

WK	MONTH	DAY	DATES	PRIORITY LEVEL	COMPETITION PROVIDER	EVENT NAME	COUNTRY	CITY	VENUE
January									
1	Jan	Sat	8 th	6	England Athletics	England Athletics County Cross Country Championships	England	Various	Various
1	Jan	Sat/Sun	8 th /9 th	3	England Athletics	England Athletics Senior Combined Events Indoor Championships	England	Sheffield	EIS
2	Jan	Sat	15 th	4	Scottish Athletics	Inter District Championships	Scotland	Irvine	
2	Jan	Sat	15 th	6	Various	Cross Country League Race 4	England	Various	Various
3	Jan	Sat	22 nd	6	County Schools	County Schools Cross Country Championships	England	Various	Various
3	Jan	Sat	22 nd	2	Athletics Northern Ireland	British Athletics Cross Challenge including World Athletics International, Home Countries International and Celtic Challenge	Northern Ireland	Belfast	Billy Neill Centre of Excellence Dundonald
3	Jan	Sat	22 nd	3	Scottish Athletics	Scottish Athletics Senior / U17 Indoor Championships	Scotland	Glasgow	Emirates Arena
3	Jan	Fri	28 th	2	World Athletics	World Indoor Championships	Germany	Karlsruhe	Europahalle
4	Jan	Sat	29 th	2	World Athletics	World Indoor Championships	USA	New York	Armony Track
4	Jan	Sat	29 th	3	Scottish Athletics	Scottish Athletics Indoor Relay Championships	Scotland	Glasgow	Emirates Arena
4	Jan	Sat	29 th	6	Area Athletics Ass	Area Cross Country Championships	England	Various	Various
4	Jan	Sat/Sun	29 th /30 th	3	Scottish Athletics	Scottish Athletics Combined Events Indoor Championships	Scotland	Glasgow	Emirates Arena
4	Jan	Sat/Sun	29 th /30 th	3	Welsh Athletics	Welsh Senior & U15 Indoor Championships	Wales	Cardiff	NIAC
4	Jan	Sun	30 ^t	3	Scottish Athletics	Scottish Athletics Indoor 3000m Championships	Scotland	Glasgow	Emirates Arena
February									
5	Feb	Sat	5 th	2	European Athletics/ Scottish Athletics	DNA – Dynamic New Athletics International – SCO/ENG/WAL/IRE/ESP/TUR	Scotland	Glasgow	Emirate Arena
5	Feb	Sat	5 th	5	BUCS	BUCS Cross Country Championships	England	Brunel	Hillingdon Sport and Leisure Complex
5	Feb	Sat/Sun	5 th /6 th	3	Welsh Athletics	Welsh U13, U17 & U20 Indoor Championships	Wales	Cardiff	NIAC
5	Feb	Sun	6 th	1	European Athletics	EAA Club Cross Country Cup	Portugal	Oeiras	

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5	Feb	Thur-Sun	10 th - 13 th	1	World Athletics	World Mountain & Trail Running Championships	Thailand	Chiang Mai	Mountains
6	Feb	Sat/Sun	12 th /13 th	3	England Athletics	England Athletics Junior Indoor Championships (U15/U17/U20)	England	Sheffield	EIS
6	Feb	Wed	16 th	2	World Athletics Continental Indoor Tour Gold	Meeting Hauts-de-France Pas-de-Calais	France	Liévin	Arena Stade Couvert
7	Feb	Sat	19 th	2	UK Athletics	Müller Indoor Grand Prix	UK	Birmingham	NIA
7	Feb	Sat	19 th	5	BUCS	BUCS Indoor Championships	England	Sheffield	EIS
7	Feb	Sat	19 th	6	Various	Cross Country League Race 5	England	Various	Various
7	Feb	Sat/Sun	19 th /20 th	3	Scottish Athletics	Scottish Athletics U13/U15/U20 Championships	Scotland	Glasgow	Emirates Arena
7	Feb	Fri-Sun	25 th -27 th	2	UK Athletics	UK Athletics Indoor Championships	UK	Birmingham	NIA
8	Feb	Sat	26 th	3	Welsh Athletics	Welsh Athletics Cross Country Championships	Wales	Llanelli	Pembrey Country Park
8	Feb	Sat	26 th	3	Scottish Athletics	Scottish Athletics Cross Country Championships	Scotland	Falkirk	Callendar Park
8	Feb	Sat	26 th	6	ECCA	English National Cross Country Championships	England	London	Parliament Hill Hampstead
8	Feb	Sun	27 th	4	Loughborough University	UK Winter Long Throws Championship	England	Loughborough	Paula Radcliffe Athletics Track
March									
8	Mar	Thur-Sun	1 st -6 th	1	World Athletics	World Race Walking Team Championships	Oman	Muscat	Roads
8	Mar	Tue	2 nd	2	World Athletics Continental Indoor Tour Gold	Villa de Madrid	Spain	Madrid	Gallur
9	Mar	Sat	5 th	6	Welsh Schools Association	Welsh Schools National Championships	Wales	Brecon	
9	Mar	Sat/Sun	5 th /6 th	3	Athletics Northern Ireland	NI & Ulster Indoor Age Group Champs	Northern Ireland	Athlone	Athlone Institution of Technology
9	Mar	Sat/Sun	5 th /6 th	5	BMAF	BMAF Indoor Track & Field Championships	UK	Lee Valley	
10	Mar	Sat	12 th	2	UK Athletics / CAU	British Athletics Cross Challenge Final & CAU Cross Country Championships	UK	Loughborough	Prestwood Hall
10	Mar	Sat/Sun	12 th /13 th	2	European Athletics	European Throwing Cup	Portugal	Leira	

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10	Mar	Sat/Sun	12 th /13 th	3	England Athletics	England Athletics U15/U17 Combined Events Indoor Championships	England	Sheffield	EIS
10	Mar	Fri-Sun	18 th -20 th	1	World Athletics	World Indoor Championships	Serbia	Belgrade	
11	Mar	Sat	19 th	6	Various	Cross Country League Race 6	England	Various	Various
12	Mar	Sat	26 th	6	SIAB	Schools International	TBC	TBC	TBC
12	Mar	Sat	26 th	6	Area Athletics Ass.	Area Road Relay Championships	England	Various	Various
12	Mar	Sat	26 th	7	Run4 Wales	22227 th Cardiff Half Marathon	Wales	Cardiff	Roads
12	Mar	Sun	27 th	1	World Athletics	World Half Marathon	China	Yangzhou	Roads
April									
14	Apr	Sat	9 th	6	ERRA	ERRA Road Relays 12 & 6 Stage	England	Sutton Coldfield	Sutton Park
16	Apr	Sun	24 th	5	Youth Development League	YDL UAG 1	ENG/SCO/WAL	Various	Various
17	Apr/May	Sat-Mon	30 th -2 nd	5	BUCS	BUCS Track & Field Championships	England	Bedford	Bedford International Athletic Stadium
May									
18	May	Sat	7 th	2	World Athletics Continental Tour Gold	Kip Keino Classic, Nairobi	Kenya	Nairobi	Moi International Sports
18	May	Sat	7 th	5	National Athletics League	NAL 1	UK	Manchester, Chelmsford, Kingsmeadow, Bedford, Yeovil	
18	May	Sun	8 th	5	Youth Development League	YDL LAG 1	ENG/SCO/WAL	Various	Various
18	May	Sun	8 th	2	World Athletics Continental Tour Gold	Seiko Golden Grand Prix, Tokyo	Japan	Tokyo	
19	May	Sat	14 th	4	Race Director, Ben Pochee & UKA	Night of the 10,000m PBs incorporating UK Athletics 10,000m Championships	England	London	Parliament Hill Hampstead
19	May	Sat	14 th	5	BMC	BMC Grand Prix 1	England	Birmingham	Birmingham Uni
19	May	Sat/Sun	14 th /15 th	6	Various	Alternative England Country Champs	England	Various	Various
19	May	Tue	17 th	2	World Athletics Continental Tour Gold	2022 Continental Tour Meeting, Nanjing	China	Nanjing	Olympic Stadium

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20	May	Sat	21 st	5	Youth Development League	YDL LAG 2	ENG/SCO/WAL	Various	Various
20	May	Sun	22 nd	4	Loughborough University	Loughborough International	England	Loughborough	Paula Radcliffe Stadium, University of Loughborough
21	May	Sat	28 th	2	European Athletics	European 10,000m Cup	France	TBC	TBC
21	May	Sat	28 th	4	Athletics Northern Ireland	Belfast International T&F	Northern Ireland	Belfast	Mary Peters Track
21	May	Sat	28 th	5	BMC	BMC Grand Prix 2	England	Manchester	Sport City
21	May	Sat/Sun	28t/29 th	3	England Athletics	England Athletics Combined Events (Birmingham 2022 Test Event)	England	Birmingham	Alexander Stadium
21	May	Sun	29 th	5	Youth Development League	YDL UAG 2	ENG/SCO/WAL	Various	Various
21	May	Tue	31 st	2	World Athletics Continental Tour Gold	61 st Ostrava Golden Spike	Czech	Ostrava	Mestsky Stadion
June									
21	Jun	Thur	2 nd	4	Bedford International Games	BIGish	England	Bedford	Bedford International Stadium
21	Jun	Fri	3 rd	2	World Athletics Continental Tour Gold	Irena Szewinska Memorial/ Bydgoszcz Cup	Poland	Bydgoszcz	Zdzislaw Krzyszkowiak
22	Jun	Sat	4 th	5	National Athletics League	NAL 2	UK	Derby, Eton, Bedford, Manchester, Portsmouth	
22	Jun	Mon	6 th	2	World Athletics Continental Tour Gold	FBK Games Hengelo	Netherlands	Hengelo	Blankers-Koen Stadion
22	Jun	Fri - Sun	10th-12 th June or 19 th -21 st Aug	5	BMAF	BMAF Outdoor Championships TBC	UK	TBC	TBC
23	Jun	Sat	11 th	5	BMC	BMC Grand Prix 3	England	Watford	Woodhouse Stadium
23	Jun	Sat/Sun	11 th /12 th	3	Welsh Athletics	Welsh Athletics Championships	Wales	TBC	TBC

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23	Jun	Sat/Sun	11 th /12 th	3	Athletics NI	NI & Ulster Age Group Champs	Northern Ireland	Antrim	Antrim Forum
23	Jun	Tue	14 th	2	World Athletics Continental Tour Gold	Paavo Nurmi Games Turku	Finland	Turku	Paavo Nurmi Stadium
23	Jun	Fri/Sat	17 th /18 th	3	Athletics NI	NI & Ulster Senior Champs	Northern Ireland	Belfast	Mary Peters Track
24	Jun	Sat/Sun	18 th /19 th	3	England Athletics	England Athletics U17-15 Combined Events Championships	England	TBC	TBC
24	Jun	Fri-Sun	24 th /26 th	2	UK Athletics	UK Athletics Championships	UK	Manchester	Manchester Regional Arena, Etihad Campus
25	Jun	Sat	25 th	5	Youth Development League	YDL LAG 3	ENG/SCO/WAL	Various	Various
25	Jun	Sun	26 th	5	Youth Development League	YDL UAG 3	ENG/SCO/WAL	Various	Various
July									
25	Jul	Fri-Sun	1 st -3 rd	1	European Athletics	European Athletics Off Road Racing Championships (Mountain & Trail)	Spain	El Paso	
26	Jul	Sat	2 nd	5	National Athletics League	NAL 3	UK	Cardiff, Stonex, Bournemouth, Chelmsford, Milton Keynes	
26	Jul	Mon-Thu	4 th -7 th	1	European Athletics	European U18 Championships	Israel	Jerusalem	Jerusalem Stadium
27	Jul	Sat/Sun	9 th /10 th	3	Scottish Athletics	Scottish Athletics Combined Events Championships	Scotland	Dundee	Caird Park
27	Jul	Wed	13 th	4	Welsh Athletics	Welsh Athletics Grand Prix	Wales	TBC	TBC
27	Jul	Fri-Mon	15 th -25 th	1	World Athletics	World Athletics Championships	USA	Eugene, OR	Hayward Field
28	Jul	Sat/Sun	16 th /17 th	3	England Athletics	England Athletics U20 & U23 Championships (World Junior Trials)	England	Bedford	Bedford International Athletic Stadium
29	Jul	Sat	23 rd	5	BMC	BMC Grand Prix 4	England	Trafford	Longford Park Stadium
29	Jul	Sun/Sat	24 th /30 th	1	EYOF	European Youth Olympic Festival	Slovakia	Banksa Bystrica	
30	Jul	Sat	30 th	1	Commonwealth Games	Commonwealth Games Marathon	England	Birmingham	Roads

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30	Jul	Sat	30 th	5	Youth Development League	YDL LAG Regional Final	ENG/SCO/WAL	Various	Various
30	Jul	Sat/Sun	30 th /31 st	3	England Athletics	England Athletics Senior Championships (plus CG Open Meet)	England	TBC	TBC
30	Jul	Sun	31 st	4	Welsh Athletics	Welsh Athletics U20 International	Wales	TBC	TBC
August									
30	Aug	Tue-Sun	2 nd -7 th	1	Commonwealth Games	Commonwealth Games Track & Field	England	Birmingham	Alexander Stadium
30	Aug	Tue-Sun	2 nd -7 th	1	World Athletics	World U20 Championships	Columbia	Cali	Pascual Guerrero Olympic Stadium
31	Aug	Sun	7 th	5	Youth Development League	YDL UAG Regional Final	ENG/SCO/WAL	Various	Various
31	Aug	Mon	8 th	2	World Athletics Continental Tour Gold	Gyulai István Memorial - Hungarian Athletics Grand Prix	Hungary	Székesfehérvár	Bregyó Athletic Center
32	Aug	Sat/Sun	13 th /14 th	3	Welsh Athletics	Welsh Athletics Junior Championships	Wales	TBC	TBC
32	Aug	Sat/Sun	13 th /14 th	3	Scottish Athletics	Scottish Athletics Senior/U17 Championships	Scotland	Aberdeen	Aberdeen Sports Village
32	Aug	Mon-Sun	15 th -21 st	1	European Athletics	European Athletics Championships	Germany	Munich	Olympiastadion
32	Aug	Wed	17 th	4	England Athletics	Manchester International	England	Manchester	Manchester Regional Arena, Etihad Campus
33	Aug	Sat	20 th	5	National Athletics League	NAL 4 Grand Final	UK	Bedford / Yate Div1	Bedford International Stadium / Yate Div1
33	Aug	Fri - Sun	19 th -21 st or 10 th -12 th June	5	BMAF	BMAF Outdoor Championships TBC	UK	TBC	TBC
33	Aug	Sat/Sun	20 th /21 st	3	Scottish Athletics	Scottish Athletics U13/U15/U20 Championships	Scotland	Grangemouth	Grangemouth Athletic Stadium
33	Aug/Sept	Fri- Sun	26 th -4 th	1	World Para Athletics	World Para Athletics Championships	Japan	Kobe	Universiade Memorial Stadium
34	Aug	Sat	27 th	5	BMC	BMC Grand Prix 5	England	Loughborough	Paula Radcliffe Athletics Track
34	Aug	Sat/Sun	27 th /28 th	3	England Athletics	England Athletics U15 & U17 Championships	England	TBC	TBC

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34	Aug	Wed	28 th	2	Wanda DL	Muller Grand Prix Birmingham <i>(subject to confirmation at WDL General Assembly Dec2021)</i>	UK	Birmingham	Alexander Stadium
September									
35	Sept	Sat	3 rd	5	Youth Development League	YDL LAG Finals	ENG/SCO/WAL	<i>Various</i>	<i>Various</i>
35	Sept	Sat/Sun	3 rd /4 th	3	Northern Ireland Athletics	NI & Ulster Combined Events	Northern Ireland	Belfast	Mary Peters Track
35	Sept	Sun	4 th	2	World Athletics Continental Tour Gold	Kamila Skolimowska Memorial, Chorzów	Poland	Chorzów	Stadion Śląski
36	Sept	Sat/Sun	10 th /11 th	5	Youth Sport Trust	School Games National Finals	UK	TBC	TBC
36	Sept	Tue	13 th	2	World Athletics Continental Tour Gold	Memorial Borisa Hanžekovića, Zagreb	Croatia	Zagreb	Sports Park Mladost
37	Sept	Sat	17 th						
38	Sept	Sat	24 th	6	Area Athletics Ass.	Area Road Relays Senior & Junior	England	<i>Various</i>	<i>Various</i>
October									
39	Oct	Sun	2 nd	3	London Marathon Events	London Marathon	England	London	<i>Roads</i>
40	Oct	Sat	8 th	6	ERRA	ERRA Senior & Junior Road Relays	England	Sutton Coldfield	Sutton Park
41	Oct	Sat	15 th	6	Various	Cross Country League Race 1	England	<i>Various</i>	<i>Various</i>
42	Oct	Sat	22 nd	3	Scottish Athletics	Scottish Athletics National Cross-Country Relays	Scotland	Perth	Scone Palace
42	Oct	Sat	22 nd	6	Area Athletics Ass.	England Area Cross Country Relays	England	<i>Various</i>	<i>Various</i>
42	Oct	Sun	23 rd	2	UK Athletics	UK Athletics 35km Race Walking Championships	UK	Leeds	<i>Roads</i>
43	Oct	Sat	29 th						
November									
44	Nov	Sat	5 th	6	ECCA	ECCA Criss Country Relays	England	Mansfield	Berry Hill
44	Nov	Sun	6 th	3	Scottish Athletics	Scottish Athletics National Short Course Cross Country Championships	Scotland	Lanark	Equestrian Centre

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45	Nov	Sat	12 th	6	Various	Cross Country League Race 3	England	Various	Various
46	Nov	Sat	19 th						
47	Nov	Sat	26 th	2	UKA	European Cross Country Trial	England	Liverpool	Sefton Park
48	Dec	Sat	3 rd	6	Various	Cross Country League Race 4	Various	Various	Various
49	Dec	Sun	11 th	1	European Athletics	European Cross Country Championships	Italy	Torino	La Mandria Park
50	Dec	Sat	17 th	6	Various	County Cross Country Championships Alternative date	Various	Various	Various
51	Dec	Sat	24 th						
52	Dec	Sat	31 st						