

# 2023 INT. AGE GROUP CHAMPS

April 2023

**UKA** | UNITED  
KINGDOM  
ATHLETICS



# THIS EVENING

OBJECTIVES

KEY TIMELINES

SELECTION PROCESS

ELIGIBILITY

QUALIFICATION CONDITIONS

PLANNING FOR 2023



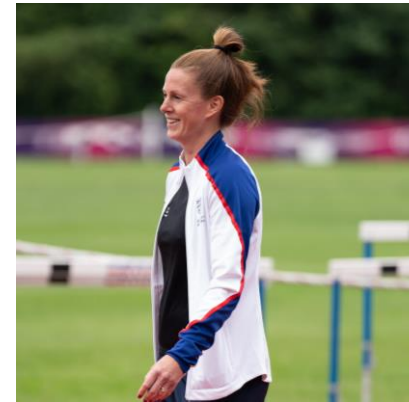
# THIS EVENING



**Dan Wagner**  
Performance Pathway Manager  
Head of Delegation



**Sharon Morris**  
Athlete Pathway Senior  
Coordinator  
European u23 Team Manager &  
European u20 Team Coach

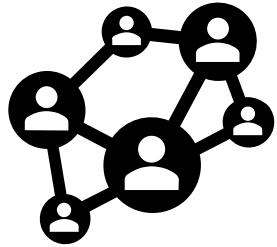


**Laura Turner-Alleyne**  
Sprints, Relays & Hurdles EL  
European u23 Sprints Lead

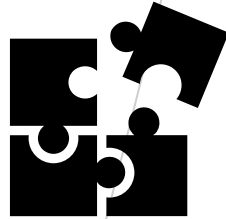


**Darren Richie**  
EA Event Group Lead – Jumps and  
Combined Events  
European u20 Head Coach

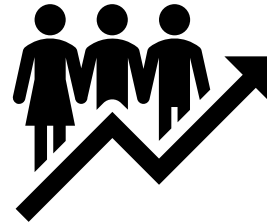
# OBJECTIVES



**SUPPORT**



**EMPOWER**



**POTENTIAL**



**PERFORM**



**TRANSITION**

# KEY TIMELINES

Event	Trials	Selection Date	Approach
Loughborough International – u20 21 May	NA	Monday 15 May	1 per event 5 per relay event Development Opportunity
Mannhiem International –u20 24-25 June	NA	Monday 19 June	Relay focused Up to 5 per relay event Preparation for Euro u20
European u23 – Espoo, Finland 13-16 July	17/18 June	18 June	Top 5 Potential Team size –up to 44
European U20 – Jerusalem, Israel 7-10 August	17/18 June	Round 1 – 19 June Round 1-4 - 10 July	Top 8 Team Size - 57

# SELECTION PROCESS

The selection panel made up of voting members; Event group coaches, Event Leaders/Team Leader

## Round 1 – automatic selections

- The 1st place of the individual Trials event
- British Athletics qualification standard has been achieved
- Automatic place will NOT be offered to the next best placed eligible athlete(s) from the relevant Trial

## Round 2 – all remaining eligible individual athletes:

- Achieved at least one qualification standard by the end of the qualification period;
- Demonstrate to the satisfaction of the Panel current form and fitness
- If more athletes satisfy all of the criteria outlined, the Panel's consideration or a combination of the following criteria, as well as any other factors that may be deemed relevant:
  - i. Current form;
  - ii. Position at the Trials;
  - iii. Future individual medal potential at indoor or outdoor global events;
  - iv. Top 5 potential - Euro U23 / Top 8 potential – Euro u20
  - v. Head-to-heads;
  - vi. Previous major age-group competition history;
  - vii. Injury status;
  - viii. Ability to successfully double-up (i.e. compete in more than one event at the Championships); and
  - ix. Relay contribution (sprints only).

# SELECTION PROCESS

## Round 3 – Relays;

- Team size dependant and if the panel believe they have a sufficient number of athletes eligible for relay selection possess realistic potential to be key team members in future senior global medal winning relay teams.
- Using following criteria as well as any other factors that may be deemed relevant:
  - Current form;
  - Head-to-heads;
  - Previous major competition history (in individual and relay events);
  - Relay skills and Engagement with the British Athletics relay programme(s);
  - Injury status
- Athletes selected for the relay do not need to have achieved a British Athletics qualification standard but do need to have competed in the Trials.

## Round 4

- Athletes who have only achieve European athletics standard and the panel believe;
  - European u23 – Top 5 Potential
  - European u20 – Top 8 Potential
- Team Size Dependant

# EUROPEAN U23- TRIALS

- 17 – 18 June at the England Athletics (EA) u20/u23 Championships in Chelmsford
- For all events except, **10,000m, combined events** and **20km race-walk**, will take place on;
- **England Senior/U20 Outdoor Combined Events Championships – 27 – `28 May- Manchester.**
- **10000m trials - 22 April - Loughborough**
- **no trial** for the 20km race-walks – athletes will instead be expected to show form/fitness over the 10,000m race-walk at the U23 trials to be eligible for selection in round 2 of this policy.
- **Compulsory for all athletes** – unless a medical exemption or competing at NCAA finals 7-10 June - They must also notify the Pathway team via [agegroupchampsinfo@britishathletics.org.uk](mailto:agegroupchampsinfo@britishathletics.org.uk)





# EUROPEAN U23- ELIGIBILITY

To be considered for selection, athletes must satisfy the following:

- A. be eligible to compete for GB&NI (i.e. full British passport holder);
- B. be born in 2001, 2002, 2003;
- C. compete in the Trials in the event in which they wish to be selected with the following exceptions:10,000m and Combined Events;Athletes who may want to double up
- D. sign the British Athletics Team Members' Agreement ("TMA") and abide by its terms and conditions.
- E. have completed the European Athletics 'I Run Clean™' anti doping education programme



# LOUGHBOROUGH INTERNATIONAL – U20

- A full programme of events with junior implements and hurdles will be staged (the 110m hurdles race with junior height hurdles is not a match race).
- Endurance events will include 3000m and 3000m steeplechase for men and women.
- Key 4 x 100 & 4 x 400m Relay Event
- The team will be selected with 1 per event using the following criteria;
  - Performances achieved from 1st January 2023.
  - Head-to-head performance record from 1st January 2023.
  - Performances from 2022 outdoor season (where performances demonstrate clear medal potential at the 2023 Euro U20 Championships).
  - Previous age-group competition history.
  - Current form and fitness.



# EUROPEAN U20- TRIALS

- 17 – 18 June at the England Athletics (EA) u20/u23 Championships in Chelmsford
- For all events except **combined events** will take place at;
- **England Senior/U20 Outdoor Combined Events Championships – 27 – 28 May- Manchester.**

**Compulsory for all athletes** – unless a medical exemption or competing at NCAA finals 7-10 June - They must also notify the Pathway team via [agegroupchampsinfo@britishathletics.org.uk](mailto:agegroupchampsinfo@britishathletics.org.uk)

Round 1 – 19 June

Round 1-4 - 10 July



# EUROPEAN U20- ELIGIBILITY

To be considered for selection, athletes must satisfy the following:

- a. be eligible to compete for GB&NI (i.e. full British passport holder);
- b. be born in 2004 and 2005. Except for the following;
  - i. In exceptional circumstances athletes born in 2006 may be considered for discretionary selections by the Performance Pathway Manager.
  - ii. must have demonstrated a consistent level of performance, as well as previous experience, at a major GB & NI age group international championship, which suggests that selection for the competition is appropriate for their long-term development.
- c. Compete in the Trials in the event in which they wish to be selected.
- d. have achieved a relevant British Athletics qualification standard within the relevant period (individual events only); and
- e. sign the British Athletics Team Members' Agreement ("TMA")

*u18 Athletes born in 2006 who are selected for the Commonwealth Youth games should prioritise that event and will not be considered for selection*

# QUALIFICATION CONDITIONS

- Qualifying standards can only be achieved at WA permitted meets – level 2
- Queries - Pathway Statistician, Ian Hodge - [IHodge@talentpathway.org.uk](mailto:IHodge@talentpathway.org.uk) at the earliest opportunity.
- Providing the sprints are timed using photo finish and that sprints and jumps all use a wind gauge.
- Wind-assisted performances (or performances achieved at events where wind measurement was not available) will not be accepted.
- Performances achieved in mixed events held completely in a stadium will not be accepted.
- Hand-timed performances in 100m, 200m, 400m, 800m, 100m/110m Hurdles, 400m Hurdles and 4 x100m relay will not be accepted.
- Indoor performances for all field events and for races of 400m or longer will be accepted.
- 100m, 200m, 400m, 110m/100m hurdles and 400m hurdles performances at altitudes of above 950m will not be accepted.

# PLANNING FOR 2023– CONSIDER & PREPARE

- Training Blocks? When to peak?
- Which competition? When? Where? Why?
- Who will be the team staff for your event – start to build relationship
- Environmental demands at championships
- Assess opposition and what will be needed to progress through rounds
- Nutrition – snacks for championships?
- Lifestyle Planning & extras



# KEY CONSIDERATIONS

- British Passport (check expiry date)
- I Run clean [I Run Clean™ :: Home page](#)
- Read the policy
- Read and respond to emails
- UPDATES on web page
- <https://www.uka.org.uk/performance/olympic-performance-pathway/age-group-championships/>



# CONTACT FOR QUERIES:

Email:

[agegroupchampsinfo@  
britishathletics.org.uk](mailto:agegroupchampsinfo@britishathletics.org.uk)

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