

GunPos	Bib	GunTime	Forename	Surname	M/F	Cat
1	820	00:26:29	Jessica	Judd	F	
2	836	00:26:46	Jenny	Nesbitt	F	
3	793	00:26:51	Abbie	Donnelly	F	
4	912	00:26:53	Amelia	Quirk	F	U23
5	798	00:26:54	Jess	Gibbon	F	
6	772	00:27:01	Kate	Avery	F	
7	879	00:27:13	Izzy	Fry	F	U23
8	866	00:27:15	Eleanor	Bolton	F	U23
9	809	00:27:19	Lauren	Heyes	F	
10	925	00:27:22	Eloise	Walker	F	U23
11	888	00:27:26	Cari	Hughes	F	U23
12	877	00:27:32	Jemima	Elgood	F	U23
13	900	00:27:34	Alexandra	Millard	F	U23
14	864	00:27:35	Pippa	Woolven	F	
15	915	00:27:36	Amelia	Samuels	F	U23
16	852	00:27:37	Sophie	Tarver	F	
17	2442	00:27:39	Mhairi	Maclennan	F	
18	924	00:27:41	Kirsty	Walker	F	U23
19	835	00:27:42	Rebecca	Murray	F	
20	807	00:27:43	Beth	Hawling	F	
21	815	00:27:47	Hannah	Irwin	F	
22	856	00:27:59	Revee	Walcott-Nolan	F	
23	832	00:28:02	Morag	Millar	F	
24	851	00:28:02	Philippa	Stone	F	
25	871	00:28:03	Niamh	Brown	F	U23
26	770	00:28:05	Scout	Adkin	F	
27	855	00:28:06	Hannah	Viner	F	
28	904	00:28:08	Almaz	Nerurkar	F	U23
29	822	00:28:15	Caroline	Lambert	F	
30	829	00:28:18	Kate	Maltby	F	
31	847	00:28:19	Louise	Small	F	
32	922	00:28:20	Emily	Thompson	F	U23
33	906	00:28:22	Holly	Page	F	U23
34	853	00:28:23	Nicole	Taylor	F	
35	792	00:28:30	Holly	Dixon	F	
36	927	00:28:32	Eleanor	Wallace	F	U23
37	873	00:28:36	Elena	Carey	F	U23
38	901	00:28:37	Saskia	Millard	F	U23
39	802	00:28:39	Bryony	Gunn	F	
40	907	00:28:42	Katie	Palfreeman	F	U23
41	916	00:28:45	Nancy	Scott	F	U23
42	862	00:28:50	Mollie	Williams	F	
43	882	00:28:52	Maisie	Grice	F	U23
44	891	00:28:56	Naomi	Lang	F	U23
45	795	00:28:57	Alex	Eykelbosch	F	
46	803	00:28:58	Lauren	Hall	F	
47	928	00:29:00	Imogen	Wood	F	U23
48	828	00:29:03	Georgia	Malir	F	
49	780	00:29:03	Anna	Bracegirdle	F	

50	902	00:29:04	Grace	Molloy	F	U23
51	863	00:29:09	Ruby	Woolfe	F	
52	844	00:29:13	Emily	Ruane	F	
53	869	00:29:14	Grace	Brock	F	U23
54	908	00:29:17	Elsa	Palmer	F	U23
55	920	00:29:18	Sarah	Tait	F	U23
56	878	00:29:20	Kate	Estlea	F	U23
57	819	00:29:20	Ruth	Jones	F	
58	774	00:29:21	Alexandra	Barbour	F	U23
59	893	00:29:27	Holly	Little	F	U23
60	839	00:29:28	Becky	Penty	F	
61	886	00:29:30	Rhianne	Hughes	F	U23
62	842	00:29:39	Hannah	Robinson	F	
63	1338	00:29:41	Alex	O'Brien	F	
64	783	00:29:48	Rachel	Brown	F	
65	818	00:29:50	Lucy	Jones	F	
66	884	00:29:53	Juliet	Hodder	F	U23
67	870	00:29:55	Abbey Mary	Brooke	F	U23
68	861	00:29:57	Victoria	Weir	F	
69	875	00:30:03	Jessica	Christie	F	U23
70	913	00:30:04	Abby	Rex	F	U23
71	838	00:30:14	Carol	Parsons	F	
72	825	00:30:19	Naomi	Lenane	F	
73	894	00:30:22	Emily	Lowery	F	U23
74	2439	00:30:24	Emily	McNicol	F	U23
75	872	00:30:29	Eloise	Bull	F	U23
76	2115	00:30:31	Carla	Davies	F	V35
77	1951	00:30:32	Antonia	Fan	F	
78	816	00:30:32	Julia	Jagger	F	
79	876	00:30:38	Dominique	Corradi	F	U23
80	826	00:30:45	Kirsty	Longley	F	
81	923	00:30:51	Lucy	Thornton	F	U23
82	910	00:30:55	Grace	Pow	F	U23
83	1246	00:31:08	Ellen	Crombie	F	U23
84	1347	00:31:11	Debra	Crook	F	
85	1732	00:31:13	Sharon	Taylor	F	V35
86	905	00:31:15	Lauren	Nicholls	F	U23
87	1493	00:31:15	Michelle	Fairclough	F	V45
88	776	00:31:23	Eileen	Beach	F	
89	883	00:31:25	Lily	Higgins	F	U23
90	1332	00:31:28	India	Elliott	F	
91	1248	00:31:30	Chloe	Leather	F	
92	794	00:31:33	Rebecca	Evans	F	
93	860	00:31:38	Madeleine	Watson	F	
94	845	00:31:40	Rachel	See	F	
95	914	00:31:49	Sophie	Rotheram	F	U23
96	899	00:31:57	Rachel	McQuillan	F	U23
97	2242	00:32:13	Maria	Cook	F	V45
98	1887	00:32:17	Rheagan	Edwards	F	U20
99	897	00:32:21	Maddie	Mastrolonardo	F	U23

100	1899	00:32:22	Anna	Philps	F	
101	786	00:32:31	Allie	Chong	F	
102	2422	00:32:51	Sabrina	Walley	F	
103	1309	00:32:52	Ellie	Fieding	F	
104	903	00:32:54	Hannah	Morrison	F	U23
105	785	00:32:58	Hollie	Carrington	F	
106	1423	00:33:13	Rachael	Fairclough	F	
107	892	00:33:23	Amy	Leach	F	U23
108	1292	00:33:28	Louise	Jackson	F	
109	1361	00:33:30	Izzy	Rayner	F	
110	2082	00:33:35	Joanna	Goorney	F	V50
111	777	00:33:36	Reagan	Binnie	F	
112	867	00:33:39	Esme	Bridge	F	U23
113	885	00:33:41	Katie	Hopkins	F	U23
114	890	00:33:51	Bethan	Jones	F	
115	865	00:33:54	Molly	Andrews	F	U23
116	1948	00:33:59	Caroline	Boyle	F	V45
117	1853	00:34:01	Lauren	Gora	F	
118	1573	00:34:05	Caroline	Betmead	F	V45
119	1445	00:34:17	Becky	Blacklock	F	
120	1895	00:34:30	Anna	Lonsdale	F	U20
121	1554	00:34:43	Katie	Buckingham	F	
122	1461	00:34:57	Sarah	Phelan	F	
123	1365	00:35:07	Rachel	Yates	F	
124	2413	00:35:07	Ellie	Robinson	F	
125	1482	00:35:16	Felicity	Newton	F	
126	799	00:35:18	Jennie	Glass	F	
127	2077	00:35:21	Melanie	Koth	F	V45
128	1384	00:35:23	Kathryn	Bradley	F	
129	2286	00:35:29	Clare	Constable	F	V45
130	773	00:35:40	Kelly	Baillie	F	
131	2127	00:35:40	Kate	Lakeland	F	
132	2129	00:35:43	Katey	Markland	F	V35
133	1600	00:35:46	Carly	Morgan	F	
134	1961	00:35:55	Elizabeth	McNally	F	V45
135	2432	00:36:05	Nina	Pilkington	F	V35
136	2248	00:36:07	Honor	Thompson	F	V35
137	911	00:36:10	Abigail	Preece	F	U23
138	2353	00:36:11	Karen	Maggio-Poyntz	F	V45
139	2361	00:36:11	Amy	Singleton	F	V35
140	1278	00:36:13	Anna	Woolgar	F	
141	1886	00:36:20	Bethan	Dowsett	F	
142	1710	00:36:33	Jayne	Perry	F	V35
143	1272	00:36:37	Eleanor	Perkins	F	
144	1270	00:36:42	Gemma	Kelly	F	
145	2226	00:36:45	Corinna	Howorth	F	
146	1721	00:36:55	Elsie	Roberts	F	V35
147	2283	00:36:59	Jessica	Dean	F	U20
148	2429	00:37:04	Karen	Moorfield	F	V35
149	2085	00:37:04	Barbara	Holmes	F	V60

150	1900	00:37:05	Abigail	Simpson	F	U20
151	2416	00:37:07	Rachel	Sidebotham	F	
152	1393	00:37:23	Sarah	Jackson	F	
153	2367	00:37:25	Amy	Whitehead	F	V35
154	1462	00:37:33	Bree	Sutcliffe	F	
155	2225	00:37:34	Sophie	Howard	F	
156	824	00:37:36	Wendy	Lee	F	
157	2398	00:37:39	Jacqui	Jones	F	V50
158	1400	00:37:43	Lucie	Michaelson	F	
159	1578	00:37:45	Kira	Cheshire	F	
160	1315	00:37:49	Kate	Langley	F	
161	2180	00:37:49	Samantha	Edwards	F	V35
162	1452	00:37:50	Jan	McArd	F	
163	1294	00:37:55	Kelly	Marrin	F	
164	1579	00:37:57	Jenny	Clarke	F	V35
165	2419	00:37:59	KellyAnne	Towns	F	V40
166	1454	00:38:03	Elaine	Opara	F	
167	1305	00:38:04	Tilly	Brindle	F	
168	1938	00:38:06	Katie	Sanderson	F	V45
169	830	00:38:08	Bonnie	Maugey	F	
170	2294	00:38:11	Andrea	Scarborough	F	V35
171	1450	00:38:13	Anna	Kenny	F	
172	1722	00:38:15	Ellie	Simmonds	F	U20
173	2081	00:38:19	Catherine	Carrdus	F	V50
174	2219	00:38:22	Joanne	Cleaver	F	V35
175	1286	00:38:24	Susie	Woodwardmoor	F	
176	1496	00:38:30	Louise	Jeffrey-Read	F	V40
177	808	00:38:36	Abigail	Hearmon	F	
178	1593	00:38:41	Laura	Lawler	F	V45
179	1444	00:38:48	Michelle	Alty	F	
180	1966	00:38:49	Leanne	Scott	F	V35
181	1586	00:38:51	Julie	Hall	F	V35
182	1890	00:39:04	MerylIn	Gilldaley	F	
183	857	00:39:05	Cherisse	Walley	F	
184	1479	00:39:08	Alison	Macdonald	F	
185	2228	00:39:12	Natalie	Murphy	F	V50
186	1696	00:39:12	Michelle	Sumner	F	
187	2208	00:39:15	Ray	Taylor	M	V70
188	1291	00:39:21	Lindsey	Hagan	F	
189	2295	00:39:23	Michelle	Spencer	F	V45
190	1922	00:39:33	Rachel	Hodgkinson	F	V50
191	1326	00:39:45	Rachael	Stamper	F	
192	1311	00:39:45	Ciara	Hayme	F	
193	2394	00:39:47	Lisa	Heyes	F	V45
194	1555	00:39:50	Lindsay	Davies	F	
195	1300	00:39:51	Katie	Pownell	F	
196	1602	00:40:03	Basia	Pawelczak	F	
197	2291	00:40:28	Helen	Lavelle	F	V45
198	1582	00:40:31	Karen	Dunford	F	V55
199	2378	00:40:35	Kay	Twist	F	V45

200	2099	00:40:53	Alan	Appleby	M	V70
201	812	00:40:59	Becky	Hounslea	F	
202	1341	00:40:59	Emily	Rowe	F	
203	2078	00:41:19	Claire	Markham	F	V45
204	2252	00:41:22	Anna	Williams	F	V35
205	1561	00:41:34	Michelle	Teare	F	
206	2344	00:41:37	Alex	Earley	F	
207	1609	00:41:48	Andrea	Smith	F	V55
208	1767	00:42:08	Carolyn	Kevan	F	V55
209	1764	00:42:35	Amy	Wilkin	F	V45
210	2083	00:42:35	Julia	Rolfe	F	V55
211	2123	00:42:40	Katie	Johnstone	F	
212	2374	00:42:42	Julie	Paton	F	V45
213	1725	00:42:46	Dorothy	Stirling	F	V45
214	2404	00:42:55	Lucy	McKenna	F	
215	1898	00:43:02	Amelia	Page	F	
216	1556	00:43:02	Helen	Dawson-Smith	F	
217	837	00:43:08	Claudia	Pagoulatou	F	
218	1442	00:43:09	Nikki	Wilson	F	
219	859	00:43:15	Sue	Waring	F	
220	2373	00:43:20	Anne	Mayers-Smith	F	V35
221	2288	00:43:28	Katy	Coupland	F	V45
222	2289	00:43:31	Gemma	Delamere	F	V35
223	1864	00:43:33	Miriam	Maher	F	
224	1768	00:43:36	Dianne	Priestley	F	V65
225	1284	00:43:46	Kathryn	Schofield	F	
226	2418	00:43:47	Amy	Tinker	F	
227	834	00:44:02	Carole	Morrison	F	
228	2159	00:44:14	Olga	Wiggins	F	V35
229	1405	00:44:20	Becky	Varnouse	F	
230	1858	00:44:22	Jennie	Hodgson	F	
231	2292	00:44:30	Helen	Lodge	F	V45
232	1894	00:44:35	Georgina	Letts	F	
233	2236	00:44:56	Sally	Adams	F	V45
234	2379	00:45:11	Simon	Young	M	V70
235	1271	00:45:22	Clare	Page	F	
236	1835	00:45:28	Bhavna	Mistry	F	V50
237	2215	00:45:55	Margaret	Worbey	F	V35
238	2128	00:45:56	Elena	Macdonald	F	V45
239	1494	00:46:15	Louise	Hill	F	V40
240	1686	00:46:32	Jane	Hylands	F	V50
241	1766	00:46:47	Sue	Booth	F	V55
242	1672	00:46:59	Bryn	Barnes	F	V70
243	2234	00:47:17	Sara	Steel	F	V40
244	823	00:47:22	Catherine	Lancaster	F	
245	2408	00:47:26	Ruth	Peet	F	V45
246	1459	00:48:00	Uyai	Ikpatt	F	
247	1310	00:48:01	Liz	Goslin	F	
248	2239	00:48:14	Tracy	Berry	F	V35
249	2381	00:48:56	Adrienne	Barnes	F	V50

250	2039	00:49:05	Sharon	Roberts	F	
251	2241	00:49:12	Ursula	Cheetham	F	V45
252	2158	00:49:24	Sue	Wickham	F	V55
253	2287	00:49:46	Susan	Cooper	F	V65
254	1491	00:49:55	Kay	Campbell	F	V45
255	2366	00:50:14	Louise	Turner	F	V35
256	2150	00:50:43	Julie	Tyrer	F	V35
257	1832	00:51:23	Paula	Heaton	F	V45
258	2332	00:52:06	Sharon	Webber	F	V45
259	2331	00:52:23	Lynne	Hawthornthwaite	F	V35
260	1325	00:53:00	Diane	Sorenson	F	
261	1318	00:53:01	Cauren	Parker	F	
262	2368	00:53:28	Peter	Bartlett	M	V70
263	1701	00:57:21	Sharon	Wilson	F	V45
264	1913	00:58:41	Debbie	Copper	F	V40
265	1299	01:01:30	Diane	Peck	F	
266	2138	01:06:08	Adela	Nuttall	F	V55
267	1820	01:36:51	Lee	Moore	F	V35
268	1821	01:38:40	James	Ellis	F	V35
269	1497	01:40:44	Jackie	Price	F	V40

Club	ChipPos	ChipTime
Blackburn Harriers & AC	1	00:26:29
Cardiff AAC	2	00:26:46
Lincoln Wellington AC	3	00:26:51
Bracknell AC	4	00:26:53
Reading AC	5	00:26:54
Sildon Running & AC	6	00:27:01
Newbury AC	7	00:27:13
Ribble Valley AC	8	00:27:15
Hallamshire Harriers Sheffield AC	9	00:27:19
Edinburgh AC	10	00:27:22
Cardiff AAC	11	00:27:26
Ilkley Harriers AC	12	00:27:32
Invicta East Kent AC	13	00:27:34
Wycombe Phoenix Harriers & AC	14	00:27:35
Wolverhampton & Bilston AC	15	00:27:36
Wirral AC	16	00:27:37
	17	00:27:39
Reading AC	18	00:27:41
Bedford & County AC	19	00:27:42
London Heathside Runners AC	20	00:27:43
Cambridge & Coleridge AC	21	00:27:47
Luton AC	22	00:27:59
Central AC	23	00:28:02
Middlesbrough AC	24	00:28:02
Aldershot Farnham & District AC	25	00:28:03
Ambleside AC	26	00:28:05
Highgate Harriers	27	00:28:06
Brighton Phoenix	28	00:28:08
Middlesbrough AC	29	00:28:15
Bristol & West AC	30	00:28:18
Aldershot Farnham & District AC	31	00:28:19
Banbury Harriers AC	32	00:28:20
Edinburgh University Hare & Hounds	33	00:28:22
Tonbridge AC	34	00:28:23
Cambridge Harriers	35	00:28:30
North Somerset	36	00:28:32
Bracknell AC	37	00:28:36
Herne Hill Harriers	38	00:28:37
Birchfield Harriers	39	00:28:39
Hallamshire Harriers Sheffield AC	40	00:28:42
Aldershot Farnham & District AC	41	00:28:45
Stockport Harriers & AC	42	00:28:50
Aldershot Farnham & District AC	43	00:28:52
Aberdeen AAC	44	00:28:56
Dacorum & Tring AC	45	00:28:57
Aldershot Farnham & District AC	46	00:28:58
Cardiff Metropolitan University	47	00:29:00
Leeds City AC	48	00:29:03
Salford Harriers & AC	49	00:29:03

Linlithgow AAC	50	00:29:04
Aldershot Farnham & District AC	51	00:29:09
City of Norwich AC	52	00:29:13
Cornwall AC	53	00:29:14
Dorking & Mole Valley AC	54	00:29:17
Lasswade AC	55	00:29:18
Basingstoke & Mid Hants AC	56	00:29:20
Salford Harriers & AC	57	00:29:20
Windsor Slough Eton & Hounslow AC	58	00:29:21
Victoria Park City of Glasgow AC	59	00:29:27
Knavesmire Harriers	60	00:29:28
Leeds University	61	00:29:30
Birchfield Harriers	62	00:29:39
Liverpool H	63	00:29:41
Western Tempo	64	00:29:48
Charnwood AC	65	00:29:50
Wirral AC	66	00:29:53
Loughborough Students AC	67	00:29:55
City of Plymouth AC	68	00:29:57
Falkirk Victoria Harriers	69	00:30:03
Basildon AC	70	00:30:04
Cheshire dragons	71	00:30:14
Epsom & Ewell Harriers	72	00:30:19
Vale Royal AC	73	00:30:22
Law & District AAC	74	00:30:24
Reigate Priory AC	75	00:30:29
Preston Harriers	76	00:30:31
Leven Valley AC	77	00:30:32
Holmfirth Harriers AC	78	00:30:32
Sutton & District AC	79	00:30:38
Liverpool Pembroke & Sefton Harriers & AC	80	00:30:45
Lincoln Wellington AC	81	00:30:51
Edinburgh University Hare & Hounds	82	00:30:55
Maidstone & Medway AC	83	00:31:08
Liverpool Pembroke Sefton	84	00:31:11
Helm Hill Runners	85	00:31:13
Bedford & County AC	86	00:31:15
Astley and Tyldsley RR	87	00:31:15
Hastings AC	88	00:31:23
Halesowen A & CC	89	00:31:25
Liverpool H	90	00:31:28
Liverpool Pembroke Sefton	91	00:31:30
Cardiff AAC	92	00:31:33
Law & District AAC	93	00:31:38
Cheltenham & County Harriers	94	00:31:40
Preston Harriers	95	00:31:49
Warrington AC	96	00:31:57
Skelmersdale Boundary Harriers	97	00:32:13
Lancaster University	98	00:32:17
University of Birmingham Athletics & Cross Country	99	00:32:21

Lancaster University	100	00:32:22
Giffnock North AAC	101	00:32:31
Wigan & District Harriers	102	00:32:51
Mossley Hill AC	103	00:32:52
Edinburgh University Hare & Hounds	104	00:32:54
Vale Royal AC	105	00:32:58
St Helens Sutton AC	106	00:33:13
Blackheath & Bromley Harriers AC	107	00:33:23
Knowsley Harriers	108	00:33:28
Liverpool Pembroke Sefton	109	00:33:30
Lytham St Annes Road RC	110	00:33:35
Law & District AAC	111	00:33:36
Liverpool University AC	112	00:33:39
Woking AC	113	00:33:41
3M Gorseinon RRC	114	00:33:51
Cardiff Metropolitan University	115	00:33:54
Leven Valley AC	116	00:33:59
Lancaster & Morcambe AC	117	00:34:01
Blackpool Wyre & Fylde AC	118	00:34:05
Wallasey AC	119	00:34:17
Lancaster University	120	00:34:30
Blackburn Harriers	121	00:34:43
Wirral AC	122	00:34:57
Liverpool Pembroke Sefton	123	00:35:07
Wigan & District Harriers	124	00:35:07
UTS Running Club	125	00:35:16
Deeside Runners	126	00:35:18
Lytham St Annes Road RC	127	00:35:21
Penny Lane	128	00:35:23
Southport Waterloo AC	129	00:35:29
East Kilbride AAC	130	00:35:40
Preston Harriers	131	00:35:40
Preston Harriers	132	00:35:43
Blackpool Wyre & Fylde AC	133	00:35:46
Leven Valley AC	134	00:35:55
Wigan Phoenix	135	00:36:05
Skelmersdale Boundary Harriers	136	00:36:07
Unattached	137	00:36:10
Walney Wind Cheetahs	138	00:36:11
Walney Wind Cheetahs	139	00:36:11
Chester Tri	140	00:36:13
Lancaster University	141	00:36:20
Garstang RC	142	00:36:33
Chester Tri	143	00:36:37
Chester Tri	144	00:36:42
Rosendale Harriers	145	00:36:45
Glaxo Hoad Hall Hill Harriers	146	00:36:55
Southport Waterloo AC	147	00:36:59
Wigan Phoenix	148	00:37:04
Lytham St Annes Road RC	149	00:37:04

Lancaster University	150	00:37:05
Wigan & District Harriers	151	00:37:07
Penny Lane	152	00:37:23
Walney Wind Cheetahs	153	00:37:25
Wirral AC	154	00:37:33
Rossendale Harriers	155	00:37:34
Pensby Road Runners	156	00:37:36
Wigan & District Harriers	157	00:37:39
Penny Lane	158	00:37:43
Blackpool Wyre & Fylde AC	159	00:37:45
Mossley Hill AC	160	00:37:49
Red Rose Runners	161	00:37:49
Wallasey AC	162	00:37:50
Knowsley Harriers	163	00:37:55
Blackpool Wyre & Fylde AC	164	00:37:57
Wigan & District Harriers	165	00:37:59
Wallasey AC	166	00:38:03
Mossley Hill AC	167	00:38:04
Leigh Harriers	168	00:38:06
Dartford Harriers AC	169	00:38:08
Southport Waterloo AC	170	00:38:11
Wallasey AC	171	00:38:13
Glaxo Hoad Hall Hill Harriers	172	00:38:15
Lytham St Annes Road RC	173	00:38:19
Rossendale Harriers	174	00:38:22
Helsby RC	175	00:38:24
Astley and Tyldsley RR	176	00:38:30
Sedgefield Harriers	177	00:38:36
Blackpool Wyre & Fylde AC	178	00:38:41
Wallasey AC	179	00:38:48
Leven Valley AC	180	00:38:49
Blackpool Wyre & Fylde AC	181	00:38:51
Lancaster University	182	00:39:04
Greater Manchester Police Sports & Social Club	183	00:39:05
UTS Running Club	184	00:39:08
Rossendale Harriers	185	00:39:12
Clayton Le Moors Harriers	186	00:39:12
Red Rose Runners	187	00:39:15
Knowsley Harriers	188	00:39:21
Southport Waterloo AC	189	00:39:23
Leigh Harriers	190	00:39:33
Mossley Hill AC	191	00:39:45
Mossley Hill AC	192	00:39:45
Wigan & District Harriers	193	00:39:47
Blackburn Harriers	194	00:39:50
Knowsley Harriers	195	00:39:51
Blackpool Wyre & Fylde AC	196	00:40:03
Southport Waterloo AC	197	00:40:28
Blackpool Wyre & Fylde AC	198	00:40:31
Wesham Road Runners	199	00:40:35

Preston Harriers	200	00:40:53
Pensby Road Runners	201	00:40:59
Liverpool H	202	00:40:59
Lytham St Annes Road RC	203	00:41:19
Skelmersdale Boundary Harriers	204	00:41:22
Blackburn Harriers	205	00:41:34
Walney Wind Cheetahs	206	00:41:37
Blackpool Wyre & Fylde AC	207	00:41:48
Kendal AAC	208	00:42:08
Kendal AAC	209	00:42:35
Lytham St Annes Road RC	210	00:42:35
Preston Harriers	211	00:42:40
Wesham Road Runners	212	00:42:42
Glaxo Hoad Hall Hill Harriers	213	00:42:46
Wigan & District Harriers	214	00:42:55
Lancaster University	215	00:43:02
Blackburn Harriers	216	00:43:02
Pensby Road Runners	217	00:43:08
St Helens Sutton AC	218	00:43:09
Chorlton Runners	219	00:43:15
Wesham Road Runners	220	00:43:20
Southport Waterloo AC	221	00:43:28
Southport Waterloo AC	222	00:43:31
Lancaster & Morcambe AC	223	00:43:33
Kendal AAC	224	00:43:36
Helsby RC	225	00:43:46
Wigan & District Harriers	226	00:43:47
Pensby Road Runners	227	00:44:02
Preston Harriers	228	00:44:14
Penny Lane	229	00:44:20
Lancaster & Morcambe AC	230	00:44:22
Southport Waterloo AC	231	00:44:30
Lancaster University	232	00:44:35
Skelmersdale Boundary Harriers	233	00:44:56
Wesham Road Runners	234	00:45:11
Chester Tri	235	00:45:22
Kirby Milers	236	00:45:28
Red Rose Runners	237	00:45:55
Preston Harriers	238	00:45:56
Astley and Tyldsley RR	239	00:46:15
Clayton Le Moors Harriers	240	00:46:32
Kendal AAC	241	00:46:47
Clayton Le Moors Harriers	242	00:46:59
Rosendale Harriers	243	00:47:17
Pensby Road Runners	244	00:47:22
Wigan & District Harriers	245	00:47:26
Wirral AC	246	00:48:00
Mossley Hill AC	247	00:48:01
Skelmersdale Boundary Harriers	248	00:48:14
Wigan & District Harriers	249	00:48:56

Liverpool Pembroke & Sefton AC	250	00:49:05
Skelmersdale Boundary Harriers	251	00:49:12
Preston Harriers	252	00:49:24
Southport Waterloo AC	253	00:49:46
Astley and Tyldsley RR	254	00:49:55
Walney Wind Cheetahs	255	00:50:14
Preston Harriers	256	00:50:43
Kirby Milers	257	00:51:23
Trawden Athletics Club	258	00:52:06
Trawden Athletics Club	259	00:52:23
Mossley Hill AC	260	00:53:00
Mossley Hill AC	261	00:53:01
Wesham Road Runners	262	00:53:28
Clayton Le Moors Harriers	263	00:57:21
Leigh Harriers	264	00:58:41
Knowsley Harriers	265	01:01:30
Preston Harriers	266	01:06:08
Kirby Milers	267	01:36:51
Kirby Milers	268	01:38:40
Astley and Tyldsley RR	269	01:40:44