



**COMPETITION AND TECHNICAL RULES APPLICABLE TO IN-COMPETITION  
WARNINGS AND/OR DISQUALIFICATIONS (L, YC, YRC, RC, DQ)  
(2022 Edition)**

CR18.5 - unsporting manner / improper conduct\*

TR5.11 - not complying with the clothing / shoes / bib rules

TR6.3.1 - pacing

TR6.3.2 - use of electronic device

TR6.3.3 - use of technology or appliance

TR6.3.4 - use of mechanical aid

TR6.3.5 - provision of advice or other support by an official of the competition

TR6.3.6 - receiving physical support from another athlete

TR16.5.1 - aborting the start without valid reason

TR16.5.2 - delaying the start

TR16.5.3 - disturbing the start

TR16.8 - false start

TR17.2.2 - jostling / obstruction

TR17.3.1 - lane infringement

TR17.3.2 - infringement of the inside border

TR17.4 - lane infringement resulting in material advantage

TR17.4.3-4 - 2<sup>nd</sup> lane infringement

TR17.5 - leaving the assigned lane / track before the breakline / breakpoint

TR17.6 - continuing in the race after voluntarily leaving the track

TR22.6 - not going over each hurdle

TR22.6.1 - trailing leg below the horizontal plane of top of hurdle

TR22.6.2 - knocking down / displacing a hurdle in an illegal way

TR22.6.3 - knocking down / displacing a hurdle in another lane

TR23.7 - not going over each hurdle / the water jump

TR23.7.1 - stepping beside the water jump

TR23.7.2 - trailing leg below the horizontal plane of the top of hurdle

TR24.5 - running without the baton / finishing the race without the baton

TR24.5 - fault at carrying the baton (e.g., using gloves or substances on hand)

TR24.6 - fault at recovering a dropped baton

TR24.7 - passing the baton outside the takeover zone (early / late takeover)

TR24.8 - infringement of TR17.3. / impediment at takeover

TR24.9 - taking the baton from another team

TR24.10 - running more than one leg / using more than allowed substitutes

TR24.11 - late confirmation / changing team composition and/or running order

TR24.13/14/15/16.1 - leaving the assigned lane before the breakline

TR24.19 - starting outside the takeover zone

TR24.20 - exchanging positions before takeover  
TR24.21 - jostling / obstruction at takeover

TR39.8.3 - false start (Combined Events)

TR44.6 - leaving the assigned lane before the breakline (Indoor)  
TR48.4 - exchanging positions before takeover (Indoor)

TR54.7.1 - repeated failure to comply with the definition of Race Walking  
TR54.7.3 - failing to enter the Penalty Zone / leaving the Penalty Zone early  
TR54.7.5 - fourth red card (when Penalty Zone used)  
TR54.10.8 - taking refreshment outside of official station / of another athlete  
TR54.13 - shortening the distance to be covered (Race Walk)

TR55.8.8 - taking refreshment outside of official station / of another athlete  
TR55.10 - shortening the distance to be covered (Road Running)

TR56.9 - shortening the distance to be covered (Cross-Country)

TR57.8.1 - shortening the distance to be covered (Mountain / Trail Running)  
TR57.8.2 - receiving assistance / refreshment outside of official station  
TR57.8.3 - not complying with a specific race regulation

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*Notes:*

*- items separated by slash will be chosen as appropriate*

*\* if applicable, the infringed Technical Rule to be indicated in a foot note*

## **OTHER INFRINGEMENTS**

\*\*TR4.4.1 - no show of confirmed athlete  
\*\*TR4.4.2 - no show of qualified athlete  
\*\*TR4.4.3 - competing without bona fide effort

\*\*TR7.2 - prevented from participation from further events [due to CR18.5, incl. TR16.5]  
\*\*TR7.3 - prevented from participation from further events [due to CR18.5]

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*\*\*for foot note reference only and not to be included in the Results section*