indicators:
 - a. athlete performance improvement on average
 - b. an increased efficacy of coaches on the National Coaching Development Programme
 - c. an increase in the number of coaches being directly worked with or influenced by the NCDP over the 8 years of the programme
 - d. In the 8 years of the national EA coach development programme this was the one consistent intervention used to impact on athlete performance.
- English athlete performances (and medals) at successive Commonwealth Youth Games and senior CG level have continued to improve since 2010 in Delhi (CG) and Glasgow 2014, and in successive CYG's since 2011. The England team is preparing to depart to Gold Coast in March ahead of the 2018 CG's.
- Standards and entry numbers at EA age group championships have continued a positive trend year on year since 2010. Age group performances have traditionally been consistently strong at national level during the last decade.
- More detailed analysis of power of 10 to show performance level trends by age, gender and event group is required but access to real time data is a challenge despite HCAFs requesting access

Athletics Northern Ireland – HCAF Report February 2018

KPI 2.1: Win more medals to inspire the public (Jan – Feb 2018)

12 athletes (including one para athlete) were selected for the Commonwealth Games.

4 athletes who were on our prioritised list were not selected by the NI Commonwealth Games Council owing to pressure of places available on the overall team.

There have been some very pleasing early season indoor results – Adam McMullan (LJ 7.97); Amy Foster (60m 7.30); Megan Marrs (60H 8.19); Ciara Mageean (Mile 4.30.99).

Coaching Courses 1 January 2018 to 12 February 2018

Course Name	Number of Courses	Number of Participants
Coaching Assistant	1	19
Leader in Running and Fitness	3	72
Athletics Coach	0	0
Coaching in Running & Fitness	0	0
Integration Days	0	0
Athletics 365 Workshop	0	0
Coaching Networks	3	85

The new Athletics Northern Ireland Athlete Development Pathway was launched in October to coincide with the Coaching Conference. It aligns with the UKA pathway. Feedback to date has been very positive.

KPI 2 & 3 – Stage Great Events to engage the public/ Increase participation to build an athletic nation – January & February 2018

The Antrim International Cross Country (IAAF permit) was held on 6 January. It incorporated the Celtic International Age Group and British Athletics Cross Challenge and was very successful with a pleasing uplift in both competitors and spectators over the previous year.

The Northern Ireland Intermediate and Masters Cross Country Championships were held on 27 January and our Age Group Indoor Championships were held over the weekend of 3 & 4 February in Athlone.

KPI 3 cont. – Athlete Membership to Athletics Northern Ireland

Athletes Registered	Male	Female	
U13	465	497	
14-15	415	476	
Age 16+	3082	3391	
Total	3962	4364	8326

The total registered (8326) is 5.5% more than at the same point last year. Registrations are still performing strongly mainly driven by road running clubs.

We have a total of 84 clubs affiliated. This is an uplift of 9 on last year.

Roy Corry Athletics Northern Ireland

Scottishathletics

Report to UKMC February 2018

UKMC Reporting Template

KPI 1: Win more medals to inspire the public

Scottish athletes have been on fire during the early weeks of 2018 across all disciplines

- Laura Muir and Sol Sweeney won the Scottish Senior Indoor 3,000m titles on the 7 January.
- Scotland athletes impressed over the mud at the British Cross Challenge in Antrim on the 6 January and clinched team golds in five of the six Celtic XC events. It was a clean sweep for Scotland in the women's division as they took the U23, U20 and U17 team gold medals with individual success in each of those races. Topping the podium in Antrim in those Celtic XC races were Annabel Simpson at U23, Eloise Walker at U20, and Cera Gemmell at U17.
- Four Scots were selected to represent GB & Northern Ireland at the Edinburgh International XC on 13 January. Laura Muir competed in the 4 x 1K International Mixed Relay and joining Laura in representing GB and NI in the Scottish capital were Mhairi Maclennan in the Senior Women's race and Erin Wallace and Eloise Walker in the Junior Women's race.
- Holly McArthur, Joel McFarlane & Andrew Murphy were selected to represent GB and NI at the Indoor Combined Events International in Madrid on 27/28 January.
- Steph Twell clocked an indoor PB 8:41.94 to finish 3rd in Boston to go 6th in the UK all-time lists
- Luke Traynor clocked 61:57 in the Barcelona half marathon to take him 3rd in the Scottish all-time rankings in only his second run at the distance.
- > Callum Hawkins clocked a 29:03PB to win the Schoorl 10km in Holland.

Scottish records have been falling fast and furious in the first few weeks of 2018:

Nikki Manson broke the National and Native indoor high jump record with a leap of 1m 90 at the Scottish University Championships. The Native record had been held jointly by Jayne Barnetson (1989) and Lee McConnell (1999). Interestingly her vest number was 190. This was only a couple of weeks after setting a new PB of 1m 87

Nick Percy improved the Scottish best mark for the Weight Throw with 21.96m, the third time he has improved the mark in the last few weeks.

Laura Muir took to the track in the 1500m at the Scottish University Championships and posted a time of 4.05.37 to take Gold and take the Scottish Native record (the best

by a Scot in Scotland) in the process. The previous record had been held by Susan Scott since 2006. Since the turn of the year Laura has broken the Scottish 800m indoor record.

In New York at the beginning of February **Chris O'Hare** became the first British male winner since 1965 of the prestigious Wanamaker Mile at the Millrose Games.

The following weekend at the Boston New Balance GP Chris O'Hare broke his own National indoor 1500m record with a run of 3.37.03 with **Jake Wightman** 2nd in a new indoor PB of 3.37.43 putting them 5th and 7th on the UK all-time rankings.

Zoey Clark powered through in the FPSG Scottish Championships 200m final in 23.58 to take the indoor National record held by Mel Neef since 1996. At the same event **Laura Muir** clocked a World Lead in the 800m taking the Championship best, Native record and National record all at once. **Heather Paton** made it a hat-trick of records broken as she broke the Native record.

Gold Coast 2018 - Three of Team Scotland's track and field cohort for the Gold Coast 2018 have been forced to withdraw due to injury and fitness problems - Andy Butchart (5000m), Jax Thoirs (Pole Vault) and Emma Nuttall (High Jump).

KPI 2: Stage Great Events to engage the public

With the indoor Track and Field season now underway entries continue to remain good. There were 116 teams entered (110 turned up on the day) from the length and breadth of Scotland for the FPSG SUPERteams event meaning over 400 U13 athletes descended on the Emirates arena. Teams of four boys or four girls compete in four events during the course of the day – 60m, Long Jump, Shot Putt and 4x200m relay. The whole idea of SUPERteams is as a development event for our youngest athletes – having fun while learning events and competing as teams within a club framework.

Our recent Senior and U17 Championships saw over 600 athletes entered and with high entries already received for the U13/U15/U20 Championships in early March there is no downturn being shown in athletes looking to compete.

The cross-country season is well underway and with entries now closed for the National Cross Country it is once again looking like huge numbers of clubs looking to descend on Falkirk.

KPI 3: Increase participation to build an athletic nation

1. Queens Honours. It was a special moment for two well-known figures in Scottish athletics when the New Year Honours list was made public. **scottish**athletics President, Leslie Roy, was awarded an MBE for her unstinting service to her sport

over many years in various roles. Paralympian, Stef Reid, received the same accolade for her services to Paralympic sport after a string of top class performances in recent years.

2. Facilities – Meadowbank & Caird Park. Both facilities are now closed for their respective re-developments with completion dates approximately March 2020. These have proven to be two complete polar opposites with respect to supporting the displacement of clubs across other facilities within their respective local authority catchment areas. Dundee City Council could not have been more helpful and have supported the club for some time now and proactively placing the club activities where they could.

On the other hand, the City of Edinburgh Council / Edinburgh Leisure have done very little to help the process and left it all for the club and other partners to support where possible.

JogScotland. The Scottish /Association for Mental Health(SAMH) have committed to a 2nd year of funding support (£25K) on the same terms with a view to developing the project further over the years ahead. There are some great initiatives being developed at present and a very positive buy in from the jogging community.

We are also continuing to explore the opportunity to create an overarching advisory group as we move the project into the wider physical activity space.

KPI 4: Host the 'best ever' World Championships to make the country proud

As previously, **scottish**athletics is totally committed to this objective, and to support the UK wide drive to ensure this objective is delivered. We see 2018 offering yet another "catalyst" for development impact as well of course as being a huge incentive for elite athletes to compete at a home WC.

Leslie Roy scottishathletics February 2018

Welsh Athletics UKMC Report February 2018

1. The four strategic priorities

1.1 KPI 1: Win more medals to inspire the public

Welsh Athletics is delighted to announce that a team of 21 athletes will be heading to the Gold Coast to take part in the 2018 Commonwealth Games in April.

The Welsh Athletics contingent is part of a 108-strong Team Wales squad that will travel to Australia for the 21st Games that will run from 4-15 April. Wales are one of 70 nations sending teams to take part in 18 different sports. Welsh athletes faced the toughest ever selection criteria for the Gold Coast, with a limit of 108 places for all individual sports being placed on Team Wales by the Games organisers. Welsh Athletics sent 24 athletes to Glasgow in 2014 and 18 to Delhi in 2010. The last time the Games were held in Australia, in Melbourne in 2006, there were 21 athletes in the Welsh team.

Welsh Athletics Head of Coaching and Performance, Scott Simpson, said:

"I'm proud that the work and dedication of the whole team has been recognised by this selection and I'm excited to see how all the athletes perform. There is a mixture of youth and experience with 13 athletes selected to make their debuts at the Gold Coast. "Dai Greene, subject to performance, and Carys Parry, subject to fitness, could join Welsh sporting legends Colin Jackson, Steve Jones and Christian Malcolm in competing at their fourth Games. Sally Peake, who became Wales' 44th individual medallist with a silver at Glasgow in 2014, will be returning in the Pole Vault."

Carol Anthony, chair of Welsh Athletics, added:

"This group of athletes has had to fight harder than ever before to put themselves in contention for a place on the plane to Australia. I'm thrilled for each and every one of them and I'm sure they will all now battle even harder to reach finals, set personal bests and chase medals on the Gold Coast."

The team includes a strong contingent of 12 endurance athletes, including the race walking duo of Bethan Davies and Heather Lewis in the 20km Race Walk. Dewi Griffiths will take on the 5000m and 10,000 metre double after a breakthrough year in 2017, which included a stunning marathon debut of 2:09:49 in Frankfurt.

There will be four athletes competing in the Marathon, including the 2017 World Championship duo of Josh Griffiths and Andy Davies. Caryl Jones and Eli Kirk, who has stepped up from the 10,000 metres four years ago, will compete in the women's race.

European Cross Country Mixed Relay gold medallist Tom Marshall will run in the 1500 metres with Cardiff AAC clubmate Rowan Axe, while another Cardiff member, leuan Thomas, who ran at the London World Championships last year, is included alongside Jon Hopkins, one of seven Swansea Harriers in the team, in the Steeplechase. Great

North City Games mile winner Melissa Courtney will double up in the 1500 and 5,000 metres.

Dai Greene, David Omoregie, currently training in Jamaica, and Caryl Granville compete on the track in the hurdles events, while Seren Bundy-Davies, like Greene, is chasing a qualifying mark prior to the Games to confirm her selection over 400 metres. British international Ben Gregory will be hoping to improve on his successive sixth place finishes in Delhi and Glasgow when he competes for the third time in the Decathlon.

It will also be a third Games for Pole Vaulter Sally Peake, who was Wales only athletics medallist in Glasgow, where she struck silver, while long jumper Rebecca Chapman will head to her first Games as the proud holder of the Welsh record having added 2 cms to Gill Regan's 35-year-old mark last summer. Hammer thrower Carys Parry will find herself cast as athlete and coach in Australia when she chases another medal.

The 36-year-old will be throwing at her fourth Games, but it will be her first as coach to newly crowned Welsh men's record holder Osian Jones. North Walian Jones is heading to his second Games in confident mood having smashed through Shaun Pickering's 34-year-old Welsh record barrier last summer and taken his personal best up to 70.00 metres.

The Welsh Athletics team will be introduced to the crowd at the Welsh Indoor Athletics Senior Championships on Saturday, 27 January at the National Athletics Centre in Cardiff.

Welsh Athletics Team for Gold Coast Commonwealth Games Men (11)

Tom Marshall (1500m) Rowan Axe (1500m) Jon Hopkins (3000m SC) Ieuan Thomas (3000m SC) Dewi Griffiths (5000m / 10,000m) David Omoregie (110m H) Dai Greene * (400m H) Ben Gregory (Decathlon) Andy Davies (Marathon) Josh Griffiths (Marathon) Osian Jones (Hammer)

Women (10)

Seren Bundy-Davies * (400m) Melissa Courtney (1500m / 5000m) Caryl Granville (100m H / 400m H) Caryl Jones (Marathon) Eli Kirk (Marathon) Bethan Davies (20k Race Walk) Heather Lewis (20k Race Walk) Rebecca Chapman (Long Jump) Sally Peake (Pole Vault) Carys Parry (Hammer)

Para-Athletes (announced in November 2017)

Men (3) Morgan Jones (T47 - 100m) Rhys Jones (T38 - 100m) James Ledger (T12 - 100m)

Women (3)

Olivia Breen (F38 - LJ & T38 100m) Beverley Jones (F38 – LJ) Hollie Arnold (F46 – Javelin)

KPI 2: Stage Great Events to engage the public

ABP NEWPORT WALES MARATHON 2018 Sunday 29 April 2018 Newport City Centre

The ABP Newport Wales Marathon will offer a brand-new running experience on 29 April, 2018. The much-anticipated race will finally satisfy the demand for a premier marathon distance mass-participation event in Wales, made possible by the support of Associated British Ports, Newport City Council and the Welsh Government.

The route will be one of the UK's flattest and fastest marathon courses - taking in a host of iconic landmarks, picturesque medieval villages and Newport's recently regenerated city-centre.

BRECON CARREG BARRY ISLAND 10K Sunday 5 August 2018 Barry Island

Sun, sea, and sand provide the backdrop to the Brecon Carreg Barry Island 10K – a brand new event from Run 4 Wales, the events team behind the Cardiff Half Marathon, Newport Wales Marathon & VELOTHON Wales.

Forming part of the popular Barry Island Weekenders programme, it will bring a festival of running to the popular seaside resort on 5th August 2018 with charity fundraising, summertime fun and fancy dress at its heart!

The 10K race will take place on fully closed roads, taking in all of the town's most scenic seaside spots and recognisable landmarks – whilst a host of children's activities and a Family Fun Run along the promenade will give budding athletes and families a chance to get in on the action.

Welsh Senior Indoor Track and Field Championships

359 entries (M - 195, F - 164)

Welsh Junior Indoor Open

1451 entries (M – 597, F – 857)

Big increase in junior entry (+ 31%), senior entries the same as last year. **KPI 3: Increase participation to build an athletic nation**

Membership:

- Current membership figure: 11,460 (1st January 2018)
- Year on Year club membership is up by 9.9% (from 10,431, January 2017 to 11,460, 1st January 2018 (+1029).
- Current membership breakdown: male (50.2%) female (49.8%) compared to 2016 (Year on Year) membership of; male (51.3%) female (48.7%).

Affiliation:

• The total number of affiliated clubs with registered athletes is 105

Run Wales Social Running Programme:

- 8,128 individuals have registered with Run Wales
- 94 Groups are registered with Run Wales
- Parkrun 38 events established across Wales

Volunteering:

• Currently 209 new volunteers trained since April 2017 across 12 courses (Leading Athletics (8) and Assistant Officials (4).

Officiating:

- Currently 757 Officials on the database (Licensed Officials: 382, Unlicensed Officials: 375).
- 16 courses have been run since April 2017 with 86 attendees (2 Assistant Officials (17 attendees), 11 Track and Field consisting of Field Judge, Track Judge and Starters Assistant (60 attendees) 6 Health and Safety (40 attendees), 3 Endurance (9 attendees), 1 Risk Awareness (3 attendees) in addition 2 Race Directors' courses have been held with 14 attendees).

Coaching:

- Total of 1379 licensed coaches on the database.
- 25 Courses since April 2017 with 392 attendees 6 x Coaching Assistant (88), 11 x LiRF (263), 1 CiRF (27), 1 AC (14).

KPI 4: Host the 'best ever' World Championships to make the country proud

Welsh Athletics will support the delivery and legacy projects for Birmingham 2018.

2. The 2 Key 'Philosophies'

2.1 All strategic decisions should be driven by the support of the Athlete Development Model.

2.2To be Britain's best Olympic and Paralympic sport in everything we do.

Strategy Consultation

The next 12 months will see the development of a new strategy for athletics in Wales. To ensure that this strategy is aligned to the challenges and opportunities that our members face, and as part of the development process, we are keen to capture the views of as many people in Wales who are involved in the delivery of the sport.

To engage with and hear the views of as many people as possible a series of open forums have been arranged. Each of the forums will have a key theme and these have been held across Wales in the first few weeks of 2018.

Carol Anthony Welsh Athletics