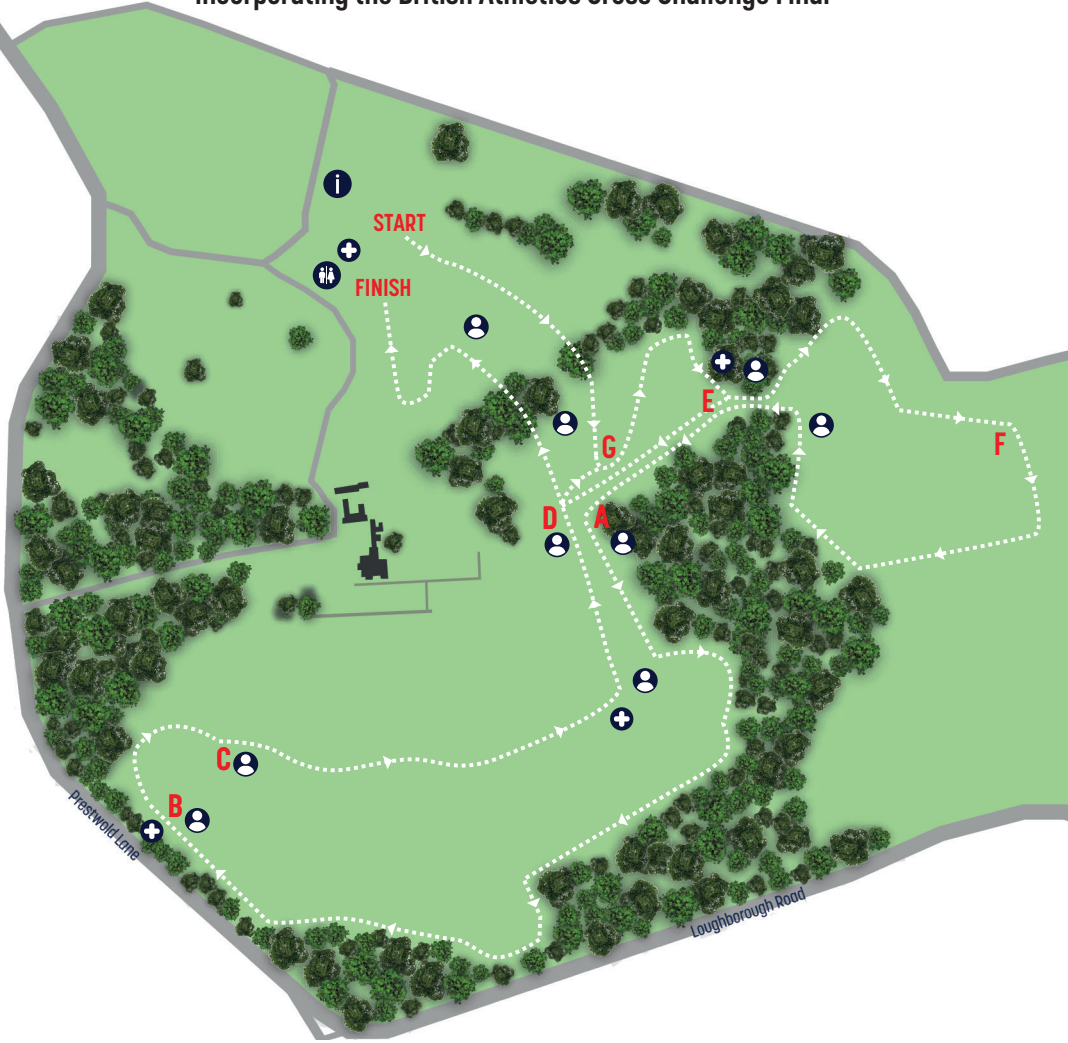


# COURSE DETAILS

## British Athletics Inter Counties Cross Country Championships incorporating the British Athletics Cross Challenge Final



Race 1	<b>Under 20 Men</b>	8KM	Start to G, E, A, B, C, D, G, E, F, E, A, B, C, D to Finish
Race 2	<b>Under 13 Girls</b>	3KM	Start to A, B, C, D to Finish
Race 3	<b>Senior Women</b>	8KM	Start to G, E, D, G, E, F, A, B, C, D, G, E, F, E, A, B, C, D to Finish
Race 4	<b>Under 15 Boys</b>	4KM	Start to G, E, A, B, C, D to Finish
Race 5	<b>Under 17 Women</b>	5KM	Start to G, E, F, A, B, C, D to Finish
Race 6	<b>Under 17 Men</b>	6KM	Start to A, B, C, D, G, E, A, B, C, D to Finish
Race 7	<b>Under 13 Boys</b>	3KM	Start to A, B, C, D to Finish
Race 8	<b>Under 20 Women</b>	6KM	Start to A, B, C, D, G, E, A, B, C, D to Finish
Race 9	<b>Under 15 Girls</b>	4KM	Start to G, E, A, B, C, D to Finish
Race 10	<b>Senior Men</b>	10KM	Start to G, E, D, G, E, F, E, A, B, C, D, G, E, F, E, A, B, C, D to Finish