



Wollaton Park, Nottingham

Saturday 7th March 2026

<i>Start</i>	<i>Race</i>	<i>Distance</i>
10.30	Para Athletes	4000M
10.45	U20 Men	8000M
11.15	U13 Girls	3000M
11.30	Senior Women	8000M
12.20	U15 Boys	4000M
12.40	U17 Women	5000M
13:00	U17 Men	6000M
13.25	U13 Boys	3000M
13.45	U20 Women	6000M
14.05	U15 Girls	4000M
14.30	Senior Men	10000M