Rule Number	Proposing Club or Association:	Proposed Wording of Rule Change:	Reason for Rule Change:	Action Summary
CR1 S2 (6) (ii)	scottishathletics Ltd	(ii) Any Competition Provider granted a Trail Running Licence by UKA must impose, in addition to the basic entry fee, an additional fee of £3 (to be known as the 'Additional Unattached Entry Fee') on every entrant in a Senior Open Trail Running race who is not a member of a Club affiliated to a National Association or is not a registered member of the TRA. Any additional entry fees collected are payable to the Licensing Authority within one month of the date of the competition and must be accompanied by copies of the full entry list and results, if requested.	To address increased costs borne by HCAFs to deliver competitions the fee should rise to £3 - not a significant increase which has been at £2 for a number of years. It will also allow event organisers that deliberately keep entries at £2 to avoid levies the opportunity to increase entry fees.	Rules Group initially recommended consultation with the sport. A revised proposal is to allow the HCAFs to set their own additional fee rate.
CR1 S2 (1) (IV)	scottishathletics Ltd	(iv) Any Competition Provider granted a Track and Field Licence by the Licensing Authority may be asked to impose, in addition to the basic entry fee, an additional fee of £3 (to be known as the 'Additional Unattached Entry Fee' on every entrant in an Open Senior competition who is not a member of a Club affiliated to a National Association and who does not have a current individual registration with their National Association. Any additional entry fees collected are payable to the Licensing Authority within one month of the date of the competition.	To address increased costs borne by HCAFs to deliver competitions the fee should rise to £3 - not a significant increase which has been at £2 for a number of years. It will also allow event organisers that deliberately keep entries at £2 to avoid levies the opportunity to increase entry fees.	Rules Group initially recommended consultation with the sport. A revised proposal is to allow the HCAFs to set their own additional fee rate.
CR1 S2 (3)	scottishathletics Ltd	(3) Cross Country Any Competition Provider granted a Cross Country Licence by the Licensing Authority must impose, in addition to the basic entry fee, an additional fee of £3 (to be known as the 'Additional Unattached Entry Fee') on every entrant in an Open Senior Cross Country race who does not have a current individual registration with their National Association. Any additional entry fees collected are payable to the Licensing Authority within one month of the date of the competition and must be accompanied by copies of the full entry list and results, if requested.	To address increased costs borne by HCAFs to deliver competitions the fee should rise to $\mathfrak L3$ - not a significant increase which has been at $\mathfrak L2$ for a number of years. It will also allow event organisers that deliberately keep entries at $\mathfrak L2$ to avoid levies the opportunity to increase entry fees.	Rules Group initially recommended consultation with the sport. A revised proposal is to allow the HCAFs to set their own additional fee rate.

Rule Number	Proposing Club or Association:	Proposed Wording of Rule Change:	Reason for Rule Change:	Action Summary
CR1 S2 (4) (v) (b)	scottishathletics Ltd	Road Race Grant a minimum discount of £3 from the advertised race entry fee in Senior competitions to a member of a Club affiliated to a National Association and who has a current individual registration with their National Association	To address increased costs borne by HCAFs to deliver competitions the fee should rise to $\mathfrak L3$ - not a significant increase which has been at $\mathfrak L2$ for a number of years. It will also allow event organisers that deliberately keep entries at $\mathfrak L2$ to avoid levies the opportunity to increase entry fees.	Rules Group initially recommended consultation with the sport. A revised proposal is to allow the HCAFs to set their own additional fee rate.
G2 S4 (4)	Scottishathletics and Youth Development League	'requests for the registration of a composite team must be received by the league no later than 31st December of the preceding year'.	September is too early as the T&F season will just have finished, and clubs won't have had time to consider what they will be doing the following season. Look to move this date back to no later than 31st December of the preceding year.	Rules Group recommends consultation with the sport
TR 3 S2 (2) (IV) (continues overleaf)	scottishathletics Ltd	This rule should revert back to the previous edition of the UKA Rules. No athlete in this age group is allowed to run in more than one different event between 600 metres and 3000 metres inclusive on the same day.	As this age category will revert to U16s within the rule book athletes should be permitted to run both heats and finals on the same day to prepare them for becoming an Under 18 athlete and beyond. Dr Rob Mann and Prof Alan Barker submitted a letter to the UKA Rules Group members quoting the following - To our best knowledge, there are currently no evidence-based guidelines related to rules that limit specific Track and Field agegroup athletes to a maximum number of events per day. This observation aligns with the comment provided for the 'age-specific maximum permitted distances' query. Due to this lack of evidence, implementation of 'age-specific maximum permitted number of events per day' rules will need to rely upon 'expert opinion.' The change to the rule for the 2022-24 rule book aligned under 15 athletes with under 13 athletes as being only able to run one race per day of between 600m and one mile. To progress athletes through the competition pathway and prepare for senior success Under 14, Under 16, Under 18, Under 20 and Senior rules should allow more flexibility and progression as an athlete gets older. Therefore having the same rules for Under 14 as Under 16 is unnecessary.	Rules Group recommends consultation with the sport

By not allowing athletes in the Under 16 category to participate in
heats and finals on the same day Event Organisers are faced with
the prospect of either treating these athletes the same as those up
to two years younger and operating timed finals, or forcing athletes
and families the extra expense and time commitment of returning
for a final on the second day of a competition. With suitable
timetabling these events may be completed in a single day, or
specific competition rules can be put in place to prevent athletes
doubling up. For example in Scotland currently under 15s (and
soon to be Under 16s) are limited to entering either the 300m,
800m, or 1500m events at a single championships. Ensuring no
athlete over competes in a single day.
This rule also does not take into account the potential for athletes
in other events to over compete in for example - 3 rounds of a
100m, 200m and 6 trials in a Long Jump on a single day. The
current rule is therefore inconsistent and penalises middle
distance athletes unfairly.