

Risk Assessment for Club Activities

Table One: Clubs delivering their own activities

Table Two: Competency framework

Table One

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Action by whom
Getting lost	Participants/Leaders	<ul style="list-style-type: none"> <li>Ensure the leader is knowledgeable and competent to plan and follow a route</li> </ul>	M	Create a leader induction and training package where the club can demonstrate competency	Club committee
Physical overload	Participants	<ul style="list-style-type: none"> <li>Ensure the leader is able to identify risks due to physical overload and plan to reduce to an acceptable level</li> </ul>	H	<ul style="list-style-type: none"> <li>Review current guidance and develop a plan for the leader to deliver</li> </ul>	Club committee
Equipment failure	Participants/Leaders/Public	<ul style="list-style-type: none"> <li>Ensure the leader understands all items of equipment, can demonstrate knowledge</li> </ul>	M	<ul style="list-style-type: none"> <li>Review current good practice and manufacturers guidance to ensure that this is used appropriately</li> <li>Train leaders so they can demonstrate competence</li> </ul>	Club committee
Weather conditions	Participants	<ul style="list-style-type: none"> <li>Ensure that all involved can make decisions on reasonable conditions and what to do if the weather changes</li> </ul>	M	<ul style="list-style-type: none"> <li>A responsible person will check the weather and ensure that the leader is able to undertake the activity that is planned</li> </ul>	Club committee

				<ul style="list-style-type: none"> <li>• Communicate with the leader so that they know what to expect.</li> </ul>	
Ill health	Participants	<ul style="list-style-type: none"> <li>• Ensure that the leader is appropriately qualified to deal with first aid situations appropriate to their environment</li> </ul>	M	<ul style="list-style-type: none"> <li>• Review types of ill health relevant to the activity being undertaken.</li> <li>• Create a first aid policy</li> <li>• Identify suitable training</li> <li>• Train and assess the leader</li> </ul>	Club committee
Minor medical (slips trips falls)	Participants/Public	<ul style="list-style-type: none"> <li>• Ensure that the leader is appropriately qualified and has the correct equipment to deal with first aid situations appropriate to their environment</li> </ul>	M	<ul style="list-style-type: none"> <li>• Review types of injury relevant to the activity being undertaken.</li> <li>• Create a first aid policy</li> <li>• Identify suitable training</li> <li>• Train and assess the leader</li> </ul>	Club committee
Safeguarding	All	<ul style="list-style-type: none"> <li>• Ensure the club has an appropriate safeguarding policy</li> <li>• Ensure the leader has been the correct DBS training and paperwork</li> </ul>	H	<ul style="list-style-type: none"> <li>• Identify or create appropriate safeguarding training</li> </ul>	Club committee
Changes to plans	Participants	<ul style="list-style-type: none"> <li>• Ensure the leader has a good knowledge of how to dynamically change plans, adapt plans</li> </ul>	M	<ul style="list-style-type: none"> <li>• Design a training and assessment program to ensure that the leader is competent to respond to changing situations</li> </ul>	Club committee

Collisions	All	<ul style="list-style-type: none"> <li>• Ensure the leader has a good understanding of how to reduce the risk of collisions</li> </ul>	M	<ul style="list-style-type: none"> <li>• Train and assess the leader to be able to undertake a risk assessment to reduce the risks of a collision</li> </ul>	Club committee
Emergency Situations	All	<ul style="list-style-type: none"> <li>• Ensure the leader has considered foreseeable emergency situations and has plans to mitigate these</li> </ul>	M	<ul style="list-style-type: none"> <li>• Develop emergency action plans.</li> <li>• Train and assess the leader to be able to apply the appropriate emergency plans e.g. conflict, serious ill health</li> <li>• Develop a welfare structure to support traumatic incidence</li> </ul>	Club committee
Pre-existing medical conditions	Participants	<ul style="list-style-type: none"> <li>• Create a policy to deal with pre-existing medical conditions and to manage PARQ or similar</li> </ul>	M	<ul style="list-style-type: none"> <li>• Ensure that a consistent approach to gaining PARQ and consent is gained and understood by the Leader</li> </ul>	Club committee
Incorrect supervision	Participants	<ul style="list-style-type: none"> <li>• Ensure that sessions are run within current good practice relevant to the activity, environment and participants</li> </ul>	M	<ul style="list-style-type: none"> <li>• Review current good practice for different types of participant and ensure that the leader at all times can demonstrate good practice is being followed</li> </ul>	Club committee
Animals	All	<ul style="list-style-type: none"> <li>• Ensure that the leader has a good understanding of how to deal with common issues</li> </ul>	M	<ul style="list-style-type: none"> <li>• Research and understand injuries relating to conflict with animals.</li> </ul>	Club committee

		arising from animals during activities (e.g. dogs/cows_		<ul style="list-style-type: none"> <li>• Provide guidance and training to leaders on how to respond</li> </ul>	
Unsuitable route	Participants	<ul style="list-style-type: none"> <li>• Ensure that the leader has an understanding of what a suitable route is for the participants and how to adapt this for changes in the session</li> </ul>	M	<ul style="list-style-type: none"> <li>• Develop training to enable the training of a leader to select a suitable route for participant</li> <li>• Assess the leader to be able to do this.</li> </ul>	Club committee
Unsuitable activity	Participants	<ul style="list-style-type: none"> <li>• Ensure that the leader can identify a suitable activity for the participants</li> </ul>	M	<ul style="list-style-type: none"> <li>• Review current good practice for activity types</li> <li>• Train and assess the leader to be able to identify a good activity</li> </ul>	Club committee

Or using UKA qualified leaders or coaches

Table Two

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Action by whom
Getting lost	Participants/Leaders	Use a UKA licensed Leader or Coach	L	Increase the number of licensed leaders or coaches	Club committee
Physical overload	Participants				
Equipment failure	Participants/Leaders/Public				
Weather conditions	Participants				
Ill health	Participants				
Minor medical (slips trips falls)	Participants/Public				
Safeguarding	All				
Changes to plans	Participants				
Collisions	All				
Emergency Situations	All				
Pre-existing medical conditions	Participants				
Incorrect supervision	Participants				
Animals	All				
Unsuitable route	Participants				
Unsuitable activity	Participants				