





## **UKA RULES for COMPETITION 2020 - 2022**

## **Supplementary Guidance Notes**

Since the 2020 – 2022 UKA Rule Book went to print, the following amendments have been introduced and/or clarifications determined. For ease of reference the current rule number is given, followed by the reference that applied in 2018 – 2020. These notes should be read in conjunction with the Summary of Changes to the Rule Book which describe the way that the Book has been restructured and are available at <a href="https://www.uka.org.uk/competitions/rules/">https://www.uka.org.uk/competitions/rules/</a>

## Added or amended in this update

Rule	Comment
CR18.5 Unsporting	New UKA Supplementary Note:
or Improper	"Spitting (or similar) in warm up, call room, field of play or any other
Behaviour (125.5)	public area may be treated as a conduct offence and will be dealt with by
	a warning or disqualification (yellow card and / or red card offence)."
TR5.2 - 5.6, 5.12,	Detailed guidance on the acceptable construction of shoes. An extract is
5.13	available at <a href="https://www.uka.org.uk/competitions/rules/">https://www.uka.org.uk/competitions/rules/</a> or it is included
Shoes (143.2 - 6)	in the World Athletics Technical Rules at pages 5 – 9
	(https://www.worldathletics.org/about-iaaf/documents/book-of-rules)
	The World Athletics Shoe Rule introduced in July 2020, reference TR5.2 –
	5.6, 5.12 and 5.13, does apply to competitions in the UK and athletes who
	wear shoes listed by World Athletics as not compliant with the Rules will
	be liable to disqualification and any records set will not be ratified.
	Where a Call Room is operated it is the responsibility of the Call Room
	Manager to apply appropriate checks on equipment. At other events the
	Referee will resolve any issues.
	In case of doubt the list of shoes that are approved and not approved can
	be found at the above links.
T5 S1(5) Note	Club website addresses – we have introduced a condition whereby web
	addresses are not permitted on club vests but this is to be applied for
	future designs. The restriction should not apply to vests in existence
	before April 2020 but future changes must adhere to the rule.
TR16.8 False Starts	Incorrect reference in WA Rule – should read TR 39.8.3
Combined Events	
T19 S2	The judging and timing or RaceRunning events shall be conducted in the
	same manner as applied to Wheelchair Races and defined in Rules 19.3 and
	20.3 of the World Para Athletics Rules and Regulations.















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TR22.3 (168.3)	The spacings / tabs have slipped and should read as here:
Hurdle Spacings	Distance Men U20 Men U18 Men Women/U20 U18 Women
	110m/100m 1.067m 0.991m 0.914m 0.838m 0.762m
	400m 0.914m 0.914m 0.838m 0.762m 0.762m
TR23.5 & TR23 S1(1)	The planned introduction of a new Steeplechase hurdle height for U17
	Men is delayed until 1 <sup>st</sup> April 2022
TR25	A mistake in the Header on page 198 – TRIALS and not TRAILS
TR27.10 S1	Reinstate the UKA Supplement: For competitions held under UKA Rules
	High Jump landing areas may measure 5m long x 3m wide x 0.6m high.
	High Jump beds of the pre 2020 specification are acceptable.
TR39 S1(7)	A new UKA Supplement was introduced to remove the requirement to
Manual Timing at	adjust manual times before applying Combined Events scoring tables.
Combined Events	There may be confusion caused by inclusion in the rule book under the
	heading for Younger Athletes. The intention is that this condition applies
	to all manually timed Combined Events competitions, in all age groups.

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