

## UK Athletics Long Throws Statement

### JUDGING LONG THROWS (Hammer, Discus, Javelin, Club)

The Officials Health and Safety course is a mandatory part of officials training. This course is free and is available within Athletics Hub and can be completed as a refresher course at any time. Officials are encouraged to complete this course at regular intervals.

The Long Throws protocol is covered within the Long Throws section of the Health and Safety course and the requirements as set out below are applicable to all competitions held under UKA Rules at all levels (including leagues & open meetings) without exception.

The UKA Technical Advisory Group has confirmed that the following provisions apply to Long Throws. These reflect the requirements contained in the UKA Health & Safety course.

In all cases of Long Throws the event must be controlled by a **Chief Judge** who is a qualified Field Technical Official at Level 2 or above. They may position themselves in the landing sector or be the controlling judge at the throwing area; a decision which will be made depending on the distance likely to be thrown.

The following may judge within the landing sector

- Qualified Field Technical Officials at Level 1 and above.

The following may judge or assist outside the landing sector, entering the sector only after the implement has landed (e.g. as implement retrievers or Validity Judges).

- Qualified Technical Officials at Level 1 and above.
- UKA Assistant Officials aged over 16 who have attended a UKA Health & Safety course.
- Helpers over the age of 16 who have been fully briefed in the safety requirements of athletics events before competition commences by the Meeting Manager and / or Field Referee.

The following may only judge or assist outside and behind the mouth of the throwing cage, or behind the scratch line of the javelin runway or circle. Example roles include; Circle/runway judge (there are several duties associated), pull-through tape, arm action, implement control, scoreboard, card judge, EDM operator, Clock operator, Athletes' Steward

- UKA Assistant Officials who have not attended a UKA Health & Safety course.
- Helpers over the age of 16 who have not been fully briefed in safety requirements of athletics events before competition commences by the Meeting Manager and / or Field Referee.