

FIRST AID AND TREATMENT OF INJURIES

Parent and carers will supply details of any relevant health condition their child may have and should be asked to sign up to a clubs first aid and treatment policy before their child takes part in athletics (preferably when their child joins a club).

This ensures that volunteers and staff running an event or training sessions and activities are aware of any pre-existing medical conditions, medicines being taken by a child, or pre-existing injuries and treatment required.

Every club should ensure;

- There is an accessible and well-resourced first aid kit at the venue.
- Where possible, access to medical advice and/or assistance in person or by phone.
- Only those with a current, recognised First Aid qualification should treat injuries.
- Parents/carers are informed as soon as possible of any injury and action taken.
- When administering First Aid the child should be told what action is being taken and why.
- Treatment should be administered in an open environment wherever appropriate, avoiding private or unobserved situations.
- A [Concern Recording Form](#) is completed if a child sustains a significant injury and the details of any treatment given recorded. Common sense and any sport specific guidance should be used to determine whether an injury is significant.
- The circumstances of any accidents are reviewed to ensure lessons learned are shared and the risk of a similar incident recurring are reduced.
- All Event Organisers should ensure they have sufficient first aid cover in place for their event, and note that event licence applications will not generally be approved until this has been confirmed.