

Selection Statement for the European Off-Road Championships 2026

The objective of the UKA Selection Policy for the 2026 European Off-Road Championships, Kamnik, Slovenia, 5-7 June 2026 will be to select:

- Athletes who are capable of finishing in the top 10 at the Championships
- Teams who are capable of finishing in the top 5 at the Championships

There will be trials for the Uphill, Mountain, U20 and Trail Races, with the first two runners in each event gaining automatic selection.

Up to four athletes per team may be selected, with teams of three being required to score.

Further details will be made available when the full selection policy is published by the end of November 2025.

Trail race trial

The trail trial race will be held on 11th April 2026 in conjunction with Run Through Trails Lake District 53k.

<https://www.runthroughtrails.com/lake-district-50k/>

Uphill and Up and Down Trials

The Uphill trial will be held on 1st May 2026 at Fitz Park, Keswick, Cumbria.

The Up and Down Trail will be held on 3rd May 2026 at Sedburgh School, Cumbria.

Athletes will be required to fill in an expression of interest (EOI) form to be considered for any of the European Off-Road Championship teams, including those attending the trials.

Full information and links to EOI forms will be made public in the full selection policy.

Athletes wishing to compete in the Trail Race Trial can discuss entries with UKA Off-Track Endurance Lead Robbie Britton, as well as ask any questions regarding this selection statement, at rbritton@uka.org.uk

All selected athletes will be required to make a financial contribution towards the costs of attending the Championships.