

## **Starter/Starter's Assistant**

### **Completing Record of Experience/Logbook**

When giving the events you have officiated you need to include:

- Event
- Level
- Type (competition or Course attended)
- Venue
- Role
- Duties

The Name of the Start Coordinator/Chief SA at each meeting (there is no need for a signature, the name is sufficient)

#### **Accreditation as a Level 1 Starter/Starters Assistant**

For accreditation as a Level 1 official you need to have officiated in at least four (4) different competitions/meetings, for each discipline. (4 as SA **AND** 4 as S if you wish to progress as a Starter. Just 4 as SA if you plan to focus on that discipline)

DBS/Police Records Disclosure Check

Safeguarding Course

#### **Accreditation as a Level 2 Starter/Starters Assistant**

Evidence of officiating at a further 6 meetings (for a Starter that is 6 in **each** discipline... St and SA.....just 6 for SA)

Complete the Candidate Questions

1 report from a L3(or above) official(the latter should have a minimum of 2 years' experience at that level) **One in each discipline for S/just one for SA**

#### **Example of duties undertaken**

##### **Starter**

Ensure fair starts for all competitors

Work as a team – recaller, blocks slippage, give opinions relating to false/faulty starts

## Starter's Assistant

- Checking in the athletes, lane allocation, explaining qualification
- Signals to St
- Watching for hands and feet infringements
- Issuing Cards as appropriate

### **Self Analysis/Reflection**

- This section of the Logbook is designed to provide opportunities for candidates to critically evaluate their own performance as an official at each meeting/event. Maximum of three (3) self-reflection sentences per meeting.
- This should include reference to what have been done well, as well as identifying areas for further personal development.
- Using, as a framework, what would/should be expected from officials in terms of qualities, knowledge and application of rules, to identify how well candidates have performed. These could include:
  - Confidence
  - Decision making
  - Communication skills
  - Ability to work as a member of a team, and/or lead a team of officials
  - Punctuality to events
  - Knowledge of the Technical rules and ability to apply them correctly and effectively
  - Ability to use equipment, such as Starter's Rostrum, blocks, False Start equipment
  - Ensuring events start on time and move at a brisk/good pace

### **Possible Self Analysis/Reflection Responses**

I asked for clarification about ..... from a more experienced official. His/her answer/response confirmed that my understanding of the rule or procedure was correct/that I need to re-read the rules on .....

- I arrived at the start location in good time to be ready to assemble/ check in the athletes.
- I ensured the races started on time
- I worked well as a member of the team.
- I carried out my duties with confidence.
- I gained confidence as a team member during the day/meeting.
- I don't feel confident .....
- I communicated well with the athletes/other officials/spectators.
- I am quiet and need to communicate more effectively with the athletes...be more assertive..
- I worked effectively with the other S/SA
- I maintained concentration throughout the [event]/day.

- I followed all safety procedures
- I occasionally lost concentration during the [event]/day because .....
- I can improve my performance at the next meeting by.....

**Do not just list the duties you carried out at each meeting**