

e-inspire

THE OFFICIAL MAGAZINE
FOR UNITED KINGDOM ATHLETICS

A close-up photograph of a male athlete with short dark hair, wearing a black and white striped athletic jacket with red accents. He is holding a large gold medal with both hands, bringing it to his lips. The medal features a stylized design. The background is a blurred stadium setting.

UKA Guide to
Team GB Track and Field

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Contents

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WELCOME TO THE E-INSPIRE UKA GUIDE TO TEAM GB TRACK AND FIELD SPECIAL

Team GB will bring the largest track and field team to an Olympics in 20 years at London 2012. A total of 72 athletes along with six marathon runners complete the Team GB athletics line-up.

With an increase on the Beijing Olympic Games squad size of 68, UKA Head Coach Charles van Commenee has made it clear a target of eight medals - including at least one gold - has always been the aim for the Team GB athletics squad at London 2012. This ambitious tally would not only double the four medals won in Beijing, but would represent Team GB's best result since the Seoul 1988 Olympic Games, when a squad featuring Daley Thompson, Linford Christie, Colin Jackson and Steve Cram won eight medals in total, but no gold medals.

The 2011 World Championships saw Britain's largest medal haul since 1993, with gold medal winning performances from Mo Farah and Dai Greene and the World Indoor Championships followed suit with a record medal tally, including another two gold medals.

Both reigning outdoor World Champions will represent Team GB in London this summer. They will be joined by former World Champion and current double world silver medallist Jessica Ennis who will be making her first appearance as a member of Team GB, one of 48 Olympic debutants in the squad.

Beijing silver medallist Philips Idowu will be attending his fourth Olympic Games along with Commonwealth bronze medallist Christian Malcolm, who captained Team GB to their most successful World Championships in 2011. Whilst reigning Olympic 400m Champion Christine Ohuruogu will be making her third Olympic appearance.

Olympic debutant Robbie Grabarz catapulted onto the world high jump scene this year with an impressive European title in Helsinki last week, other first time Olympians include Jack Green, Lawrence Clark, Holly Bleasdale, Sophie Hitchon and Andrew Pozzi.

The long jump in London will also represent possible medal opportunities for Team GB, with Shara Proctor breaking a near 30-year-old national record at the Olympic Trials and Greg Rutherford currently ranked joint first in the world.

Adam Gemilli is the youngest member of the team at 18 years and 305 days old on the day of the first round of the men's 100m on 4th August. World Indoor Champion Yamile Aldama takes the honour of being the team's oldest athlete at 39. She will be just 11 days shy of her 40th birthday when she steps out for the women's triple jump competition on August 3rd.

WELCOME NOTE 03

TEAM GB ATHLETICS LINE-UP 04

TEAM GB ATHLETES - MEN 06

TEAM GB ATHLETES - WOMEN 18

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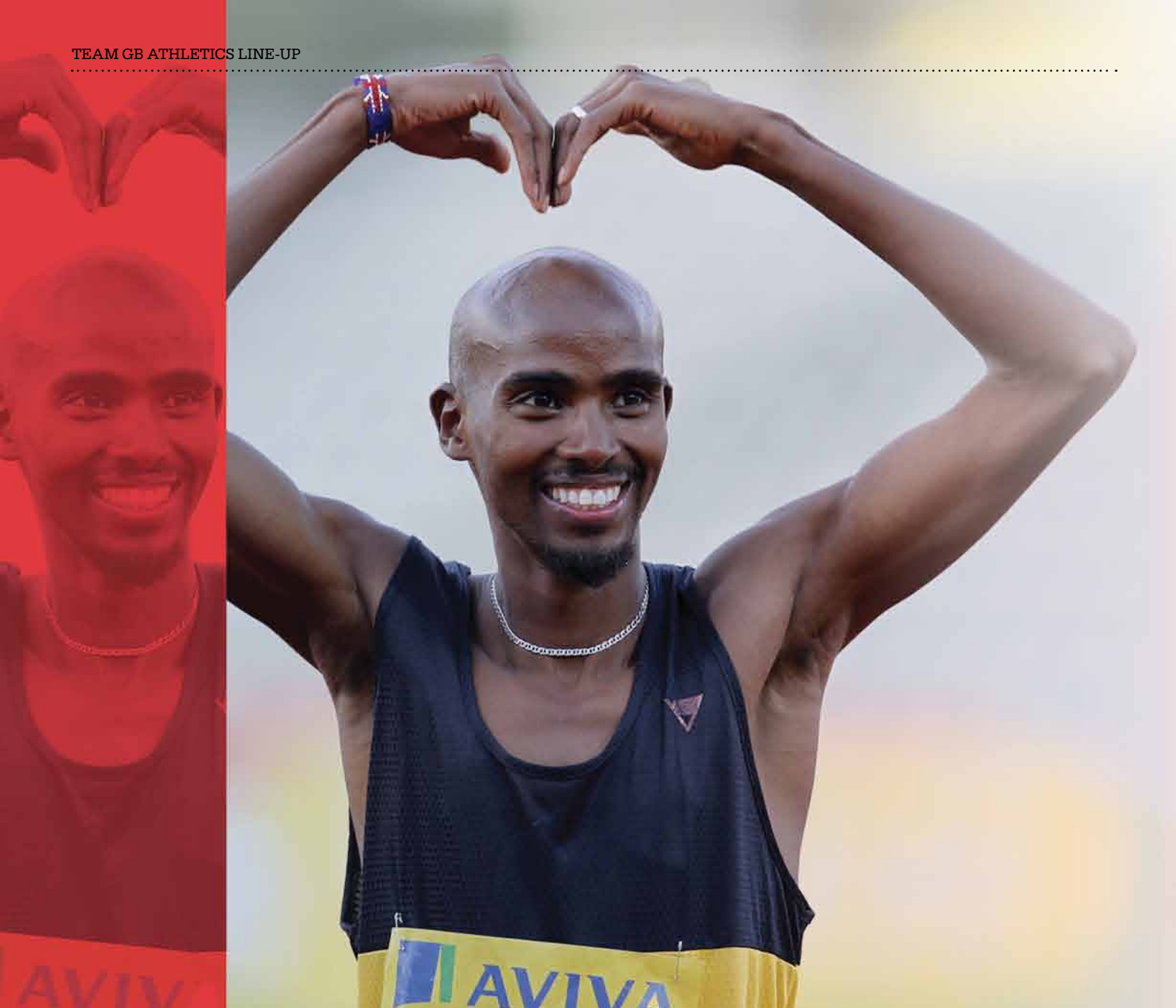
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Team GB Athlete Profiles

The following profiles are of the 78 athletes that have been selected to represent Team GB at the London 2012 Olympic Games, 3 – 12 August.

The profiles have been separated into male and female categories.

PB = Personal Best SB = Seasons Best

Statistics are correct as of 16 July 2012.

For the latest news on Team GB athletes please visit www.uka.org.uk

MEN

100m

Dwain Chambers
James Dasaolu
Adam Gemili

200m

James Ellington
Christian Malcolm

400m

Nigel Levine
Martyn Rooney
Conrad Williams

800m

Andrew Osagie
Michael Rimmer
Gareth Warburton

1500m

Andrew Baddeley
Ross Murray

5000m

Mo Farah
Nick McCormick

10,000m

Mo Farah
Chris Thompson

3000m Steeplechase

Stuart Stokes

50k Walk

Dominic King

Marathon

Lee Merrien
Scott Overall
Dave Webb

110m Hurdles

Lawrence Clarke
Andrew Pozzi
Andy Turner

400m Hurdles

Dai Greene
Jack Green
Rhys Williams

High Jump

Robbie Grabarz

Long Jump

Greg Rutherford
Chris Tomlinson

Triple Jump

Philips Idowu

Pole Vault

Steve Lewis

Discus

Abdul Buhari
Brett Morse
Lawrence Okoye

Hammer

Alex Smith

Javelin

Mervyn Luckwell

Shot Put

Carl Myerscough

Decathlon

Daniel Awde

4x100m

Dwain Chambers
James Dasaolu
James Ellington
Adam Gemili
Mark Lewis-Francis
Christian Malcolm
Danny Talbot
Simeon Williamson

4x400m

Richard Buck
Dai Greene

Jack Green
Luke Lennon-Ford
Nigel Levine
Martyn Rooney
Rob Tobin
Conrad Williams

WOMEN

100m

Anyika Onuora
Abi Oyepitan

200m

Margaret Adeoye
Anyika Onuora
Abi Oyepitan

400m

Shana Cox
Lee McConnell
Christine Ohuruogu

800m

Lynsey Sharp

1500m

Lisa Dobriskey
Hannah England
Laura Weightman

5000m

Julia Bleasdale
Barbara Parker
Jo Pavey

10,000m

Julia Bleasdale
Jo Pavey

3000m Steeplechase

Eilish McColgan
Barbara Parker

20k Walk

Johanna Jackson

Marathon

Claire Hallissey
Paula Radcliffe
Mara Yamauchi

100m Hurdles

Tiffany Porter

400m Hurdles

Eilidh Child
Perri Shakes-Drayton

Long Jump

Shara Proctor

Triple Jump

Yamile Aldama

Pole Vault

Holly Bleasdale
Kate Dennison

Hammer

Sophie Hitchon

Javelin

Goldie Sayers

Heptathlon

Jessica Ennis
Louise Hazel
Katarina Johnson-Thompson

4x400m

Eilidh Child
Shana Cox
Emily Diamond
Lee McConnell
Christine Ohuruogu
Marilyn Okoro
Nicola Sanders
Perri Shakes-Drayton

CLICK ON THE NAME
OF THE ATHLETE TO
GO TO THEIR PROFILE



RICHARD BUCK

4x400m

Club: City of York
Coach: Steve Fudge
Date of Birth: 14/11/1986

PB: 45.61 (2012)
SB: 45.61
Twitter: @drickbee400



ABDUL BUHARI

Discus

Club: Newham & Essex Beagles
Coach: Mark Wiseman
Date of Birth: 26/06/1982

PB: 65.44 (2011)
SB: 65.24
Twitter: @discusabs



DANIEL AWDE

Decathlon

Club: Woodford Green Essex Ladies
Coach: Greg Richards
Date of Birth: 22/06/1988

PB: 8102 (2012)
SB: 8102
Twitter: @GBDawde



DWAIN CHAMBERS

100m, 4x100m

Club: Belgrave
Date of Birth: 05/04/1978

PB: 9.97 (1999)
SB: 10.25



ANDREW BADDELEY

1500m

Club: Harrow
Coach: Andrew Hobdell
Date of Birth: 20/06/1982

PB: 3:34.36 (2008)
SB: 3:35.19
Twitter: @runbadders



LAWRENCE CLARKE

110m Hurdles

Club: Windsor Slough Eton & Hounslow
Coach: Malcolm Arnold
Date of Birth: 12/03/1990

PB: 13.33
SB: 13.33
Twitter: @Lawrence_Clarke



JAMES DASAOLU

100m, 4x100m

Club: Croydon
Coach: Kevin Tyler
Date of Birth: 05/09/1987

PB: 10.09 (2009)
SB: 10.18
Twitter: @JamesDasaolu



ROBBIE GRABARZ

High Jump

Club: Newham & Essex Beagles
Coach: Fuzz Ahmed
Date of Birth: 03/10/1987

PB: 2.36 (2012)
SB: 2.36
Twitter: @RobbieGrabarz



JAMES ELLINGTON

200m, 4x100m

Club: Newham & Essex Beagles
Coach: John Powell
Date of Birth: 06/09/1985

PB: 20.52 (2011), 10.23 (2011)
SB: 20.55, 10.30
Twitter: @Jellington100m



DAI GREENE

400m Hurdles, 4x400m

Club: Swansea
Coach: Malcolm Arnold
Date of Birth: 11/04/1986

PB: 47.84 (2012), 45.82 (2011)
SB: 47.84
Twitter: @daigreene

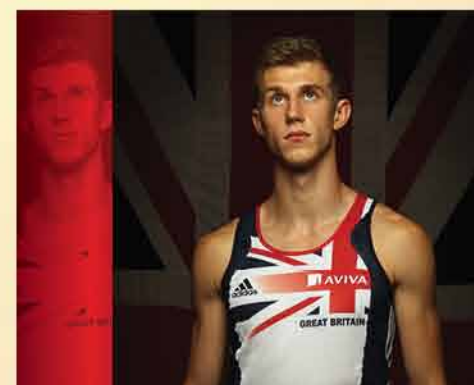


MO FARAH

5000m, 10,000m

Club: Newham & Essex Beagles
Coach: Alberto Salazar
Date of Birth: 23/03/1983

PB: 12:53.11 (2011), 26:46.57 (2012)
SB: 12:56.98
Twitter: @mofarah



JACK GREEN

400m Hurdles, 4x400m

Club: Kent
Coach: Malcolm Arnold
Date of Birth: 06/10/1991

PB: 48.60 (2012), 45.99 (2012)
SB: 48.60, 45.99
Twitter: @jackpgreen



ADAM GEMILI

100m, 4x100m

Club: Blackheath & Bromley
Coach: Michael Afilaka
Date of Birth: 06/10/1993

PB: 10.05 (2012)
SB: 10.05
Twitter: @Adam_Gemili

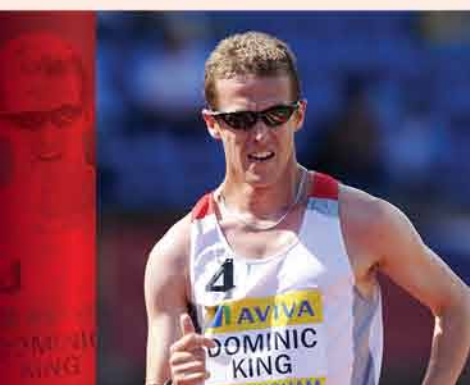


PHILIPS IDOWU

Triple Jump

Club: Belgrave
Coach: Aston Moore
Date of Birth: 30/12/1978

PB: 17.81 (2010)
SB: 17.31
Twitter: @PhillipsIdowu



DOMINIC KING

50k Walk

Club: Colchester
Coach: Andi Drake
Date of Birth: 30/05/1983

PB: 4:06.34 (2012)
SB: 4:06.34



LUKE LENNON-FORD

4x400m

Club: Birchfield Harriers
Coach: Linford Christie
Date of Birth: 05/05/1989

PB: 45.23 (2012)
SB: 45.23
Twitter: @Lukey400m



NIGEL LEVINE

400m, 4x400m

Club: Windsor Slough Eton & Hounslow
Coach: Linford Christie
Date of Birth: 30/04/1989

PB: 45.11 (2012)
SB: 45.11
Twitter: @NigelLevine



STEVE LEWIS

Pole Vault

Club: Newham & Essex Beagles
Coach: Dan Pfaff
Date of Birth: 20/05/1986

PB: 5.72 (2012)
SB: 5.72
Twitter: @airlewis



MARK LEWIS-FRANCIS

4x100m

Club: Birchfield Harriers
Coach: Linford Christie
Date of Birth: 04/09/1982

PB: 10.04 (2002)
SB: 10.21
Twitter: @mlewisfrancis



MERVYN LUCKWELL

Javelin

Club: Marshall Milton Keynes
Coach: Esa Utrianen
Date of Birth: 29/11/1984

PB: 83.52 (2011)
SB: 82.15
Twitter: @ml95m



CHRISTIAN MALCOLM

200m, 4x100m

Club: Cardiff
Coach: Dan Pfaff
Date of Birth: 03/06/1979

PB: 20.08 (2001), 10.11 (2001)
SB: 20.46, 10.27
Twitter: @christianm200



NICK McCORMICK

5000m

Club: Morpeth
Coach: Lindsay Dunn
Date of Birth: 11/09/81

PB: 13:18.81 (2012)
SB: 13:18.81
Twitter: @n1ck_mccorm1ck



LEE MERRIEN

Marathon

Club: Newham & Essex Beagles
Coach: John Nuttall
Date of Birth: 26/04/1979

PB: 2:13.41 (2012)
SB: 2:13.41
Twitter: @leemerrien



LAWRENCE OKOYE

Discus

Club: Croydon
Coach: John Hillier
Date of Birth: 06/10/1991

PB: 68.24 (2012)
SB: 68.24
Twitter: @lawrenceokoye1



BRETT MORSE

Discus

Club: Birchfield Harriers
Coach: Vestienn Haffsteinsson
Date of Birth: 11/02/1989

PB: 66.06 (2011)
SB: 64.35
Twitter: @Brett_Morse

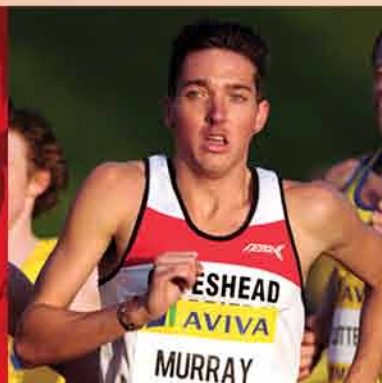


ANDREW OSAGIE

800m

Club: Harlow AC
Coach: Craig Winrow
Date of Birth: 19/02/1988

PB: 1:44.61 (2012)
SB: 1:44.61
Twitter: @andrewosagie

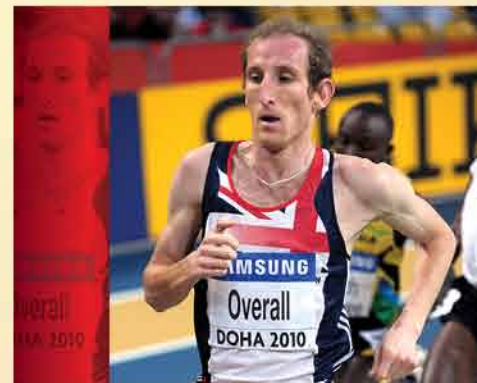


ROSS MURRAY

1500m

Club: Gateshead
Coach: Craig Winrow
Date of Birth: 08/10/1990

PB: 3:34.76 (2012)
SB: 3:34.76
Twitter: @RosscoJammin



SCOTT OVERALL

Marathon

Club: Blackheath & Bromley
Coach: Robert Chapman
Date of Birth: 09/02/1983

PB: 2:10.55 (2011)
SB: n/a
Twitter: @scottoverall



CARL MYERSCOUGH

Shot Put

Club: Blackpool
Coach: Self
Date of Birth: 21/10/1979

PB: 21.92 (2003)
SB: 20.10



ANDREW POZZI

110m Hurdles

Club: Stratford-upon-Avon
Coach: Malcolm Arnold
Date of Birth: 15/05/1992

PB: 13.34 (2012)
SB: 13.34
Twitter: @andrew_pozzi

**MICHAEL
RIMMER****800m**

Club: Liverpool Pembroke &
Sefton Harriers

Coach: Norman Poole

Date of Birth: 03/02/1986

PB: 1:43.89 (2010)

SB: 1:44.86

**STUART
STOKES****3000m Steeplechase**

Club: Sale Harriers

Date of Birth: 05/12/1976

PB: 8:23.66 (2008)

SB: 8:29.32

Twitter: @stuart_stokes

**MARTYN
ROONEY****400m, 4x400m**

Club: Croydon

Coach: Nick Dakin

Date of Birth: 03/04/1987

PB: 44.60 (2008)

SB: 44.92

Twitter: @martynrooney

**DANNY
TALBOT****4x100m**

Club: Birchfield Harriers

Coach: Daniel Cossins

Date of Birth: 01/05/1991

PB: 10.21 (2011)

SB: 10.24

Twitter: @dannyraketaltbot

**GREG
RUTHERFORD****Long Jump**

Club: Marshall Milton Keynes

Coach: Dan Pfaff

Date of Birth: 17/11/1986

PB: 8.35 (2012)

SB: 8.35

Twitter: @GregJRUtherford

**CHRIS
THOMPSON****10,000m**

Club: Aldershot

Coach: John Nuttall

Date of Birth: 17/04/1981

PB: 27:27.36 (2011)

SB: n/a

**ALEX
SMITH****Hammer**

Club: Sale Harriers

Coach: Shane Peacock

Date of Birth: 06/03/1988

PB: 75.63 (2012)

SB: 75.63

Twitter: @alexhammersmith

**ROB
TOBIN****4x400m**

Club: Basingstoke & Mid Hants

Coach: Dan Pfaff

Date of Birth: 20/12/1983

PB: 45.01 (2005)

SB: 45.47

Twitter: @Rob_Tobin




CHRIS TOMLINSON

Long Jump

Club: Newham & Essex Beagles
Coach: Frank Attoh
Date of Birth: 15/09/1981

PB: 8.35 (2011)
SB: 8.26
Twitter: @longjumpchris




CONRAD WILLIAMS

400m, 4x400m

Club: Kent
Coach: Linford Christie
Date of Birth: 20/03/1982

PB: 45.08 (2012)
SB: 45.08
Twitter: @cwilliams400



ANDY TURNER

110m Hurdles

Club: Sale Harriers
Coach: Lloyd Cowan
Date of Birth: 19/09/1980

PB: 13.22 (2011)
SB: 13.41
Twitter: @andyturner110h




RHYS WILLIAMS

400m Hurdles

Club: Cardiff
Coach: Dan Pfaff
Date of Birth: 27/02/1984

PB: 48.96 (2010)
SB: 49.33
Twitter: @Rhys400h




GARETH WARBURTON

800m

Club: Cardiff
Coach: Darrell Maynard
Date of Birth: 23/04/1983

PB: 1:44.98 (2012)
SB: 1:44.98
Twitter: @garethwarburton




SIMEON WILLIAMSON

4x100m

Club: Woodford Green Essex Ladies
Date of Birth: 16/01/1986

PB: 10.03 (2008)
SB: 10.29
Twitter: @simba100m



DAVE WEBB

Marathon

Club: Leeds City
Coach: Bud Baldaro
Date of Birth: 17/03/1982

PB: 2:15.42 (2011)
SB: n/a

WOMEN



MARGARET ADEOYE

200m

Club: Enfield & Haringey
Coach: Linford Christie
Date of Birth: 22/04/1985

PB: 23.09 (2012)
SB: 23.09
Twitter: @MargaretAdeoye

YAMILE ALDAMA

Triple Jump

Club: Shaftsbury Barnet
Coach: Frank Attoh
Date of Birth: 14/08/1972

PB: 15.29 (2003)
SB: 14.65

HOLLY BLEASDALE

Pole Vault

Club: Blackburn
Coach: Julian Raffalli-Ebezant
Date of Birth: 02/11/1991

PB: 4.71 (2012)
SB: 4.71
Twitter: @hollybleasdale

JULIA BLEASDALE

5000m, 10,000m

Club: Hillingdon
Coach: Nic Bideau
Date of Birth: 09/09/1981

PB: 15:10.06 (2012), 31:29.57 (2012)
SB: 15:10.06, 31:29.57

EILIDH CHILD

400m Hurdles, 4x400m

Club: Pitreavie
Coach: Malcolm Arnold
Date of Birth: 20/02/1987

PB: 54.96 (2012), 52.28 (2011)
SB: 54.96, 52.71
Twitter: @EilidhChild

SHANA COX

400m, 4x400m

Club: Woodford Green Essex Ladies
Coach: Lloyd Cowan
Date of Birth: 22/01/1985

PB: 50.81 (2008)
SB: 51.54
Twitter: @ShanaAmanda

**KATE
DENNISON****Pole Vault**

Club: Sale Harriers
Coach: Scott Simpson
Date of Birth: 07/05/1984

PB: 4.61 (2011)
SB: 4.50
Twitter: @katedennison

**JESSICA
ENNIS****Heptathlon**

Club: City of Sheffield
Coach: Toni Minichiello
Date of Birth: 28/01/1986

PB: 6906 (2012)
SB: 6906
Twitter: @J_Ennis

**EMILY
DIAMOND****4x400m**

Club: Bristol & West
Coach: Jared Deacon
Date of Birth: 11/06/1991

PB: 52.69 (2012)
SB: 52.69
Twitter: @EmilyDiamond11

**CLAIRE
HALLISSEY****Marathon**

Club: Bristol & West
Date of Birth: 17/03/1983

PB: 2:27.44 (2012)
SB: 2:27.44
Twitter: @HallisseyC

**LISA
DOBRISKEY****1500m**

Club: Ashford
Coach: Ricky Soos
Date of Birth: 23/12/1983

PB: 3:59.50 (2009)
SB: 4:02.13

**LOUISE
HAZEL****Heptathlon**

Club: Birchfield Harriers
Coach: Aston Moore
Date of Birth: 06/10/1985

PB: 6166 (2011)
SB: n/a
Twitter: @louisehazel

**HANNAH
ENGLAND****1500m**

Club: Oxford City AC
Coach: Bud Baldaro
Date of Birth: 06/03/1987

PB: 4:01.89 (2011)
SB: 4:05.05
Twitter: @Hannengland

**SOPHIE
HITCHON****Hammer**

Club: Blackburn
Coach: Derek Evely
Date of Birth: 11/07/1991

PB: 71.61 (2012)
SB: 71.61
Twitter: @SophieHitchon



JOHANNA JACKSON

20k Walk

Club: Middlesbrough & Cleveland
Coach: Andi Drake
Date of Birth: 17/01/1985

PB: 90:41 (2010)
SB: 95.25
Twitter: @JoJackson2012



CHRISTINE OHURUOGU

400m, 4x400m

Club: Newham & Essex Beagles
Coach: Lloyd Cowan
Date of Birth: 17/05/1984

PB: 49.61 (2007)
SB: 50.42
Twitter: @chrissyohuruogu



KATARINA JOHNSON-THOMPSON

Heptathlon

Club: Liverpool
Coach: Mike Holmes
Date of Birth: 09/01/1993

PB: 6248 (2012)
SB: 6248
Twitter: @Johnsonthompson



MARILYN OKORO

4x400m

Club: Shaftsbury Barnet
Coach: Ayo Falola
Date of Birth: 23/09/1984

PB: 52.02 (2006)
SB: 52.67
Twitter: @mokoro4



EILISH McCOLGAN

3000m Steeplechase

Club: Dundee
Coach: Liz McColgan
Date of Birth: 25/11/1990

PB: 9:38.45 (2012)
SB: 9:38.45
Twitter: @eilishmccolgan



ANYIKA ONUORA

100m, 200m

Club: Liverpool Harriers
Coach: Christine Bowmaker
Date of Birth: 28/10/1984

PB: 11.18 (2011), 22.93 (2012)
SB: 11.31, 22.93
Twitter: @dannyonuora



LEE McCONNELL

400m, 4x400m

Club: Shaftesbury Barnet
Coach: Rodger Harkins
Date of Birth: 09/10/1978

PB: 50.82 (2002)
SB: 51.98
Twitter: @Leemcconnell 400



ABI OYEPITAN

100m, 200m

Club: Shaftesbury Barnet
Coach: Tony Lester
Date of Birth: 30/12/1979

PB: 11.17 (2004), 22.50 (2004)
SB: 11.21 22.71
Twitter: @AbiOyepitan



BARBARA PARKER

3000m Steeplechase, 5000m

Club: City of Norwich
Coach: Sean Burris
Date of Birth: 08/11/1982

PB: 9:24.24 (2012), 15:14.26 (2012)
SB: 9:24.24, 15:14.26
Twitter: @barbaraparker3



PAULA RADCLIFFE

Marathon

Club: Bedford & County
Coach: Gary Lough
Date of Birth: 17/12/1973

PB: 2:15.25 (2003)
SB: n/a
Twitter: @paulajradcliffe



JO PAVEY

10,000m, 5,000m

Club: Exeter
Coach: Gavin Pavey
Date of Birth: 20/09/1973

PB: 31:12.30 (2008), 14:39.96
SB: 31:32.22, 15:09.53
Twitter: @jopavey



NICOLA SANDERS

4x400m

Club: Windsor Slough Eton & Hounslow
Coach: Tony Lester
Date of Birth: 23/06/1982

PB: 49.65 (2007)
SB: 52.33
Twitter: @nic400



TIFFANY PORTER

100m Hurdles

Club: Woodford Green Essex Ladies
Coach: James Henry
Date of Birth: 13/11/1987

PB: 12.56 (2011)
SB: 12.65
Twitter: @tiffofili



GOLDIE SAYERS

Javelin

Club: Belgrave
Coach: Dan Pfaff
Date of Birth: 16/07/1982

PB: 66.17 (2012)
SB: 66.17
Twitter: @goldiesayers



SHARA PROCTOR

Long Jump

Club: Birchfield
Coach: Rana Reider
Date of Birth: 16/09/1988

PB: 6.95(2012)
SB: 6.95
Twitter: @sharaproctor



PERRI SHAKES-DRAYTON

400m Hurdles, 4x400m

Club: Victoria Park & Tower Hamlets
Coach: Chris Zah
Date of Birth: 21/12/1988

PB: 53.77 (2012), 51.26 (2012)
SB: 53.77, 51.26
Twitter: @Shakes-Drayton



LYNSEY SHARP

800m

Club: Edinburgh
Coach: David Sunderland
Date of Birth: 11/07/1990

PB: 2:00.52 (2012)
SB: 2:00.52
Twitter: @LynseySharp



LAURA WEIGHTMAN

1500m

Club: Morpeth
Coach: Steve Cram
Date of Birth: 01/07/1991

PB: 4:04.88 (2012)
SB: 4:04.88
Twitter: @lauraweightman



MARA YAMAUCHI

Marathon

Club: Harrow
Coach: Shige Yamauchi
Date of Birth: 13/08/1973

PB: 2:23.12 (2009)
SB: n/a
Twitter: @marayamauchi

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